Robert Lee YMCA

Aquatics Schedule – Updated November 2026

Guide: (R) Registration Required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Full Lane (4 Lanes) 6-9:30am	**Full Lane** (4 Lanes) 6-10:15am	**Full Lane** (4 Lanes) 6-10:15am	**Full Lane** (4 Lanes) 6-10:15am	**Full Lane** (4 Lanes) 6-12pm	**Full Lane** (4 Lanes) 7-9am	**Full Lane** (4 Lanes) 7-9am
Partial Lane (2 Lanes) **Aquafit (R)** 9:30-10:15am	**Partial Lane** (2 Lanes) **Aquafit (R)** 10:45-11:30am	**Partial Lane** (2 Lanes) **Aquafit (R)** 10:15-11am	**Partial Lane** (2 Lanes) **Aquafit (R)** 10:45-11:30am	**Partial Lane** (2 Lanes) **Aquafit (R)** 12-12:45pm	**Swim Lessons** **(Pool Closed)** 9-12:30pm	**Swim Lessons** **(Pool Closed)** 9-12:30pm
Partial Lane (3 Lanes) **Swim Lessons** 10:15-12:15pm	**Full Lane** (4 Lanes) 12:00pm -1pm	**Partial Lane** (3 Lanes) **Swim Lessons** 11:00-1pm	**Full Lane** (4 Lanes) 12:00pm-1pm	**Full Lane** (4 Lanes) 12:45-9pm	**Full Lane** (4 Lanes) 12:30-7pm	**Full Lane** (4 Lanes) 12:30-7pm
Full Lane (4 Lanes) 12:15-4pm	**Partial Lane** (3 Lanes) **Swim Lessons** 1-2pm		**Partial Lane** (3 Lanes) **Swim Lessons** 1-2pm			
Partial Lane (3 Lanes) **Swim Lessons** 4-7:30pm	**Full Lane** (4 Lanes) 2-4pm	**Full Lane** (4 Lanes) 1pm-9pm	**Full Lane** (4 Lanes) 2-4pm			
Full Lane (4 Lanes) 7:30-9pm	**Partial Lane** (2 Lanes) **Swim Lessons** 4-7:30pm		**Swim Lessons** 4-7:30pm **(Limited Lanes)**			
	Full Lane (4 Lanes) 7:30-9pm		**Full Lane** (4 Lanes) 7:30-9pm			

Lane Swim Etiquette	Swim to the right side of the lane.	When resting, please keep to the corner to allow other swimmers to use the wall.	Faster swimmers must pass to the left.	Choose the appropriate lane for your pace. If swimmers pass often, please move to a slower lane to avoid collision.	When entering the lane, give other swimmers the right of way.
Full Lane Swim	During these times, the pool is configured for lane swim only.				
Partial Lane Swim	During these times, the pool is configured to have one to three lanes for lane swim. Additional activities may occur in other areas of the pool.				
Open Swim	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Families are welcome to come in the designated area. **Children under 8yrs must be accompanied by an adult 16yrs and older in the water and must be within arm's reach of child. Ratio is one adult per three children.**				
Aquafit	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels welcome. **Registration on the MindBody app is required. Check the MindBody app for class schedule updates.**				
Swim Lessons	Pool space dedicated to providing swim lessons and training for swim instructors. When the schedule says "(Pool Closed)" that means the lap pool is closed for that duration of time. The hot tub and steam room remain open during swim lesson times. **Parents must remain in the building, in pool area for children under the age of 10yrs**.				

Robert Lee YMCA

LIT Aquatics Schedule – Updated September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Swim Instructor Sept 25, 2026 4:00pm-9pm	Swim Instructor Sept 26, 2026 8am - 5pm	Swim Instructor Sept 27, 2026 8am-5pm
				Swim Instructor Oct 2, 2026 4:00pm-9pm	Swim Instructor Oct 3, 2026 8am-5pm	Swim Instructor Oct 4, 2026 8am-5pm
				Swim Instructor Nov 13, 2026 4:00pm-9pm	Swim Instructor Nov14, 2026 8am-5pm	Swim Instructor Nov 15, 2026 8am-5pm
				Swim Instructor Nov 20, 2026 4:00pm-9pm	Swim Instructor Nov21, 2026 8am-5pm	Swim Instructor Nov 22, 2026 8am-5pm
				Swim Instructor Dec 11, 2026 4:00pm-9pm	Swim Instructor Dec 12, 2026 8am-5pm	Swim Instructor Dec 13, 2026 8am-5pm
				Swim Instructor Dec 18, 2026 4:00pm-9pm	Swim Instructor Dec 19, 2026 8am-5pm	Swim Instructor Dec 20, 2026 8am-5pm

*** There are fewer open lanes during the above times.**
Check with our aquatics staff to find out more details. *