



2010-2011

ANNUAL REPORT

SARNIA - LAMBTON



Rebound

**Supporting Youth
Strengthening Community**

Youth

I came here because I attempted suicide. There were just so many things going on in my life and I just wanted to get out, so I overdosed, hoping that I would be gone for a little while.

The day after I took the pills I woke up but still was not feeling good. I could barely walk and I still couldn't really talk, and I was still seeing things. But my mom told me I had to go to school any ways. Since my body wasn't working all that right, I was taking twice as long to get ready, which led me to missing the bus. My mom was so stuck on making me go to school so she made me walk. As I was walking to school, I passed out, on the side of a road. Once I woke up I thought that it was around 2:30 so I ran as fast as I could to school. Once I got there, I went to class. As I was walking to my desk, I almost passed out again, but my friend caught me so I didn't fall over, then he shook me so I wouldn't pass out. I just told him that I had a really bad hangover. After I sat down, I began to feel like I was going to be sick again, so I asked to go to the bathroom. When I got to the bathroom I started to throw up and I couldn't stop. My teacher started to wonder why I was taking so long, so she came down to the bathroom to check on me. She found me in the bathroom surrounded by puke. I told her what I did, she then told the principal, and he got the secretary to call 911.

After they took me to the hospital, they told me that I was going to have to stay in the hospital for awhile. While I was in the hospital I decided that when I got out, I didn't want to go home. My aunt offered to allow me into her home. But there was a problem. There wouldn't be a way for me to get to school, so since I have been in this program before [PASS], I asked if I could come back to it until my grade 8 graduation. Then I wouldn't fall behind in my work. Now I only have a few more days left at the program.

The reason I wanted to come back here was because before when I was here, I enjoyed it. The people here are really nice and I always find that they're in good moods, which then

puts me in a good mood. I can get a lot of help with my school work, and I can talk to someone there when I need someone to talk to. I also like it here because it's such a peaceful and quiet place. So it's a really good place to be able to do my school work.

What I have learned while I've been in the program is just skills that I'm going to need to know and how to use in life. For example: communication, respect and just ways to deal with choices that I'm going to need to make it in life. How I will use the information that I learned is taking the information and skills and using them in each situation. For example: ways to communicate with people, like your boss, parents or teachers. And choices that I'm going to need to make in high school. There have been very many benefits from the program. For example: I've learned a lot of skills that I'll be able to use in my life. Also, while I haven't been at school, I've had the opportunity to come to the program to stay caught up on my work. And I have been able to graduate.

Brooke, 15



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This report was designed, written and produced entirely in-house by Rebound staff and volunteers.

MISSION

Rebound is a volunteer-based organization committed to young people at risk. Our programs encourage youth to develop skills that promote a positive response to self, others and community.

VISION

- WE ARE** a vital community organization focused on nurturing wholesome values for young people and their families in our local community and beyond.
- WE PROMOTE** . changed attitudes and behaviours helping young people develop skills that promote a positive response to self, family and community.
- WE PROVIDE** ... challenging, flexible programs and services in a variety of inviting settings.
- WE STRIVE** in all aspects of our organization for excellence through competency and commitment to our youth and their families.

VALUES

WE BELIEVE...

- that every child and youth has the right to attain his or her full potential as a human being;
- that every volunteer/staff and board member is vital to the success of our organization and equally valued for their contribution;
- in the confidentiality and the right of privacy of the individual and family;
- in nurturing wholesome values such as integrity, responsibility, commitment and caring for all young people and their families;
- that all youth and their families are entitled to excellence and competency in all services our organization offers;
- that our collaboration with other community organizations is vital to the overall well being of the community we serve.



Agency Year in Review

At Sarnia-Lambton Rebound our achievements are measured by the everyday successes of our youth clients as they overcome the various obstacles in their lives that have led them to Rebound.

Thanks to the hard work of our staff and volunteers, the dedication and willingness of our youth and their parents to strive for positive changes in their relationships, Rebound has enjoyed 26 successful years serving families across Sarnia-Lambton. This past year has been filled with highlights, including:

- 4,419 youth served by Rebound's community and county services
- Of these, 182 served in our social skill programs, including Life Choices, SAFE Choices, STAGE and STAND
- 21 youth were served in our restorative justice program
- 3809 youth completed our school-based programming
- Contacted by the Ministry Of Health to distribute Rebound's award winning programming model to six LHIN's throughout the province
- Designed and piloted new boys program serving boys aged 8-11
- This year Rebound was fortunate enough to be chosen to partner with both the Sarnia Police Service and Lambton OPP on new Safe Schools Programs funded by the Ministry of Community Safety and Correctional Services. Both projects establish multi-disciplinary teams to address youth risk factors that impact school safety. A total of 203 Youth we served in this year's Safe Schools Program.
- Volunteers contributed 8841 unpaid volunteer hours valued at \$149,767 that kept costs down and provided essential support to clients. These numbers are not reflected in our financial statements.
- We budgeted as an agency to spend \$683,802 and our actual spending totalled \$857,055
- We budgeted to raise \$683,802 and our actual total was \$889,520
- Celebrated our 13th consecutive year as a Donner Canadian Foundation award winner, the most of any agency in Canada
- Received the Voluntary Sector Award for agencies with an operating budget under \$1 million. Recognized with the Volunteer Sector Reporting Awards "*Exemplar in Financial Reporting Transparency*"
- Celebrated our fourth consecutive year as one of only nine Canadian charities recommended by Charity Intelligence Canada for operational efficiency and effectiveness
- Rebound embarked on a new adventure down the yellow brick road with our first ever theatre production fundraiser. The Wizard of Oz not only was a successful fundraiser for our community programs but also served our youth by helping the 56-member cast learn about setting goals and boosting self-esteem. This September Rebound will present Beauty & The Beast.



Agency Overview



Sarnia-Lambton Rebound is a non-profit community organization that provides social-skills and restorative justice programs for children and youth. Since our founding in 1984, we have been committed to supporting young people. Today, our programs serve children and youth between the ages of 8 and 17. Some are experiencing difficulties within their families, their schools and/or with the law.

Others may have self-esteem issues, difficulty communicating their feelings or just need some caring guidance in helping them learn strategies to make better informed, more positive decisions.

There are extraordinary changes that occur during adolescence; socially, physically and cognitively. There are well validated findings through research that the first few years of a child's life are very important in learning how to relate to others, but the dramatic changes that occur during adolescence allow for new opportunities for the young person to grow, learn and adjust their relationship patterns to allow for more informed decision-making. The human brain is still being developed during adolescence. The last area of the brain to develop is the frontal lobe, which consists of the areas that govern emotions, planning, organizing, judgment, problem solving, impulse inhibition, analysis, self-awareness, self-concept and identity.

Teens need the support of caring adults for the development of these skills. All too often, we look at youth as young adults who do not need us any longer. However, the reverse is true. Just like children learning to walk, teens need support as they are learning to plan their lives, problem-solve situations, weigh the pros and cons during decision-making and a host of other skills.

Rebound supports youth in learning how to understand and consider other people's values, behaviours and feelings, to recognize how their behaviour affects others and why people respond to them the way they do. We aim to help youth acquire the social skills they require to help them

succeed long-term, in areas of self-control, responsibility, self-management, problem solving, decision-making and effective communication. We have found that with the effective delivery of prevention and early-intervention programs, we can succeed in strengthening youth before behaviours and issues escalate into the potentially devastating events that we read and hear about all too often. As has been reported by the local media, there is a lack of government funding to support youth mental health initiatives. So, Rebound has created programming that ensures no child or youth must endure long waiting lists for service.

In a unique program design, Rebound uses community volunteers to act as mentors and positive role models to support young people as they begin to undertake the hard work of examining their own behaviour, values, actions and lives.

We provide Extrajudicial Measures Programs under the Youth Criminal Justice Act for Lambton County and The Ministry of Children and Youth. The Ministry's Youth Justice Branch funds a portion of our programs. All of Rebound's social skill programs are available to serve young people in a community setting rather than through Youth Court.

We are the sponsoring agency for the local Youth Justice Committee for Sarnia-Lambton. The Ministry of the Attorney General funds the delivery of our Youth Justice Forums throughout Lambton County.

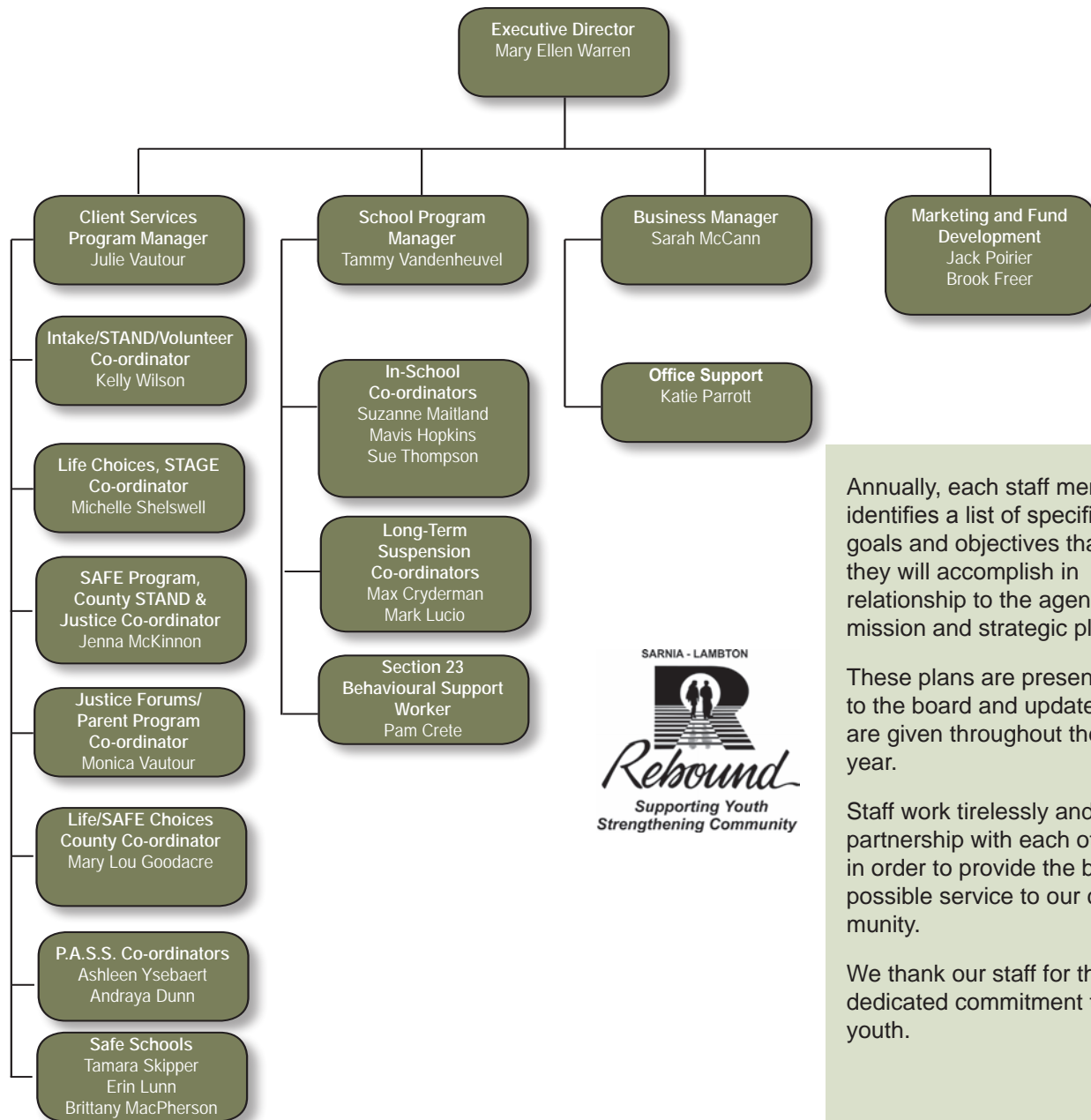
Since 1984, Sarnia-Lambton Rebound has successfully served more than 14,000 young people from across Lambton County in community-based programs. Leaders in life skills facilitation, education, and cognitive skill development programs have played an integral role in the development of each of our programs.

We have a long history of successful community engagement, volunteer recruitment and management. Rebound has received the prestigious Donner Canadian Foundation Award for Excellence in the Delivery of Social Services for 13 consecutive years, was awarded the Peter F. Drucker Award for Excellence in Non-Profit Management, the Voluntary Sector Award by the Queen's School of Governance for the past three years, and is a Charity Intelligence Canada recommended charity.

We are honoured to serve our community, helping young people become happy and productive contributors to society.

Organizational Chart

Sarnia Lambton Rebound Staff Organizational Chart 2010-2011



Annually, each staff member identifies a list of specific goals and objectives that they will accomplish in relationship to the agency's mission and strategic plans.

These plans are presented to the board and updates are given throughout the year.

Staff work tirelessly and in partnership with each other in order to provide the best possible service to our community.

We thank our staff for their dedicated commitment to youth.



President's Report



It's been an incredible year of renewal at Sarnia-Lambton Rebound.

As Board President, it is my distinct honour and privilege to

provide a review of an exciting past 12 months on behalf of the Board of Directors of Sarnia-Lambton Rebound.

The Board continues to ascribe to its primary function, that being to create a solid financial foundation for the delivery of services that are so crucial to our community. Although economic times appear to be on an upswing, we as a charitable agency recognize that there continues to be hard times for agencies dependent on gift-giving and donations.

As a Board, we have encouraged our staff to be partners with us in delivering high quality services at a best possible dollar value. We continue to operate our fundraising galas and functions and most importantly, have secured the services of a marketing and fundraising employee whose job description is to oversee these very important goals.

New ideas and functions have been implemented with success. Firstly, we have partnered with the Tristan Carswell Foundation in running a golf tournament, with the proceeds generously provided to Rebound. We have very high hopes for the continued success of this function. Secondly, the agency partnered with a local arts group to put on the first of what we believe will become an annual tradition: a play that includes many of the children participating or previously participating in Rebound, alongside other talented children and people from the community. This past year Rebound presented "Wizard of Oz"

and we're excited about our upcoming presentation of "Beauty and the Beast" on September 16 and 17. The concept has been a fantastic success, from a financial, profile and experience perspective.

The Agency continues to work diligently with our Executive Director and Staff to deliver programs but also to meet our financial objectives, and this past year was another example of the success and fruit of that labour.

The Agency has settled comfortably into our new location, the Dow Center for Youth. This new building is unique in its concept and green standard. The centre was made possible thanks to a lead gift to the community from Dow Canada, together with many other key contributors. In addition to Rebound, the centre houses Big Sisters and Big Brothers of Sarnia-Lambton. It is a standard that other communities envy and we are very proud to offer the service to the youth of Sarnia-Lambton from such a facility.

The Board continued efforts this year to develop specific strategies that form our organizational capacity. For example, by reviewing our Human Resource Policies, the Board is committed to meet the standards of the HR Council for Voluntary and Non-Profit Sector.

Each year the Board reviews its structure to ensure its members represent a diverse range of expertise and community leadership. This was achieved again this past year with the addition of key individuals who replaced departing Board members.

The Agency was again recognized this past year in its achievement of delivery of service with its 13th consecutive Donner Canadian Foundation Award for excellence in social service delivery. It's a mark unrivalled in Canada. For a third straight year the Institute of Chartered Accountants Ontario, PriceWaterhouseCoopers and the Queen's School of Business recognized Rebound for excellence in accountability and transparency. We are very proud

President's Report

of the level of excellence that these awards recognize.

To sustain our quality of service and transparency, the Board and Staff have undertaken to be recognized by Imagine Canada as a charter agency. By undertaking new challenges, our Board and Staff continue to improve our service, efficiencies and transparency. And, Rebound was once again selected by Charity Intelligence Canada as one of just a handful of recognized social service agencies in the nation for maximizing donations and operational efficiency.

Volunteers are an integral part of what we do. We as an Agency continue to work to recruit, train, retain and appreciate volunteers who are so giving and are so diligent. This year in particular we as a Board and Agency have made efforts to recruit quality team leaders as volunteers to compliment our staff.

In what was a bittersweet endeavour, the Board undertook in November to act on replacing our Executive Director, Mary Ellen Warren. After over 17 years of service as our ED, our beloved Mary Ellen chose to retire and undertake new challenges. This lady, and she is that in every sense, saw the Agency, under her direction, evolve to the award-winning service and provider that it is today. She was and is a winner, and we were blessed to have had her commitment for so long. But we have not seen the last of Mary Ellen! She will continue to work with Rebound on new provincial initiatives that are currently in the works.

The renewal for this Agency continued with the exciting hiring of Ms. Teri Thomas-Vanos as our new Executive Director. After serving many years in the Sault St. Marie Algoma District in many capacities in administration and delivery of service to youth and those in need, Teri has returned to her home county to undertake the ED role. Many see the strength and leadership qualities of our past ED in Teri, and we are thrilled to have her in this leadership capacity.

Again, my thanks to the Board Members, outgoing Executive Director Mary Ellen Warren, incoming Executive Director Teri Thomas-Vanos and our staff and volunteers in making this past year a success.

And I look forward to an exciting year as Sarnia-Lambton Rebound continues to evolve to best meet the needs of our community.

John Ruffilli,

President

Executive Director's Report



B u i l d i n g relationships is an investment well worth the time and effort. In so many ways, Sarnia Lambton R e b o u n d has excelled in creating meaningful, v a l u a b l e relationships

with youth, families, volunteers, and the community. At the root of those relationships is the trust and support that exists within the Rebound team itself. Trusting relationships take time and energy to cultivate. They grow best under caring supervision, nurtured with compassion, inspired with passion and liberal doses of humour and laughter. After many years of fertilizing the soil of the many Rebound partnerships, Mary Ellen Warren has turned the task over to myself.

So if there is a specific goal for Rebound this year, it is to maintain what has been accomplished over the years, from excellence of service to children and youth in the community, to leadership and a voice in the social service arena to a progressive and supportive work environment for staff. The challenge in ensuring the ongoing success in these areas is impacted by several variables that Rebound must overcome.

In what is well known to be an increasingly difficult and socially complicated period of development, the youth that we see at Rebound are presenting with more complex and stressful issues. Local agencies are reporting increased referrals; service utilization

is at an all time high. An increasing trend is to see more local youth having to seek services outside of our community, away from their homes and families. Rebound has responded to this call for service by following best practice standards to respond to issues related to cyber bullying, peer based aggression and gender empowerment, while modifying programs to serve an increasingly younger referral base. The staff has researched interventions that deliver the most effective outcomes to assist youth with today's social challenges.

Rebound is able to be responsive in our programming and services because of support from our funders, including the ongoing generous donors who are committed to the success and well-being of youth in our communities. Despite a slow return to economic stability, Sarnia Lambton continues to exceed per capita donations for social service programs. All existing programs remained stable in the past year, while the agency created two pilot programs in response to the growing demand for service to a younger client base. Again, it is this sense of partnership that has been cultivated that allows for the stability in our service delivery to continue.

Building on the success of last year's premier theatre production, The Wizard of Oz, local youth will have the opportunity to showcase their talent in September when Rebound presents a stage version of Beauty and the Beast. By combining the expressive arts with the therapeutic and accepting environment of Rebound, youth from Sarnia Lambton will combine their skills to delight and entertain us. The unique feature of this event is that it brings youth - including Rebound clients - together to accomplish a specific goal. The rewards of the theatre production were highlighted to staff this year when 123 potential actors auditioned.

Executive Director's Report

Partnerships with our strong volunteer base continue to allow Rebound to experience success in being responsive. As the needs of the youth become more complex, the need has presented for our volunteers to be progressive in their leadership and mentoring skills.

Volunteer orientation and training now includes topics such as sexual orientation and gender identity issues, electronic and social media, dating violence and peer aggression. Having the commitment of a team of volunteers who show up every week for these youth reinforces the Rebound message that youth are valued, integral members of our community.

Going forward, the goals for the upcoming year will focus on maintaining the integrity and quality of Sarnia Lambton Rebound, as a program of excellence for youth. Energy will be invested in ensuring the smooth transition from leader and mentor Mary Ellen Warren. As a team, Rebound will continue to nurture the strengths that we have and move forward to renew and cultivate relationships with our youth, our partners and our community, evolving and responding to needs that will carry Rebound forward.

Teri Thomas-Vanos,

Executive Director



Overview of Programs

Sarnia-Lambton Rebound is committed to supporting young people in reaching their full potential in life. Adolescence is an essential time for people to develop their interpersonal skills and learn how to successfully manage the challenges and responsibilities of adulthood. It is a time of transitioning from the family unit to the peer group. A teen's skill at negotiating relationship issues, particularly with parents, peers and dating partners, most often determines whether or not a young person engages in risky behaviours.

It is a time of tremendous peer pressure and expectations. Prevention and early intervention strategies that aim to reduce adolescent experimentation and engagement in risky behaviours must take this stage of development into account and focus on the building of strong relationship skills, and other social skills such as communication, goal-setting, respect for self and responsibility.

Referrals to our programs come from a variety of sources such as:

- parents/guardians concerned about the pressures facing their child
- teachers and school administrators working with young people who are struggling in one or more aspects of their school life
- young people themselves wishing to gain skills in resisting peer pressures and in working through family issues
- other social service agencies serving young people who could benefit from social skill development
- judges, lawyers and probation officers
- police who use the program as a community response to youth crime or as an extrajudicial measure under the Youth Criminal Justice Act

Through extensive research involving Canadian youth and Canadian programming, significant advances have been made in determining what works and what doesn't work as it relates to intervening with youth engaged in risky behaviours.

There is consensus on many of the root causes of criminal activity in young people and there is emerging

consensus on the attributes of effective programming for these young people. Recent research has demonstrated that early interventions are effective, while punitive sanctions are ineffective in reducing crime. In fact punitive sanctions have been proven to increase recidivism.

Research has also identified the elements of effective programming. These elements include:

- programming that is based on areas such as antisocial attitudes, values, beliefs, substance use, antisocial peer associations, school failure, dysfunctional parenting
- programming that is tailored such that there is less intensive service for lower at risk youth
- programs that are delivered in a community setting and actively involve youth and their family
- programs that are structured and focus on concrete behavioural goals and are skill based
- programs that build on the strengths of youth and family
- programs that are offered in a timely and realistic manner
- individuals delivering the programs are selected with care, represent pro-social role models and provide meaningful support

At Sarnia-Lambton Rebound, we are committed to developing our services and programs on evidence-based principles. To that end, we stay current with the literature and research and work very hard to ensure that our programs and services are designed and delivered in the most effective manner.

Rebound management and staff strive to ensure our programs evolve with changing needs, utilizing evaluation tools that include feedback from our youth clients, parents, school, policing and judicial partners, as well as staff and board input.

Life Choices

The Life Choices Program is for youth between the ages of 12 and 17 who may be experiencing difficulties at home, at school or in the community.

Youth are broken into two age groups and meet on different nights depending upon whether they are in elementary or secondary school.

Each group is divided into smaller groups of four to five youth and two volunteer “table” coaches. These smaller groups stay together throughout the entire 10-week program.

Group sessions for Life Choices are held one night a week for 10 consecutive weeks. Each session’s topics are chosen by staff after consultation with the participating youth and their parents/guardians.

Topics can include: communication, decision-making, goal-setting, assertiveness, integrity, peer relationships, conflict resolution and many others.

Each session uses a variety of techniques to enhance the learning environment. These include role-plays, small group discussion, large group exercises, video clips and guest speakers.



It is our commitment that each young person in the program is able to understand the major points of each lesson, to gain skills by practising lessons during each session, and to ensure that each youth is able to apply the skills learned in various life situations.

We have recently developed new sessions on cyber-bullying and internet safety. We have found that in our community, as in many others across Canada, emerging technologies have increased the ease and incidence in which our children and youth bully one another. Our commitment to making a difference in the lives of young people lead us to continuously seek to improve and update our sessions.

Thanks to:



United Way of
Sarnia-Lambton



Ontario

Ministry of Children and Youth Services

PARTICIPANT QUOTES:

Age 15: “I think before I do something now.”

Age 17: “I can talk to my friends and family better with more communication skills.”

74 youth
served out of
3 locations:
Sarnia, Forest &
Petrolia.

SAFE Choices

(Substance Abuse Facts and Education)

The SAFE Choices program is a 10-week program focusing on substance use prevention for young people between the ages of 12 and 17.

Youth are broken into two age groups and meet on different nights depending upon whether they are in elementary or secondary school.

Each group is then divided into smaller groups of four to five youth and two volunteer “table” coaches. These smaller groups stay together throughout the entire 10-week program.

The program is widely supported by our community partners, which include the Sarnia Police Service, Lambton OPP, and the Lambton Kent District School Board and the St. Clair Catholic District School Board.

Guest speakers are used to address the youth. These speakers range from professionals in the medical field, to recovering addicts that share their life experiences and how they overcame their dependency. We find the youth are very engaged by the speakers.

There are three major program components each week, including:

1. Drug Resistance Skills

- Provide accurate information on consequences of various substances
- Examine media influence to use substances
- Refusal techniques and delay tactics when specifically approached to use substances

2. Social Skills Development

- Communication
- Assertiveness
- Decision-Making
- Problem-solving
- Building of Healthy Relationships

3. Self Management Skills

- Goal-setting
- Self confidence
- Coping strategies for stress and anxiety



Thanks to:



32 youth served out of 3 locations: Sarnia, Forest, Petrolia.

PARTICIPANT QUOTES:

Age 16: “I am thankful for the coaches help and the guidance the program has given me.”

Age 15: “Instead of getting high I go to baseball or swimming all day.”

STAGE

(Strategies Towards Achieving Girl Empowerment)



Recent crime statistics from Statistics Canada show an increase in violent offences with females between the ages of 12 and 17. This holds true in our own local community. In discussions with the agency's police and court partners it was decided the creation of a program focusing on the factors behind this aggressive behaviour and other female-related issues was needed. It has become clear that the treatment programs and interventions used for aggressive adolescent boys was not necessarily the best answer for aggressive girls. It has also been noted that young women are more likely to show a positive impact in groups that are specific to their gender, cover specific unique issues and are led by female facilitators. Our model was developed based in the work of Dr. Alan Leschied. After several pilot programs, we now regularly offer the STAGE

Program in our community.

Some of the topics include relational aggression, body image, media messages and safety. The program is provided to a maximum of 12 young women per session which is held one night per week for 10 weeks.

The program was created and designed through a generous \$30,000 grant from Libro Financial. STAGE has become one of Rebound's most successful outcome programs. Thanks to the program's effectiveness, Rebound has launched a STAGE Jr. program for girls aged 9-11. Rebound hopes to secure funding to create and offer a version of the model exclusively for young boys.



PARTICIPANT QUOTES:

Age 13: "When my friends are talking bad about people, I keep to myself & don't talk bad about people."

Age 14: "It made me realize i'm special and mean something to many."

26 girls
served in
our STAGE
Program.

STAND

(Stop, Think and Decide)

Most of Rebound's services are group based programs. Recently a one-on-one program was designed to suit various needs of the youth being referred to us for service. This program is called the STAND program and is unique to each individual participating in it. There are 3 primary purposes for the program:

- In response to a need to provide appropriate programs for youth who score lower on risk-need assessments, we have designed a shorter intervention program. Rebound's STAND program empowers young people using strategies to help them make responsible decisions for themselves.
- The STAND program can be used for immediate service for young people waiting for the next group program to begin. In this way, Rebound can ensure that each referred client can receive immediate service without having to be placed on a waiting list.
- For young people for whom a group program is deemed to not be in their best interest, we are able to accommodate them in this one - on - one program with a Child and Youth Worker.

STAND

For Under 12



Rebound has begun offering programming to children between the ages of 8 and 11 in response to community and police requests. Some of these clients have had police contact or are involved in activities that would lead to police contact. These include aggression, theft, break and enter, vandalism, arson and running away. It is a program that helps children control their impulsivity, think about the consequences of their behaviour and develop a socially appropriate plan.

Children are seen individually unless a group of 3 to 5 children require immediate program service. This program is run by a trained staff facilitator. Sessions were expanded recently to include lessons on cyber bullying and family breakdown.

50 youth
served.

PARTICIPANT QUOTES:

Age 8: "Rebound has helped me with my attitude. When I get angry I used to take it out the wrong way."

Age 15: "I like coming here"

Restorative Justice Forums

Using a restorative justice model, Youth Justice Forums deal with youth in conflict with the law through a process of responsibility, resolution, restitution, and reconciliation.

A Justice Forum is a problem-solving method of resolving an incident through facilitation of a structured meeting between the teen who has harmed another person, the person(s) who has been harmed, supporters for both and community volunteers.

In the forum, the young person is held accountable for their actions. Youth hear how their behaviour has impacted the person(s) harmed, as well as that person's family. Youth also hear from their own supporters, giving them the opportunity to see the care and concern that people have for them.

Those harmed have a resonating voice in the forum process, as they express their feelings, ask questions and, most importantly, have a say in the outcome. This process ultimately helps the people harmed resolve their feelings of helplessness and powerlessness provoked by the incident.

The members of the Forum decide how the young person can repair the harm that he/she has inflicted. A contract is

written and signed by all members and the Justice Facilitator ensures the details of the contract are fulfilled in a timely manner.

The goal is to have the young person leave the Forum experiencing a deeper sense of empathy for people.

Our Justice staff attend Youth Court on a weekly basis. By doing so we have been able to offer immediate support to the Court, youth and the people harmed by the incidents. In addition, we have been able to ease people's accessibility to the justice forum process.

We recently added the role of mentor to the Justice team. A volunteer sits on the Sarnia-Lambton Justice Committee, and the mentor provides support, encouragement and guidance to the young person. This has increased the program's effectiveness as the youth receive greater support to help them complete their agreement.



PARTICIPANT QUOTES:

Person who was harmed: "it has helped to hear from the accused-to hear their apologies and how this has impacted their family and themselves. Its important to me they learn a lesson from this and don't become repeat offenders."

Young person who caused harm: "it made me realize the effects of what I've done and what I need to do next to be successful."

21 youth
and their
families served
at Justice
Forums.

16 forums
successfully
completed.

PASS Program

(Positive Alternative to Suspension from School)

OFF-SITE SUPERVISION

PASS provides an alternative to home suspension for students. The school principal must recommend a student after gaining parent/guardian consent. PASS has been offered in Sarnia for the past 12 years for students in Grades 7 through 12. Due to an increasing need by our local schools, we began to accept children in Grade 6 as well.

The objective of the program is to provide students with an opportunity to continue their education and develop

appropriate social skills. Youth receive individual curriculum tutoring as well as skill development in areas such as decision-making, impulse control and goal-setting. The students attend the program during the days of their suspension and are supported in their re-entry to regular classes. While participating in the program, the student remains in a positive environment avoiding negative influences.

This year we saw a 20% increase in the number of long-term suspensions, demonstrating youth are dealing with more complex issues that could

lead to engaging in more destructive behaviours.



148

youth served in our PASS program.

ON SITE DETENTION

For the past seven years, the St. Clair Catholic District School Board has also contracted with Rebound to provide staff on-site at each high school in Lambton County and Kent County to coordinate an on-site PASS Program for youth who would normally be suspended for

1 or 2 days from school. In this program, the students are referred through school administration and instead of being sent home, they participate in the on-site detention program held in a classroom within the school. While in the program, the students complete their schoolwork with support from the staff and participate in skills development activities.

The aim is to intervene with the young people to prevent further detentions and/or suspensions.

3809

youth served in Grades 9 through 12.

PARTICIPANT QUOTES:

What three words would you use to describe the PASS Program?

Productive, Independent, Fun (male, 17)

Enjoyable, Helpful, Accepting (female, 15)

Helpful, Caring, Listening (female, 13)

Sweet, Awesome, Cool (male, 11)



Rebound Parent Program

The Rebound Parent Program is designed to help parents encourage and promote positive personal development in their children. The program helps parents strengthen their communication with their children and helps them prepare for a successful transition from adolescence to early adulthood.

Parents learn parenting tools that they can use with their children to reinforce boundaries. These tools and skills have proven effective in reducing the incidence of substance use and other risky behaviours.

The Parent Program is open to any parent/guardian that wants to learn new teen parenting skills. It is not necessary for a child to be enrolled in a Rebound program for the parent to participate..



PARTICIPANT QUOTES:

“I feel that this program encouraged me as a parent.”

“I wish I would have taken this course two years ago. Keep up the good work!”

27 parents graduated from our program.

Safe Schools Program

This year Rebound was fortunate enough to be chosen to partner with both the Sarnia Police Service and Lambton OPP on new Safe Schools Programs funded by the Ministry of Community Safety and Correctional Services.

Government funding has allowed trained staff to provide front line services inside schools in Lambton County. Our staff members are trained in crisis intervention and restorative justice, providing rural Lambton areas with services that didn't before exist. The program allows Rebound Staff to engage in outreach services on site at the school.

In terms of outcomes, we expect this project will keep more youth out of the court system, will serve as a proactive program to prevent school violence and bullying and will provide educators and schools with another means to address school safety issues. In the rural communities, isolation is a demonstrated and proven issue that leads to increased risk or violence and behavioural problems. There have been a significant number of documented youth mental health issues that has led to grief issues. This can manifest itself in youth through aggressive behaviour, withdrawal, depression and issues at school such as truancy, poor behaviour and drop a in grades.

The Safe Schools Program allows the project partners to better identify and prioritize youth in further need of services and refer them into programming at Sarnia-Lambton Rebound and/or St. Clair Child and Youth.

School detention and suspension rates are clear indicators of the need for programs to address behavioural issues. A safe school environment not only addresses student safety, but also provides an opportunity to improve students' mental health and well-being and enhance the learning outcomes for all students.

203 youth served in our Safe Schools Program.

Outcome Measures 2010-11

Ongoing evaluation is an important element in measuring the effectiveness of our programs. Upon completion of each program, the young people report how the program has impacted their behaviours.

They indicate whether they have improved skills in key target areas such as communication, decision-making, and they must provide examples of positive behavioural change.

In addition, their parents or guardians complete a questionnaire about the young person and we ask the police to give us an overall statistic on the recurrence of adverse contact with the law.

Through outcome monitoring we have identified critical program elements to ensure client success.

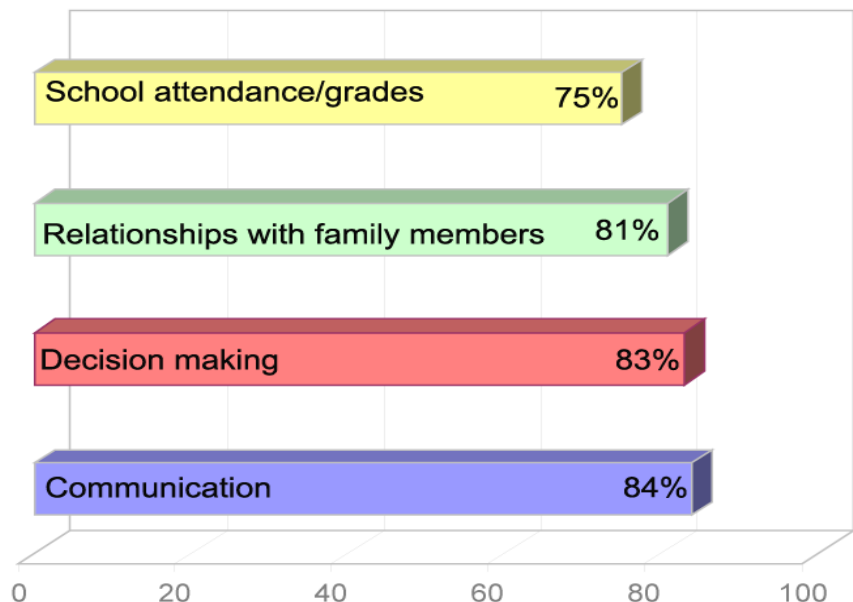
This provides staff with an outline of program delivery to successfully duplicate and ensure program validity over the years and in different settings. This ensures that best practices are implemented.

Sarnia-Lambton Rebound's outcomes are higher than average for similar types of programming across the province. We are the only agency in our community providing this type of programming for this client group and as such we have established partnerships with other youth-serving organizations to ease accessibility.

In every case our outcome measures matched or surpassed our goals for the year.

STAGE Program Evaluation Results

Percentage of youth that report significant improvement in:



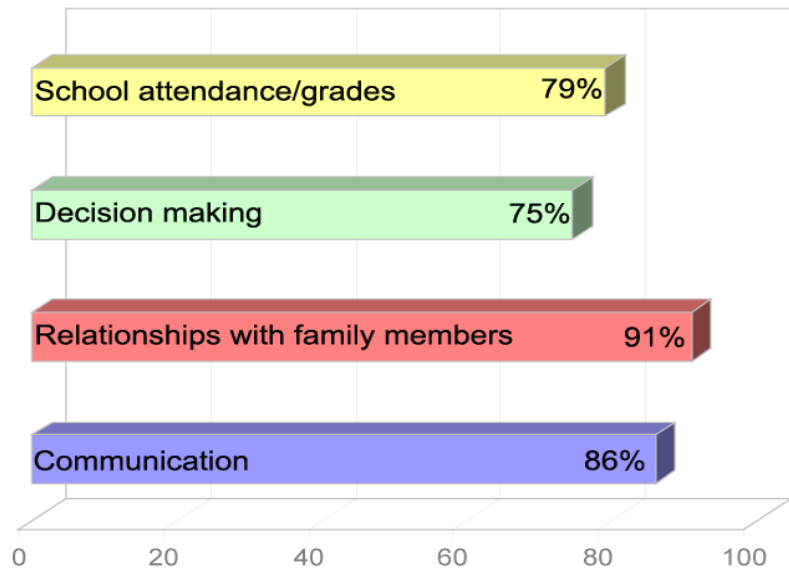
Police Report:

86% of clients had no further contact with police

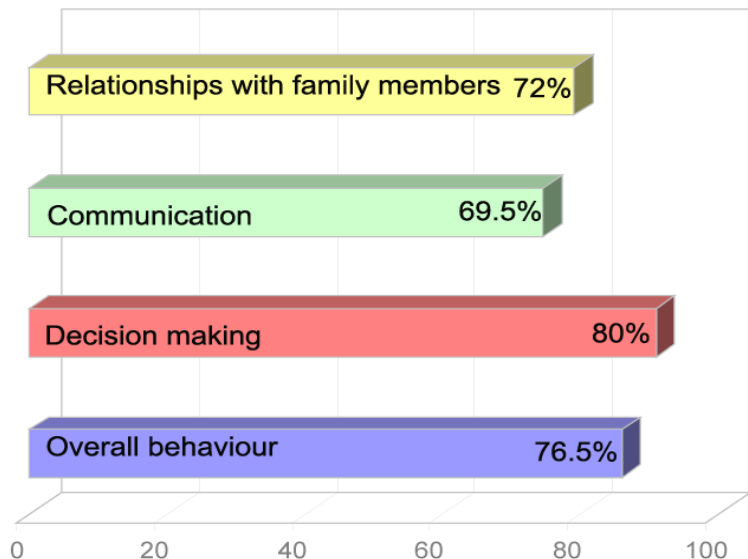
Outcome Measures 2010-11

Life Choices Evaluation Results

Percentage of Youth that report significant improvement in:



Percentage of Parents that report significant improvement in their child in:



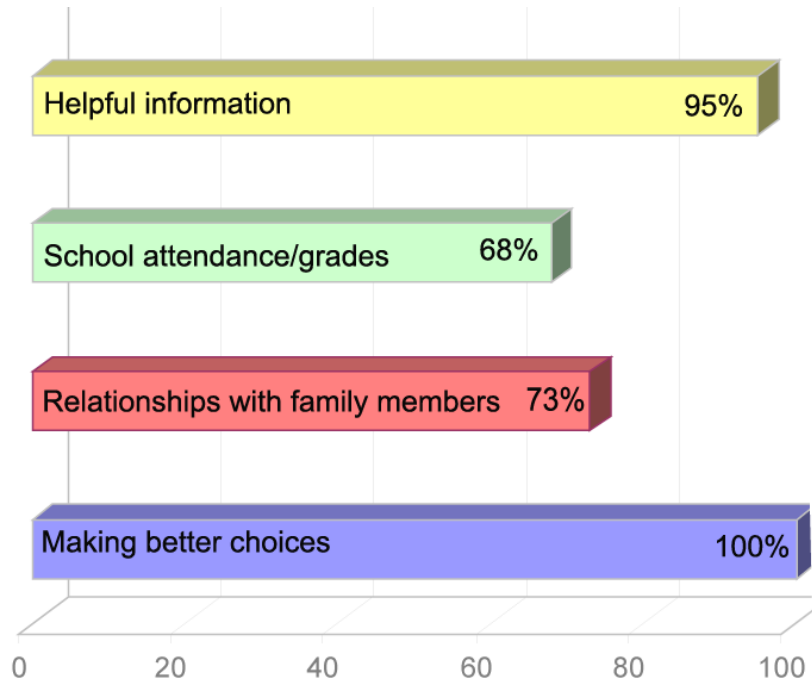
Police Report:

90% of all participating teens have had no adverse contact with the law in areas such as theft, assault, arson, weapons.

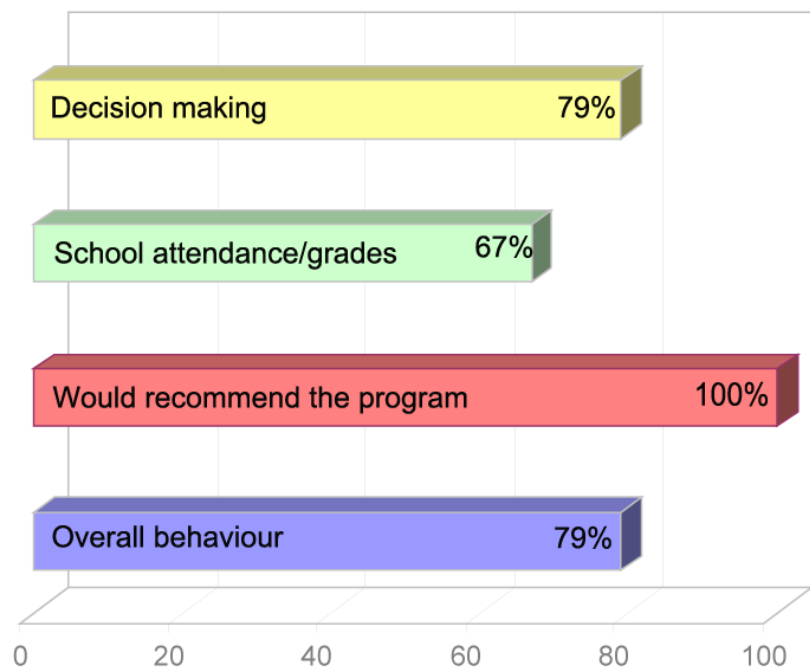
Outcome Measures 2010-11

SAFE Choices Program Evaluation Results

Percentage of Youth that report significant improvement in:



Percentage of Parents that report significant improvement in their child in:



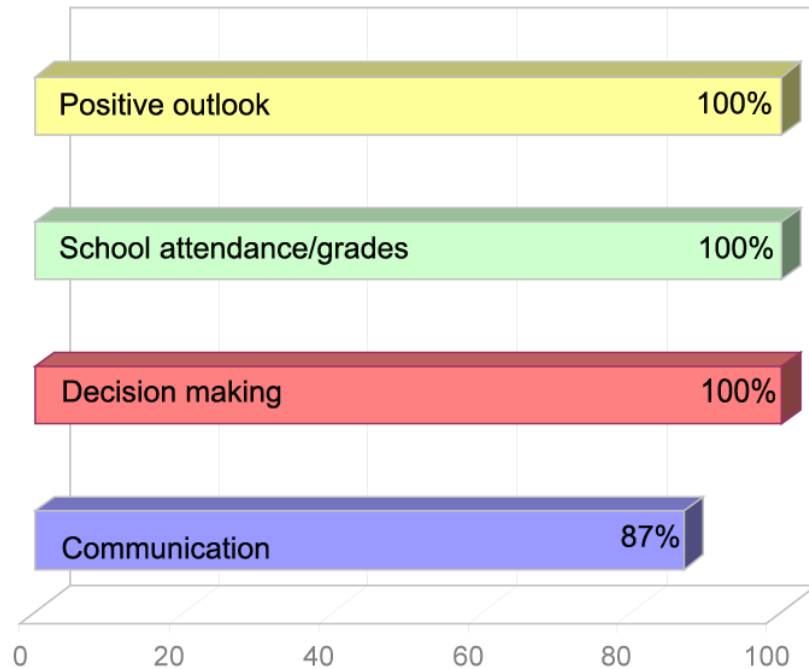
Police Report:

90% of all participating youth have had no further contact with the police in areas such as substance use, theft, assault, arson or weapons.

Outcome Measures 2010-11

STAND Program Evaluation Results

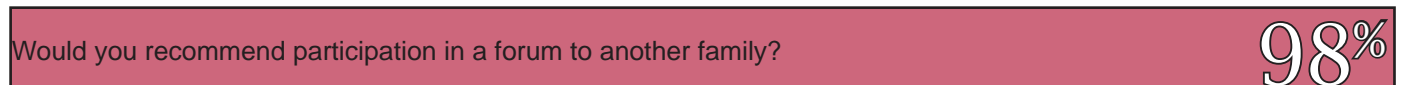
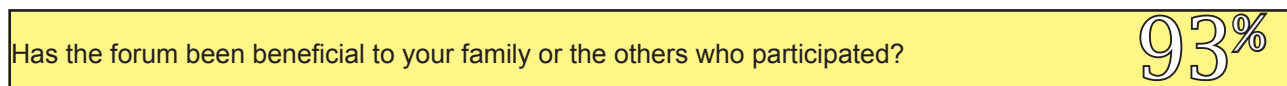
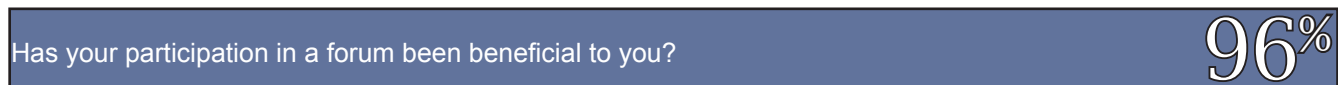
Percentage of Youth that report significant improvement in:



Justice Forum Evaluations

To measure the effectiveness of our Justice Forum program, we receive feedback forms from all participants in the Forum process: the young person and each of their supporters and the person(s) harmed and their supporters.

In response to the question:



Police Records

90% of the participating youth had no further contact with the judicial system.

Outcome Measures 2010-11

PASS Program Evaluation Results

Student Questionnaires Completed.

Do you feel staff were helpful with the homework that you were assigned to complete?

93%

Do you think that you are more likely to think about the consequences of your actions?

79%

Are you now more aware of how your decisions and actions affect others' lives?

99%

Parent Questionnaires Completed.

Did you find a positive change in your child's general attitude?

78%

Are you satisfied that the program helped your child deal with the reasons he/she was suspended?

89%

PARENT QUOTES:

"My son is doing much better. I think he is trying to avoid any complications with other students." (Son, 13 was in the program)

"I believe this is an awesome program." (Son, 11 was in the program)

Overall, the youth, their parents and the schools have indicated that participation in the PASS Program was significantly more positive than serving a suspension at home. The average suspension was 4 days.



Rebound Volunteers

Program Coaches

The volunteers of Rebound are an integral and crucial element of our program. Over the past 26 years their dedication has been invaluable and very effective.

These community-driven individuals are positive role models, and provide a non-threatening atmosphere, that allows youth to open up and honestly examine their lives and actions.

The average volunteer dedicates 4-6 hours per week to one of the agency's programs. Rebound volunteers, who often work without public recognition, are motivated by consistent positive results and the satisfaction of knowing that their time has been invested in building a better tomorrow for their community.

Each volunteer is thoroughly screened and trained prior to their involvement with youth. By using supportive screening, orienting and training processes, we have had a long history of successful volunteer placement.

The success of the Rebound program has always focused on the continued commitment and dedication of our volunteers.

The ability of these individuals to provide a safe and comfortable atmosphere allows the participants to grow by encouraging them to use new and enhanced social skills.

Every year we recognize those volunteers who have reached milestones in their service at Rebound.

Receiving a five-session pin: Tamara Skipper, Celia Van Horne,

Becky Stewart, Mavis Hopkins, Steven Wilson.

Receiving a 10-session keychain: Beth Lucan, Jayne Logan.

Receiving a 15-session briefcase: Lee Odorizzi, Joan Knight, Julie Ferguson, Dianne Fletcher.

Those receiving their Youth Justice Forum Facilitator Certification are: Nancy Faflak, Mary Lou Goodacre. Volunteers receiving their Ten Forum Peace Pin include: John Callaghan, Sarah McCann, Kelly Wilson, Jenna McKinnon, Julie Vautour. The Individual receiving their 20 Forum Globe is Monica Vautour.

We congratulate the above people and we extend our deepest thanks to each and every volunteer who serves their community through Rebound.

OLD BLUE



I BELONG
I AM LOVED
I AM UNIQUE
I AM ENCOURAGED

Rebound Volunteers



COACHES 2010-2011

Spring 2010

SAFE CHOICES

Lead Coaches: Erin Flanagan, Melissa Thomas
Table Coaches: Mavis Hopkins, Warren Fitzgerald,
Jessica Wilson

LIFE JR.

Lead Coaches: Melissa Thomas, Holly Restorick
Table Coaches: Paul Hanson, Tamara Skipper
Kim Somers, Shelby Villeneuve, Murray Whitely,
Ashley Leizert, Janet Fisher, Walter Palombo

COUNTY: PETROLIA LIFE CHOICES

Lead Coach: Beth Lucan
Table Coaches: Laura Collins, Joan Barney

STAGE

Lead Coach: Kelly Wilson
Table Coaches: Carrie Webb Coene,
Christina Iacobelli

Rebound Volunteers



COACHES 2010-2011

Fall 2010

SAFE CHOICES

Lead Coaches: Becky Stewart, Celia Van Horne
Table Coaches: Julie Ferguson, Andrea Rockwood, Jen Heeringa, Jayme Scherle, Paul Hansen



LIFE SR.

Lead Coaches: Melissa Thomas, Steven Wilson
Table Coaches: Bill Kroes, Maggie Miller, Holly Restorick, Walter Palombo, Lee Odorizzi, Mavis Hopkins, Chris Atkinson, Jen Heeringa, Natasha Zaranik

STAGE SR

Lead Coach: Kelly Wilson
Table Coaches: Brook Freer, Nikki McDonnell

STAGE JR

Lead Coach: Kelly Wilson
Table Coaches: Alicia Hartwick, Moulan Bourke



COUNTY: FOREST LIFE CHOICES

Lead Coach: Connie McGregor
Table Coach: Laura Collins

COUNTY: PETROLIA LIFE CHOICES

Lead Coach: Beth Lucan
Table Coaches: Jayne Logan, Joan Barney

Rebound Volunteers

COACHES 2010-2011

Winter 2011

SAFE CHOICES

Lead Coaches: Mavis Hopkins, Erin Lunn
Table Coaches: Julie Ferguson, Andrea Rockwood, Jessica Wilson, Joan Knight, Natasha Zaranik, Nikki McDonnell

LIFE JR/SR COMBO

Lead Coaches: Melissa Thomas, Tamara Skipper
Table Coaches: Brook Freer, Steven Wilson, Janet Fisher, Nelson DaSilva, Warren Parrott, Paul Hansen, Nikki McDonnell, Katie Parrott, Jocelyn Caughlin, Kaylee LaPointe

STAGE SR

Lead Coach: Andraya Dunn
Table Coaches: Jen Heeringa, Tamara Skipper

PARENT PROGRAM

Lead Coaches: Frank Vatour, Monica Vatour

COUNTY: PETROLIA LIFE CHOICES

Lead Coach: Erin Lunn
Table Coaches: Jayne Logan, Joan Barney, Beth Lucan, Brittany MacPherson



Rebound Volunteers



Guest Speakers

Through their own life experiences, our guest speakers are able to inject a sense of reality into the program. They are able to enhance the value of the social-skill lessons presented at Rebound.

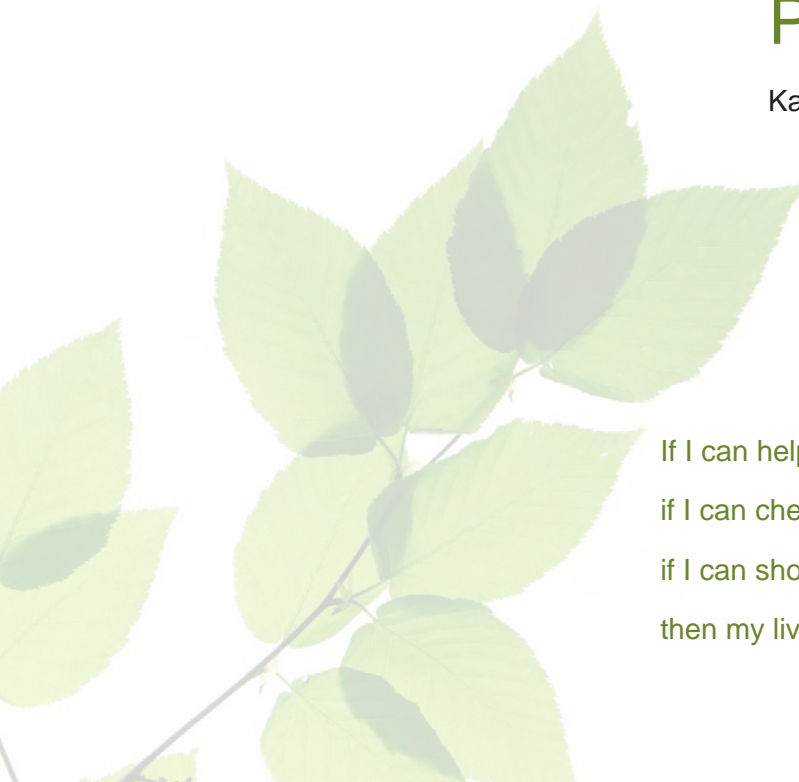
Thank you to Danie McLean, Mike White, David Schoch, Jim Bunda, Mike Rodger, Jeff Christie, Constable Jeff Hardie, Kelly Wilson, Alice Stoner, Joe Cannon, Todd McKelvie, Rhonda Galler, Constable Mike Callander, Mike Anderson, Syd VanReenan

Youth Justice Volunteers

Jennifer Adam, John Callaghan, Nancy Fafleck
Brook Freer, Vince George, Mary Lou Goodacre, Joan Knight, Sarah McCann, Jenna McKinnon, Maggie Miller, Michele Shelswell, Alice Stoner, Monica Vautour, Julie Vautour, Tammy Vandenheuvel, Kelly Wilson

PASS Volunteers

Karen Dunning, Kaylee LaPointe



If I can help somebody as I pass along,
if I can cheer somebody with a word or song,
if I can show somebody he's travelling wrong,
then my living will not be in vain.

Dr. Martin Luther King, Jr.

Sharing Our Vision

From our hearts to their hearts



Our Hearts for Youth Gala is our signature fund-raising event each year. It is successful due in large part to the volunteers

who donate their time to make this event so special. Rebound acknowledges the youth and graduate speakers who shared the true meaning of the event with guests. We thank 15 year-old Brooke, 7 year-old Ty and 14 year-old Sydney for sharing their heartfelt and moving stories.

New this year were our youth singers who were part of the cast of The Wizard of Oz.

Thank you Eric Ghobril, Moulan Bourke and Sarah Caraher for sharing your talented voices with us. Participants of the STAGE Junior program also sang a song created by Moulan Burke specifically for the program. Thank you girls for being brave enough to stand on stage for us.

Rebound also thanks the gala volunteers for their commitment. They are: Wayne McCann, Roger Warren, Karissa Teskey, Jen Heeringa, Kaylee LaPointe, Natasha Zaranik, Jocelyn Caughlin, Nikki McDonnell, Katie Parrott, Warren Parrott and the staff at Scotia Bank.

Rebound's programs rely on various funding sources. But volunteers are the lifeblood of the Rebound agency. Without them there would be no agency to raise funds for. There is a group of people who volunteer weekly to tirelessly staff our bingos. We thank Shirley Charron, Nancy Stewart, Georgina Simpson, Henry Rodrigues, Randy Boss, Cheryl Williams and Joan St. Marie.



Franchises

We are committed to other communities benefiting from effective Rebound programs. We have developed franchise arrangements with several other communities across Ontario.

If a group is interested in providing our programs in their community, Sarnia-Lambton Rebound provides

documentation, support and training. Our franchises partners include Kingston, North Bay, Northumberland County, Brockville, Sault Ste. Marie and Kettle Point First Nations in the successful implementation of the Rebound program.



FRANCHISE QUOTE:

"Rebound has given our community a positive alternative to more punitive measures. It has given participants an opportunity to learn life skills that they will use their entire lives in dealing with family, friends and others they will come into contact with. Rebound offers youth a second chance to make positive choices for change."

Roxanne White
Kettle & Stony Point First Nations

Volunteer and Donor Contributions

This past year, we spent \$81,869 in order to raise \$889,520. This cost includes salaries and supplies. Our administrative costs were only 6% of total expenses which meant that we were able to spend far more of our valued revenues on program delivery.

Not only do our volunteers provide an essential element of our program model, they also save our organization over one hundred thousand dollars in salary costs.

In this past year, volunteers donated a total of 8,841 hours to the agency, or the equivalent of 5 full-time staff positions. This is an incredible bonus to the agency which is estimated to be worth approximately \$149,767.

Sarnia – Lambton Rebound places a high value on our relationship with our donors. Without their support, we would not be able to achieve our mission to deliver effective programs that encourage youth to develop skills that promote a positive response to self, others and community. We believe that transparency and accountability are essential to our success. With this in mind, we have joined Imagine Canada's Ethical Fundraising and Financial Accountability Code (Ethical Code).

The Ethical Code lays out a set of standards for charitable organizations to manage and report their financial affairs responsibly. By adhering to these standards, Sarnia-Lambton Rebound complies with generally accepted practices for soliciting and managing donor dollars. This is important because all of our donors are entitled to our pledge that their investment will have the greatest impact possible on the community.

If you have any questions about our adherence to the Ethical Code, please feel free to contact our Executive Director: Teri Thomas-Vanos at 519-344-2841 or visit our website www.reboundonline.com. You can also download the Ethical Code itself by going to www.imaginecanada.ca.



Donations

Rebound is blessed with the support of many individuals, groups and foundations in our community. Without the financial help of these people, our work with youth would not be possible. We thank each of them from the bottom of our hearts! To respect people's privacy, we are not publicly listing the names of our many donors, however our thanks are sincerely extended to each and everyone. The following organizations, businesses and foundations made donations to our programs this year:

1988 Foundation	Point Edward Ex-Servicemen's Association
A Kut Above	Point Edward United Church Women
Aluma Systems Inc.	Preferred Towing
Association of Fundraising Professionals	PriceWaterHouse Coopers
Baysar Office Equipment	RBC Foundation
Blue Water Bridge Canada	Robinson Design & Drafting
Bluewater Power	Scotiabank
Burns-Mooreline United Church Women	Sigma Phi Gamma Sorority
CAM-RON Insurance Brokers Limited	Sisters of St. Joseph
Canadian Towing Equipment	Sixth Line United Church Women
Catherine Wilson Foundation	St. George's Anglican Church Women
CB Sarnia Inc.	St. Luke's United Church
Central Baptist Church	St. Luke's United Church Women
Charity Intelligence Canada	St. Patrick's High School
Courtright Catholic Women's League	St. Paul's Outreach Foundation of Sarnia
Dave Moore Fuels Inc.	St. Phillip's Catholic Women's League
Dupuis Farm Drainage	St. Theresa's Catholic Elementary School
Elizabeth 11 Chapter I.O.D.E.	The Ontario Association of Police Chiefs
F. K. Morrow	The Samuel Rogers Memorial Trust
Fraser Institute Donner Award	TransAlta Energy Corporation
Grace United Church Adult Fellowship	United Way Alberta
Grace United Congregational Care & Growth Cttee.	United Way Burnaby, B.C.
H & I Service Centre Limited	United Way Calgary
H. Moore & Son	United Way Greater Toronto
Imperial Oil Foundation	United Way Sarnia Lambton
Intact Foundation	Walter J. Blackburn Foundation
J & J Body Shop	Worley Parsons
J. P. Towing Service	Wyoming United Church Women
Knights of Columbus Council #9447	
Lansdowne Public School	
Libro Financial Group	
London Road West United Church	
Mackenzie Investments	
Magerman's & Raes Insurance	
Oakdale Charge Mission	
Ontario Credit Union Charitable Foundation	
Ontario Provincial Police Association	
OPG Employees and Pensioners	
OPSEU Local 145	
Optimist of Sarnia Lakeshore	

Thank you on behalf of our youth

Board Governance

Board Governance is critical to Rebound's success to have effective governance and direction. Our Board of Directors carries the trust of our community, our donors, our clients and their families. To do so, they must ensure that they have strong policy governance practices in place. Our voluntary Board is deeply committed to our vision and mission. It provides leadership to ensure quality

service is consistent with our values and principles that is responsive to the community. The board governs through policies that set the organizational goals, the processes to achieve these goals, and management limitations. The Executive Director is given executive freedom to manage the agency's operations to achieve these goals within the parameters of the limitations identified by the

Board. The Executive Director reports to the full Board and the use of subcommittees of the Board is reserved for the following tasks: Board Recruitment, Audit and Governance. All other subcommittees are formed as a need arises and for a specific project and mandate. The whole Board annually focuses on strategic plans, operational accomplishments, and risk management.

Commitment to Risk Management

The Board and Management of Sarnia Lambton Rebound are committed to the implementation and maintenance of a formal risk management system, including the integration of risk management throughout the organization, which is fundamental to Sarnia Lambton Rebound achieving its strategic and operational objectives.

Risk management includes various initiatives such as:

- Volunteer/staff screening
- Liability insurance
- Staff and board policies and procedures
- Financial audits
- Ongoing professional development for volunteers, staff and Board members

Sarnia Lambton Rebound maintains a proactive approach to managing risks across the organization.

Board Recruitment

This committee reviews the terms, the expertise and diversity reflected in current members and identifies a list of recommendations for board recruitment. Once a new board member is recruited and appointed at the Annual General Meeting held each June, the member is given a comprehensive orientation as dictated by board policies and procedures.

Board Governance:

The Board of Directors participates in self-evaluation processes annually, reviews policies and procedures bi-annually, develops three-year strategic plans, and monitors operational plans bi-annually.

Audit Committee:

The Board of Directors ensures adequate risk management through the monitoring of compliance with the laws, rules, regulations and contracts that govern it as well as a review of our Insurance policies and internal procedures and controls. Fundraising risks are identified and form the basis of annual budget preparation.

BOARD OF DIRECTORS

John Ruffilli, President

Mike Callander, Vice-President

Pete McPhail, Treasurer

Joanne Crawford, Secretary

Sharon Berry-Ross, Past President

Barry Symington, Member at Large

Bruce Lester, Member at Large

Ray Heeringa, Member at Large

Don Cook, Member at Large

Jill Harding, Member at Large

Vince George, Member at Large

Pam Graham, Member at Large

Warren Kennedy, Associate Board Member

Guy Bennett, Associate Board Member

Fundraising

Sarnia-Lambton Rebound relies on many different sources of funds to ensure the delivery of programs. It is important for our financial stability to have as many different sources of income as possible.

In this way we greatly reduce the risk of the reduction of service if we experience an unexpected loss of a particular revenue stream.

To this end, we build our fundraising plan around a wide variety of income sources. This past year 21% of our revenues came from a single source, which indicates a strong stability in our financial plans.

Rebound management sets a goal each year to ensure that a minimum of 75% of the next fiscal year's operating budget is already contracted with various bodies such as government, the United Way of Sarnia-Lambton, local school boards, and foundations. This past year, we achieved a 80% contracted revenue base which left us with 20% to raise through donations, special events, corporate gifts, client fees, bingos, and new foundation grants.

We were inspired by the generous donations of our community businesses, service groups and individuals who still found a way to contribute financially to youth in our community.

Rebound's fundraising initiatives in 2010 produced:

Type of Funds	Goal	Actual
General Donations	\$45,000	\$33,000
Hearts for Youth Gala	\$36,000	\$36,314
Masters Golf Raffle	\$3,000	\$2,094
Rack 'N Roll	\$6,000	\$7,004
Foundations	\$75,000	\$71,300

We budgeted to raise \$683,696 and the actual total was \$889,520.

We projected \$683,802 in expenses and our actual was \$857,055.

Again this past year Sarnia-Lambton Rebound was recognized by Charity Intelligence Canada (CI) for maximizing its donations. Also, for the fourth year in a row, the agency was chosen by CI as one of just nine recognized charities across Canada.



Independent Auditors' Report

To the Member's of Sarnia-Lambton "Rebound" – A Program For Youth

We have audited the accompanying financial statements of Sarnia-Lambton "Rebound" – A Program For Youth which comprise the balance sheet as at March 31, 2011 and the statements of revenue and expense, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian generally accepted accounting principles, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

The organization derives revenue from donations the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the organization and we were not able to determine whether any adjustments might be necessary to revenue, excess of revenue over expense for the year, current assets and operating surplus.

Qualified Opinion

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of Sarnia-Lambton "Rebound" – A Program For Youth as at March 31, 2011, and its financial performance and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

Haylett Steeves Harris LLP

Chartered Accountants
Licensed Public Accountants
June 9, 2011

SARNIA - LAMBTON "REBOUND" A Program For Youth Statement of Revenue and Expense For the year ended March 31, 2011

	2011	2010
REVENUE		
Grants (Note 6)	\$ 720,725	\$ 598,290
Donations	60,944	61,560
Client fees	2,850	3,150
Fundraising	105,001	82,560
	889,520	745,560
EXPENSE		
Amortization	8,829	11,109
Bank charges	2,226	1,888
Dow Youth Centre	42,551	77,395
Insurance	9,724	8,844
Office and miscellaneous	24,204	25,785
Fundraising	61,204	41,746
Professional fees	4,032	3,612
Programs	35,823	16,246
Rent	42,947	37,841
Staff development	4,835	5,173
Telephone	4,672	5,500
Travel and promotion	9,662	9,865
Wages and benefits	606,346	517,782
	857,055	762,786
EXCESS OF OPERATING REVENUE OVER EXPENSE (OPERATING EXPENSE OVER REVENUE)	32,465	(17,226)
GAIN ON DISPOSAL OF EQUIPMENT	1,923	-
EXCESS OF REVENUE OVER EXPENSE (EXPENSE OVER REVENUE)	\$ 34,388	\$ (17,226)

SARNIA - LAMBTON "REBOUND"
A Program For Youth
Balance Sheet
As at March 31, 2011

SARNIA - LAMBTON "REBOUND"
A Program For Youth
Statement of Cash Flows
For the year ended March 31, 2011

	2011	2010
ASSETS		
CURRENT		
Cash	\$ 50,585	\$ 50,373
Short-term investments	155,992	153,065
Accounts receivable	71,624	26,775
Due from Dow Legacy project	-	674
Prepaid expenses	3,908	3,628
	282,109	234,515
EQUIPMENT (Note 4)	26,675	26,705
	\$ 308,784	\$ 261,220
LIABILITIES		
CURRENT		
Accounts payable and accrued charges	\$ 30,334	\$ 18,085
NET ASSETS	216,424	215,497
Internally restricted (Note 5)	26,675	26,705
Invested in equipment	35,351	933
Unrestricted	278,450	243,135
	\$ 308,784	\$ 261,220

APPROVED BY THE BOARD

 Director
 Director

	2011	2010
OPERATING ACTIVITIES		
Excess of revenue over expense (expense over revenue)	\$ 34,388	\$ (17,226)
Amortization not affecting cash	8,829	11,109
Gain on disposal of equipment	(1,923)	-
	41,294	(6,117)
Interest earned by contingency reserve	927	2,104
Changes in non-cash operating working capital items		
Accounts receivable	(44,849)	6,877
Prepaid expenses	(280)	915
Accounts payable and accrued charges	12,249	(330)
	9,341	3,449
INVESTING ACTIVITIES		
Changes in short-term investments - net	(2,927)	(46,938)
Repayments from Dow Legacy project	674	56,313
Acquisition of equipment	(6,876)	(3,417)
	(9,129)	5,958

NET CHANGE IN CASH POSITION	212	9,407
Cash position, beginning of year	50,373	40,966
CASH POSITION, END OF YEAR	\$ 50,585	\$ 50,373

SARNIA - LAMBTON "REBOUND"
A Program For Youth
Notes to the Financial Statements
For the year ended March 31, 2011

SARNIA - LAMBTON "REBOUND"
A Program For Youth
Notes to the Financial Statements
For the year ended March 31, 2011

1. STATUTES OF INCORPORATION AND NATURE OF ACTIVITIES

Sarnia-Lambton "Rebound" - A Program For Youth is incorporated under the Business Corporations Act of the Province of Ontario as a company without share capital subject to the Charities Accounting Act.

It has been granted tax exempt status as a registered charity and is classified as a charitable organization under Sections 149 and 149.1 of the Income Tax Act, Canada. The organization is in compliance with its disbursement quota requirement as set by the Canada Revenue Agency.

Sarnia-Lambton "Rebound" - A Program For Youth provides social services programs for at-risk youth in the Sarnia-Lambton community. These include restorative justice programs delivered through a service contract with the provincial government and Section 23 educational programs delivered through a service contract with the Lambton-Kent and St. Clair Catholic District School Boards.

2. ACCOUNTING POLICIES

The financial statements have been prepared in accordance with Canadian generally accepted accounting principles and include the following significant accounting policies:

Revenue

Unrestricted donations are recorded as received. Grants and donations for specific purposes are recorded as earned in accordance with the provisions of the award. Unearned grants and donations are recorded as deferred revenue.

Interest income from short-term investments is recognized as revenue of the appropriate fund when earned on an accrual basis.

Expense

Expenditures are recognized as they are incurred and measurable as a result of receipt of goods and services and the creation of a legal obligation to pay.

Investments

Investments are recorded at cost, which equals net realizable value.

3. FINANCIAL INSTRUMENTS

Fair Value

The organization's financial instruments consist of cash, short-term investments, accounts receivable and accounts payable and accrued charges. Financial instruments are reported at fair value at each balance sheet date, and any change in fair value is recognized in changes in net assets in the period in which the change occurs. Fair value of financial instruments is approximately equal to their carrying value due their short-term maturity.

Credit risk

Credit risk arises from the potential that a counter party will fail to perform its obligations. The organization monitors its accounts receivable regularly and establishes allowances for doubtful accounts as needed.

4. EQUIPMENT

	2011		2010	
	Cost	Accumulated Amortization	Net Book Value	Net Book Value
Office equipment	\$ 28,133	\$ 12,740	\$ 15,393	\$ 17,656
Computer equipment	37,523	26,829	10,694	9,049
Computer software	2,260	1,672	588	-
	\$ 67,916	\$ 41,241	\$ 26,675	\$ 26,705

5. RESERVE FUNDS

Reserve funds are committed for the following purposes:

	Balance, Beginning of Year	Additions	Transfers, Adjustments, Disbursements	Balance, End of Year
Contingency reserve fund	\$ 155,497	\$ 927	\$ -	\$ 156,424
Program expansion reserve fund	60,000	-	-	60,000
	\$ 215,497	\$ 927	\$ -	\$ 216,424

SARNIA - LAMBTON "REBOUND"
A Program For Youth

Notes to the Financial Statements

For the year ended March 31, 2011

Management Notes to the Financial Statements

1. Cost allocation notes: In terms of our expenses, each expense (with the exception of the three noted below) is allocated to the program for which the monies were expended. Each department is able to keep an accurate accounting of their expenditures. For the expense areas of insurance, Fund Raising and General Administration, these costs are allocated equally between the four departments of Extrajudicial Measures Programs, Restorative Justice Programs, School Based Programs and General Administration.
2. Investment Notes: All investments are placed into interest-bearing, money market funds to ensure minimal risk of financial losses. The past year we earned a total of \$927.00 on our investments.
3. Volunteer Contributions: This past year, volunteers donated a total of 8 841 hours or 5 full time equivalent staff positions valued at \$149 767. These numbers are not reflected in the financial statements.
4. Program Allocation: Expenses allocated to each youth program are as follows-
 Extrajudicial Measures \$368 974
 (Life Choices, Safe Choices, STAND, STAGE) \$ 84 288
 Restorative Justice \$109822
 PASS Programs \$ 76 500
 Lambton Kent Power Program \$ 39 748
 Section 23 Classroom \$ 98 932
 SAFE Schools \$778 264
 Total
5. Fundraising Expenses: Through policy direction from the Board of Directors, Sarnia Lambton Rebound details full disclosure of all gross fundraising costs of the agency. No fundraising expenses are allocated to other functions. The fundraising expenses are detailed in the financial statements include the gross expenses of producing special events. The actual costs of salaries and benefits of our part time fundraiser are \$20 665 for a total of \$81 869 spent on raising a total of \$889 520 in revenues.
6. Remuneration of Staff: Remuneration of staff and management are assessed and compared annually with Labour Market Information as produced by Service Canada for our geographical region. All wages are within the low end of the range identified for each position. Staff must complete performance appraisals within which they document actual results to previous year's goals as well as listing goals for the upcoming year.

	2011	2010
6. GRANTS		
Lambton Kent District School Board	\$ 106,500	\$ 94,894
Ministry of Child and Youth Services	192,200	165,000
Ministry of the Attorney General	70,000	70,000
Ministry of Community and Social Services	39,748	10,563
St. Clair District School Board	71,295	74,274
Trillium Foundation – Dow Youth Centre	-	52,000
United Way	70,750	60,059
Sarnia Police Services	49,432	-
Lambton Ontario Provincial Police	49,500	-
Other	71,300	71,500
	\$ 720,725	\$ 598,290

7. REPAYMENT OF PROGRAM SURPLUSES
 The service contracts with the Ministry of the Attorney General, Ministry of Child and Youth Services and Ministry of Community and Social Services require the bureau to file a reconciliation report summarizing, by project code, all revenues and expenditures and identifying any resulting surplus or deficiency relating to that service contract. A review of this report shows that the project is in a balanced position as at March 31, 2011 and that there are no amounts owing to or from either Ministry.

8. COMMITMENTS
 The organization is committed to leases for office equipment and office space. Lease payments due in the next four years are as follows:

2012	\$ 42,483
2013	\$ 42,483
2014	\$ 42,483
2015	\$ 23,624

9. COMPARATIVE FIGURES
 Certain of the prior year's figures have been reclassified to conform to the presentation of the current year.



renewal

We are adapting our programs to the changing world and while our ultimate goal of supporting youth and celebrating their successes remains the same, the way we approach it has changed and will continue to do so.



REFERRALS AND INQUIRIES

Sarnia-Lambton Rebound - A Program For Youth

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E-mail: info@reboundonline.com

www.reboundonline.com

Sarnia-Lambton Rebound is a registered, non-profit charitable organization. The operation of these programs is funded by charitable donations from businesses, organizations and individuals.

All contributions are tax deductible.

Charitable Business Number
 13205 7100 RR0001



United Way of Sarnia-Lambton
 Member Agency



Ministries of
 Children and Youth Services
 Attorney General and Community
 and Social Services

**THE ONTARIO
 TRILLIUM
 FOUNDATION**



**LA FONDATION
 TRILLIUM
 DE L'ONTARIO**



SUPPORTING YOUTH - STRENGTHENING COMMUNITY