



Circle of Influence Canvas

Sort what's on your mind — from what you're concerned about, to what you can influence, to what you actually control. It helps you to pin down your leverage: the things within your control that are worth acting on.

What are you worried about, even if you can't change it?

What can you influence, even if you don't fully control it?

What can you control — and what will you actually do about it?

Transfer: What can I let go of? What do I want to tackle?

