



### Arthur C. Brooks Long Biography:

Arthur Brooks is one of the world's leading experts on the science of human happiness, appearing in the media and traveling the world to teach people in private companies, universities, public agencies, and faith communities how they can live happier lives and bring greater well-being to others.

Brooks is a professor at Vanderbilt University and a senior fellow at the Harvard Business School. He is a *CBS News* contributor, columnist with *The Free Press*, and host of the weekly podcast "Office Hours with Arthur Brooks."

He is the author of 16 books, including the #1 *New York Times* bestsellers *The Meaning of Your Life: Finding Purpose in an Age of Emptiness*, *Build the Life You Want* (co-authored with Oprah Winfrey), and *From Strength to Strength*.

### Arthur C. Brooks Short Biography:

Arthur C. Brooks, PhD, is a social scientist and one of the world's leading authorities on human happiness. He is a professor at Vanderbilt University, columnist with *The Free Press*, host of the podcast "Office Hours with Arthur Brooks," *CBS News* contributor, and an internationally acclaimed public speaker. He is the author of 16 books, including the #1 *New York Times* bestsellers *The Meaning of Your Life*, *Build the Life You Want* (co-authored with Oprah Winfrey), and *From Strength to Strength*.