

Plain Language Statement

Project:

A-Part of the Crowd – Implementation pilot – Refining and testing

Project Supervisor:

Professor Victoria Palmer (The ALIVE National Centre for Mental Health Research Translation)

Tel: +61 3 8344 4987 | Email: v.palmer@unimelb.edu.au

All project investigators and staff:

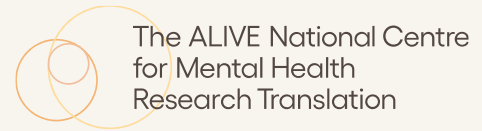
Professor Victoria Palmer <i>The ALIVE National Centre, University of Melbourne</i>	Ms Candice Peart <i>The ALIVE National Centre, University of Melbourne</i>	Dr Matthew Lewis <i>The ALIVE National Centre, University of Melbourne</i>
Dr Jennifer Bibb <i>The ALIVE National Centre, University of Melbourne</i>	Dr Amy Coe <i>The ALIVE National Centre, University of Melbourne</i>	Dr Cath Kaylor-Hughes <i>The ALIVE National Centre, University of Melbourne</i>
Mr Phillip Orcher <i>The ALIVE National Centre, University of Melbourne</i>	Ms Roxanne Kritharidis <i>The ALIVE National Centre, University of Melbourne</i>	Mr Toby Wong <i>The ALIVE National Centre, University of Melbourne</i>
Mr Kush Rathore <i>The ALIVE National Centre, University of Melbourne</i>	Ms Grace Read <i>The ALIVE National Centre, University of Melbourne</i>	Ms Li Tan <i>The ALIVE National Centre, University of Melbourne</i>
Miss Amali Andrews <i>The ALIVE National Centre, University of Melbourne</i>	Dr Dana Jazayeri <i>The ALIVE National Centre, University of Melbourne</i>	Mr Oskar Martin <i>The ALIVE National Centre, University of Melbourne</i>

Introduction

Thank you for your interest in sharing your story to the A/Part of the Crowd website. The following few pages will provide you with further information about the project, so that you can decide if you would like to continue your submission.

Please take the time to read this information carefully. You may ask questions about anything you don't understand or want to know more about.

Your participation is voluntary. If you don't wish to take part, you don't have to. If you begin your submission, you can also stop at any time.



What is this research about?

This project is being led by The ALIVE National Centre for Mental Health Research Translation to collect stories from young Australian adults aged 18-25 about their experiences of loneliness during life transitions like leaving school or moving out of home.

This space exists to continue story sharing, to support those who have or are currently navigating loneliness to feel less alone.

What will I be asked to do?

You can share your short story using text, audio, image or video. This could be a poem, short story, artwork, graphic or video. Feel free to include images/videos/audio of yourself, remember, it will be displayed publicly. If others are identifiable, we may ask you to edit and re-submit.

Your story will be published on the [A/part of the crowd website](#). (public page) with a first name (or anonymously) once approved by the A-Part of the Crowd team.

Your full name, contact details and/or the names of others will not be displayed or will be edited out of your story. You can also submit your story without including names.

The A/Part of the Crowd project team may also use the stories to develop a model of care or resources to support young people when feeling lonely.

Sharing your story has 3 steps and takes >15 minutes (depending on your story!)

1. Read this information
2. Write or upload your story
3. Check all consent boxes in the form and click “submit”

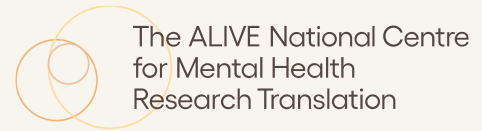
The next stage

Once approved* by the A-Part of the Crowd team, your story will be published on the [A/part of the crowd website](#).

*To make sure that A-Part of the Crowd is a safe space for all, we will ask you to edit and re-submit your story if it contains offensive or discriminatory language, vilifies others or is overly personal (including your name or the names of others).

What are the possible benefits?

Your involvement in this study will contribute to understanding current experiences of loneliness in young adulthood. This work will lead to the development of safe and supportive resources to learn more about youth loneliness, and/or the development of interventions to support young people experiencing loneliness.



What are the possible risks?

By taking part in this project, you will be contributing to a better understanding of loneliness in young adulthood. If any feelings of emotional distress arise from taking part in this project and you want to talk to someone, [you can find a list of contacts here](#).

Do I have to take part?

No. Participation is completely voluntary. You are able to withdraw at any time. If you start your submission and decide you no longer wish to participate, please let the researcher know.

Will I hear about the results of this project?

Results of this project will be published in journal articles, media pieces, Quick Guides of the ALIVE National Centre and policy recommendation reports, and presented at conferences. Findings will be further disseminated through the ALIVE National Centre website: <https://alivenetwork.com.au>. The Consensus Statement is also planned for publication and sharing. You can opt-in to receive email updates on the project by emailing alive-codesign@unimelb.edu.au.

What will happen to information about me?

Taking part in this project is completely voluntary and you may ask for your story to be taken off the website if you wish. Your privacy will be protected at all times. No individual participant will be identified and only the research team will have access to your personal information. We can only disclose information with your permission, or as required by law.

The submission you make to this website is part of a broader research project, and accordingly, the information you provide to this project may be used in future research. This data may include any information you provide to us in the submission form.

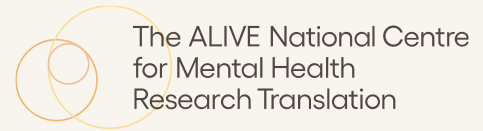
You may ask for your story to be removed from the [A/part of the crowd website](#) at any time. However, as the stories will be available publicly, we are unable to prevent others from downloading your submission before it is unpublished.

Who is funding this project?

This study is funded by Medibank Better Health Research Hub in the amount of \$350000 (AUD). A research team from the University of Melbourne is responsible for the co-design project. This project will be carried out according to the National Statement on Ethical Conduct in Human Research (2023). This statement has been developed to protect the interests of people who agree to participate in human research studies.

Where can I get further information?

If you would like more information or if you have any questions please get in touch with our team. Email: a-partofthecrowd@unimelb.edu.au



Who can I contact if I have any concerns about the project?

This project has human research ethics approval from The University of Melbourne (ethics ID: 35485). If you have any concerns or complaints about the conduct of this research project, which you do not wish to discuss with the research team, you should contact the Research Integrity Administrator, Office of Research Ethics and Integrity, University of Melbourne, VIC 3010. Tel: +61 8344 1376 or Email: research-integrity@unimelb.edu.au. All complaints will be treated confidentially. In any correspondence, please provide the name of the research team and/or the name or ethics ID number of the research project.