



**PLYMOUTH  
LEARNING  
PARTNERSHIP**

**Right support.  
Right place.  
Right time.**

**Supporting your school**

**Service Brochure  
September 2025 – August 2026**



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# Working together in 2025

I am pleased to share Plymouth Learning Partnership's service offer for the new academic year, September 2025 to August 2026.

As always, our offer builds upon the knowledge, understanding and skills that we continue to harness and grow within our team and in the wider system. MAST currently consists of an Educational Psychology team of 10, alongside over 28 psychotherapists, counsellors, family learning mentors and speech and language therapists. With your long-term support and commitment, we have been able to retain and grow this expert team who work with over a thousand children and families across our city each year. Some aspects of recruitment remain a real challenge, particularly in relation to our educational psychology team, as the profession develops in new directions and opportunities for more consistent private work grow. Key areas of our delivery have grown over the last 12 months, especially in the number of critical or serious incidents occurring in schools that require immediate and often longer-term support. We have also seen demand for more EP time in school increase considerably.

Our KidsTime support sessions running every Wednesday evening continue to grow, and we are establishing an additional group this year to meet demand. We were delighted to showcase and celebrate this work in an exhibition at the Market Hall earlier this year. Your feedback has really highlighted to us the value and uniqueness of this programme which supports children living in families with parental mental illness.

I am acutely aware of the incredible financial pressure schools are under and the challenging budgets for the next academic year. This is set against an increasingly demanding backdrop of rising support needs and SEN complexity. There remains a pressing need to do more, and we are fully committed to the expansion of services where at all possible. The feedback regarding our long-established MAST team has been consistently excellent across the city, and you can be confident that it remains integral to our service delivery. We will do all we can to accommodate requests for



additional support this year, and we continue to strive to support and develop our own staff through this training route, alongside our on-going efforts to recruit new EPs to the team.

As an organisation we are unique in the city. We reinvest any profits made back into the provision of essential services to schools. We do not pay dividends to shareholders and our objective is to support you, rather than deliver private shareholder value. We have seen examples of supply agencies paying huge profits in dividends to shareholders and that is money that could have been invested back into school services. Over the last 10 years our Supply Plus and Schools' Post offer have been important vehicles to ensure we were able to deliver MAST at a subsidy. However, in the last few years, in both Supply Plus and Schools' Post, we have witnessed incredible competition from other shareholder-driven competitors. We believe both of our services provide great value for money and remain competitive. Whilst we respect the decision schools make on the provision of supply teacher support and recruitment, we also want to stress the benefits of investing money back into schools rather than removing profits from the system. The more you utilise our Supply Plus and Schools' Post offer, the more will be invested back into MAST. This remains a unique structure that rewards schools, children and families.

I am really delighted that this year we have been successful in expanding our Supply Plus offer to include teaching assistants as well as teachers. This is proving really successful and is in no small part due to the ongoing training and development we offer to ensure the staff we provide can add real value and expertise when on supply with you. We remain committed to the same offer of support and training for our supply teachers.

This year's brochure attempts to capture the essence of each service delivery area, and I hope you will appreciate some of the new elements we have included. For the first time we are offering bespoke training in partnership with Apex HR for business managers around the first phase of the new Employment Rights Bill. This legislation will impact hugely on school systems and processes.

We are also expanding our critical and serious incident support and developing a stronger network for PSAs and other family support roles. Despite this very positive maintenance and expansion of our work, I do believe that without the trusting relationships between schools, families and ourselves we would not see the positive outcomes that we are pleased to report in the pages of this brochure. This needs-led work is complex and relies on the creation and maintenance of genuine trust and respect. We cannot purchase or sell such an essential part of our work but believe it arises from our established and strong collaboration. I value all the meetings with support staff, co-ordinators, headteachers and colleagues from across the LA that fuel our understanding and our bespoke support. Representative heads from PLT and PAPH continue to ensure that we stay close to the reality of school life, with all its challenges and opportunities. I look forward to working with you again this year, ensuring that our partnership is served well by the company we have created together.

Warmest wishes,

*Lisa*



# Empowering schools to do more

Plymouth Learning Partnership (PLP) works together to support positive outcomes for children, families and schools within local school settings.

The objects of the Company are to carry on activities which benefit the community and in particular (without limitation) PLP's objectives are to:

- Support the well-being, care and education of children within Plymouth
- Promote and facilitate Primary and Secondary collaboration through the professional networks of the Company and the Plymouth Learning Trust
- Deliver effective and profitable services to schools
- Generate and invest those profits into the delivery and development of MAST provision for children and young people, at the earliest point of need.

Working collaboratively with schools, we deliver effective support services for children and families. We also seek to meet schools' recruitment challenges. Thanks to our community reinvestment model we deliver exceptional value for money.

Through MAST, our Multi-Agency Support Team, we connect appropriately skilled and experienced staff with schools. Our Schools' Post and Supply Plus services enable you to solve staff recruitment and temporary staffing cover needs.

You can discover more about all of PLP's services in the following pages and on our website, [plpcic.co.uk](http://plpcic.co.uk)



“We believe that if a child is in a well-supported system, they have the best opportunity for whole-life development.”

The PLP ‘Why’



# Our impact in 2024



PLP are proud to make a positive impact across Plymouth and beyond – supporting children, families and schools in a wide variety of ways.

## 90%

of all families working with MAST showed significant improvement in at least one key area as measured by the Outcome Star™ tool ('Family Star Plus') in 2024

## 150+

school settings where we provided high quality supply teachers through Supply Plus

## OVER 100

training events and continuing professional development experiences for staff were made available in 2024 as part of the MAST CPD offer

## 1100

children and families were supported through MAST in 2024

## OVER 30

critical or serious incidents, including a number of STORM suicide assessments, were effectively managed with MAST's support in 2024, highlighting their strong partnership with schools

"We view MAST as our fourth emergency service. We cannot imagine working in a school system without the support of MAST. The whole team offer a professional, responsive service that we rely on as complexity of need increases across the city."

**Primary School Headteacher**



**68**

parents/carers and children were directly supported in 2024 through our weekly KidsTime multi-family group intervention

**96%**

of all children working with MAST showed significant improvement in at least one key area as measured by the Outcome Star™ tool ('My Star') in 2024

**100%**

of all requests to the weekly 'MAST Panel' received a response within 5 days in 2024

OVER  
**6000**

bookings for Supply Plus teachers and teaching assistants were taken to support local schools in 2024 with profits reinvested straight into our vulnerable children's service (MAST)

# A strong support network for schools

Becoming a PLP subscribing member means your school benefits from our work to support education across the system, and provides discounted access to our services.

As a PLP subscribing member, you benefit from wide ranging support for your school. In addition, you help to drive positive change for education by shaping our services and having a say in how our organisation is managed. Headteachers of each Multi Academy Trust represent their schools on our PAPH Exec. board.

## The benefits of becoming a subscribing member

Subscribing membership gives your school access to a comprehensive package of services, plus a reduction in the cost of using services that are outside the package. This year's package includes a wealth of training, resources and support, listed here.

For more details about these items, visit [plpcic.co.uk/subscribe](http://plpcic.co.uk/subscribe)

### An Exclusive CPD Event

#### Are you ready for the first phase of the Employment Rights Bill?

Join Kevin Miller, Chief Humanity Officer at Apex HR, for a focused two-hour workshop session highlighting key changes already in effect, including new family-friendly rights like neonatal leave and what's coming next. Kevin will break down the most relevant provisions of the Employment Rights Bill and share clear, proactive steps to help business managers prepare for upcoming reforms, from changes to unfair dismissal rules to statutory sick pay and zero-hour contracts.

### PSA Support Network

Regular contact, supervision and training for this key professional role that often absorbs high levels of challenge and emotional complexity. In addition, this year we are introducing a PSA networking and resource sharing Teams group.



## **Emotional Logic – 90-Minute Taster Session**

A range of unique practical tools that help people unlock their emotional turmoil and release their energy to move on.

## **Autism Education Trust (AET) Training**

Supporting senior staff to question, evaluate and develop autism practice within their settings, and help meet the requirements of Ofsted.

## **Enhanced Critical and Serious Incident Support**

A bespoke and intensive wraparound response for schools and their wider communities in the event of a serious incident.

## **Professional Support for Headteachers**

Rapid supervision to Headteachers and longer term supervision arrangements where requested.

## **Supply Plus Discount**

This includes two days' cover from our supply teaching service, offered at a 25% discount for all PLP subscribing members.

## **Communication Hub**

Ensuring that the collective voice of Headteachers is understood and communicated in all citywide developments.

## **SENCo Support Network**

Six weekly specialist support network for SENCos including training and supervision support.

## **Polyvagal Theory and our understanding of trauma**

This training session for SENCOs and PSAs will introduce polyvagal theory and aspects of neuroscience that help explain how the nervous system responds, changes and impacts on our response to stress long after a traumatic incident or series of events. We will apply this understanding to the needs of some children and young people who are heavily impacted by trauma to consider the development of effective interventions. The session will be particularly helpful for schools setting up targeted support provision and nurture groups.

## **PLP Subscribing Membership**

### **HOW MUCH IT COSTS**

The price to be a subscribing member is **£850** per school for the academic year.



# Serving schools, championing children

MAST delivers mental health interventions for children plus training and support for schools – through our comprehensive 'wheel' of support.

The three key elements are: child and family support, school staff development and whole school system enhancement. You can see an overview of our individual services below – full details are available on our website at [plpcic.co.uk/mast/children-families](http://plpcic.co.uk/mast/children-families)

“Our family life has been transformed by the support we have received from MAST.”

Plymouth MAST Parent



“MAST are really supportive, they listen like nobody else does. MAST always make time to drop into school to update and check in with school staff and myself.”

Primary School Headteacher

## Child and Family Support

**A highly responsive service from our integrated team of specialists. Access interventions tailored to the needs of the child, family and school, plus group support.**

### 'Mind The Gap' Y6/7 Transitions Provision

A framework to support the most vulnerable children as they take the leap from primary to secondary school.

### Early Intervention: Weekly MAST Panel

Get a connected and highly integrated response to requests for support from our MAST panel within a week.

### Enhanced Critical & Serious Incident Support/Rapid Assessment of Self-Harm Risk

Personalised support plans following serious events in school and a rapid focused assessment for children at risk of self-harm.

### Outcomes Star™

MAST uses this evaluation tool to rigorously assess the outcomes of our work and the impact on each child's journey.



## KidsTime Workshop for Families

*Working with children and their families where parents have a mental illness*

Plymouth Learning Partnership has been running two KidsTime groups in Plymouth for over eleven years. PLP has provided this unique support to children and their families who are frequently isolated and stigmatised by the experience of parental mental illness. Research has shown that as many as one in six children in every classroom are affected in this way, yet often remain unidentified and unsupported in their roles as young carers.

Working together we have enabled the identification of many children and their families who might benefit from KidsTime. This wider collaborative approach is mirrored in the model and activities within each multi-family session.

KidsTime provides a safe and welcoming space where families meet every fortnight and work together to develop their understanding and communication about the challenges and realities of parental mental illness. The groups use a wide range of creative processes and activities, such as art, craft, drama and film-making to explore key themes. In the sessions children and parents work both together and separately, providing feedback to each other. Each session ends with the whole group eating a meal together.

This approach also aims to help children to develop better understanding of their own wellbeing and to improve their ability to communicate about their feelings and concerns. KidsTime seeks to reduce children's worries and anxieties, to identify their strengths and abilities and to experience friendship and enjoyment.

For many of the attending families KidsTime has provided long-term support. As the children reach secondary age PLP is developing a further group for young teenagers.

## Family Support Drop-Ins

After a successful pilot we are pleased to offer a new package of support for families within the school context. Specialist family workers with a breadth of experience and knowledge will provide a termly bespoke parent support programme. This may be continuous support over six terms with the same families, or a series of individual drop-ins which would reach more parents and families. Drop-in sessions are available for a half or whole day per term and will offer consultation and support around key parenting challenges.

Drop-in sessions will offer schools the opportunity to support their parents/families around:

- Boundaries and behaviour
- Routines and bedtimes
- Loss and separation
- Emotional regulation and building resilience
- Building self confidence and self-esteem
- Strategies to support sensory difficulties
- Supporting neurodiversity
- Supporting anxiety and worries
- Supporting the proprioceptive and vestibular senses.

### HOW MUCH IT COSTS

One half day session per term (six per year)

**£850 for subscribing members**

**(£1,020 for non-subscribers)**

One whole day session per term (six per year)

**£1,600 for subscribing members**

**(£1,920 for non-subscribers)**



## School Staff Development

**A focused, practice-based service to enable school staff in Plymouth to provide mental, social and emotional support, led by our educational psychologists, counsellors and therapists.**

### Emotional Logic

Training to help schools promote self-confidence, emotional awareness and relationship building for children and adults.

### MAST CPD Programme

A suite of over 50 core courses to keep school and MAT staff up to date across a range of current research and practice advice.

### School Based Family Support

A package of supervision, coaching and collaboration to help guide your school's parent and family support services.

#### HOW MUCH IT COSTS

School Based Role Support Package  
**£2,600 per role annually for subscribing members**

### School Staff Supervision Individual/Groups

Professional practice-based mentoring service available for school staff on a one-to-one or group basis.

#### HOW MUCH IT COSTS

Individual Supervision (up to 1.5hrs)  
**£105 per session for subscribing members**

Group Supervision (up to 1.5hrs)  
**£155 per session for subscribing members**



## Whole School System Enhancement

MAST offers a variety of ways to improve mental wellbeing and behaviour across your school as a whole. Each school will have a nominated member of the team – a 'Link' Educational Psychologist (EP) – who will act as your main contact with the service.

### HOW MUCH IT COSTS

High MAST tariff

**£47 for subscribing members**  
**(£56.40 for non-subscribers)**  
per pupil on roll offering 7+ MAST cases  
(inclusive of up to 10 EP 'days' of input)

Low MAST tariff\*

**£39 for subscribing members**  
**(£46.80 for non-subscribers)**  
per pupil on roll offering up to 6 MAST cases  
(EP days adjusted according to pupil numbers)

We can also help build your capacity to understand and work with young people with autism and those who have experienced trauma.

### Adverse Childhood Experiences

MAST provides training and development to enable your school to respond proactively when pupils have experienced trauma.

### Autism Education Trust Schools' Training Hub

Improve awareness and practice around the needs of young people with autism across your school with our accredited training programme.

### MAST CPD Programme

A suite of over 50 core courses to keep school and MAT staff up to date across a range of current research and practice advice.

## Specialist Services

A number of additional services can be requested through MAST, designed to complement and strengthen your existing school based provisions.

### Counselling and Arts Therapy

Schools are able to invest in further specialist counselling and art/drama/environmental arts therapy to develop their in-school offer in collaboration with the MAST service.

### HOW MUCH IT COSTS

1 day per week term-time

**£9,933 for subscribing members**  
**(£11,919 for non-subscribers)**

1 morning per week

**£5,800 for subscribing members**  
**(£6,960 for non-subscribers)**

1 afternoon per week

**£4,600 for subscribing members**  
**(£5,520 for non-subscribers)**

### Educational Psychology

Your school can purchase the services of an educational psychologist to apply effective techniques to support young people's learning.

### HOW MUCH IT COSTS

(if additional to time included in MAST package)

**£625 per day for subscribing members**  
**(£750 for non-subscribers)**

**£345 per half day for subscribing members**  
**(£414 for non-subscribers)**

## Specialist Services

Continued

### Learning Mentoring

Bring in a learning mentor to provide extra help to a young person who is facing particular challenges in their education.

#### HOW MUCH IT COSTS

1 day per week term time

**£7,275 for subscribing members  
 (£8,730 for non-subscribers)**

1 morning per week

**£4,200 for subscribing members  
 (£5,040 for non-subscribers)**

1 afternoon per week

**£3,600 for subscribing members  
 (£4,320 for non-subscribers)**

### Speech and Language Therapy

Bespoke individual, group or whole school support to develop children's speech, language and communication needs.

#### HOW MUCH IT COSTS

Per day

**£275 for subscribing members  
 (£330 for non-subscribers)**

Per half-day

**£140 for subscribing members  
 (£168 for non-subscribers)**

## CPD Courses

Below are a selection of our 'core' CPD experiences and events. Each year we have sought to strengthen and broaden our CPD offer to MAST-subscribing schools, and we can confirm we have also been fortunate enough to continue our exclusive relationship with the Autism Education Trust in providing their full suite of courses into 2025.

A Good Night's Sleep

ACE Training

AET: Making Sense of Autism

AET: Good Autism Practice

AET: Leadership

Attachment

Colourful Semantics

Connection Before Correction

Critical Incident Training

Diversity, Equity and Inclusion

EAL: English as an Additional Language

Emotional Based School Avoidance

Emotional Logic Awareness

Environmental Arts Therapy 

Food Matters

Grieving in Puddles 1

Grieving in Puddles 2

Lego Therapy

LGBTQIA+

Managing Anxiety

Managing Difficult Conversations  
(Walk or Talk)

Mind the Gap

Mindfulness

Parental Mental Illness

Person Centred Planning

Precision Teaching Level 1

Precision Teaching Level 2

PSA Support Group

Running Your Room

Sexualised Behaviour

Social Stories

Speech and Language

Statutory SEND Practice in Schools 

Strategies/Visual Aids for SLCN (KS1)

Strategies/Visual Aids for SLCN (KS2)

Supporting Attention, Impulsivity and Hyperactivity Needs (ADHD) 

Suicide and Self Harm

Teaching Assistant Training

Theory of Makaton/Cued Articulation

Therapeutic Play Training

Therapeutic Play Coaching

Therapeutic Mentoring Training

Therapeutic Mentoring Support Group

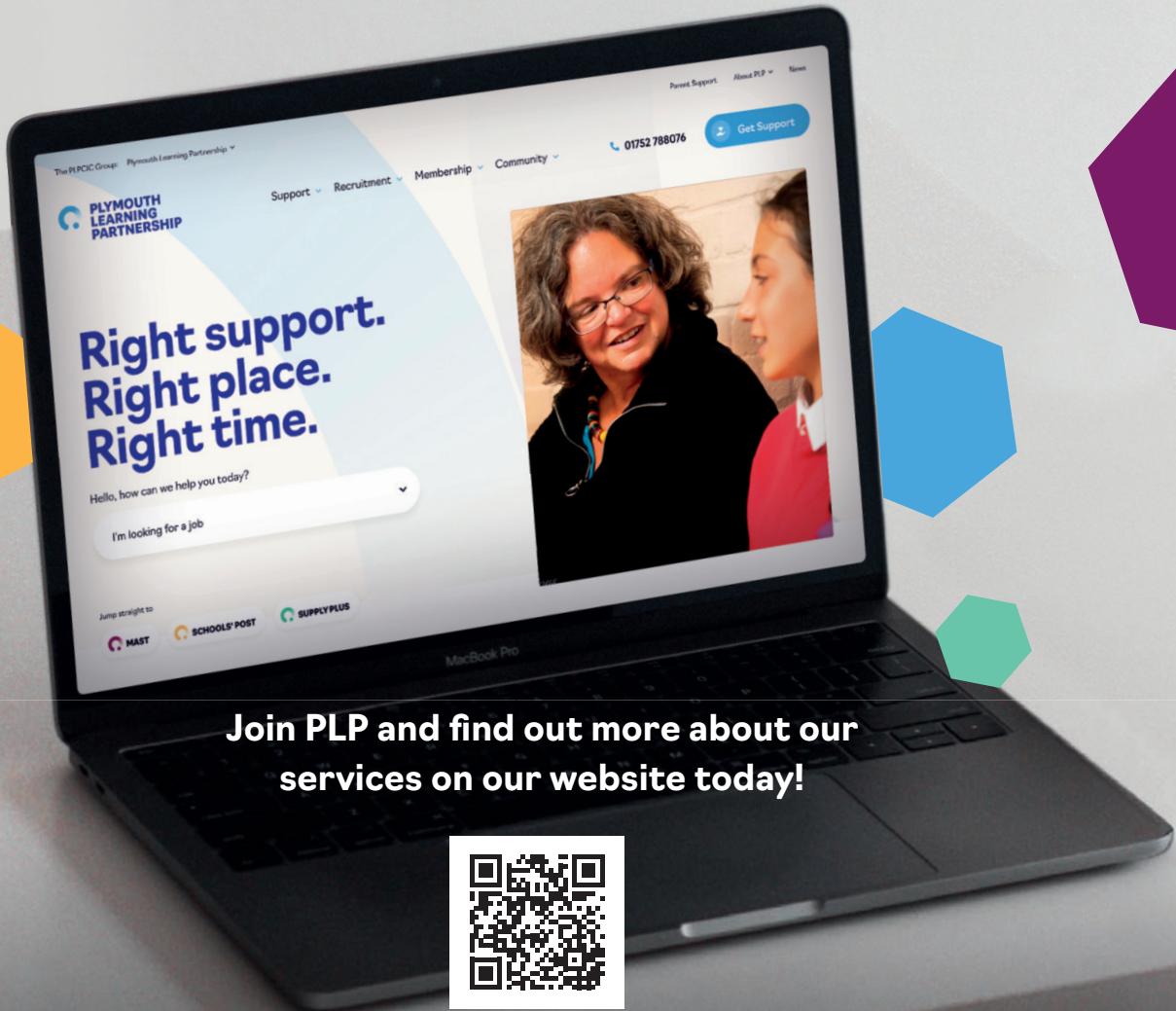
Understanding Anxiety

Understanding Domestic Abuse

Understanding Shame

Write Dance

# Sign up online



Join PLP and find out more about our services on our website today!



Scan here or go to...

[plpcic.co.uk/subscribe](http://plpcic.co.uk/subscribe)

# A better way to recruit school staff

Our education recruitment platform gives schools, SATs and MATs a highly effective and affordable way to find the right people to fill job vacancies.

Schools' Post is trusted by education leaders across Plymouth, Devon and Cornwall to attract high-quality candidates for job openings. Whether you need a teacher, TA, caretaker or administration officer, our platform gets the word out. We offer exceptional value for money and all profits are reinvested into the Multi-Agency Support Team offer.

## A proactive platform that solves your school's staffing needs

Schools' Post makes the process of recruitment easy. We guide you in creating an advert which will connect effectively with your potential candidates. We then use a mix of email, print, online job portal marketing and personal networking to reach the right people for your role.



"Schools' Post are always responsive and provide a professional service to meet our recruitment needs."

**Plymouth Primary School Senior Administrator**

## What Schools' Post includes

- An advert for your job post in our new weekly e-newsletter, sent to a wide mailing list of schools around Devon and Cornwall
- Option of a new improved featured full-page advert on our website and e-newsletter
- Vacancy posted on our Schools' Post pages of the PLP website, with featured listing status providing a visibility boost for two weeks, with the option to add an 'urgent' tag
- One week's targeted online advertising with Fish4Jobs and Plymouth Herald, providing both national and local exposure
- Support and guidance on preparing ads to suit your school's needs and budget
- A highly cost-effective package that reinvests all profit back into the vulnerable children's service.



**The addition of featured adverts on our website will enhance the offer for 2025/26. This builds upon the full page advertising model that has been so successful.**

### HOW MUCH IT COSTS

**Featured full-page advert £270 £259**  
(2,500 characters including spaces)

**Half-page advert £165 £159**  
(1,000 characters including spaces)

**Our improved prices represent greater value for schools afforded by improvements in technology based systems and market competition.**



# Placing teaching talent where it's needed

Supply Plus provides high-quality supply teachers and teaching assistants to schools across Plymouth, Devon and Cornwall.

**Unlike other national teacher supply agencies, we do not pay dividends to shareholders. Therefore, when you use Supply Plus it enables us to reinvest in other vital school based services such as Speech and Language provision and the Multi-Agency Support Team.**

We offer a unique support package for all Supply Plus teachers, nurturing a pool of highly motivated personnel, ready to step in to provide high quality education and support when staff shortages happen.

## The advantages of using Supply Plus

Our school-centred ethos and friendly, flexible approach have enabled us to become proficient at matching school classroom vacancies with capable, reliable supply staff.

We ensure that you get highly able and professional supply teachers for your role – thanks to our rigorous recruitment process, fair pay, and excellent mentoring, coaching and training support.

Our CIC model means we understand that engaging supply teachers can be a pathway to effective recruitment. Uniquely, we do not make additional charges when this happens, but see this as part of our broad commitment to school systems.

We offer a high level of flexibility in how you can access supply teaching staff, from on-the-day jobs to longer-term cover. Plus, we have a mix of ECTs starting on their teaching journey in addition to highly experienced teachers and teaching assistants.

We welcome school feedback and use this as a platform for supporting the development of our teacher and teaching assistants' skills and competencies.

## How Supply Plus works

1

Get in touch with Supply Plus to register your school, SAT or MAT with us.

2

We'll request the information we need about how your school runs, points of contact and any special considerations.

3

When you need a supply teacher, you can contact us with your request and we'll match a teacher or teaching assistant to your vacancy.

4

Provide feedback on your experience and we'll use it to improve our service and make any refinements needed for the next job.

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