

THE SPA

Treatment menu





A SENSORY RETREAT NESTLED AT THE HEART OF THE PINEWOOD

L:a Bruket draws its strength from the raw elements of the Swedish coast to create natural, effective, and sensory treatments. Inspired by the Scandinavian way of life and the thermal heritage of Varberg, the brand blends ancient marine rituals with contemporary innovation. Each formula is crafted without compromise on ingredient purity, staying true to a philosophy where innovation is guided by nature.

INNOVATION RYTHMED BY THE ELEMENTS

Maison Chiberta has chosen L:a Bruket to shape its spa menu. Inspired by the raw power of the elements and Nordic maritime traditions, the Swedish brand aligns perfectly with the spirit of our house, a place open to nature, where holistic well-being, simplicity of materials, and environmental respect come naturally.

L:A BRUKET

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99.2% natural origin

99.2% natural origin

240 ml / 8 fl.oz

2007-11-07
www.labs-ct.com



FACE

Radiance reborns in harmony with the elements

INSTANT GLOW

A radiance-boosting treatment that instantly awakens the skin's glow. Gentle cleansing, purifying mask, and deep hydration for fresh, luminous, and revitalized skin.

30 min — 55 €

OCEAN GLOW

An oxygenating treatment inspired by sea spray and Nordic forests. Includes cleansing, exfoliation, deep massage, and a marine mask for regenerated, glowing skin.

60 min — 95 €

TIMELESS GLOW

A complete anti-aging protocol to smooth wrinkles, firm the skin, and revive its natural radiance. Includes targeted exfoliation, lifting massage, stimulating drainage, and a repairing mask.

80 min — 140 €

LIGHT THERAPY TREATMENT

A high-tech facial to stimulate cellular activity, boost glow, and refine skin texture. Under the effect of infrared light, the skin regenerates, softens, and the complexion becomes visibly brighter.

20 min — 30 €

MASSAGES & RITUALS

Essentially, inspired by the elements to return to oneself

PINE ESSENCE

A full-body massage with warm sage and rosemary oils. A personalized treatment, guided by your energy of the day.

60 min — 90 €

L:A BRUKET GROUNDING MASSAGE

Slow and deep massage with warm oils. Bergamot invites calm, while patchouli opens the inner space. A meditative treatment to soothe the body and expands awareness.

60 min — 90 €

THE SILENCE OF THE DUNES

Face & body ritual: sea salt scrub, relaxing or toning massage with cooling spheres, and a facial massage using botanical oils. A total detox for radiant skin.

80 min — 120 €

CHIBERTA'S AURA

A complete ritual combining a tailored full-body massage and a facial treatment. Exfoliates, deeply nourishes, and brightens the skin. This enveloping care provides deep relaxation, restoring suppleness, comfort, and natural radiance.

90 min — 160 €

PRECIOUS MOMENTS

Short, targeted treatments to rejuvenate your energy

CAREFREE SPIRIT

Scalp massage to release mental tension and promote deep relaxation. **20 min — 30 €**

HAND & FOOT TREATMENT

Nourishing and relaxing care for the hands and the feet. **20 min — 30 €**

LED BOOSTER - IN ADDITION TO YOUR TREATMENT

Infrared light therapy to stimulate cell regeneration and enhance the effectiveness of your facial care. **10 min — 20 €**

LYMPHATIC DRAINAGE & DETOX TREATMENT

SIGNATURE DRAINAGE

Manual massage inspired by lymphatic drainage techniques. Stimulates circulation, eliminates toxins, and relieves built-up tension. **60 min — 90 €**

DETOX TREATMENT

3 sessions of **60 min — 255 €**

6 sessions of **60 min — 480 €**

10 sessions of **60 min — 700 €** includes a 10-minute LED Booster with each session.

TARGETED ESSENTIALS

Tailor-made solutions for everyday stress

BASQUE STRENGTH

Targeted back massage using lemongrass oil. Relieves tension and reawakens your energy. A burst of natural freshness.

30 min— 55 €

LIGHT WAVE

Draining and revitalizing leg massage. Gentle strokes, targeted pressure, and peppermint oil to relieve fatigue.

30 min— 55 €

PLANTAR REFLEXOLOGY

Massage of the reflex zones of the foot. Releases tension and restores balance. A journey to well-being.

30 min— 65 €

SENSORY EXFOLIATION

Scrub inspired by Nordic rituals. Awakens the skin and stimulates circulation.

30 min— 40 €

HAIR REMOVAL

FACE :

- Eyebrows – €18
- Upper lip – €12
- Chin – €10
- Full face – €30

BODY :

- Armpits – 18 €
- Arms – 25 €

LEGS :

- Half legs – €25
- Thighs – €25
- Full legs – €50

BIKINI :

- Basic bikini – €20
- Extended bikini – €25
- Full bikini – €35

BACK & CHEST: :

- Back – €35
- Chest – €35
- Stomach – €20



PRACTICAL INFORMATION

All our treatments can be performed in a double treatment room.

The spa welcomes you every day from 10 a.m. to 7 p.m., except Tuesdays (weekly closing day). The fitness center is open daily from 7 a.m. to 9 p.m. (for hotel guests only). Access to the pool (open from 9 a.m. to 9 p.m.), sauna, and steam room is reserved for hotel guests. Swimwear is required in wet areas, and proper sports attire is mandatory for the use of cardio equipment.

Prices are in euros and may be subject to change without notice. Images are non-contractual.

BOOKING

Booking is recommended via Planity, directly at the spa reception, or by phone at +33 (0)5 59 58 48 48.

CANCELATION POLICY

We kindly ask you to inform us at least 12 hours in advance to avoid a 50% cancellation fee or the deduction of a gift voucher.

ARRIVAL

Please arrive 15 minutes before your treatment to allow time to change. In case of delay, your treatment will be shortened in order to honor the next appointments. For your comfort, bathrobes, towels, and sandals are provided.

HEALTH INFORMATION

The spa reserves the right to decline treatments based on your health condition. Many treatments are not recommended during pregnancy. Please inform us of any health issues when booking or upon arrival. All our massages are non-medical and non-paramedical. They are wellness and aesthetic treatments, not therapeutic.



MAISON CHIBERTA

Anglet

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