
ST THEODORE'S, TOORAK GARDENS

**ORDINARY 11
14 JUNE 2026**



WELCOME

St Theodore's is an active, caring and supportive community which values liturgy, prayer and preaching to sustain our daily lives, as we seek to foster love, hope and justice to all. You are welcome here as you are, embraced within God's boundless love. We hope you will feel at home.

PRAYING WITH CANDLES AND STONES

As you enter the church, there are two stations for prayer. One is an invitation to light a candle, symbolising our praying for each other before God. The other is an invitation to drop stones into a bowl of water, symbolising letting go of something (or someone) weighing us down.

ADMINISTRATION OF COMMUNION

- If there is a queue for the wine, please pause to avoid congestion.
- If you do not wish to drink the wine, you may wish to pause before the chalice to acknowledge the sacramental presence.
- The priest will come to you for communion or prayers, if need be.
- For health reasons, dipping bread into the wine is prohibited.

LIVE-STREAMING

Our 9:30am Sunday Service is live-streamed on YouTube. We endeavour not to show communicants coming forward for Holy Communion.

SUPPORTING OUR MINISTRY

St Theodore's depends on donations to sustain our ministry. You can contribute in person with Cash (Offertory Bowl) or Card (Eftpos Machine) at the church entrance. You can offer via bank transfer a regular gift to our Planned Giving account, or a donation to our FSP Donations account. We very much value your support.

Please email office@theodores.church to subscribe to our mailing list.

Please stand if you wish

PROCESSIONAL HYMN: TIS 561 "WHO WOULD TRUE VALOUR SEE"

- 1 Who would true valour see,
let them come hither;
those here will constant be,
come wind, come weather.
There's no discouragement
shall make them once relent
each from a vowed intent
to be a pilgrim.

- 2 Those who beset them round
with dismal stories,
cannot the brave confound,
their strength the more is.
No lion can them fright:
they'll with a giant fight,
but each will have the right
to be a pilgrim.

- 3 Hobgoblin nor foul fiend
can daunt their spirit;
they know they at the end
shall life inherit.
Then fancies fly away;
they'll scorn what people say;
and each work night and day
to be a pilgrim.

Tune: Monk's Gate
Music: English traditional melody coll.,
adapt., and arr. Ralph Vaughan Williams
(1872-1958)
Words: J Bunyan (1628-1688)
© Together In Song 1999

ACKNOWLEDGEMENT

As we gather in worship, we acknowledge the Kurna People as the traditional owners and custodians of this land.

May we walk together in harmony in a spirit of reconciliation.

INVOCATION AND GREETING

The Lord be with you.

And also with you.

† Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

WELCOME

OPENING SENTENCE

We have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand.

(Romans 5.1-2)

PRAYER OF PREPARATION

Let us pray.

Almighty God,

to whom all hearts are open,

all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

KYRIES

Lord, have mercy

Christ, have mercy

Lord, have mercy

CONFESSION AND ABSOLUTION

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Silence may be kept.

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,
our maker and our judge,
we have sinned against you
in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
O God, forgive us.
Strengthen us to love and obey you
in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who turn to him in faith:
† pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

GLORIA

**Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,**

we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High
Jesus Christ,
with the Holy Spirit,
† in the glory of God the Father. Amen.

PRAYER OF THE DAY

Lord,
we beseech you to keep your family, the Church,
in continual godliness,
that through your protection
it may be free from all adversities,
and devoutly given to serve you in good works,
to the glory of your name;
through Jesus Christ our Lord. Amen.

Please be seated

FIRST READING: GENESIS 18.1-15

¹ The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. ² He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. ³ He said, 'My lord, if I find favour with you, do not pass by your servant. ⁴ Let a little water be brought, and wash your feet, and rest yourselves under the tree. ⁵ Let me bring a little bread, that you may refresh yourselves, and after that you may pass on – since you have come to your servant.' So they said, 'Do as you have said.' ⁶ And Abraham hastened into the tent to Sarah, and said,

'Make ready quickly three measures of choice flour, knead it, and make cakes.' ⁷ Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. ⁸ Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

⁹ They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' ¹⁰ Then one said, 'I will surely return to you in due season, and your wife Sarah shall have a son.' And Sarah was listening at the tent entrance behind him. ¹¹ Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. ¹² So Sarah laughed to herself, saying, 'After I have grown old, and my husband is old, shall I have pleasure?' ¹³ The LORD said to Abraham, 'Why did Sarah laugh, and say, "Shall I indeed bear a child, now that I am old?"' ¹⁴ Is anything too wonderful for the LORD? At the set time I will return to you, in due season, and Sarah shall have a son.' ¹⁵ But Sarah denied, saying, 'I did not laugh'; for she was afraid. He said, 'Oh yes, you did laugh.'

For the word of the Lord,
Thanks be to God.

PSALM: 116.1-2, 11-18

Response: I will lift up the cup of salvation

¹ I love the Lord, because he heard my voice:

the voice of my supplication;

² Because he inclined his ear to me:

in the day that I called to him. **R**

¹¹ How shall I repay the Lord:

for all his benefits to me?

¹² I will take up the cup of salvation:

and call upon the name of the Lord. **R**

¹³ I will pay my vows to the Lord:

in the presence of all his people.

¹⁴ Grievous in the sight of the Lord:

is the death of his faithful ones. **R**

Response: I will lift up the cup of salvation

- ¹⁵ O Lord, I am your servant,
your servant and the child of your handmaid:
you have unloosed my bonds.
- ¹⁶ I will offer you a sacrifice of thanksgiving:
and call upon the name of the Lord. **R**
- ¹⁷ I will pay my vows to the Lord:
in the presence of all his people,
- ¹⁸ In the courts of the house of the Lord:
even in your midst, O Jerusalem. Praise the Lord. **R**

SECOND READING: ROMANS 5.1-11

¹ Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

For the word of the Lord,
Thanks be to God.

Please stand if you wish

GRADUAL HYMN: SP 202 "GLORY, HONOUR, ENDLESS PRAISES"

- 1 Glory, honour, endless praises
here we offer, King of kings.
You are source of all our being,
Lord of all created things.
- 2 Glory, honour, endless praises
to the Lamb who has been slain:
by your blood you ransomed sinners,
set your people free again.
- 3 Called to serve from every nation,
kings and priests, we praise you, Lord,
and to Father and to Spirit
lift our hearts with one accord.

Tune: Stuttgart

Music: Adapted from a melody in
Psalmodia Sacra, Gotha 1715 possibly by
Christian Friedrich Witt (c 1660-1716)

Words: Edwin Le Grice (1911-1992)
based on Revelation 4,5 (A Song of Praise)
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THE GOSPEL

Alleluia, alleluia, alleluia.

**The kingdom of God / is at hand
Repent and believe / in the Gospel**

Alleluia, alleluia, alleluia.

The Lord be with you.
And also with you.

The Holy Gospel according to Matthew 9.35-10.8
‡ Glory to you, Lord Jesus Christ.

³⁵ Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. ³⁶ When he saw the crowds, he had

compassion for them, because they were harassed and helpless, like sheep without a shepherd. ³⁷ Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; ³⁸ therefore ask the Lord of the harvest to send out labourers into his harvest.'

¹ Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. ² These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; ³ Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; ⁴ Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

⁵ These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, ⁶ but go rather to the lost sheep of the house of Israel. ⁷ As you go, proclaim the good news, "The kingdom of heaven has come near." ⁸ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

This is the Gospel of the Lord,
Praise to you, Lord Jesus Christ.

SERMON

The sermon is followed by a time of silence for reflection.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Response:

Lord, in your mercy,
hear our prayer.

The prayers are followed by a time of silence for reflection.

Conclusion:

Compassionate God, you have promised to hear our prayers.

**Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.**

THE GREETING OF PEACE

We are the body of Christ.

God's Spirit is with us.

The peace of the Lord be always with you.

And also with you.

OFFERTORY HYMN: CP 181 "ETERNAL RULER OF THE CEASELESS ROUND"

- 1 Eternal Ruler of the ceaseless round
of circling planets singing on their way;
guide of the nations from the night profound
into the glory of the perfect day;
rule in our hearts, that we may ever be
guided and strengthened and upheld by thee.
- 2 We are of thee, the children of thy love,
the kindred of thy well-beloved Son;
descend, O Holy Spirit, like a dove,
into our hearts, that we may be as one:
as one with thee, to whom we ever tend;
as one with him, our Saviour and our Friend.
- 3 We would be one in hatred of all wrong,
one in our love of all things sweet and fair,
one with the joy that breaketh into song,
one with the grief that trembles into prayer,
one in the power that makes thy children free
to follow truth, and thus to follow thee.

4 O clothe us with thy heavenly armour, Lord,
thy trusty shield, thy sword of love divine;
our inspiration be thy constant word;
we ask no victories that are not thine:
give or withhold, let pain or pleasure be;
enough to know that we are serving thee.

Tune: Song 1

Music: Orlando Gibbons (1583-1625)

Words: J W Chadwick (1840-1904)

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PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.
Through your goodness
we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right,
it is our duty, our joy and our salvation,
that we should at all times and in all places
give thanks to you, almighty and everlasting God,
through Jesus Christ your only Son our Lord.
For he is the true high priest,
who has freed us from our sins
and made us a royal priesthood
to serve you, our God and Father.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.

† Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy and gracious God,
all creation rightly gives you praise.
All life, all holiness, comes from you
through your Son, Jesus Christ our Lord,
whom you sent to share our human nature,
to live and die as one of us,
to reconcile us to you,
the God and Father of all.

Hear us, merciful Lord;
through Christ accept our sacrifice of praise;
and, by the power of your Word and Holy Spirit,
sanctify this bread and wine,
that we who share in this holy sacrament
may be partakers of Christ's body and blood.

Who, when his hour had come,
on the night before he went up to the cross
to make full atonement for the sins of the whole world,
offering once for all his one sacrifice of himself,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying,
'Take, eat: this is my body which is given for you;
do this in remembrance of me.'

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying,
'Drink this, all of you;
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.'

Let us proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

† Therefore, in obedience to his command,
we commemorate and celebrate
his saving passion and death,
his mighty resurrection and ascension into heaven
and we eagerly await his coming again in glory.

We thank you that by your grace alone
you have accepted us in Christ;
and here we offer you a spiritual sacrifice,
holy and acceptable in your sight.

Through Christ, receive this our duty and service,
and grant that we who eat and drink these holy gifts
may, by your Holy Spirit,
be one body in Christ,
and serve you in unity and peace.

In your grace and mercy,
bring us to the joy of your eternal kingdom
with all the company of the redeemed.
May we praise you in union with them,
and give you glory through your Son, Jesus Christ.
Through him, with him, in him,
in the unity of the Holy Spirit,

we worship you, Father eternal,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

We who are many are one body,
for we all share in the one bread.

AGNUS DEI

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us your peace.

INVITATION TO COMMUNION

The gifts of God for the people of God.

May we who share these gifts be found in Christ and Christ in us.

This is the table of communion with the earth,
in which Christ became incarnate

So come to this table, those who have much faith
and those who would like to have more;

those who have been here often

and those who have not been for a long time;

those who have tried to follow Jesus;

and we who have failed.

Come.

All are welcome to receive Holy Communion. At the entrance of the church you are welcome to receive anointing for healing and to use our two stations of prayer, the bowl of water with stones and the bowl of candles.

After Communion has concluded, please stand if you wish.

POST-COMMUNION SENTENCE

When Jesus saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd.

Matthew 9.36

PRAYER AFTER COMMUNION

Eternal God, giver of life, Spirit moving among us,
in the breaking of the bread we know the risen Lord.

May we who celebrate this holy feast

walk in his risen light and bring new life to all creation.

PRAYER OF SELF-OFFERING

Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.

BLESSING

May the God who sees pain carried in silence,
who honours courage that reaches out in hope,
and restores those who are overlooked,
meet you in every place
where life has left you weary, afraid, or unnamed.

May Christ turn towards you with compassion,
restore you to dignity,
and send you on your way in peace.

And the blessing of God almighty,
† the One who sees, who heals, and gives life,
be among you and remain with you always. **Amen.**

NOTICES

DISMISSAL

Go in peace to love and serve the Lord:
In the name of Christ. Amen.

RECESSIONAL HYMN TIS 530 "NOW LET US FROM THIS TABLE RISE"

- 1 Now let us from this table rise
renewed in body, mind and soul;
with Christ we die and live again,
his selfless love has made us whole.
- 2 With minds alert, upheld by grace,
to spread the Word in speech and deed,
we follow in the steps of Christ,
at one with all in hope and need.
- 3 To fill each human house with love,
it is the sacrament of care;
the work that Christ began to do
we humbly pledge ourselves to share.
- 4 Then give us grace, Companion God,
to choose again the pilgrim way,
and help us to accept with joy
the challenge of tomorrow's day.

Tune: Niagara
Music: Robert Jackson (1840-1914)
Words: Frederik Herman Kaan
(1929 – 2009)
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POSTLUDE: ARCHER: FESTIVAL FINALE

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Where there is a † in the liturgy, you are invited to make a sign of the cross if you wish. When the Gospel is read and we say “† Glory to you Lord Jesus Christ”, you are invited to make three tiny signs of the cross, on the forehead, on the lips and on the chest. This symbolises the Word of God in our minds, our words and our hearts.

Blessing for Those Who Are Willing to Be Vulnerable

with gratefulness for all the bees

When you are soft, when you lay bare
your innerness and unfold your layers
for the world like a voluptuous, purpling
O'Keefe iris, it is true, there will be some
so threatened by your opening they will attack,
will sow fear and hatred into the warm field
of the gentle night. When it happens, may you
be surprised by how others rise to protect you
like a humming, swarming swirl of bees
that baptize the air with a wild and fierce
aliveness, a rousing acrobatic vocalizing
that shields you from that which would trample
you or cut you down. May you be astonished
by the power of the hive as they surround you.
Even as fear ripples through you, may you
be so enthralled by the buzz of their joy
that you don't snap shut like a fist, like a trap.
And in honor of the gift you've received,
the gift of belonging, may you stay open.
May you be so stunned with gratefulness
that every word that falls from your mouth
tastes of truth, raw praise and dark, secret honey.

– Rosemerry Wahtola Trommer, June 2026