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ST THEODORE'S, TOORAK GARDENS

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ORDINARY 13  
28 JUNE 2026



## WELCOME

St Theodore's is an active, caring and supportive community which values liturgy, prayer and preaching to sustain our daily lives, as we seek to foster love, hope and justice to all. You are welcome here as you are, embraced within God's boundless love. We hope you will feel at home.

## PRAYING WITH CANDLES AND STONES

As you enter the church, there are two stations for prayer. One is an invitation to light a candle, symbolising our praying for each other before God. The other is an invitation to drop stones into a bowl of water, symbolising letting go of something (or someone) weighing us down.

## ADMINISTRATION OF COMMUNION

- If there is a queue for the wine, please pause to avoid congestion.
- If you do not wish to drink the wine, you may wish to pause before the chalice to acknowledge the sacramental presence.
- The priest will come to you for communion or prayers, if need be.
- For health reasons, dipping bread into the wine is prohibited.

## LIVE-STREAMING

Our 9:30am Sunday Service is live-streamed on YouTube. We endeavour not to show communicants coming forward for Holy Communion.

## SUPPORTING OUR MINISTRY

St Theodore's depends on donations to sustain our ministry. You can contribute in person with Cash (Offertory Bowl) or Card (Eftpos Machine) at the church entrance. You can offer via bank transfer a regular gift to our Planned Giving account, or a donation to our FSP Donations account. We very much value your support.

Please email [office@theodores.church](mailto:office@theodores.church) to subscribe to our mailing list.

*Please stand in body or in spirit*

**PROCESSIONAL HYMN: SP 316 "THERE'S A WIDENESS IN GODS MERCY"**

1 There's a wideness in God's mercy  
like the wideness of the sea;  
there's a kindness in his justice  
which is more than liberty.  
There is no place where earth's sorrows  
are more felt than up in heaven;  
there is no place where earth's failings  
have such kindly judgement given.

2 For the love of God is broader  
than the measure of our mind,  
and the heart of the Eternal  
is most wonderfully kind.  
But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he would not own.

3 There is plentiful redemption  
through the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.  
There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.

*second half of tune*

4 If our love were but more simple,  
we should take him at his word;  
and our lives would be all gladness  
in the joy of Christ our Lord.

Tune: Corvedale  
Music: Maurice Bevan (1921-2006)  
Words: Frederick William Faber (1814-1863)  
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## ACKNOWLEDGEMENT

As we gather in worship, we acknowledge the Kaurna People as the traditional owners and custodians of this land.

**May we walk together in harmony in a spirit of reconciliation.**

## INVOCATION AND GREETING

The Lord be with you.

**And also with you.**

† Blessed be God: Father, Son and Holy Spirit.

**Blessed be God's kingdom, now and for ever.**

## WELCOME

## OPENING SENTENCE

The wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. (Romans 6.23)

## PRAYER OF PREPARATION

Let us pray.

**Almighty God,**

**to whom all hearts are open,**

**all desires known,**

**and from whom no secrets are hidden:**

**cleanse the thoughts of our hearts**

**by the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. Amen.**

## KYRIES

**Lord, have mercy**

**Christ, have mercy**

**Lord, have mercy**

## CONFESSION AND ABSOLUTION

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

*Silence may be kept.*

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,  
our maker and our judge,  
we have sinned against you  
in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
O God, forgive us.  
Strengthen us to love and obey you  
in newness of life;  
through Jesus Christ our Lord. Amen.**

Almighty God,  
who has promised forgiveness  
to all who turn to him in faith:  
† pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

## GLORIA

**Glory to God in the highest,  
and peace to God's people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,**

we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
    have mercy on us;  
you are seated at the right hand of the Father:  
    receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High  
    Jesus Christ,  
    with the Holy Spirit,  
    † in the glory of God the Father. Amen.

#### PRAYER OF THE DAY

O God,  
your Son has taught us  
that those who give a cup of water in his name  
will not lose their reward:  
open our hearts to the needs of your children,  
and in all things make us obedient to your will,  
so that in faith we may receive your gracious gift,  
eternal life in Jesus Christ our Lord. **Amen.**

*Please be seated*

#### FIRST READING: GENESIS 22.1-14

<sup>1</sup> After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' <sup>2</sup> He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' <sup>3</sup> So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. <sup>4</sup> On the third day Abraham looked up and saw the

place far away. <sup>5</sup> Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' <sup>6</sup> Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. <sup>7</sup> Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' <sup>8</sup> Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together.

<sup>9</sup> When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. <sup>10</sup> Then Abraham reached out his hand and took the knife to kill his son. <sup>11</sup> But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' <sup>12</sup> He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' <sup>13</sup> And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. <sup>14</sup> So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.'

For the word of the Lord,  
**Thanks be to God.**

### **PSALM: 13**

**Response: Let my heart rejoice in your salvation**

<sup>1</sup> How long, O Lord, will you so utterly forget me:  
how long will you hide your face from me?

<sup>2</sup> How long must I suffer anguish in my soul,  
and be so grieved in my heart day and night:  
how long shall my enemy triumph over me? **R**

## **Response: Let my heart rejoice in your salvation**

<sup>3</sup> Look upon me, O Lord my God, and answer me:

lighten my eyes, lest I sleep in death;

<sup>4</sup> Lest my enemy say 'I have prevailed':

lest my foes exult at my overthrow. **R**

<sup>5</sup> Yet I put my trust in your unfailing love:

O let my heart rejoice in your salvation.

<sup>6</sup> And I will make my song to the Lord:

because he deals so bountifully with me. **R**

## **SECOND READING: ROMANS 6.12-23**

<sup>12</sup> Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. <sup>13</sup> No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. <sup>14</sup> For sin will have no dominion over you, since you are not under law but under grace.

<sup>15</sup> What then? Should we sin because we are not under law but under grace? By no means! <sup>16</sup> Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? <sup>17</sup> But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, <sup>18</sup> and that you, having been set free from sin, have become slaves of righteousness. <sup>19</sup> I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

<sup>20</sup> When you were slaves of sin, you were free in regard to righteousness. <sup>21</sup> So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. <sup>22</sup> But now that you have been freed from sin and enslaved to God, the

advantage you get is sanctification. The end is eternal life. <sup>23</sup> For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

For the word of the Lord,  
**Thanks be to God.**

*Please stand in body or in spirit*

### **GRADUAL HYMN: SP 27 "IN OUR DARKNESS LIGHT HAS SHONE"**

- 1 In our darkness light has shone, Alleluia,  
still today the light shines on, Alleluia;  
Word made flesh in human birth, Alleluia,  
Light and Life of all the earth, Alleluia!
- 2 Christ the Son incarnate see, Alleluia,  
by whom all things came to be, Alleluia;  
through the world his splendours shine, Alleluia,  
full of grace and truth divine, Alleluia!
- 3 All who now in him believe, Alleluia,  
everlasting life receive, Alleluia;  
born of God and in his care, Alleluia,  
we his name and nature share, Alleluia!
- 4 Christ a child on earth appears, Alleluia,  
crown of all creation's years, Alleluia;  
God's eternal Word has come, Alleluia,  
he shall lead his people home, Alleluia!

Tune: Gwalchmai  
Music: J D Jones (1827-1870)  
Words: Timothy Dudley-Smith  
(1926-2024) based on John 1.1-14  
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### **THE GOSPEL**

**Alleluia, alleluia, alleluia.**

**Open our / hearts O Lord  
to accept the words / of your Son**

**Alleluia, alleluia, alleluia.**

The Lord be with you.  
**And also with you.**

The Holy Gospel according to Matthew 10.40-42  
**‡ Glory to you, Lord Jesus Christ.**

<sup>40</sup> Jesus said, 'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. <sup>41</sup> Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; <sup>42</sup> and whoever gives even a cup of cold water to one of these little ones in the name of a disciple – truly I tell you, none of these will lose their reward.'

This is the Gospel of the Lord,  
**Praise to you, Lord Jesus Christ.**

## **SERMON**

*The sermon is followed by a time of silence for reflection.*

## **THE PRAYERS OF THE PEOPLE**

Let us pray for the world and for the Church.

### ***Response:***

Lord, in your mercy,  
**hear our prayer.**

*The prayers are followed by a time of silence for reflection.*

### ***Conclusion:***

Compassionate God, you have promised to hear our prayers.  
**Grant that what we have asked in faith  
we may by your grace receive,  
through Jesus Christ our Lord. Amen.**

## THE GREETING OF PEACE

We are the body of Christ.

**God's Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

## OFFERTORY HYMN: CP 89 "O WORSHIP THE LORD IN THE BEAUTY OF HOLINESS"

- 1 O Worship the Lord in the beauty of holiness;  
bow down before him, his glory proclaim;  
with gold of obedience, and incense of lowliness,  
kneel and adore him: the Lord is his name.
- 2 Low at his feet lay thy burden of carefulness:  
high on his heart he will bear it for thee,  
comfort thy sorrows, and answer thy prayerfulness,  
guiding thy steps as may best for thee be.
- 3 Fear not to enter his courts in the slenderness  
of the poor wealth thou wouldst reckon as thine:  
truth in its beauty, and love in its tenderness,  
these are the offerings to lay on his shrine.
- 4 These, though we bring them in trembling and fearfulness,  
he will accept for the name that is dear;  
mornings of joy give for evenings of tearfulness,  
trust for our trembling and hope for our fear.
- 5 O worship the Lord in the beauty of holiness;  
bow down before him, his glory proclaim;  
with gold of obedience, and incense of lowliness,  
kneel and adore him: the Lord is his name.

Tune: Was Liebt  
Music: Melody from  
Rheinhardt MS (1754)  
Words: JSB Monsell  
(1811-1875)  
© Common Praise 2001

## PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.  
Through your goodness  
we have these gifts to share.  
Accept and use our offerings for your glory  
and for the service of your kingdom.  
**Blessed be God for ever.**

## THE GREAT THANKSGIVING

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

All glory and honour be yours always and everywhere,  
mighty Creator, everliving God.  
We give you thanks and praise  
for the music woven through your creation:  
for birdsong at dawn,  
for wind in the trees,  
for the rhythm of the sea,  
and for every voice lifted in wonder and delight.  
You give us breath and speech,  
that our bodies may become instruments of praise;  
you teach your Church to sing,  
that our joy and sorrow,  
our longing and hope,  
may be gathered into the song of Christ.  
We thank you for choirs and cantors,  
for organists and the organ,  
for all who lead and sustain the prayer of your people,

and for the song of the whole assembly,  
joined with the praise of heaven.

Above all, we give you thanks for your Son,  
our Saviour Jesus Christ,  
the Word made flesh,  
in whom the song of creation is fulfilled.  
By his death on the cross  
and rising to new life,  
he has opened for us  
the music of your eternal kingdom.  
Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
† Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Merciful God, we thank you  
for these gifts of your creation,  
this bread and wine,  
and we pray that by your Word and Holy Spirit,  
we who eat and drink them  
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;  
and when he had given you thanks  
he broke it, and gave it to his disciples, saying,  
'Take, eat. This is my body given for you.  
Do this in remembrance of me.'

After supper, he took the cup,  
and again giving you thanks  
he gave it to his disciples, saying,  
'Drink from this, all of you.  
This is my blood of the new covenant  
shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded:  
proclaiming his offering of himself  
made once for all upon the cross,  
his mighty resurrection and glorious ascension,  
and looking for his coming again,  
we celebrate, with this bread and this cup,  
his one perfect and sufficient sacrifice  
for the sins of the whole world.

Let us proclaim the mystery of faith.

**Christ has died. Christ is risen. Christ will come again.**

† Renew us by your Holy Spirit,  
unite us in the body of your Son  
and bring us with all your people  
into the joy of your eternal kingdom;  
through Jesus Christ our Lord,  
with whom, and in whom,  
in the fellowship of the Holy Spirit,  
we worship you, Father,  
in songs of never-ending praise:

**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

## THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## BREAKING OF THE BREAD

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

## AGNUS DEI

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us your peace.**

## INVITATION TO COMMUNION

The gifts of God for the people of God.  
**May we who share these gifts be found in Christ and Christ in us.**

This is the table of communion with the earth,  
in which Christ became incarnate  
So come to this table, those who have much faith  
and those who would like to have more;

those who have been here often  
and those who have not been for a long time;  
those who have tried to follow Jesus;  
and we who have failed.

Come.

*All are welcome to receive Holy Communion. At the entrance of the church you are welcome to receive anointing for healing and to use our two stations of prayer, the bowl of water with stones and the bowl of candles.*

*After Communion has concluded, Please stand in body or in spirit.*

### **POST-COMMUNION SENTENCE**

**And I will make my song to the Lord, because he deals so bountifully with me (Ps 13.6)**

### **PRAYER AFTER COMMUNION**

Eternal God, giver of life,  
Spirit moving among us,  
in the breaking of the bread we know the risen Lord.  
May we who celebrate this holy feast  
walk in his risen light  
and bring new life to all creation. **Amen**

### **PRAYER OF SELF-OFFERING**

Most loving God,  
**you send us into the world you love.**  
**Give us grace to go thankfully and with courage**  
**in the power of your Spirit.**

## BLESSING

Holy God,  
you have created the universe in harmony  
and filled creation with the music of your voice.

We thank you for the gift of music:  
for its power to speak when words fall short,  
to gather us together,  
to deepen our prayer,  
and to lift our hearts towards you.

Bless our voices,  
our silences,  
and our hearts,  
that all we sing and pray  
may be offered to your glory.

And the blessing of God almighty:  
† Creator, Redeemer, and Sustainer,  
be among you and remain with you always. **Amen.**

## NOTICES

## DISMISSAL

Go in peace to love and serve the Lord:  
**In the name of Christ. Amen.**

## RECESSIONAL TIS 531 "SENT FORTH BY GOD'S BLESSING"

- 1 Sent forth by God's blessing, our true faith confessing,  
the people of God from his table take leave.  
The supper is ended: may now be extended  
the fruits of his service in all who believe.  
The seed of his teaching, our hungry souls reaching,  
shall blossom in action for all humankind.  
His grace shall incite us, his love shall unite us  
to work for his kingdom, his purpose to find.
  
- 2 With praise and thanksgiving to God ever-living  
the tasks of our everyday life we will face,  
our faith ever sharing, in love ever caring,  
embracing as neighbours all those of each race.  
One feast that has fed us, one light that has led us,  
unite us as one in his life that we share.  
Then may all the living, with praise and thanksgiving,  
give honour to Christ and his name that we bear.

Tune: The Ash Grove  
Music: Welsh traditional melody  
Words: Omer Westendorf (1916-1997)  
© Together in Song 2000

**POSTLUDE: TAMBLING: PROCESSIONAL**

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Today's *Thanksgiving* was composed by Rev'd Dr Matthew Anstey, in celebration of Stewart's 50 years as our Director of Music.

Where there is a † in the liturgy, you are invited to make a sign of the cross if you wish. When the Gospel is read and we say "† Glory to you Lord Jesus Christ", you are invited to make three tiny signs of the cross, on the forehead, on the lips and on the chest. This symbolises the Word of God in our minds, our words and our hearts.

## In Second Grade

I wanted that plastic recorder.  
Wanted it so much that when mom  
suggested I could earn that two dollars  
by defrosting the freezer, I sat  
on the black-and-white tiled kitchen floor  
with a blow drier on high. For hours.  
Sat there watching each drip.  
Sat there longer, perhaps,  
than the cumulative time I played  
my recorder, but I tell you,  
I cherished that brown plastic tube.  
Every “Hot Cross Buns” I played  
was an anthem to self-determination.  
Almost fifty years later I don’t remember  
what I read yesterday, but I remember  
*one a penny, two a penny.*  
I remember the drip, drip, drip of the frost.  
I remember my mom saying,  
*No, not yet. Keep going.*  
I remember my lips on the mouthpiece,  
the flesh of my fingertips  
pressed on the holes,  
the shrill music filling the kitchen.

-- March 30, 2025 by Rosemerry Wahtola Trommer