

# Gluten-Free Selections

## APPETIZERS

**Peel & Eat Shrimp** ..... half doz. 12.5 doz. 16.5  
Wild caught Gulf shrimp.

## RAW BAR

**MYSTIC MERMAID OYSTERS\*** ..... Mkt.  
Our very own proprietary oyster from Cape Cod. Briny with a sweet finish. Served with cucumber-lime mignonette.

**Oysters on the Half Shell\*** ..... Mkt.  
Gulf and East Coast.

## SOUPS & SALADS

**New England Clam Chowder** .... cup 6.5 bowl 9.5

**Red Beans & Rice** ..... cup 6.5 bowl 11  
Slow-simmered red beans, andouille sausage, Creole spices, served over white rice.

**White Balsamic Bleu** 🥜 ..... small 7 entrée 13.5  
Spring mix, romaine, bleu cheese, tomatoes, red onion, candied pecans, white balsamic vinaigrette.  
with Chicken 17.5 with Shrimp 18 with Salmon 18.5

**Super Greens Salmon Salad\*** 🥜 ..... 18.5  
Kale, shaved Brussels sprouts, spinach, cherry tomatoes, quinoa, dried cranberries, almonds, white balsamic vinaigrette.

### Homemade Dressings

White Balsamic Vinaigrette  
Caesar  
E.V.O.O. & Balsamic Vinegar  
Remoulade

## SIDES

Dirty Rice ..... 5  
Cuban Black Beans & Rice ..... 5  
Buttermilk Mashed Potatoes ..... 5  
Virginia's Apple Cider Cole Slaw ..... 5  
Garlic Wilted Spinach ..... 5  
Seasonal Veggie ..... 5

## ENTRÉES

**Garlic Caper Grilled Salmon\*** ..... 23.5  
Marinated cherry tomatoes, beurre blanc, buttermilk mashed potatoes, garlic wilted spinach.

**Grilled Texas Redfish & Shrimp** ..... 29  
Crawfish butter, dirty rice, sautéed green beans.

**Shrimp & Snow Crab Boil** ..... Mkt.  
3 crab clusters, 1/2 lb. of boiled shrimp, corn & potato.

**Grilled Chicken & Andouille** ..... 19.5  
Served over red beans & rice.

**Honey-Chipotle Shrimp Tacos** ..... 17.5  
Corn tortillas, cilantro, shredded carrots & celery, ranch dressing, avocado.

**Blackened Rainbow Trout** ..... 21  
Garlic wilted spinach, white rice.

### CHECK THE CHALKBOARD

Check out our chalkboard for more fresh fish & daily specials. Ask the manager for Gluten-Free options.

## SHRIMP, CATFISH & OYSTERS

Served with your choice of two gluten-free sides.

**U.S. Farm Raised Catfish** ..... half 16 full 20

**Gulf Shrimp** ..... 18.5

**Seafood Platter** ..... 24.5  
Catfish, shrimp and oysters.

**Pick 2 Combo** ..... 20.5  
Catfish, shrimp or oysters. Pick any 2.  
Grilled or blackened.

