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## **PATCH MYRINGOPLASTY**

### **Procedure Summary**

A patch is placed on the eardrum (tympanic membrane) to help it heal after removal of a pressure-equalizing (PE) tube, or if there is a tympanic membrane perforation. This patch acts as support while the eardrum heals.

### **Medications**

- Your ENT provider will prescribe antibiotic ear drops (Ciprodex or Ofloxacin)
  - Place 4-5 drops in each ear twice daily for 1 month (or until the bottle runs out).

### **Ear Care & Activity**

- Dry ear precautions are essential
  - Keep water out of the ear until cleared by your provider.
  - Avoid swimming or submerging the ear.
- Do **NOT**
  - Insert anything into the ear (no Q-tips, ear plugs, or earbuds).
  - Blow your nose forcefully.
  - Perform Valsalva maneuvers (forceful ear “popping”).
- Normal daily activities may be resumed as tolerated unless otherwise instructed.

### **Expected Symptoms**

- Mild ear discomfort or fullness is common.

- Temporary hearing changes may occur while the patch is in place.
- A small amount of drainage from the ear may be normal during the first few days.

### **Reasons to Call the Office**

- Persistent fever over 102.5°F (38.5°C)
- Ear infection or drainage at any time in the future
- Any questions or concerns regarding your child's recovery or ear health

**Follow-Up** • A post-operative visit is scheduled in approximately 1

month.

- At that visit, the eardrum will be examined to ensure the tympanic membrane has healed properly.