



OUTPATIENT MENTAL HEALTH CLINICS

New York City Resource Guide

The following clinics provide outpatient mental health services throughout New York City. Please call ahead to confirm hours, availability, and any updates as details may change.

MANHATTAN

VA Mental Health Walk-In 1900 2nd Ave Ground Fl, NY, NY ☎ 212-423-6685	Metropolitan Mental Health Clinic 2nd Ave & 99th St, 1st Fl, NY NY 10029 ☎ 212-423-6528/6529/6645 <i>Mon–Fri 7:30–8:30am (Must Arrive Between These Times)</i>
Bellevue Mental Health Clinic 462 1st Ave, Ground Fl Rm 1027, NY NY ☎ 212-562-5710 / 212-562-8856 <i>Mon–Fri 8:30am–12pm</i>	Bellevue MICA Outpatient Program 462 1st Ave, Bldg A 2nd Fl Room A225, NY NY 10016 ☎ 212-562-4487 <i>Mon–Fri 9am–12pm</i>
Phoenix House – Substance Abuse 21-91 3rd Avenue, NY NY ☎ 212-831-1555 <i>Mon–Fri 9am–3pm (MEDICAID Patients ONLY)</i>	

BROOKLYN

East NY Diagnostic & Treatment Center 2094 Pitkin Avenue, Brooklyn, NY 11207 ☎ 718-240-0600 <i>Mon–Fri 9–11am</i>	Woodhull Hospital Outpatient Psychiatric Clinic 760 Broadway, Brooklyn, NY 11206 ☎ 718-963-7908 <i>Mon–Fri 9am–5pm</i>
Kings County Hospital Adult Outpatient Clinic 606 Winthrop Street, R Building, Brooklyn, NY 11203 ☎ 718-245-2727 <i>Mon–Fri 8am–1pm</i>	Kings County Hospital – Dept of Behavioral Health 451 Clarkson Ave R Building, Brooklyn, NY 11203 ☎ 718-245-3627 <i>Mon–Fri 9am–12pm</i>
Kings County Hospital MICA Program 606 Winthrop St. Ground Floor, Brooklyn, NY 11203 ☎ 718-245-2727 <i>Mon–Fri 8am–12pm (First Come First Served)</i>	Project Moving On – Brooklyn Bureau 285 Schermerhorn St, Brooklyn, NY 11217 ☎ 718-310-5633 <i>Mon–Fri 3–4pm</i>
NY Psychotherapy Counseling Center 2857 Linden Blvd., Brooklyn, NY 11208 ☎ 718-235-3100 / Fax: 718-504-4507 <i>Mon–Fri 8am–10pm Sat–Sun 9am–6pm</i>	Kingsboro Psychiatric Center Canarsie MHC 9801 Foster Avenue, Brooklyn, NY 11236 ☎ 718-257-7780
Brookdale Hospital Medical Center 1 Brookdale Plaza, 12th Floor, Brooklyn, NY 11212 ☎ 718-240-6168	Interfaith Medical Center: Center for Mental Health 1545 Atlantic Ave, 3rd Fl, South Bldg, Brooklyn, NY 11213 ☎ 718-613-4486 <i>Mon–Fri</i>
Interfaith Medical Center: Behavioral Health 1038 Broadway, Brooklyn, NY 11221 ☎ 718-613-6210 <i>Mon 9:30am–12:30pm Tues 2:30–5:30pm Wed & Thurs 9am–12pm</i>	

QUEENS

Zucker Hillside Behavioral Health Crisis Center 75-59 263rd St, Glen Oaks, NY 11004 ☎ 718-470-8300 <i>Mon–Fri 9am–7pm</i>	Elmhurst Hospital – Chemical Dependency OPD 79-01 Broadway Bldg H, 3rd Fl, Room 117, Elmhurst, NY 11373 ☎ 718-334-4601 (Tracy Smith) <i>Mon, Tues, Thurs, Fri 9am–2pm</i>
Elmhurst Hospital Adult Outpatient Mental Health 79-01 Broadway Bldg H, 3rd Fl, Room 145, Elmhurst, NY 11373 ☎ 718-334-1501 <i>Mon–Fri 9am–1pm (Not Walk-In)</i>	Catholic Charities Outpatient MH Center 161-10 Jamaica Ave. 2nd Fl, Chase Building, Jamaica, NY 11432 ☎ 718-704-5488 / Call Center: 718-722-6001 <i>Mon–Fri 9am–6pm</i>
Transitional Services of NY – Crisis Center 147-32 Jamaica Ave, Jamaica, NY 11435 ☎ 718-526-6060 <i>Mon–Fri 9am–5pm (Walk-In Intake if Available)</i>	Cornerstone Inpatient Substance Abuse 159-05 Union Turnpike, Fresh Meadows, NY 11366 ☎ 718-906-6700
Richmond Hill Family Medical Center 133-03 Jamaica Ave, Richmond Hill, NY 11418 ☎ 718-657-7093 <i>Mon–Fri 8–10am OR 12–3pm</i>	Rego Park Counseling Center – Jewish Board 97-77 Queens Blvd., Queens, NY 11374 ☎ 718-896-9090 <i>Mon 3–4pm Tues 12–2pm Wed 3–6pm Thurs 10am–1pm Fri 10–11am</i>
Queens Hospital Center 82-68 164th St., Jamaica, NY 11432 ☎ 718-883-2872 <i>Mon, Wed, Fri 9am–12pm (Not Walk-In)</i>	

BRONX

Montefiore Behavioral Health Center 2527 Glebe Ave, Bronx, NY 10461 ☎ 718-904-4400 <i>Mon–Fri 8–9am</i>	Fordham Tremont Mental Health Center 2021 Grand Concourse 6th Floor, Bronx, NY ☎ 718-960-3071 <i>Mon–Fri 9–11am</i>
Promesa-Inpatient Rehab 915 Westchester Ave. Bronx, NY 10459 ☎ 718-764-1570 <i>Mon–Fri 8:30am–3:30pm</i>	Jacobi Outpatient Mental Health Clinic 1400 Pelham Pkwy South Bronx, NY 10461 ☎ 718-918-3462 <i>Tues, Wed, Thurs 8–10am</i>
Jacobi Substance Abuse Clinic 1400 Pelham Pkwy South, Bldg 1 9th Fl, Bronx, NY 10461 ☎ 718-918-4465 <i>Mon–Fri 8am–12pm (First Come First Served)</i>	SCO Mental Health Clinic 522 Courtland Avenue, Bronx, NY ☎ 718-312-6480 <i>Mon–Thurs 9am–7pm Fri 9am–5pm Sat 9am–3pm</i>

FAR ROCKAWAY

St. John's Episcopal Hospital 521 Beach 20th Street, Far Rockaway, NY 11691 ☎ 718-869-8822 <i>Mon–Fri 8:30am–3pm</i>

If you are experiencing a mental health emergency, please call 911 or go to your nearest emergency room.

NYC Well: [1-888-NYC-WELL \(1-888-692-9355\)](tel:1-888-NYC-WELL) • Available 24/7