

PEACE Model Outline

What gives you hope?

Why is peace so political?

How do you cope with fear or anger?

How do you react to hate?

Peace as a Process, not as a Goal

When we talk about peace, it is tempting to imagine it as a destination—a final agreement, a treaty signed, or an end to violence. But in reality, peace is not a single moment of achievement; it is an ongoing process, woven into the fabric of our daily lives and relationships. It is less about reaching an endpoint and more about how we choose to live, think, and act, every single day.

History teaches us that moments of formal peace can quickly unravel if they are not sustained by the habits and attitudes of ordinary people. True peace requires us to continually nurture understanding, build trust, and develop resilience against the forces that pull us apart. It is not a static state but a living practice—one that demands participation, reflection, and renewal. If we cease in our commitment to this, we will fall back into polarisation and hate precisely because that will always be part of our human nature.

That's why at SNS, we see peace as a skill set as much as an aspiration. It requires emotional literacy, critical thinking, empathy, the courage to encounter perspectives that unsettle us, and agency to create change. It is about choosing dialogue over silence, curiosity over assumption, and cooperation over competition. These are the everyday steps that sustain peaceful societies. In this handbook, we have combined 15 years of practitioner experience with the evidence-based research of leading academics to develop the PEACE Model—a framework that views peace as a continuous practice of participation, equipping ourselves, applying dialogue, creating fair solutions, and enacting change through active citizenship. Each step represents a commitment not only to resolving conflicts but also to cultivating the human capacities that prevent them from re-emerging.

Social unity is not the absence of struggle, but the daily choice to engage with it differently. Through the PEACE Model, we invite practitioners, educators, and communities to see peace not as a distant goal, but as a way of being.

About SNS

SNS is an education and youth empowerment organisation that has been operating for over 15 years, equipping young people in schools and community groups across the UK to navigate the Palestinian–Israeli conflict with empathy, critical thinking, and hope for peace and justice. We stand on the values of non-violence, equality for all, and the rejection of hate.

At the heart of our work is the Youth Education Programme, which brings Israeli and Palestinian peacebuilders into schools to share their real-life experiences, challenge stereotypes, and model respectful discussion on one of the world’s most sensitive issues. These sessions reach thousands of students each year, helping them develop skills in listening and communication, and to think for themselves.

For schools that want to go further, our Olive Branch Community recognises and supports long-term commitment to open dialogue and peace education. Through this, schools embed a culture of understanding and conflict resolution throughout their community.

Beyond the classroom, our Youth Leadership Programmes develop the most engaged young participants into future leaders, bridge builders, and even diplomats. This “funnel effect” ensures that our work doesn’t stop at education—it grows into long-term impact through youth leadership and action.

Together, these elements make SNS a proven and powerful vehicle for delivering Peace Education to British youth and empowering leaders to foster dialogue and tackle racism in schools, colleges and communities across the UK.

Our approach is grounded in the PEACE Model, our five-step methodology that guides everything we do:

Five steps of the PEACE model:

Step 1: Participate:

Embracing a win-win approach as the best thing for humanity's progress and the preservation of our democratic societies

Step 2: Equip:

Engaging in social and emotional learning to equip us for dialogue

Step 3: Apply:

Engaging in dialogue to provide us with the understanding for critical thinking

Step 4: Create:

Using critical thinking to apply human needs theory for conflict resolution and equitable outcomes for all

Step 5: Enact:

Promoting active citizenship to effect the change we want to see

Download the full PEACE Model Handbook from our resources page!

Credits

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Thank you

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