

Time Management Resources | *Inspired Design: Fabricating the Handmade Photographic Artist's Book*
La Luz Workshops 2025 – Instructor: Prof. Susan kae Grant

1. *Four Thousand Weeks: Time Management for Mortals* - Oliver Burkeman
<https://www.amazon.com/Four-Thousand-Weeks-Management-Mortals/dp/0374159122>

(Other Burkeman books, newsletter, posts, etc)
- <https://www.oliverburkeman.com>
2. *Getting Things Done: The Art of Stress-Free Productivity* – David Allen
- https://www.amazon.com/Getting-Things-Done-Stress-Free-Productivity-dp-0143126563/dp/0143126563/ref=dp_ob_title_bk

GTD
- <https://gettingthingsdone.com/what-is-gtd/>
3. *The Creative Act: A Way of Being* - Rick Rubin
- <https://www.amazon.com/Creative-Act-Way-Being/dp/0593652886>
4. *Atomic Habits: An Easy and proven Way to Build Good Habits and Break Bad Ones* - James Clear
- <https://www.amazon.com/Atomic-Habits-Proven-Build-Break/dp/1847941842>
- <https://jamesclear.com/atomic-habits-summary>
5. *The War of Art: Break Through the Blocks and Win Your Inner Creative Battles* - Steven Pressfield
- <https://www.amazon.com/War-Art-Through-Creative-Battles/dp/1936891026>
6. *Do The Work: Overcome Resistance and Get Out of Your Own Way* - Steven - Pressfield and Seth Godin
- <https://www.amazon.com/Do-Work-Overcome-Resistance-Your/dp/1936891379>
7. *Essentialism: The Disciplined Pursuit of Less*, Greg McKeown
- <https://www.amazon.com/Essentialism-Disciplined-Pursuit-Greg-McKeown/dp/0804137382>
8. *The Creative Habit: Learn It and Use It for Life* - Twyla Tharp & Mark Reiter
- <https://www.amazon.com/Creative-Habit-Learn-Use-Life/dp/0743235274>
9. *Deep Work: Rules for Focused Success in a Distracted World* - Cal Newport
- <https://www.amazon.com/Deep-Work-Focused-Success-Distracted/dp/1455586692>
10. *The Power of Habit: Why We Do What We Do in Life and Business* - Charles Duhigg
- <https://www.amazon.com/Power-Habit-What-Life-Business/dp/081298160X>