



Building a L&D Course: Balancing Practical vs Theory

74%

74% of employees believe they would be more successful if they had access to learning opportunities that were hyper-relevant to their role - [Glassdoor](#)

37%

more likely to be productive and 58% more likely to offer above-average customer satisfaction - [Indeed](#)

Learning Styles



Part Myth, Part Reality

VARK

Visual, Auditory, Reading/Writing,
& Kinaesthetic

Honey & Mumford

Activist, Reflector, Theorist &
Pragmatist

Rule of Thumb 1

Every topic needs at least some theory element, and some practical element.

Rule of Thumb 2

Avoid being too predictable.

Rule of Thumb 3

Knit the theory and practical together as closely as possible.