

AUTISM SPECIALIZATION

COUNSELING SERVICES



Jasmine Lambeth, RBT, LCMHC-A
Clinical Counselor Associate



Hannah Prevatt, MS, Ed. S, LCMHC, NCC
Child, Adolescent, Adult, and Family Counselor

SERVICES AVAILABLE IN ENGLISH AND SPANISH

ABC of NC's counselors use a strengths-based approach, incorporating several modalities, including but not limited to cognitive behavioral therapy (CBT), structural family therapy (SFT), trauma-informed care (TIC), and play therapy techniques.

Serving children (ages 7+), teens, and families affected by autism and co-occurring mental health conditions.

- Depression**
- ADHD**
- Anxiety**
- Aggression/Anger**
- Adjustment Disorder**
- Peer Issues/Bullying**
- Strained Family Dynamics**
- LGBTQ+**

ABC of NC's SECU Autism Clinic accepts private health insurance and Medicaid.

For more information, please call 336-251-1180 or visit www.abcofnc.org/autism-clinic.