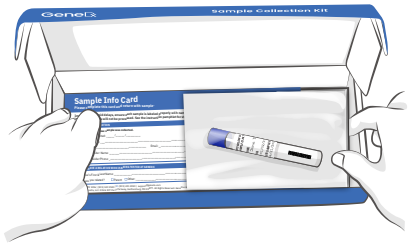
6 Return

To return your sample, place all labeled tubes and the absorbent sheet into the biohazard bag and seal it.

Insert the completed test requisition form and/or the sample information card into the second pocket in the biohazard bag.

Put the sealed biohazard bag into the GeneDx box and close it.



Place the box inside the FedEx Pak, remove the adhesive strip and seal the FedEx Pak. Attach the FedEx label to the outside of the Pak.

Drop off the FedEx Pak at a local FedEx location.

You can find the nearest FedEx location to you by calling FedEx or visiting FedEx.com/locate.



If you are not able to access a FedEx drop-off location, please contact **GeneDx** for help scheduling a pickup.

Important

Before sealing and shipping the completed kit, make sure to include:

- ☐ Samples labeled with name, date of birth, and date of collection (i.e. tube or both tubes)

  Unlabeled samples will not be processed.

- ☐ Completed sample info card

GeneDx

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GeneDx

Buccal Cheek Swab Sample Collection

Before you begin, please read through all instructions.

Scan the QR code to view the instructional video before collecting your sample.

Remove all contents from the GeneDx box and place them on a clean, flat surface.

1 Prep

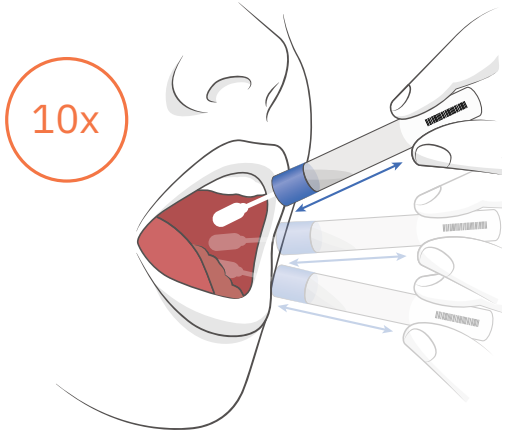
Do not drink anything, eat anything (including gum, mints, lozenges, or hard candies) or smoke for at least 30 minutes before collecting the sample.



2 Swab

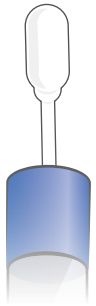
Remove one oral swab from its sealed package without touching the sponge tip or removing from the tube. **Do not touch the tip.**

Place the sponge on the upper inside of the left cheek in the space where the upper gums meet the cheek. Sweep (or drag) along this area in a back-and-forth motion at least 10 times. Repeat the sweeping motion at least 10 more times in the middle and lower sides of the left cheek.
Remember: Do not rub the teeth.

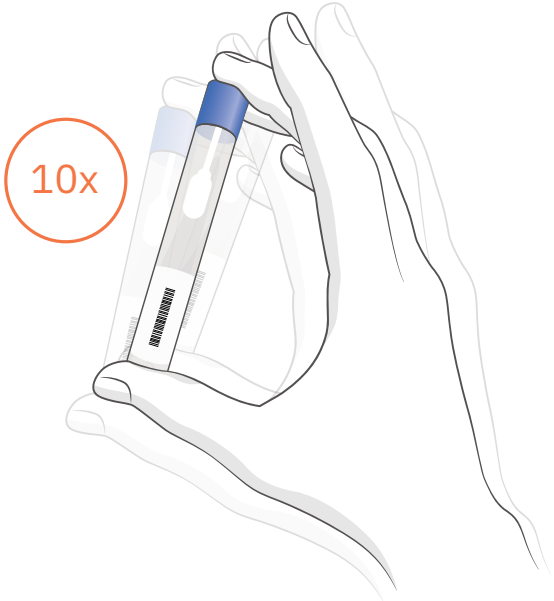


3 Shake

Hold the tube upright to prevent anything from spilling. Unscrew the blue cap and turn the cap upside down and insert the sponge into the tube with the solution. Close the cap tightly. Shake vigorously, up and down 10 times. **If your kit has two swabs, repeat steps 2 and 3 using the second swab on the right cheek.**



Sample tube with exposed sponge tip



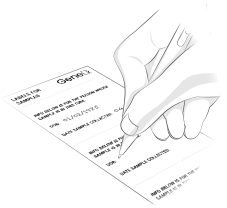
Shake the sealed sample vigorously 10 times

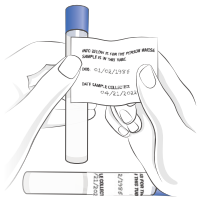
4 Label

Fill out the provided labels with the full name and date of birth of the person whose sample is contained in the tubes, as well as the date the sample was collected. Place the labels onto each of the tubes.

If you're collecting multiple samples from different patients, please complete all the steps for the first sample before proceeding to the next person.

Reminder: All tubes must be labeled. Unlabeled samples will not be processed.

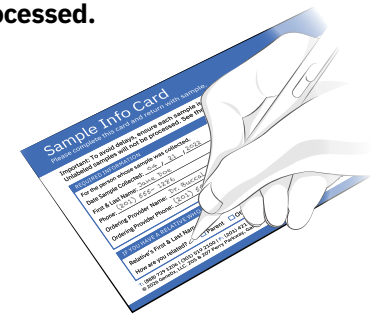




5 Sample Information

Reminder: Every sample MUST be accompanied by a completed sample info card.

Samples submitted without this card will not be processed.



Sample info card