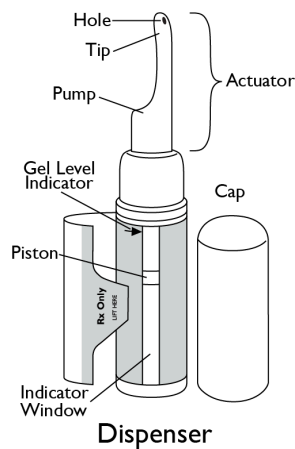


Instructions for Use
Natesto (Na-tes-to) CIII
(testosterone)
nasal gel

Supplies needed to give your Natesto dose:

- 1 Natesto dispenser
- 2 clean, dry tissues
- a clean and flat surface, like a table
- a mirror

Parts of your Natesto dispenser (See Figure A)



(Figure A)

Information about your Natesto:

- **Do not** blow your nose or sniff for 1 hour after using Natesto.
- **Before you use Natesto for the first time, you will need to prime your Natesto pump.**

How to prime your Natesto pump:

- Hold your Natesto dispenser over a sink, turn it upside down (invert) and slowly press the pump and release 10 times (See Figure B).



(Figure B)

- o All the Natesto that comes out when you prime your pump should be rinsed down the sink with warm water.
- o If there is any Natesto on the tip of your Natesto actuator after priming, wipe the tip with a clean, dry tissue.
- o If any Natesto gel gets on your hands, it is recommended to wash your hands with warm water and soap.

Giving your Natesto dose:

Step 1: Blow your nose.

Step 2: Remove the Natesto cap.

Step 3: While looking in the mirror, put your right first (index) finger on the pump of your Natesto actuator and slowly slide the tip of the actuator up into your left nostril until your finger on the pump touches the bottom of your nose (See Figure C).



(Figure C)

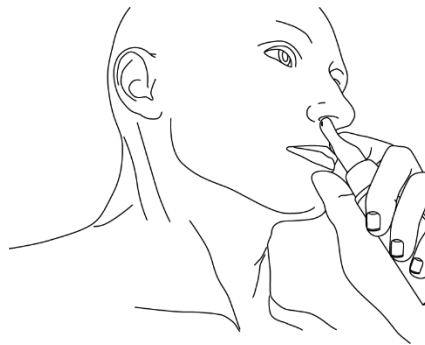
Step 4: Gently tilt the Natesto actuator so that the hole in the tip touches the lateral (side) wall of your nostril. This will make sure that Natesto is given in the correct place (See Figure D).



(Figure D)

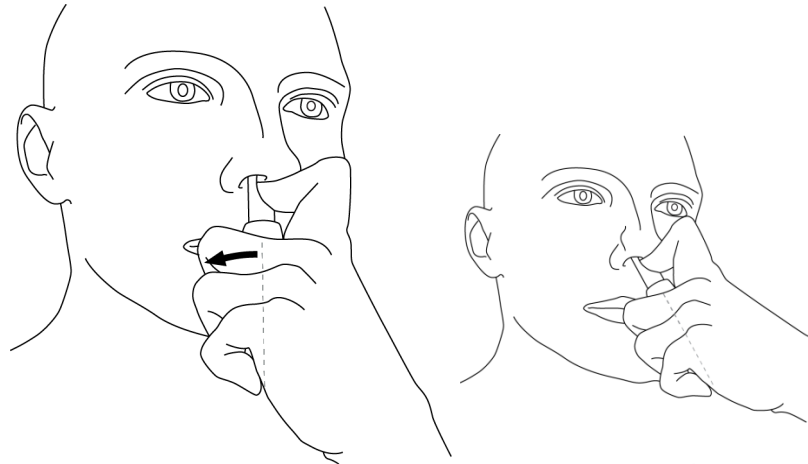
Step 5: With the actuator in place, slowly and firmly push the pump down until it fully stops and remove the actuator from your nose.

Step 6: While looking in the mirror, put your left first (index) finger on the pump of your Natesto actuator and slowly slide the tip of the actuator up into your right nostril until your finger on the pump touches the bottom of your nose (See Figure E).



(Figure E)

Step 7: Gently tilt the tip of the Natesto actuator so that the hole in the tip touches the lateral (side) wall of your nostril. This will make sure that Natesto is given in the correct place (See Figure F).



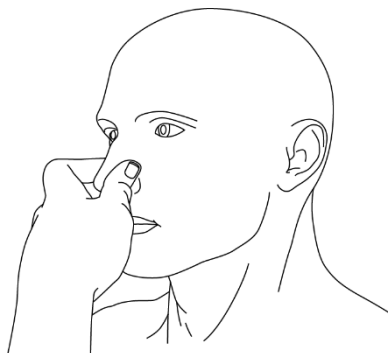
(Figure F)

Step 8: Slowly and firmly push down on the pump until it fully stops and remove the actuator from your nose.

Step 9: Wipe the tip of the actuator with a clean, dry tissue.

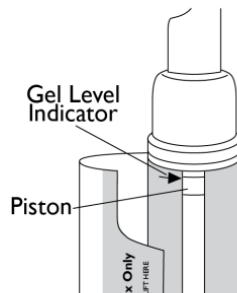
Step 10: Replace the cap.

Step 11: Press your nostrils together just below the middle of your nose (bridge) and lightly rub them together (See Figure G).



(Figure G)

- Replace your Natesto dispenser when the top of the piston inside the dispenser reaches the arrow at the top of the inside label (See Figure H).



(Figure H)

How to throw away your empty Natesto dispenser:

- Safely throw away your empty Natesto dispenser in your household trash.
- Keep Natesto and all medicines out of the reach of children and pets.

This Patient Information and Instructions for Use have been approved by the U.S. Food and Drug Administration.

Marketed by: Acerus Pharmaceuticals Corporation, Toronto, ON M4W 3E2, Canada

Manufactured by: Haupt Pharma Amareg GmbH, Donaustauer Str. 378, Regensburg, Bavaria D-93055, Germany

Revised: 12/2021