

THE STUDIO N20

REFORMER • PILATES • YOGA • WELLNESS

Soft Launch

SCHEDULE STUDIO ALIGN

MONDAY

8:30 AM - Reformer Pilates
9:30 AM - Reformer Pilates
10:30 AM - Beginner's Reformer

5:30 PM - Beginner's Reformer
6:30 PM - Reformer Pilates

TUESDAY

8:30 AM - Reformer Pilates
9:30 AM - Reformer Pilates

5:30 PM - Reformer Pilates
6:30 PM - Reformer Pilates
7:30 PM - Reformer Pilates

WEDNESDAY

7:30 AM - Reformer Pilates
8:30 AM - Reformer Pilates
10:30 AM - Beginner's Reformer

6:30 PM - Reformer Pilates
7:30 PM - Reformer Pilates

THURSDAY

7:30 AM - Reformer Pilates
8:30 AM - Reformer Pilates
10:30 - Beginner's Reformer

12:30PM Express Reformer
45mins

FRIDAY

8:30 AM - Reformer Pilates
9:30 AM - Reformer Pilates
10:30 AM - Beginner's Reformer

5:30 PM - Reformer Pilates
6:30 PM - Reformer Pilates

SATURDAY

8:30 AM - Beginner's Pilates
9:30 AM - Reformer Pilates
10:30 AM - Beginner's Reformer

SUNDAY

8:30 AM - Reformer Pilates
9:30 AM - Reformer Pilates
10:30 AM - Beginner's Reformer

All classes 50min, unless otherwise marked, more classes to come as we grow

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