

THE STUDIO N20

REFORMER • PILATES • YOGA • WELLNESS

Soft Launch

SCHEDULE STUDIO ALIGN

MONDAY

8:30 AM - Intermediate Reformer
9:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer

5:30 PM - Foundation Reformer
6:30 PM - Intermediate Reformer
7:40 PM - Intermediate Reformer

TUESDAY

8:30 AM - Intermediate Reformer
9:30 AM - Foundation Reformer
10:30 AM - Intermediate Reformer

5:30 PM - Intermediate Reformer
6:30 PM - Intermediate Reformer
7:30 PM - Athletic Reformer

WEDNESDAY

7:00 AM - Intermediate Reformer
9:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer

12:00PM - Intermediate Reformer
6:40 PM - Intermediate Reformer
7:40 PM - Intermediate Reformer

THURSDAY

7:30 AM - Intermediate Reformer
8:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer

12:30 PM - Intermediate Reformer
(45min)
7:30PM - Foundation Reformer

FRIDAY

8:30 AM - Intermediate Reformer
9:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer

6:00 PM - Intermediate Reformer
7:00 PM - Intermediate Reformer

SATURDAY

8:30 AM - Foundation Reformer
9:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer
11:30 AM - Intermediate Reformer

SUNDAY

9:30 AM - Intermediate Reformer
10:30 AM - Foundation Reformer
11:30 AM - Intermediate Reformer

All classes 50min, unless otherwise marked, more classes to come as we grow

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