

# Move-Out Cleaning

This list shows what should be included in a move-out cleaning.

**Need help? Get a good offer from Vaskehjelp!**

## General – all rooms

- Vacuuming and washing of all floors
- Removal of stains on walls and ceilings where possible without damaging surfaces
- Cleaning of floor and ceiling moldings
- Cleaning of doors, door frames, thresholds, and handles
- Cleaning of electrical outlets, switches and visible contact points
- Cleaning of window frames and sills
- Cleaning of vents and air vents
- Cleaning behind and under loose furniture and appliances where accessible

## Kitchen

- Cleaning of kitchen cabinets and drawers – inside and outside
- Cleaning of countertops and wall surfaces above counters
- Cleaning of kitchen sink and faucets
- Thorough cleaning of stove and oven, including oven chamber, racks, and trays
- Cleaning of refrigerator and freezer, inside and outside
- Cleaning of dishwasher, including filters and edges
- Cleaning of kitchen fan and filters
- Cleaning of tiles and grout
- Cleaning behind and under appliances

## Bathroom and toilet

- Thorough cleaning and descaling of shower, bathtub and shower walls
- Cleaning of sink, toilet, and faucets
- Cleaning of mirrors and bathroom cabinets – inside and outside
- Cleaning of tiles and grout
- Cleaning of floor drains
- Cleaning of vents/fans

## Bedroom, living room and other rooms

- Cleaning of wardrobes and closets, inside/outside
- Dusting of all accessible surfaces
- Cleaning of fixed installations and shelves

## Hallway, storage room and additional rooms

- Vacuuming and washing of floors
- Cleaning of shelves and cabinets
- Cleaning of doors, frames, and moldings

## Windows

- Cleaning of windows on the inside
- Cleaning of windows on the outside where access is safe
- Cleaning between panes where windows can be opened
- Cleaning of window frames and fittings

## Optional add-ons

- Balcony or terrace
- Garage or external storage unit
- Fireplace and stove, ash removal and cleaning around the area

## Important information

- The home must be empty of furniture and belongings before cleaning can be carried out
- Requirements for move-out cleaning may vary, and we recommend that customers clarify any specific expectations with the property manager, landlord, or new owner in advance
- Any requirements beyond this list are agreed upon separately

### Need help?

We would be happy to take care of your move-out cleaning! A final inspection is always included to ensure that you are 100% satisfied. Read more at [vaskehjelp.no/flyttevask](https://vaskehjelp.no/flyttevask) and click *Receive a good offer*. We will contact you shortly!



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