

# CLARIOS CARES

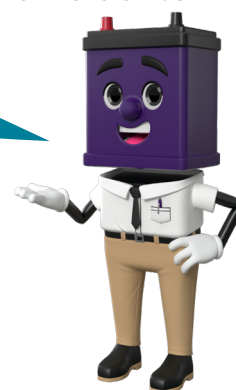


Clarios cares about the health of our employees and their families. That's why we offer a variety of programs and resources to help you and your family track, manage, and improve your overall wellness—including physical, emotional, and financial health.

**Most of the programs listed here are offered at no additional cost to employees, spouses, and, in some cases, dependents and extended family. Some programs require enrollment in a Clarios medical plan.**

## Questions?

Our Clarios Benefits Center is available to provide resources and answers to your medical and wellness questions. Scan the QR code, visit [mybenefits.clarios.com](https://mybenefits.clarios.com), or call 866-898-2654.



## Physical Health

### Rightway Health Guide

Rightway is an easy-to-use resource that pairs you with your very own health guide who helps you get the best care without overpaying—and it's completely **FREE**. Your health guide can:

- Answer healthcare questions
- Help you find a doctor
- Schedule your appointment
- Provide cost estimates and lower cost options
- Dispute a bill from your doctor
- And much more!

To connect with your health guide, download the Rightway app on the App Store or Google Play, call 833-543-4846, or go to [member.rightwayhealthcare.com](https://member.rightwayhealthcare.com).

### Teladoc Virtual Health Care

Teladoc Health is available to employees enrolled in an Aetna medical plan and offers care from doctors and licensed healthcare professionals via phone, or video.

**Teladoc Primary Care** services are available for a **\$0 copay**. You can receive virtual annual checkups, get lab orders, and referrals to in-person care.

**Teladoc 24/7 Care** includes care for coughs, sinus infections, colds, and more for a low **\$10 copay**.

Other services, including dermatology and mental health, are also available for a **\$10 copay**.

Call **855-TELADOC** (835-2362) or register with your Aetna Member ID on [teladoc.com/Primary360-Aetna](https://teladoc.com/Primary360-Aetna) (click *Register Now*). Get the Teladoc app from Google Play or the App Store.

**You must be enrolled in an Aetna Medical plan to participate in the following programs.**

### Teladoc Health - Diabetes Management

This **FREE** cutting-edge program combines technology and coaching to help manage Type 1 or Type 2 diabetes. Receive a smart touchscreen glucose meter, personalized tips based on your blood glucose readings, coaching by certified diabetes educators on nutrition and lifestyle changes, and unlimited lancets and test strips mailed to your home. To learn more or join, go to [teladochealth.com/diabetes](https://teladochealth.com/diabetes), scan the QR code, or call 800-TELADOC (835-2362).



### 2nd.MD - Expert Second Opinion

2nd.MD's expert team offers **FREE** one-on-one support to help you make medical decisions with confidence. A nurse will help you determine if a second opinion is needed and will gather your medical records, find the right specialist, and set up your video consultation when it's convenient for you, including nights and weekends. A specialist will review your information to help you determine the right course of care for thousands of conditions, such as cancer, heart disease, autoimmune issues, digestive/GI problems, and much more. Scan the QR code, visit [2nd.MD/aetna](https://2nd.MD/aetna), or call 866-410-8649.



### Virtual Physical Therapy

Chronic back and joint pain can reduce your quality of life and contribute to lost time at work. Fortunately, there are ways to treat these conditions that don't always need surgery. Virtual physical therapy is offered to you and your covered family members for **FREE** through Hinge Health. Once enrolled, Hinge Health will create a customized care plan and a health coach or physical therapist will guide you through exercise therapy in the Hinge Health app. Call 855-902-2777, scan the QR code, or, visit [hingehealth.com/find/aetna](https://hingehealth.com/find/aetna) and click on *Enroll Now*.



### Aetna Enhanced Maternity Program™

Get **FREE** information and support throughout your pregnancy. Speak with a nurse to learn what to expect with an at-risk pregnancy, before and after delivery, early labor symptoms, newborn care, and review treatment options. Call 800-272-3531 or text BABY to 66902 to get started.

### Pharmacy Benefit Programs

If you're enrolled in an Aetna medical plan, get the most out of your pharmacy benefits with Optum Rx.

- **Optum Rx website and app:** Scan the QR code or go to [OptumRX.com](https://OptumRX.com) and enter the information from your medical or pharmacy ID card to check drug prices, place a home delivery order, access and print your ID card, and more.
- **Optum Specialty Pharmacy:** If you take a specialty medication, receive helpful resources including easy and convenient prescription refills by phone or online, expert guidance and personalized support from an expert clinician, and video series about specialty conditions. Call 855-427-4682 to get started.
- **Home Delivery:** If you take a medication regularly, save time and money with Optum Home Delivery. Order up to a 3-month supply, talk to a pharmacist 24/7, and get your medications delivered with free standard shipping. Submit your order at [OptumRX.com](https://OptumRX.com), in the Optum Rx app, or by calling 800-655-0208.



### Weight Loss for Life

Virta is your path to sustainable weight loss and transforming your health—available at **\$0 cost**. Virta's personalized nutrition-first approach is rooted in science to help you lose weight and feel better. The program includes:

- On-demand support from an expert health coach
- Exclusive nutrition resources and recipes
- Digital weight scale that syncs with your phone

**Individuals on a Clarios medical plan who utilize GLP-1 medications for weight loss must participate in the Virta program.** Scan the QR code, visit [virtahealth.com/join/optumrx](https://virtahealth.com/join/optumrx) or call 719-215-4181.



### Aetna - 24-Hour Nurse Line

Employees and dependents covered under an Aetna medical plan have access to a **FREE** 24-Hour Nurse Line. Nurses can answer your health questions and try to help you decide whether you should go to the emergency room or an urgent care center or make an appointment with your doctor. You can also call the 24-Hour Nurse Line whenever you or your covered family members need answers to health questions about:

- Asthma
- High fever
- Rashes
- Sore throat
- Cuts or burns
- And much more

**Need help?** Call the 24-Hour Nurse Line at 800-556-1555.

## Emotional Health

### Aetna Resources for Living - Employee Assistance Program

All employees automatically have **FREE** access to Aetna Resources for Living, our Employee Assistance Program (EAP). This program provides unlimited professional, confidential telephonic counseling services or up to six face-to-face sessions to you and your household members at no cost. The EAP can help you resolve personal issues and problems before they affect your health, relationships, and work performance. This program is available 24 hours a day, 365 days a year for confidential counseling, referral, and follow-up services for issues such as:

- Aging parents
- Substance abuse
- Financial issues
- Stress, anxiety, or depression
- Marital or family problems
- Legal problems

Call 833-408-2813, scan the QR code, or go to [resourcesforliving.com](https://resourcesforliving.com) (Username: Clarios Password: EAP).



## Financial Health

### EyeMed Discount Programs

If you're enrolled in our Vision plan, get the most out of your benefits with these programs:

- **LASIK discounts:** Get savings of up to \$1,000 on LASIK procedures at LasikPlus®, TLC Laser Eye Center, and The LASIK Vision Institute, a free LASIK exam, and 15% off standard LASIK prices or 5% off promotional LASIK prices at providers in the U.S. Laser network.
- **Sunglasses discounts:** Discounts include \$20 off any sunglass purchase, \$50 off any \$200+ sunglass purchase at Sunglass Hut retail locations, and 20% off non-prescription sunglasses at participating in-network providers.

Call 866-723-0513, scan the QR code, or log in to [eyemed.com/member](https://eyemed.com/member) for more details about LASIK and sunglasses discounts.



### Amplifon Hearing Aid Discounts

Get an average of 66% savings off hearing aids at thousands of convenient locations nationwide, 1 year of follow-up care, warranty protection, and more.

Call 877-203-0675 or log in to [eyemed.com/member](https://eyemed.com/member) for more details about the Amplifon hearing aid discounts.

## Fidelity Programs/Features

- **Fidelity Planning Consultants** will assist in reviewing saving and investing strategy, discuss retirement income, recommend next steps to consider, etc. Go to [fidelity.com/go/financial-plans-tem](https://fidelity.com/go/financial-plans-tem) or call 800-642-7131.
- **Fidelity Medicare Services** can help you learn the basics of Medicare, and find the right plan. Go to [medicare.fidelity.com/home/](https://medicare.fidelity.com/home/) for more information, or call 833-886-0033.
- **Retirement Toolkit** is available to help pre-retirees and recently retired employees make the move from saving to living. Go to [fidelity.com/calculators-tools/retirement-calculator/overview](https://fidelity.com/calculators-tools/retirement-calculator/overview).

## Aetna Resources for Living: Online Will

Create your own will online for **FREE** by using your legal and financial benefit. The online will program enables you to select from several will formats and choose the one that applies to your personal situation and needs. Wills are state-specific. Online will preparation is private and secure. To get started, call 833-408-2813 or go to [resourcesforliving.com](https://resourcesforliving.com) (**Username:** Clarios **Password:** EAP).

## Lincoln Financial Group Resources

Lincoln Financial Group can provide you and your family with help and support during life's challenges:

- **Lincoln FuneralPrep:** This online portal provides resources for both at-need planning and preplanning, including the ability to search for funeral homes, access market information, and view guides and checklists. You can also work with a funeral planning expert who can guide you through the preplanning process. Visit [LincolnFuneralPrep.com/GPLife](https://LincolnFuneralPrep.com/GPLife).
- **LifeKeys and EmployeeConnect:** These programs through GuidanceResources include services such as:
  - » Discounts on shopping and entertainment
  - » Protection against identity theft
  - » Online will preparation
  - » Guidance and support for your beneficiaries if they experience a loss, including grief counseling, financial and legal advice, and more
  - » Information and referrals on child and elder care, vacation planning, college planning, and more; legal information and referrals for family law and estate planning; and financial guidance on budgeting and short-term planning

To access these programs, visit [GuidanceResources.com](https://GuidanceResources.com), download the GuidanceNow app, or call 855-891-3684. First-time users enter Organization Web ID: LifeKeys.

- **TravelConnect:** Get dedicated support if you face an emergency while traveling, including travel arrangements for medical emergency evacuation, travel for companions and dependent children, and more. Visit [MyOnCallPortal.com](https://MyOnCallPortal.com) and enter Group ID: LFGTravel123.

This information is not intended to be a legal contract, a specific promise of benefits, or a summary plan description. In all cases, the formal plan documents will govern the Clarios benefit plans or programs. Clarios reserves the right to amend or revoke the benefit plans or programs in whole or in part, from time to time, at its sole discretion.