



WELL365

WELLNESS PROGRAM

In our **NEW** Well365 Wellness Program, eligible employees and spouses* enrolled in a Health Choice medical plan can earn up to \$750 toward the cost of your 2027 medical plan premiums by completing wellness activities during the year! The Well365 Wellness Program is administered by Aetna and runs from October 1 through September 30 each year.

COMPLETE THESE ACTIVITIES TO EARN UP TO \$750 IN PREMIUM CREDITS.

YOU CAN EARN	BY COMPLETING
\$250 premium credit	Employee Health Assessment
\$350 premium credit	Employee Annual Physical ¹
\$150 premium credit	Spouse Annual Physical ¹
\$750 premium credit	MAX REWARD PER YEAR

¹ If you completed your annual physical between October 1, 2025 and December 31, 2025, your 2027 wellness credit will appear on the Aetna wellness portal by May 2026.

Annual physicals for the wellness incentive exclude well-woman exams, colonoscopies, and other screenings outside of your Primary Care Physician (PCP) annual physical.

Note: A reasonable accommodation or an alternative standard is available for those medically unable to participate. Please call 866-898-2654 for more information.

NEW HIRES AND NEWLY ENROLLED

Employees who initially enroll in a Health Choice medical plan October 2025 - December 2026 will automatically receive the \$720 credit that applies to 2026 medical premiums. **Credits for 2027 medical coverage will be based on the initial date the employee enrolls in an eligible plan and coverage tier.**

DATE OF ENROLLMENT	PREMIUM CREDIT	NOTE
10/1/25 - 6/30/26	2026: Automatically receives credit 2027: Must complete the Well365 Wellness Program activities by 9/30/26 to receive credit	2026: Automatic credit is \$720 2027: Automatic credit is \$600 for Employee Only and Employee + Child(ren)
7/1/26 - 12/31/26	2026: Automatically receives credit 2027: Automatically receives credit	Automatic credit is \$750 for Employee + Spouse and Employee + Family

* Eligibility is based on location and medical plan enrollment.



Visit **Health.Aetna.com**:

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- Click "Health and Wellness"
- Click "Aetna Health Your Way"

Or scan the QR codes below to download the Aetna Health mobile app.

