

WELL365

WELLNESS PROGRAM

In our Well365 Wellness Program, eligible employees and spouses¹ enrolled in a Health Choice medical plan can earn up to \$750 towards the cost of your 2028 medical plan premiums by completing wellness activities during the year! The Well365 Wellness Program is administered by Aetna and runs from October 1 through September 30 each year.

COMPLETE THESE ACTIVITIES TO EARN UP TO \$750 IN PREMIUM CREDITS.

YOU CAN EARN	BY COMPLETING
\$250 premium credit	Employee Health Assessment
\$350 premium credit	Employee Well Adult Physical*
\$150 premium credit	Spouse Well Adult Physical*
\$750 premium credit	MAX REWARD PER YEAR

* Well Adult Physicals for the wellness incentive exclude well-woman exams, colonoscopies, and other screenings outside of your Primary Care Physician (PCP) annual physical.

Note: A reasonable accommodation or an alternative standard is available for those medically unable to participate. Please call 866-898-2654 for more information.



Visit health.aetna.com and follow the instructions on the next page below to complete your required activities.

Or scan the QR codes below to download the Aetna Health mobile app.



NEW HIRES AND NEWLY ENROLLED

Employees who initially enroll in a Health Choice medical plan October 2026 - December 2027 will automatically receive the credit as outlined below that applies to 2027 medical premiums. **Credits for 2028 medical coverage will be based on the initial date the employee enrolls in an eligible plan and coverage tier.**

DATE OF ENROLLMENT	PREMIUM CREDIT	NOTE
10/1/26 - 6/30/27	2027: Automatically receives credit 2028: Must complete the Well365 Wellness Program activities by 9/30/27 to receive credit	Automatic credit is \$600 (\$11.54/week) for Employee Only and Employee + Child(ren)
7/1/27 - 12/31/27	2027: Automatically receives credit 2028: Automatically receives credit	Automatic credit is \$750 (\$14.42/week) for Employee + Spouse and Employee + Family

¹ Eligibility is based on location and medical plan enrollment.

WELLNESS PORTAL ACCESS

How do I log in to the Well365 Wellness Program portal?

The program is administered by Aetna.

1. Register at **health.aetna.com**, then navigate to *Health and Wellness*.
2. In the **Aetna Health Your Way** box, click on *Engage in Health Your Way*.
3. Click on **Health Checklist**. The *Reward Activities* section lists the *Health Assessment* and *Well Adult Physical with PCP** tasks requiring completion to earn wellness credits.

HEALTH ASSESSMENT

How can I complete the Health Assessment activity?

From the **Health Checklist**, click on “**Health Assessment**” and then click on “**Health Assessment**” again to begin. Follow the instructions to complete the survey. The full survey should take approximately 10-12 minutes to complete. That was easy. Congratulations! You’ve earned \$250 towards your next plan year’s medical premiums.

WELL ADULT PHYSICAL WITH PCP*

How do I complete the Well Adult Physical with PCP* activity?

Schedule a Well Adult physical exam with your Primary Care Physician (PCP*). If you do not have a PCP*, Clarios also offers a Virtual Primary Care option at **teladochealth.com/primary360-aetna** or by calling **855-TELADOC (835-2362)**.

Upon completion of your annual exam with your PCP*, the provider will file the claim with Aetna. After the claim has been processed, this activity will reflect complete in the system. This can take up to 8 weeks.

SPOUSE WELL ADULT PHYSICAL WITH PCP*

How does my spouse complete the Well Adult Physical with PCP* activity?

If your spouse is covered by a Clarios medical plan, they are eligible to complete the activity and earn wellness credits towards your medical premiums. Your spouse will need to schedule a Well Adult physical exam with their Primary Care Physician (PCP*). If they do not have a PCP*, Clarios also offers a Virtual Primary Care option at **teladochealth.com/primary360-aetna** or by calling **855-TELADOC (835-2362)**.

Upon completion of their annual exam with their PCP*, the provider will file the claim with Aetna. After the claim has been processed, the activity will reflect complete in the system. This can take up to 8 weeks.

COMPLETED ACTIVITIES

Where can I confirm completion of my reward eligible activities?

Once you have logged into the Aetna Health Your Way portal, return to the Health Checklist. Click on the drop-down menu that shows “Active” and change it to “Completed”. This will reflect all of your completed activities.

Your spouse can follow the same instructions to confirm completion of his/her Well Adult Physical with PCP*.

Note: You should also be able to see your spouse’s completed activity in your portal. Under “**Health Checklist**”, click on “**Family Health Checklist**”.

*You must use an Aetna network participating physician.