

Annual Retreat 2025

Lunch Menus

Saturday

Mains

Lamb & Rosemary Hot Pot

GF OF Allergens: Soya

Thai Green Chicken Curry

GF Allergens: Milk

Allotment Cottage Pie

Mushroom, root vegetables, leeks, rosemary and lentils topped with creamy mash

W GF Allergens: Milk

Roasted Butternut Squash

With chilli, tomato and bean stew

● Weight Of Old Allergens: Sulphites, Soya

Sides

Braised Rice

Steamed seasonal vegetables with garden herbs

Tomato, cucumber, grated carrot & red onion salad with toasted pumpkin seeds, French dressing

GF OF Allergens: Mustards

Sunday

Mains

Slow Cooked English Beef & Mushrooms

With root vegetables

GP OP Allergens: Soya

Chicken Chasseur

With mushrooms, pearl onions, tarragon sauce

6 Allergens: Soya

Fabulous Moussaka Smokey aubergine, porcini mushroom and sweet tomato with a creamy feta sauce

W GF Allergens: Milk, Soya

Cauliflower, potato, chickpea & spinach curry

V Allergens: Soya

Sides

Braised Rice

Honey roast carrot, swede and parsnips

Tomato, cucumber, grated carrot and red onion salad with toasted pumpkin seeds, French dressing

GF OF Allergens: Mustards

suitable for vegetarians

suitable for vegans

GF gluten free

of dairy free

All meats are halal, any specific dietaries where advised, will be catered for separately.