

GRANTEE SPOTLIGHT

Frontera Healthcare Network

Expanding Access to Timely Healthcare in the Hill Country

CreateHealthy

FRONTERA HEALTHCARE | **Impact You Can See**

Grantee:
Frontera Healthcare Network

Create Healthy Strategic Funding Priority:
Mental Health & Healthy Living

Mission:
Providing accessible, community-based healthcare, including behavioral health services

Create Healthy Support:
Capital campaign for Mason Clinic renovation and support for permanent psychiatric staff

2025 Impact:
253 unduplicated patients served through newly launched psychiatric services in 2025

2025 Behavioral Health Milestone:
Behavioral Health team grew to 11 clinicians and added multi-year support for a new head of psychiatry, nurse with psychiatric specialization, and medical assistant

As a Federally Qualified Health Center (FQHC), Frontera Healthcare Network provides accessible, affordable, patient-centered healthcare services for children and adults in Fredericksburg, Mason, and surrounding communities.

Through its six locations, including Fredericksburg Behavioral Health Clinic, Mason Clinic, and Fredericksburg Clinic, residents can access a range of healthcare services, including primary and acute care, pharmacy, radiology, lab testing, nutrition education, case management, and behavioral health services.

Services are available on a sliding fee scale for residents without health insurance.

Frontera's health services work as part of an integrated, team-based care model. Patients can be connected to physical and behavioral healthcare within the same clinic, allowing clinicians to collaborate and respond more quickly to patient needs.

Supporting a Growing Region

In 2025, Create Healthy made two grants to Frontera Healthcare Network to support its ability to provide physical and behavioral healthcare for more Hill Country residents.

One grant for $151,446 in the **Healthy Living** category, supported the expansion and renovation of Frontera's Mason Clinic, an ongoing project expected to be completed later in 2026, which will include space for additional specialty care and renovated exam and behavioral health rooms. The multimillion-dollar project raised money through a community-supported capital campaign.

The second grant for $1.2 million in the **Mental Health** category added multi-year support for new psychiatric personnel, including a new head of psychiatry, nurse with psychiatric specialization, and medical assistant to Frontera's suite of behavioral health services.

"Timely psychiatric care is not a small thing. It can mean earlier support, better follow-through, and fewer crises for children and families. Create Healthy's support helped us build that capacity locally and strengthen the behavioral health system across the Hill Country."



Cameron Culver, M.D., MPH, MHS, CPH, HMDC
Head of Psychiatry, Frontera Healthcare Network

CreateHealthy.org

GRANTEE SPOTLIGHT

Frontera Healthcare Network Expanding Access to Timely Healthcare in the Hill Country



Create Healthy's Support in Action

With the addition of in-person psychiatric services to complement its existing counseling and therapy offerings, Frontera served 253 individuals in its Fredericksburg and Mason clinics in 2025. Requests for psychiatric services, such as medication management, grew quickly once patients had access to in-person psychiatrists embedded within their broader care team.

Frontera's broader behavioral health reach also includes school-based services. In 2025, the FQHC had 481 school-based counseling appointments, reducing missed class time and missed workdays while helping students receive care in a familiar setting.



Why It Matters

Timely, integrated psychiatric care close to home means earlier support, better continuity of care, and fewer disruptions for children, adults, and families. When psychiatry, counseling, and physical medical care are connected, patients are more likely to receive the right level of support sooner and more likely to stay engaged in care over time.

"Frontera Healthcare Network is building the kind of health system the Hill Country needs: local, connected, and easy to access. By supporting the expansion of locally available primary and behavioral health services, Create Healthy is supporting strengthened care for children, adults, and families across the Hill Country for years to come."



Jayne Pope, RN
President & CEO
Create Healthy

About Create Healthy

Create Healthy is on a mission to invest in the health and wellness of the Hill Country and empower its communities to build a healthy future. Create Healthy's vision is a Hill Country where all can contribute and thrive. Led by Jayne Pope, the foundation is overseen by a volunteer board of directors.

Learn more about our community investments at CreateHealthy.org