

SACRAMENTO MOUNTAINS SENIOR SERVICES, INC.
SERVING CLOUDCROFT, HIGH ROLLS, & MOUNTAIN COMMUNITY CITIZENS AGED 60 +

CALL FOR RESERVATION BEFORE 8:30 (575-682-3022)

June Menu

LUNCH SERVED 11:30 TO 12:15

<p>MONDAY 1, 2026 Green Chile Chicken Caldito Broccoli Biscuit Light Nonfat Peach Yogurt</p>	<p>TUESDAY 2, 2026 Shredded Pork BBQ Bun Coleslaw (vinegar based) Stewed Tomatoes Applesauce</p>	<p>WEDNESDAY 3, 2026 Beef & Papas Salsa Tortilla Zucchini and Diced Tomatoes Mandarin Oranges</p>	<p>THURSDAY 4, 2026 Tuna Salad Sandwich Creamy Cucumber Salad w/ Onion Carrots Diced Peaches</p>	<p>FRIDAY 5, 2026 Mexican Goulash Vegetable Medley Wheat Roll Grapes</p>
<p>MONDAY, 8 Kielbasa Parsley Potatoes Roasted Brussel Sprouts Bun Peaches Light Vanilla Yogurt</p>	<p>TUESDAY, 9 Bean and Cheese Burrito Flour Tortilla Chateau Blend Vegetables Banana</p>	<p>WEDNESDAY, 10 Chicken Stir Fry Brown Steamed Rice Mandarin Oranges and Pineapple Chunks</p>	<p>THURSDAY, 11 Chef Salad w/ Ham and Egg Wheat Roll Strawberries and Bananas</p>	<p>FRIDAY, 12 Marinated Chicken Breast Brown Rice Pilaf Broccoli spears Fruit Cocktail</p> <hr/> <p align="center">High Rolls Closed Take out meals only</p>
<p>MONDAY 15, 2026 Beef Soft Tacos Flour Tortilla Spanish Rice Capri Blend Vegetables Orange</p>	<p>TUESDAY 16, 2026 Sloppy Joes Sweet Potato Fries Green Beans Diced Mango Peanut Butter Cookie</p>	<p>WEDNESDAY 17, 2026 Salisbury Steaks /w Gravy Mashed Potato Beets Wheat Roll Gelatin w/ bananas</p>	<p>THURSDAY 18, 2026 Posole 6in Flour Tortilla Mixed Fruit</p>	<p>FRIDAY 19, 2026 Frito Pie Chateau Blend Vegetables Apricots</p>
<p>MONDAY 22, 2026 Green Chile Chicken Enchiladas Pinto Beans Capri Vegetables Tropical Fruit Salad</p>	<p>TUESDAY 23, 2026 Herbed Baked Cod Tartar Sauce Potato Wedges Carrots Wheat Roll Tapioca Pudding Pear</p>	<p>WEDNESDAY 24, 2026 Hot Dog Wheat Bun, 3-Bean Salad Broccoli Oatmeal Cookie Vanilla Nonfat Yogurt ROADRUNNER DAY</p>	<p>THURSDAY 25, 2026 Spaghetti w/ meat sauce Italian Beans Garlic Bread Spiced Pears</p>	<p>FRIDAY 26, 2026 Beef and Mushroom Ragu Penne Pasta Italian Blend Vegetable Fresh Plum</p>
<p>Monday 29, 2026 Chile Beans Roasted Mexican Zucchini Yellow Squash Cornbread w/Honey Cantaloupe</p>	<p>Tuesday 30, 2026 Chicken Fried Chicken California Blend Vegetables Mashed Potatoes W/Gravy Wheat Roll Fresh Strawberries</p>		<p align="center">HAPPY FATHER'S DAY</p>	