



## SACRAMENTO SENIOR SHOUTOUT

575-682-3022

Mtnseniors.com

What is your talent? Come and share on the 2<sup>nd</sup> & 4<sup>th</sup> Tues. of every month. Lots of good music, but we're missing what **you** can do!!! 10:30 – 11:15

If you are a certified driver and would be interested in driving the van to Friday night dinners outside Cloudcroft, please call the center.

## What's Happening Around Town This Month?

July 2026

Notary services available for members of Sacramento Mountain Senior Services

VOLUME 124



July 18th Main Event 9:00 AM – 5:00 PM

July 19th Sunday Gospel Service 9:00 AM

Join us for our 30th Annual Bluegrass Festival in Weed, New Mexico. Stay all day for live bluegrass bands, great food, door prizes, and lots of vendors including great bluegrass merchandise!

New for the kiddos there will be face painting and an indoor bouncy house!

Entrance fee for the Bluegrass Music \$15 a person or \$30 for immediate family group.

Sunday Event free of charge.

All proceeds go to the Weed Community Fund.

WE ARE LOOKING FOR A SENIOR TO WORK FOR SACRAMENTO MOUNTAIN SERVICES 20 HOURS A WEEK FOR ONE YEAR! ARE YOU THAT PERSON??? COME AND SEE US IF YOU ARE INTERESTED.

- *This is through the Senior Employment Program – candidates must be 55 or older.*
- *The goal is to train a senior at our facilities and that senior could go out into the community in a year and find a job (or be hired into a position with us!!)*

Name: \_\_\_\_\_

Date: \_\_\_\_\_



Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

S K R O W E R I F Z N O I T A C A V  
 L E V A R T C M W K T K F A G T W N  
 L R B O B P I I T J F B E N A H A R  
 T Z M T S L W N N G L U I K C S T S  
 H M W A Y P U T D C C K M T I U E U  
 Y C C M F F O E R E I M W O R N R N  
 R A D O L C C L B H P P C P E D M G  
 R M P T C V W R F E K E K Z M R E L  
 E P P Y T N A L S P R W N M A E L A  
 B I D K C B E T K U I R L D F S O S  
 P N D O X M R A H X M L Y M E S N S  
 S G R W O O F H D K J M F Y Z N V E  
 A N L N H H C A E P K K E K N J C S  
 R G A S G B E A C H M T D R T U D E  
 H D S T R A W B E R R Y M M T L V P  
 E C R N C E L T S A C D N A S Y N T  
 J V F W N S U N S C R E E N Y P K N  
 G N I M M I W S I C E C R E A M J N

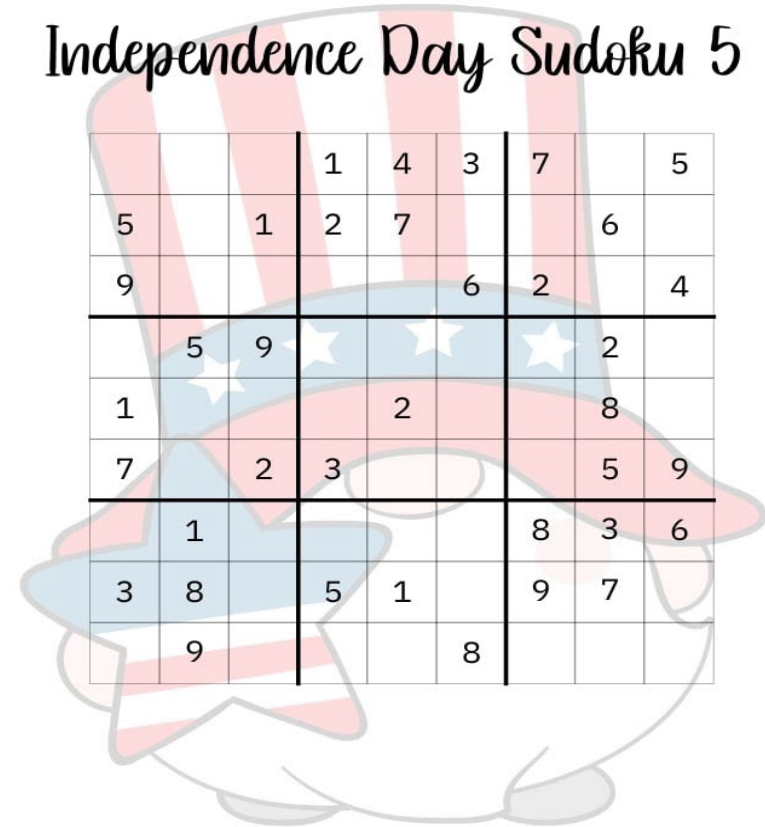
- AMERICA
- BARBECUE
- BEACH
- BLUEBERRY
- CAMPING
- CORN
- FIREWORKS
- FLIP-FLOPS
- HAT
- HIKING
- ICE CREAM
- INDEPENDENCE
- JULY
- LEMONADE
- PEACH
- PICNIC
- RASPBERRY
- SANDCASTLE
- SHORTS
- STRAWBERRY
- SUMMER
- SUNDRESS



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## Independence Day Sudoku 5



			1	4	3	7		5
5		1	2	7			6	
9					6	2		4
	5	9					2	
1				2			8	
7		2	3				5	9
	1						8	3
3	8		5	1			9	7
	9				8			



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**SACRAMENTO MOUNTAINS SENIOR SERVICES, INC.**  
**SERVING CLOUDCROFT, HIGH ROLLS, & MOUNTAIN COMMUNITY CITIZENS AGED 60 +**


**CALL FOR RESERVATION BEFORE 8:30**

*July Menu*

**LUNCH SERVED 11:30 TO 12:15**

<p>Please sign in on the reservation sheet for days you plan to eat at the center. Thank you!!</p>		<p style="text-align: center;"><b>WEDNESDAY, July 1</b>                  Pepper Steak                  Stir Fry Vegetables with                  Snow Peas                  Brown Rice                  Pineapple</p>	<p style="text-align: center;"><b>THURSDAY, July 2</b>                  Sausage Pizza                  Broccoli                  Non-fat Vanilla Yogurt                  Berries</p>	<p><b>FRIDAY, July 3</b></p> <p style="text-align: center;">CENTERS ARE CLOSED                  FOR THE 250<sup>TH</sup> BIRTHDAY                  OF THE 4<sup>TH</sup> OF JULY</p>
<p style="text-align: center;"><b>MONDAY, July 6</b>                  Ham &amp; Cheese Sandwich                  Lettuce, Tomato                  Three Bean Salad                  Cold Beets                  Apricots</p>	<p style="text-align: center;"><b>TUESDAY July 7</b>                  Meat Lasagna                  Italian Beans                  Carrots                  Fresh Fruit Salad</p>	<p style="text-align: center;"><b>WEDNESDAY July 8</b>                  Carne Adovada                  Flour Tortilla                  Pinto Beans                  Capri Vegetables                  Strawberries and Bananas</p>	<p style="text-align: center;"><b>THURSDAY July 9</b>                  Chef Salad w/ Turkey, Ham                  and Egg                  Wheat Roll                  Mandarin Oranges</p>	<p style="text-align: center;"><b>FRIDAY July 10</b>                  Beef Tips and Gravy                  Brown Rice                  Italian Blend Vegetables                  Orange                  Peanut Butter Cookie</p>
<p style="text-align: center;"><b>MONDAY July 13</b>                  Chicken Fried Steak                  Mashed Potatoes w/Gravy                  Green Beans                  Wheat Roll                  Spiced Peaches                  Angel Food Cake</p>	<p style="text-align: center;"><b>TUESDAY July 14</b>                  Orange Chicken                  Brown Rice                  Stir Fry Vegetables                  Vegetable Egg Roll                  Fortune Cookie                  Pineapple</p>	<p style="text-align: center;"><b>WEDNESDAY July 15</b>                  Salisbury Steak w/ Gravy                  Penne pasta                  Diced Carrots                  Mixed Berries</p>	<p style="text-align: center;"><b>THURSDAY July 16</b>                  Scalloped Potatoes w/Ham                  California Blend Veggies                  Wheat Roll                  Nonfat Cherry Vanilla Yogurt</p>	<p style="text-align: center;"><b>FRIDAY July 17</b>                  Chicken Taco                  Salsa                  Street Corn                  Zucchini and Diced                  Tomatoes                  Mango Chunks</p>
<p style="text-align: center;"><b>MONDAY, July 20</b>                  Herbed Baked Tilapia                  Brown Rice Pilaf w/                  Mushrooms                  Green Beans                  Unsweetened Applesauce                  Chocolate Chip Cookie</p>	<p style="text-align: center;"><b>TUESDAY July 21</b>                  Green Chili Chicken Enchiladas                  Pinto Beans                  Calabacitas                  Grapes</p>	<p style="text-align: center;"><b>WEDNESDAY July 22</b>                  Hot Dog                  Cucumber and Tomato Salad                  Baked French Fries                  Fruit Salad                  Nonfat Cherry Yogurt  <b>ROADRUNNER</b></p>	<p style="text-align: center;"><b>THURSDAY July 23</b>                  Baked Penne Pasta                  Italian Vegetables                  Peaches                  Nonfat Vanilla Yogurt</p>	<p style="text-align: center;"><b>FRIDAY July 24</b>                  Tuna Salad Sandwich                  Cold Beets                  Cold Pea Salad                  Banana</p>
<p style="text-align: center;"><b>MONDAY July 27</b>                  Fish and Chips                  Asparagus                  Coleslaw                  Wheat Roll                  Fresh Fruit Salad</p>	<p style="text-align: center;"><b>TUESDAY July 28</b>                  Chicken Fettuccine Alfredo                  Italian Beans                  Strawberries and Bananas</p>	<p style="text-align: center;"><b>WEDNESDAY July 29</b>                  BBQ Pulled Pork on a Bun                  Herb Roasted Potatoes                  Carrot and Raisin Salad                  Apricot</p>	<p style="text-align: center;"><b>THURSDAY July 30</b>                  Roasted Chicken                  Lemon Herb Orzo                  Zucchini                  Tropical Fruit Salad</p>	<p style="text-align: center;"><b>FRIDAY July 31</b>                  Taco Burger                  Vegetable Medley                  Light Vanilla Yogurt w/                  Sweet Cherries</p>

*July 2026 Events*

		<p><b>Wednesday, July 1</b> Canasta 12:30 pm CC</p>	<p><b>Thursday, July 2</b> Beginning Line Dancing with Chris Breyer 12:30</p>	<p><b>Friday, July 3</b> <b>CENTERS ARE CLOSED FOR INDEPENDENCE DAY 250</b></p>
<p><b>Monday, July 6</b> Canasta 12:30 pm CC</p>	<p><b>Tuesday, July 7</b> Vital Signs 11:00 CC Mexican Train 12:30 CC</p>	<p><b>Wednesday, July 8</b> Canasta 12:30 pm CC</p>	<p><b>Thursday, July 9</b> Beginning Line Dancing with Chris Breyer 12:30</p>	<p><b>Friday, July 10</b> Bridge 12:30 CC La Rosa's Steak House Meet there 5:00 pm</p>
<p><b>Monday, July 13</b> Canasta 12:30 pm CC</p>	<p><b>Tuesday, July 14</b> Music Talent Performances 1030-11:15 am CC Vital Signs 11 CC Mexican Train 12:30 CC</p>	<p><b>Wednesday, July 15</b> Canasta 12:30 pm CC</p>	<p><b>Thursday, July 16</b> <b>July Birthday Celebration - CC &amp; HR</b></p>	<p><b>Friday, July 17</b> <u>Bridge 12:30 CC</u> Brother-in-Laws Meet there 5:00 pm</p>
<p><b>Monday, July 20</b> Canasta 12:30 pm CC Board Meeting 5:00pm</p>	<p><b>Tuesday, July 21</b> Vital Signs 11:00 CC Mexican Train 12:30 CC</p>	<p><b>Wednesday, July 22</b> Canasta 12:30 pm CC <b>ROADRUNNER DAY</b></p>	<p><b>Thursday, July 23</b> Rowdy Seniors Bingo – CC &amp; HR12:30-1:30pm <b>Cyber Bingo – 12 - HR</b></p>	<p><b>Friday, July 24</b> Bridge 12:30 CC Old Road Café Meet there 5:00 pm <b>We may take the van</b></p>
<p><b>Monday, July 27</b> Canasta 12:30 pm CC</p>	<p><b>Tuesday, July 28</b> Music Talent Performances 1030-11:15 am CC Vital Signs 11 CC Mexican Train 12:30 CC</p>	<p><b>Wednesday, July 29</b> Canasta 12:30 pm CC</p>	<p><b>Thursday, July 30</b> TV Bingo – CC &amp; HR 12pm</p>	<p><b>Friday, July 31</b> Dave's Meet there at 5:pm</p>

**CLOUDCROFT**  
CHAMBER OF COMMERCE



# CHRISTMAS *in July*

ZENITH PARK , CLOUDCROFT NM

JULY

**11-12**

**CLOUDCROFT. THE CHRISTMAS CAPITAL OF NM**

from Saturday, July 11, 2026, 10:00 AM  
thru Sunday, July 12, 2026, 4:00 PM



## Ingredients(8)

## Grilled Corn Salad with Poblano Peppers

- Hidden Valley™ Original Ranch™ Seasoning, Dressing & Dip Mix Shaker 1 tablespoon
- butter room, temperature; 4 tablespoons.
- fresh roasted corn on the cob, husks and silk removed; 6 ears
- poblano peppers; 2
- cherry tomatoes stemmed, rinsed, cut in half; 1 cup
- crumbled feta cheese (optional); 1 cup
- olive oil; ¼ cup
- red wine vinegar; 1 tablespoon
- 6 oz sweet potatoes (peeled and cut into 3/4-inch cubes)
- 1 med. onion (cut in 8 wedges)
- 1 TBSP canola oil
- 1/2 tsp salt
- 1/4 tsp ground nutmeg



### Instructions:

- 1 Preheat a grill to medium heat. In a small bowl, mix the seasoning mix and the butter together until well-blended and brush the corn with the butter mixture.
- 2 Add the corn to the grill along with the poblano peppers and cook, turning often, until corn is golden and the peppers have blackened, about 10–15 minutes. Set corn aside to cool and place the peppers in a paper bag to cool.
- 3 Peel, seed and stem the peppers and chop into ¼-inch pieces. Remove corn from cobs and place the corn and peppers in a large bowl.
- 4 Add the tomatoes and feta, if using. In another bowl, stir the olive oil and vinegar together until emulsified and pour over the salad. Toss until well coated and serve immediately.

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**Collaboration time with the Library** – Every Friday at the Library from 1-3pm. Snacks and books. Great combination!