



SACRAMENTO SENIOR SHOUTOUT

575-682-3022

Mtnseniors.com

If you are a certified driver and would be interested in driving the van to Friday night dinners outside Cloudcroft, please call the center.

What is your talent? Come and share on the 2nd & 4th Tues. of every month. Lots of good music, but we're missing what **you** can do!!!
10:30 – 11:15

Notary services available for members of
Sacramento Mountain Senior Services

August 2026

What's Happening Around Town This Month?

Volume 125



WE ARE LOOKING FOR A SENIOR TO WORK FOR SACRAMENTO MOUNTAIN SERVICES 20 HOURS A WEEK FOR ONE YEAR! ARE YOU THAT PERSON??? COME AND SEE US IF YOU ARE INTERESTED.

- *This is through the Senior Employment Program – candidates must be 55 or older.*
- *The goal is to train a senior at our facilities and that senior could go out into the community in a year and find a job (or be hired into a position with us!!)*

Summer Anagram Quiz

Unscramble these summer anagrams back to their original words

1. HUES INNS

2. HE CAB

3. COAT VAIN

4. HATE

5. SEALS SNUGS

6. LANDS AS

7. LIDO HAY

8. BEAR CUBE

9. MALE DONE

10. BUN RUNS

11. FAST LIVE

12. MAC PING

SUDOKU

PRO+

					3			
	8	6			2	9		
2			5		6		7	
7				3				1
			1		7			6
		7	9			3	6	
8	1							

Mtnseniors.com



SACRAMENTO MOUNTAINS SENIOR SERVICES, INC.
SERVING CLOUDCROFT, HIGH ROLLS, & MOUNTAIN COMMUNITY CITIZENS AGED 60 +

CALL FOR RESERVATION BEFORE 8:30

August Menu

LUNCH SERVED 11:30 TO 12:15

Monday 3 Green Chile Hamburger and Potato Stew Cornbread Pineapple chunks	Tuesday 4 BBQ Chicken Scalloped Potatoes Roasted Brussels Sprouts Wheat Roll Fresh Fruit Salad	Wednesday 5 Taco Salad Pinto Beans Diced Mango	Thursday 6 Southwest Chicken Spinach Tomato Wedges Spanish Rice Cherry Yogurt	Friday 7 Sloppy Joe Baked French Fries Three Bean Salad Gelatin
Monday 10 Chicken Fajitas Zucchini and Diced Tomatoes Pinto Beans Plum Peanut Butter Cookie	Tuesday 11 Chicken Fried Steak Mashed Potatoes Carrots and Green Beans Wheat Roll Diced Pears Strawberry Yogurt	Wednesday 12 Ham & Bean Soup Sauteed Mushrooms Wheat Roll Strawberries and Bananas Vanilla Yogurt	Thursday 13 Chef Salad w/ Turkey, Ham and Egg Wheat Roll Strawberries and Banana in Gelatin	Friday 14 Classic Chicken Salad Sandwich Sliced Tomato and Cucumbers Broccoli Peach Cobbler
Monday 17 Green Chile Chicken Tamales Baked Calabacitas Flour Tortilla Street Corn Fresh Fruit	Tuesday 18 Polish Sausage Steamed Cabbage WW Roll Parsley Potato w/Peppers and Onions Vanilla Yogurt Blueberries	Wednesday 19 Tuna Salad Sandwich Cold Beets Cold Peas Salad Orange (sliced) Orange pudding	Thursday 20 Chicken & Rice Casserole Broccoli Spears w/ Bell Pepper Wheat Roll Apricots	Friday 21 Roast Beef Mashed Potatoes Green Beans Wheat Roll Apple Crisp
Monday 24 Cheeseburger Seasoned Spinach w/ Garlic Potato Wedges Tropical Fruit	Tuesday 25 Herbed Baked Tilapia Tartar Sauce Lemon Wedge Brown Rice Pilaf Italian Blend Vegetables Spiced Pears	Wednesday 26 Hot Dog 3-Bean Salad Roasted Brussel Sprouts Oatmeal Cookie Vanilla Yogurt ROADRUNNER DAY	Thursday 27 Chicken and Mushrooms Sweet Potato Carrots Wheat Roll Fruit Salad	Friday 28 Frito Pie Pinto Beans Calabacitas Banana
Monday 31 Meat Lasagna Italian Green Beans Wheat Roll Caesar Salad Diced Cantaloupe				2% Milk available with meals

August 2026 Events

575-682-3022

CC= Cloudcroft HR= High Rolls

Monday, August 3 Canasta 12:30 pm CC	Tuesday, August 4 Vital Signs 11:00 CC Mexican Train 12:30 CC	Wednesday, August 5 Canasta 12:30 pm CC	Thursday, August 6 Beginning Line Dancing with Chris Breyer 12:30	Friday, August 7 Bridge 12:30 CC 19 th Hole Grill & Bar Alamogordo Meet there 5:00 pm
Monday, August 10 Canasta 12:30 pm CC	Tuesday, August 11 Music Talent Performances 1030-11:15 am CC Vital Signs 11 CC Mexican Train 12:30 CC	Wednesday, August 12 Canasta 12:30 pm CC	Thursday, August 13 Beginning Line Dancing with Chris Breyer 12:30	Friday, August 14 Bridge 12:30 CC The Brewery Meet there 5:00 pm
Monday, August 17 Canasta 12:30 pm CC Board Meeting 5:00pm	Tuesday, August 18 Vital Signs 11 CC Mexican Train 12:30 CC	Wednesday, August 19 Canasta 12:30 pm CC	Thursday, August 20 August Birthday Celebration - CC & HR Rowdy Seniors Bingo – 12:30-1:30pm CC Cyber Bingo – 12 - HR	Friday, August 21 <u>Bridge 12:30 CC</u> K-Bobs Ruidoso Meet there 5:00 pm We may take the van
Monday, August 24 Canasta 12:30 pm CC	Tuesday, August 25 Music Talent Performances 1030-11:15 am CC Vital Signs 11:00 CC Mexican Train 12:30 CC	Wednesday, August 26 Canasta 12:30 pm CC ROADRUNNER DAY	Thursday, August 27 TV Bingo – CC & HR 12pm	Friday, August 28 Bridge 12:30 CC Dusty Boots Meet there 5:00 pm
Monday, August 31 Canasta 12:30 pm CC				



Special Outing on Saturday, August 8

We will be taking a group down for the Saturday matinee on August 8. We will start with lunch at Pizza Patio at 12 noon, then on to the theater. Matinee starts at 2pm. The cost of the tickets will be \$15.48 and the deadline to purchase will be July 27. See Chris or Janice as we will get a group of tickets all at once. Sign up sheets are available at Cloudercroft and High Rolls.

If you would like to drive yourself down to lunch and the theater, the theater address is: 1110 N. New York Ave., Alamogordo.

Annual Apple Festival

Sponsored by the High Rolls Mountain Park Lions Club

SATURDAY, SEPTEMBER 19 9 AM TO 5 PM

SUNDAY, SEPTEMBER 20 9 AM TO 4 PM

**High Rolls Community Center
56 Cottage Row**

The Senior Center will be selling Apple & Cherry Pies as a fundraiser at the Apple Festival.

Whole Pie \$25

By the Slice \$5

À La Mode \$6

**Please come out and support our local community.
We'd love to see you there.**



Ingredients (8)

Chocolate Chip Scones

43 min·383 cal·11 servs

- All-Purpose Flour, 3 cups
- Baking Powder, 1 Tablespoon
- Unsalted Butter (room temp), 1 cup
- Sugar, ¼ cup
- Sugar, 2 Tablespoons
- Eggs, 3
- Buttermilk, 1/3 cup
- Chocolate Chips (mini or regular), 1 cup

Instructions

- Mix flour and baking powder in a bowl.
- In another bowl, with an electric mixer, beat butter on high speed until creamy. Add (all) sugar and beat 3-5 minutes more until pale and fluffy. Add eggs one at a time, beating after each. Mix in buttermilk then scrape down the sides of the bowl. Reduce speed to low and add flour mixture; mix only until blended.
- Fold in the chocolate chips.
- Scoop 1/3 cupful of dough onto an ungreased cookie sheet, about 2 inches apart.
- Loosely cover dough with plastic wrap and refrigerate about 45 minutes. (or freeze, and when hard, remove to a plastic bag and freeze for up to 6 weeks).
- Heat oven to 350 degrees.
- Uncover scones (or take frozen ones out of freezer) and bake 15 minutes. Turn down the heat to 325 degrees and bake about 13 minutes longer, or until pale golden brown. Cool, uncovered, on a wire rack.

