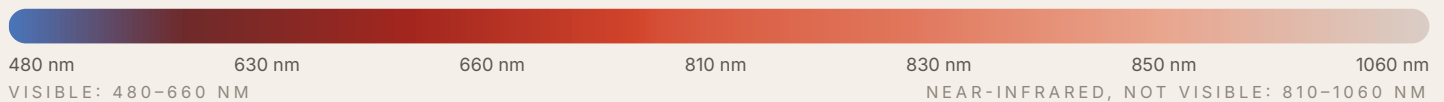
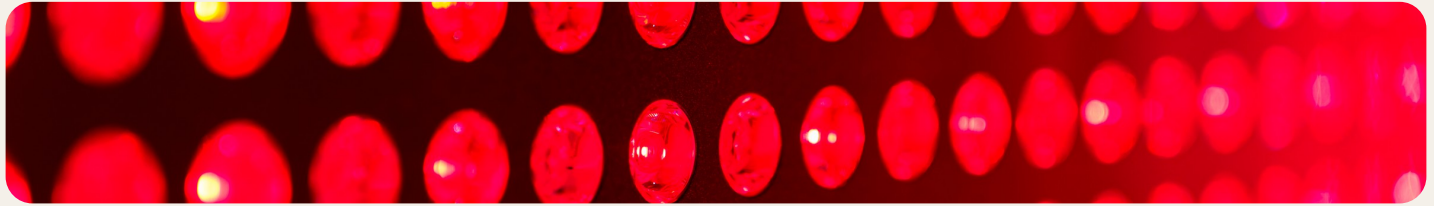


THE LIGHT INSIDE THE ELYSIANPOD

Seven wavelengths. One session.

The science of light. The art of living.

Every ElysianPod uses 14 PlatinumLED BIOMAX PRO panels, each emitting seven wavelengths from blue through near-infrared. Here's what each one is, whether you can see it, and what peer-reviewed research looks at.



WAVELENGTH	TYPE	VISIBLE?	WHAT RESEARCH LOOKS AT
● 480 nm	Blue	Yes	Close to the peak sensitivity of the eye's circadian light sensors.
● 630 nm	Red	Yes	Absorbed nearer the surface. Red and near-infrared light have been studied in skin research. ²
● 660 nm	Red	Yes	Deep red, absorbed nearer the surface; studied in skin research. ²
● 810 nm	Near-infrared	No	Reaches deeper tissue. Near-infrared light has been studied in recovery research. ^{1,3,4}
● 830 nm	Near-infrared	No	Reaches deeper tissue; studied in recovery research. ¹
● 850 nm	Near-infrared	No	Reaches deeper tissue; studied in recovery research. ¹
● 1060 nm	Near-infrared	No	Part of the BIOMAX PRO spectrum, at the far end of the near-infrared range.

ADJUSTABLE

Tune each wavelength

Output for each wavelength can be adjusted individually, so a session isn't locked to one fixed mix.

6 DIRECTIONS

Every side at once

14 panels surround the body (top, bottom, both sides, head and foot), so no repositioning is needed.

10 MINUTES

One short session

The full spectrum, full-body, in a 10-minute session that fits a schedule.

¹ Ferraresi C, Huang YY, Hamblin MR. Photobiomodulation in human muscle tissue: an advantage in sports performance? J Biophotonics. 2016. PMC5167494 · ² Wunsch A, Matuschka K. A controlled trial to determine the efficacy of red and near-infrared light treatment... Photomed Laser Surg. 2014. PMC3926176 · ³ Aver Vanin A, et al. Pre-exercise infrared low-level laser therapy (810 nm) in skeletal muscle performance and postexercise recovery in humans, what is the optimal dose? Photomed Laser Surg. 2016. PMID 27575834 · ⁴ Tomazoni SS, et al. Infrared low-level laser therapy (photobiomodulation therapy) before intense progressive running test of high-level soccer players. Oxid Med Cell Longev. 2019. PMC6885272

Cited studies used a range of devices, doses and protocols; outcomes with any individual device may differ. Wavelengths per PlatinumLED BIOMAX PRO specifications. The ElysianPod is not intended to diagnose, treat, cure, or prevent any disease.