

# **Message Report**

**1st Aug 2024 - 24th Jul 2025**

iMessage  
WhatsApp

Mia Jordan,  
Alex Jordan

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Mia Jordan,  
"Fam Group chat"

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## Summary of Key Messages

**Sender:** Alex Jordan  
**Abuse Type:** Coercion

21st Jul 2025 • 11:56 PM

The phrase 'Please don't talk to me like that' indicates an attempt to control or silence the recipient's behavior through implied authority.

Please don't talk to me like that

[View in conversation](#)

**Sender:** Alex Jordan  
**Abuse Type:** Controlling Behavior

21st Jul 2025 • 11:57 PM

The message attempts to dictate what the recipient can wear and criticizes their choices, indicating controlling behavior over personal autonomy.

Please stop messaging about what I'm wearing. When I pick up the kids. I need to be able to choose what I wear myself. I'm an adult

[View in conversation](#)

**Sender:** Alex Jordan  
**Abuse Type:** Emotional Control

21st Jul 2025 • 11:57 PM

Expressing tiredness of feeling responsible and implying that fault always lies with the recipient can be a way to undermine their confidence and exert emotional control.

I'm tired of feeling like everything is my fault

[View in conversation](#)

**Sender:** Alex Jordan  
**Abuse Type:** Financial Control

21st Jul 2025 • 11:52 PM

Alex states that he manages the finances because it's 'not your area of skill,' implying control over financial decisions and dismissing the other person's financial autonomy.

You know you're supposed to ask e first. I manage the finances because it's not your area of skill

[View in conversation](#)

**Sender:** Alex Jordan

**Abuse Type:** Gaslighting

9th Jun 2025 • 10:35 AM

Alex suggests the other person has an 'agenda' and questions their intentions regarding separation, which can undermine their perception of reality and feelings.

Mia this is really hard, I want to make it work so I get we can get on well and see our kids.

But I feel like you have another agenda. It's hard enough separating without having kids involved too

[View in conversation](#)

21st Jul 2025 • 11:56 PM

The statement 'This is on you' and blaming the recipient for pushing and playing victim can be an attempt to distort reality and shift blame, characteristic of gaslighting.

Then stop making me. You push and push and then play victim when your pushing makes me mad. This is on you. Again.

[View in conversation](#)

21st Jul 2025 • 11:57 PM

The statement 'Because it usually is' dismisses the recipient's feelings and perceptions, invalidating their experience.

Because it usually is

[View in conversation](#)

**Sender:** Alex Jordan

**Abuse Type:** Manipulation

21st Jul 2025 • 11:55 PM

The message suggests an attempt to control the recipient by framing the relationship as a team against the world, which can be a form of emotional manipulation.

No, what you really needed ws rest. And nit another voice yapping away in your ear about us. I'm trying to protect you. It's me and you again st the world.

[View in conversation](#)

**Sender:** Alex Jordan

**Abuse Type:** Manipulation/Control

21st Jul 2025 • 11:54 PM

Alex discourages the other person from seeing their sister by labeling her a 'bad influence' and implying she causes trouble, which can be an attempt to isolate and control social interactions.

Because she's a bad influence. She winds you up, and I can't deal with you in a bad mood when I get home from work.

[View in conversation](#)

**Sender:** Alex Jordan

**Abuse Type:** Reinforcement of Control

22nd Jul 2025 • 12:00 AM

The statement 'I don't need anybody's permission' followed by 'You'll always need my permission' explicitly asserts control over the recipient's decisions and independence.

I don't need anybody's permission to decide what to wear. I'm an adult.

[View in conversation](#)

**Sender:** Alex Jordan

**Abuse Type:** Verbal Abuse

6th Jun 2025 • 10:08 AM

Alex dismisses concerns about alcohol consumption and slurring, calling it 'being dramatic' and implying the other person is trying to wind him up, which can be a form of emotional invalidation.

That didn't happen. You're twisting it as always. The kids are having a great time

[View in conversation](#)

21st Jul 2025 • 11:56 PM

The message contains demeaning language and dismissive tone, implying the recipient is unworthy and unappreciative, which is a form of verbal abuse.

Honestly, I don't know why I put up with you. You don't listen. You don't appreciate me. No one else would have you. You are very lucky to have me.

[View in conversation](#)

## Start of Message History

Alex Jordan

## Date Range

1st Aug 2024 to 24th Jul 2025

## Platform

iMessage

6th Jun 2025

Mia Jordan

Hi Alex

8:12 AM

Alex Jordan

Hi Mia, how are you?

9:21 AM

Mia Jordan

Hey, are you drinking tonight? It'd be good if you could spend some time with the kids when you aren't drinking. Liana said you nearly dropped Zayd getting out of the car. She was scared, Alex

10:07 AM

Alex Jordan

That didn't happen. You're twisting it as always. The kids are having a great time

10:08 AM

Mia Jordan

I'm not making it up. Liana sent me this

10:10 AM

Mia Jordan



10:10 AM

Mia Jordan

Are you serious Alex???? 🙄

10:10 AM

Alex Jordan

One beer after work, calm down.

10:11 AM

Mia Jordan

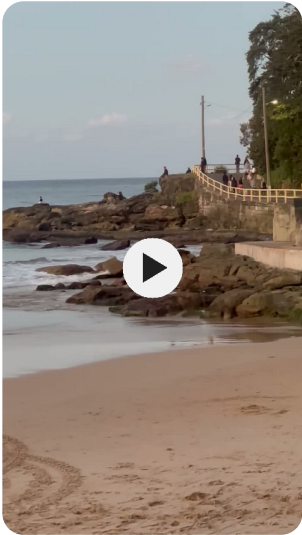
Akita was crying Alex because you were slurring your words and she was freaked out

10:12 AM

Alex Jordan

She's being dramatic, like you. I'm fed up of being painted like the bad person here. I'm a great dad. I took them to the beach today

10:14 AM



10:14 AM

Alex Jordan

By the way, what time's swimming lessons tomorrow? Have you got their swimming kit in your car from last week? I bet you have. You wouldn't even know either because your car is such a mess.

10:15 AM

Mia Jordan



Look Alex if you are worried about he state if my car you are welcome to come over and give it a clean. I'm busy over here looking after our children

10:18 AM

Mia Jordan



**Parenting order template.pdf**  
PDF DOCUMENT

10:21 AM

Alex Jordan

What's that??? 🤔 I feel like you are trying to wind me up. Are you recording me and threatening me???

10:22 AM

9th Jun 2025

Alex Jordan

Mia this is really hard, I want to make it work so I get we can get on well and see our kids.

But I feel like you have another agenda. It's hard enough separating without having kids involved too

10:35 AM

21st Jul 2025

Alex Jordan

Where are you? You didn't say you were going out?

11:49 PM

Mia Jordan

Hey, I just went for a walk after work, I needed to clear my head

11:49 PM

Alex Jordan

Clear your head from what? You never want to talk to me anymore

11:50 PM

Mia Jordan

I just needed some quiet that's all

11:50 PM

Alex Jordan

You know I get anxious when you disappear. That's not fair on me.

11:51 PM

Alex Jordan

Why did I get a notification you used the joint card at the supermarket?

11:52 PM

Mia Jordan

We were out of nappies I just had to grab some quickly. Is that okay?

11:52 PM

Alex Jordan

You know you're supposed to ask e first. I manage the finances because it's not your area of skill

11:52 PM

Mia Jordan

I was in a rush. I'm sorry I didn't think it be a problem it's only \$18.

11:52 PM

Alex Jordan

Every dollar adds up, Mia. This is what I can't trust you with money. Because you are trying to sneak around spending money without checking in

11:53 PM



Mia Jordan

Why did you tell my sister not to come over today?

11:54 PM

Alex Jordan

Because she's a bad influence. She winds you up, and I can't deal with you in a bad mood when I get home from work.

11:54 PM

Mia Jordan

She's my sister, though, I really needed her today

11:54 PM

Alex Jordan

No, what you really needed was rest. And not another voice yapping away in your ear about us. I'm trying to protect you. It's me and you against the world.

11:55 PM

Alex Jordan

Honestly, I don't know why I put up with you. You don't listen. You don't appreciate me. No one else would have you. You are very lucky to have me.

11:56 PM

Mia Jordan

Please don't talk to me like that

11:56 PM

Alex Jordan

Then stop making me. You push and push and then play victim when your pushing makes me mad. This is on you. Again.

11:56 PM

Mia Jordan

I'm tired of feeling like everything is my fault

11:57 PM

Alex Jordan

Because it usually is

11:57 PM

Mia Jordan

Please stop messaging about what I'm wearing. When I pick up the kids. I need to be able to choose what I wear myself. I'm an adult

11:57 PM

Alex Jordan

It's not appropriate for a mother to be wearing yoga pants in front of my family. You should have more respect for yourself. You look like a whore.

11:59 PM

22nd Jul 2025

Mia Jordan

I don't need anybody's permission to decide what to wear. I'm an adult.

12:00 AM

Alex Jordan

You'll always need my permission. I still pay for rent. You'd do well to remember that.

12:00 AM

## Start of Message History for Group Chat

Fam Group chat

### Date Range

1st Aug 2024 to 24th Jul 2025

### Platform

WhatsApp

6th Jun 2025

Alex Jordan added +120363421200916171

10:38 AM

Alex Jordan

Hi guys Alex here

10:38 AM

Mia Jordan

Hey Alex

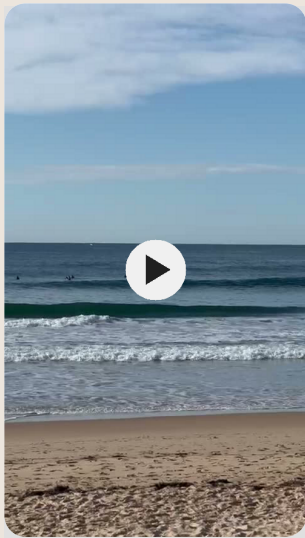
10:38 AM

Mia Jordan

Good idea to set this up  
Hey dad, hey Rico

10:39 AM

Alex Jordan



10:40 AM

Alex Jordan



10:40 AM

Alex Jordan



10:40 AM

Alex Jordan

Thinking of taking kids to beach again

10:40 AM

Andreas

Great idea

10:40 AM

Mia Jordan

Well that's fine Alex as long as there's no booze involved

10:40 AM

Alex Jordan

Oh my god Mia. Chill.

10:41 AM

Alex Jordan



10:41 AM

Alex Jordan



10:41 AM

Alex Jordan

Rico and Andreas can one if you. Have the kids this weekend? I'm going away for the weekend

10:42 AM

Seth

I can't, sorry. Thought you were going to the beach with them this weekend?

10:43 AM

Mia Jordan

This message was deleted

10:47 AM

Alex Jordan

Yeah I was but one of the lads is getting married wants to have a big blast 🌟 befo re the big day!!!

10:48 AM

Alex Jordan

This message was deleted

10:49 AM

Alex Jordan

[https://www.booking.com/hotel/au/five-star-apartment-in-heart-of-surfers-paradise.en-gb.html?aid=2336990&label=en-us-booking-desktop-k8CkavE0qnDh\\_8leHHXRhQS652804039586%3Apl%3Aa%3Ap1%3Ap2%3Aac%3Aap%3Aneg%3Afi%3Atikwd-300784436098%3Alp9007527%3Ali%3Adec%3Adm&sid=eb2087cbccad-ee9f86a9972e6ad9bbc&all\\_sr\\_blocks=287165521\\_120755354\\_4\\_0\\_0\\_111014&checkin=2025-07-07&checkout=2025-07-15&dest\\_id=-1575736&dest\\_type=city&dist=0&group\\_adults=2&group\\_children=0&hapos=1&highlighted\\_blocks=287165521\\_120755354\\_4\\_0\\_0\\_111014&hpos=1&matching\\_block\\_id=287165521\\_120755354\\_4\\_0\\_0\\_111014&no\\_rooms=1&req\\_adults=2&req\\_children=0&room1=A%2CA&sb\\_price\\_type=total&sr\\_order=popularity&sr\\_pri\\_blocks=287165521\\_120755354\\_4\\_0\\_0\\_111014\\_321600&sreepoch=1749163773&srpvid=005aa07b18ab03fc&type=total&ucfs=1&#map\\_opened-map\\_trigger\\_header](https://www.booking.com/hotel/au/five-star-apartment-in-heart-of-surfers-paradise.en-gb.html?aid=2336990&label=en-us-booking-desktop-k8CkavE0qnDh_8leHHXRhQS652804039586%3Apl%3Aa%3Ap1%3Ap2%3Aac%3Aap%3Aneg%3Afi%3Atikwd-300784436098%3Alp9007527%3Ali%3Adec%3Adm&sid=eb2087cbccad-ee9f86a9972e6ad9bbc&all_sr_blocks=287165521_120755354_4_0_0_111014&checkin=2025-07-07&checkout=2025-07-15&dest_id=-1575736&dest_type=city&dist=0&group_adults=2&group_children=0&hapos=1&highlighted_blocks=287165521_120755354_4_0_0_111014&hpos=1&matching_block_id=287165521_120755354_4_0_0_111014&no_rooms=1&req_adults=2&req_children=0&room1=A%2CA&sb_price_type=total&sr_order=popularity&sr_pri_blocks=287165521_120755354_4_0_0_111014_321600&sreepoch=1749163773&srpvid=005aa07b18ab03fc&type=total&ucfs=1&#map_opened-map_trigger_header)

10:50 AM

Alex Jordan



<https://www.booking.com/hotel/au/five-star-apartment-in-heart-of-surfers-paradise.en-gb.html?aid=2>  
URL

10:50 AM

Mia Jordan

Alex are you serious right now?? 🙄🙄🙄🙄

10:50 AM

**End of Conversation**