

Praxis Academy

POWERED BY ESCA



praxis
BORDERLESS LEARNING



Praxis Academy is an accessible entry point into the ESCA student-athlete model, created for young athletes in Football and Basketball.

Based in the West Rand Region of the Gauteng Province, Praxis Academy brings academics, athletic development and Athlete Wellness together within a structured environment designed around the student-athlete journey.

Praxis Academy offers families a more streamlined and cost-conscious way to access the ESCA experience. Ideal for families looking for a strong academic and athletic foundation, with the support and expertise of the ESCA model.

Academics

At Praxis Academy, academics are structured to work alongside the demands of training, competition and athlete development.

Student-athletes have access to two academic pathways: the IEB curriculum from Grade 8 to Grade 12 and the American GED® pathway from Grade 10. Both are delivered online, giving students greater flexibility while maintaining a structured approach to their education.



1. IEB CURRICULUM | GRADES 8–12

The IEB pathway is delivered through Praxis Online School using a unique hybrid learning model, where students join live, synchronous lessons online alongside their peers. Following a structured academic timetable, students engage in real-time virtual classrooms with qualified teachers, participate in interactive lessons and complete ongoing assessments and formal academic requirements online.

Supported by Praxis' High Impact Teaching methodology, this approach combines the structure, support and accountability of a recognised academic programme with the flexibility student-athletes need to balance their academic and sporting commitments.

2. AMERICAN GED® PATHWAY | FROM GRADE 10

The American GED® pathway offers an alternative, flexible route for students who may be better suited to a different academic structure or who are considering international study pathways.

The GED® is an American high-school equivalency credential covering four core subject areas: Mathematical Reasoning, Reasoning Through Language Arts, Science and Social Studies. Students prepare for the examinations at their own pace and complete each subject test when ready.

Together, the two academic options allow Praxis Academy families to select the pathway that best supports the student-athlete's academic goals, sporting commitments and future plans.



Athletic Development

Our Athletic Development programme is built into our student-athletes' weekly timetable, with focused training across two sporting codes: Football and Basketball.

The programme is designed to provide consistent, high-quality training that supports long-term athletic development while allowing student-athletes to balance sport and academics effectively.

Praxis provides student-athletes with a structured sporting environment that supports ongoing development alongside their academic journey. Students have access to regular coaching and training opportunities, with a focus on building fundamental skills, physical development and confidence within their chosen sport. The programme is designed to complement each student's sporting commitments while providing a consistent foundation for growth and progression.



Athlete Wellness

At Praxis Academy, Athlete Wellness supports the personal and physical development of our student-athletes, helping them build the mindset, habits and physical foundations needed to navigate the demands of sport, academics and everyday life.

Through a combination of group mentorship sessions and physical development, students are introduced to practical skills that support confidence, communication, time management, mindset and managing the demands of school and sport. Alongside this, age-appropriate strength and conditioning helps students develop physical foundations through movement, mobility, strength and general athletic development.

Together, these elements provide a supportive foundation for student-athletes to grow both on and off the field, while complementing their academic and sporting journey.



ESCA Foundation Pathway

Praxis Academy works in partnership with the ESCA Foundation to help create greater access to the ESCA student-athlete pathway.

Scholarship opportunities may be available to selected Grade 8 and Grade 9 student-athletes at Praxis Academy, creating a potential pathway to continue their development at ESCA Wanderers.

This partnership allows promising student-athletes to enter the ESCA environment, develop within the Praxis model and work towards progression into the broader ESCA programme.



Transport

To support families with the practicalities of daily travel, Praxis Academy offers transport options for student-athletes travelling to and from the West Rand campus. Available routes and fees can be discussed with our Admissions Team.

Enquire Now

Discover whether Praxis Academy is the right fit for your student-athlete. Our Admissions Team can guide you through the academic pathways, sporting programme, scholarship opportunities, transport options and next steps for enrolment.

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