NEXT WORLD Navigating Microaggressions VR Module Overview



Navigating Microaggressions

This module is part of our Cultural Intelligence Module Series



Identify and challenge microaggressions safely and effectively. Overt racism is easy to spot. But microaggressions - subtle everyday slights, snubs and insults - are often invisible to anyone who hasn't been on the receiving end themselves.



Who is it for?

This comprehensive module is designed for a diverse range of learners and a broad range of competency levels. It's particularly beneficial for:

- Higher Education institutions: Enhances students' cultural awareness and understanding of the importance of DEI, providing them with the tools with which to tackle internal biases and assumptions.
- Corporations and Enterprises: Supports wider DEI training by offering immersive experiences to place individuals in simulations to enhance real-world awareness.
- Further Education colleges: Provide students with an understanding of DEI and the tools with which to tackle their own internal biases.

Module Structure

What's included in VR Navigating Microaggressions



Navigating Microaggressions is comprised of five topics, plus ancillary activities such as onboarding, self-reflection, and the exit survey.

It is a linear experience, meaning the learner will be guided step by step through all the activities by the coaches.

We recommend that learners fully interact with each activity to get the maximum benefit. It is estimated that the complete module will take the learner approximately 25 minutes to complete, although completion times vary depending on whether the learner chooses to repeat topics to explore different options (encouraged) or fine-tune their freeform responses.

Learning goals

Through this module, you will:

- Reflect on your personal reaction to microaggressions
- Identify common microinsults and microinvalidations and learn about how they impact the lives of marginalised people
- Learn strategies for having constructive conversations about racism
- Practise challenging others to reflect on their microaggressions safely and effectively.



VR Trainee Certificate

Employees will receive a VR Trainee Certificate upon successfully completing a training module.



Certificate of Completion:

Finished the module, underperformed the pass threshold



www.nextworldxr.com enquiry@nextworldxr.com