



Attune Healthspan

Reset

An 8-Week
Anti-Inflammatory
Protocol



Program Options

Full 8-Week Guided Program **\$4,500** ~~\$5,000~~
(\$500 off)

- **Direct Medical Oversight:** Consultations with Dr. V and 8 weeks of 1:1 Health Coaching
- **Advanced Tools:** Includes CGM, TruVaga nerve support, supplements & Healthspan App
- **Wellness Support:** Breathwork, mindfulness, and yoga programming tailored to you

Self-Guided **\$500**

- Full program guide with meal replacement shakes, supplements, and program workbook

Health Benefits



Discover Food Triggers



Boost Energy & Clarity



Calm Your Nervous System



Build Lasting Health Habits

Key Features



Designed by experts

With leading clinical nutritionist, Lee Bell



Foundational Reset Kit

Designs for Health supplement support



3-Phase Structured Journey

Eliminate, Test, and Optimize

HOW TO GET STARTED

1: Register

Enroll with front desk

2: Pick up your kit

Receive all the materials you need for your Reset

3: Start your 8-week journey

Complete the program with support from our team