

feed it forward

Step into the Blue Flame Kitchen Learning Centre and create positive change in the community. In our Feed It Forward class, you will prepare delicious and nutritious recipes that will be delivered to the women and children at Radiance Centre. Your participation in this team building activity with a charitable contribution will positively impact the lives of others and you will feel good about sending hot meals and warm wishes to someone who needs it.

Choose from the following 7 recipes

\$130 per guest

- Smoky Black Bean Soup
- Lemon Garlic Roast Chicken Thighs with Potatoes and Vegetables
- Chorizo Lentil Soup
- BBQ Chicken Macaroni and Cheese
- Chicken Paprikash with Seasoned Potatoes
- Lentil Chickpea Paneer Curry
- Roasted Vegetable Soup

Pricing subject to service charge of 20%, and GST. Prices are subject to change. A group of 12 participants will make approximately 80 individual meals.

Participants receive a meal of chef's choice soup, salad, house made focaccia bread and an assorted cookie platter for dessert.

Non-alcoholic cold beverages are complimentary.

For an enhanced dining experience, you can choose to upgrade your meal.

Why Radiance Society?



Blue Flame Kitchen recognizes the challenges with home affordability and wanted to do more to help our community in support of everyone having a safe and secure roof over their heads.

For more than four decades, Radiance has been a steadfast partner on the journey towards healing for women and children affected by domestic violence. The Radiance Centre is a 24-unit safe housing facility for women leaving abusive relationships. It offers a secure home, emotional support, and practical assistance. Families stay for 12-18 months, accessing programs to facilitate their transition back into the community.

To address food security amidst Calgary's affordability crisis, they also provide emergency food support and supply expensive grocery items like milk and eggs. This partnership offers ready-to-serve nutritious meals to make the transitional period more manageable.