

# WEEK ONE

A stylized graphic of an octopus, rendered in a dark blue color, positioned below the letter 'O' in the word 'ONE'. The octopus has a circular head and several tentacles extending downwards and outwards.

WEEK ONE

# message NOTES

## ROOTED IN CHRIST

Colossians 1:1-14

### MESSAGE THEME:

Rooted Deeper in Identity

Before we can grow outward, we must  
be grounded in who we are in Christ.

## Colossians 1:1-14 ESV

*1 Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother,*

*2 To the saints and faithful brothers in Christ at Colossae: Grace to you and peace from God our Father.*

*3 We always thank God, the Father of our Lord Jesus Christ, when we pray for you,*

*4 since we heard of your faith in Christ Jesus and of the love that you have for all the saints,*

*5 because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel,*

*6 which has come to you, as indeed in the whole world it is bearing fruit and increasing—as it also does among you, since the day you heard it and understood the grace of God in truth,*

*7 just as you learned it from Epaphras our beloved fellow servant. He is a faithful minister of Christ on your behalf*

*8 and has made known to us your love in the Spirit.*

*9 And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding,*

*10 so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God;*

*11 being strengthened with all power, according to his glorious might, for all endurance and patience with joy;*

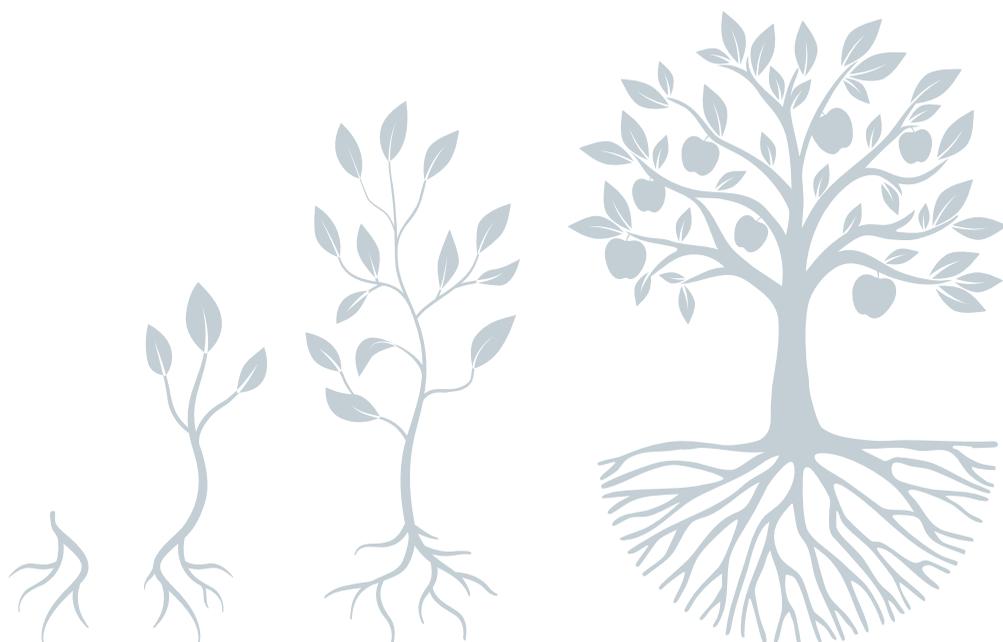
*12 giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.*

*13 He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son,*

*14 in whom we have redemption, the forgiveness of sins.*







## WEEK ONE: SMALL GROUP DISCUSSION GUIDE

# ROOTED IN CHRIST

READ TOGETHER:

Colossians 1:1-14

MESSAGE THEME:

*Rooted Deeper in Identity*

### CATCH UP

Watch the message, get the digital small group guide and report life change at [thepointva.com/rooted](http://thepointva.com/rooted)

### SUMMARY:

In Colossians 1:1-14, Paul reminds the church that spiritual growth begins with a secure **identity in Christ**. Before believers are called to live outwardly fruitful lives, they must be grounded in who they already are because of Jesus. Paul affirms the Colossians' faith, love, and hope, emphasizing that these qualities flow from the gospel taking root in their lives.

Rather than striving to earn God's approval, Paul points them back to what God has already done—rescuing them from darkness and transferring them into the kingdom of His Son. This passage shows that a rooted life is not built on effort or performance, but on gratitude, prayer, and a growing understanding of who we belong to in Christ. True growth outward growth, always flows from being deeply grounded inward.

### ICEBREAKER:

What's something you tried to grow (a plant, habit, routine, project) that didn't go as planned—and what do you think went wrong?

# ROOTED IN CHRIST

READ TOGETHER:

Colossians 1:1-14

MESSAGE THEME:

*Rooted Deeper in Identity*

## DISCUSSION QUESTIONS:

1. Paul opens his letter by thanking God for what He is already doing for the Colossians. Why do you think gratitude is such an important starting point for spiritual growth?

2. Paul highlights faith, love, and hope as evidence of the gospel taking root. Which of these feels strongest in your life right now? Which feels most challenging?

3. What does it look like to confuse **spiritual growth** with **spiritual performance**? How have you seen that play out in your own life?

4. Paul connects knowing God's will with living a fruitful life. How does Scripture redefine "fruitfulness" compared to how our culture defines success?

5. How is asking God to shape our understanding different from simply asking Him to bless our plans?

6. Paul reminds the church that God has already rescued them from darkness. How does remembering what God has done in the past shape how you face present struggles?

7. Identity answers the question, "*Who am I?*" According to this passage, how does being "in Christ" reshape that answer?

# ROOTED IN CHRIST

READ TOGETHER:

Colossians 1:1-14

MESSAGE THEME:

*Rooted Deeper in Identity*

8. Why is it so tempting to build our identity on what we do rather than on who we belong to?

9. What helps you stay rooted in Christ during busy or demanding seasons?

10. How might a deeper understanding of your identity in Christ change the way you approach work, relationships, or spiritual disciplines?

## APPLICATION:

1. What is one area of your life where you need to stop striving and start resting more fully in who you are in Christ?

2. This week, how can you intentionally remind yourself that growth flows from gratitude, not pressure?

# Closing Prayer:

Jesus, thank You for rescuing us and giving us a new identity in You. Help us stay rooted in Your love and truth. Free us from striving for approval, and teach us to live from gratitude and confidence in who we are because of You. Let our lives bear fruit that reflects Your work in us.  
Amen.

# daily DEVOTIONALS

## WEEK 1 - ROOTED IN CHRIST Colossians 1:1-14

Before we can grow outward, we must be grounded in who we are in Christ.

## DAY ONE: MONDAY, JANUARY 26, 2026

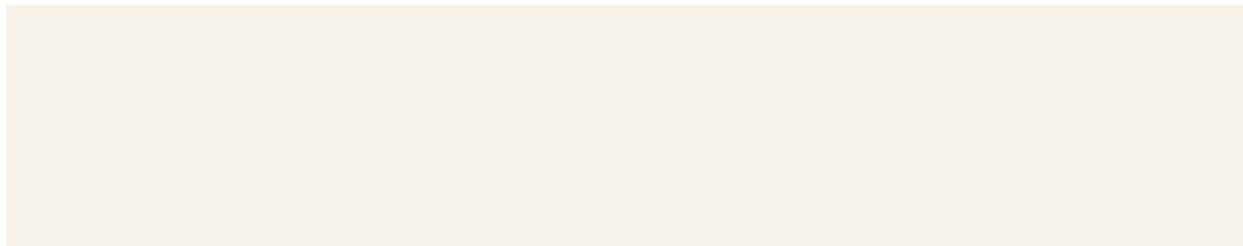
### READING COLOSSIANS 1:1-2

Paul opens this powerful letter with a clear identity: he is an apostle of Christ Jesus by the will of God. He writes not just to individuals but to a community—“the saints and faithful brothers in Christ.” Notice the two anchor points of their identity: in Christ and in Colossae. In other words, their spiritual reality and their local context both matter. We are people deeply rooted in Jesus and strategically placed in the world.

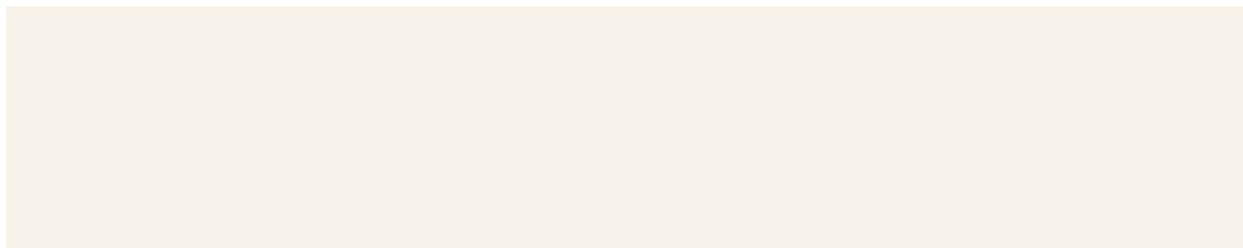
When Paul says “grace to you and peace,” he’s not using throwaway words. Grace is the undeserved favor of God, and peace is the wholeness that only He can give. This is more than a greeting—it’s a declaration of what we have access to because of Jesus.

### REFLECT + RESPOND

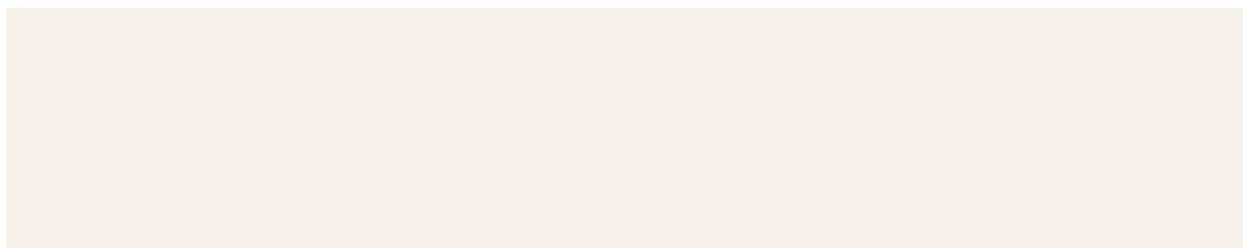
Where do you feel most rooted right now—in Christ or in your surroundings? Why?



How would your week change if you truly believed grace and peace were already yours?



Write a short prayer asking God to deepen your awareness of who you are in Christ.



## DAY TWO: TUESDAY, JANUARY 27, 2026

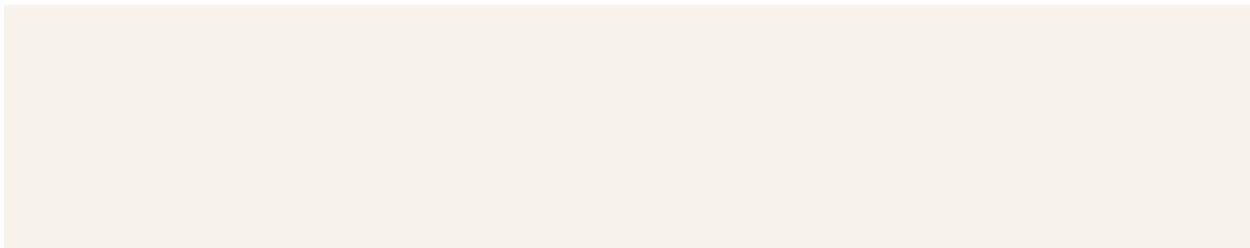
### READING COLOSSIANS 1:3-5

What is Paul's first response when he thinks of the Colossians? Gratitude. He doesn't start with what's wrong—he starts with what God is doing. He celebrates their **faith in Christ**, their **love for the saints**, and their **hope in Heaven**. Faith, love, and hope—three virtues that summarize the Christian life.

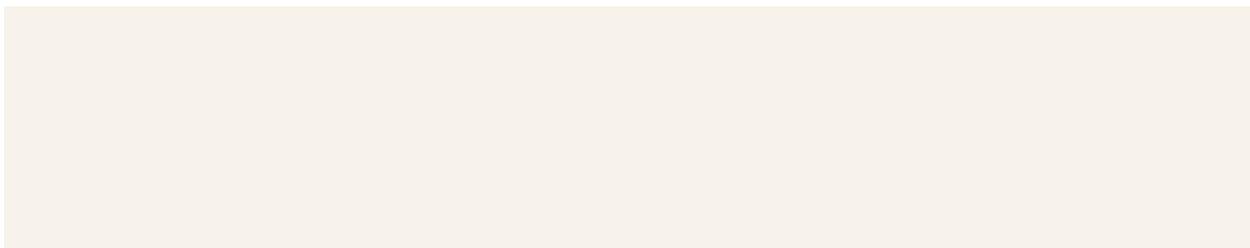
Paul reminds them that this hope isn't vague; it's grounded in the gospel they heard. In a world full of noise, fear, and shifting values, anchoring your hope in the truth of Jesus gives you clarity and purpose.

### REFLECT + RESPOND

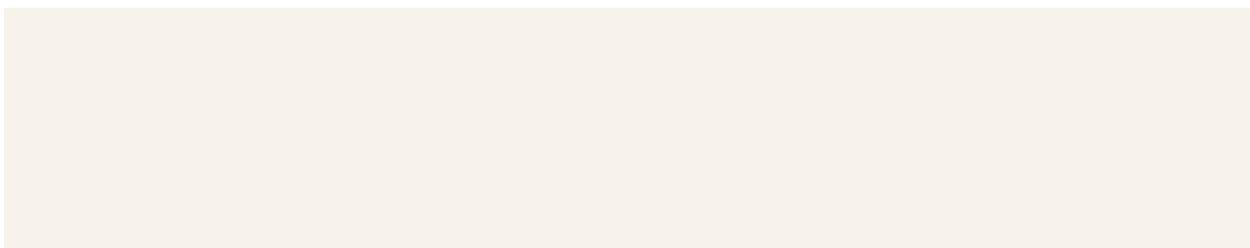
Who can you thank God for today? Spend a few moments in specific gratitude.



Which is hardest for you right now—faith, love, or hope? Why?



What's one way you can ground yourself more intentionally in the gospel this week?



## DAY THREE: WEDNESDAY, JANUARY 28, 2026

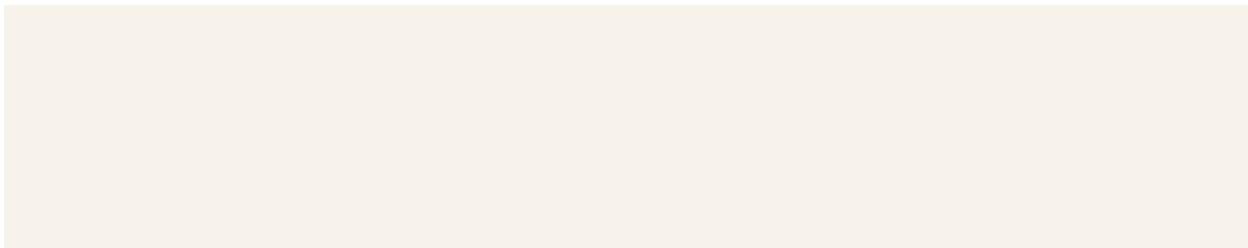
### READING COLOSSIANS 1:6-8

The gospel isn't static—it's **bearing fruit and growing**, not just in Colossae, but all over the world. This passage reminds us that the power of the gospel is global and personal. Paul lifts up Epaphras, the one who shared the message with them, calling him a “faithful minister” and a dear fellow servant.

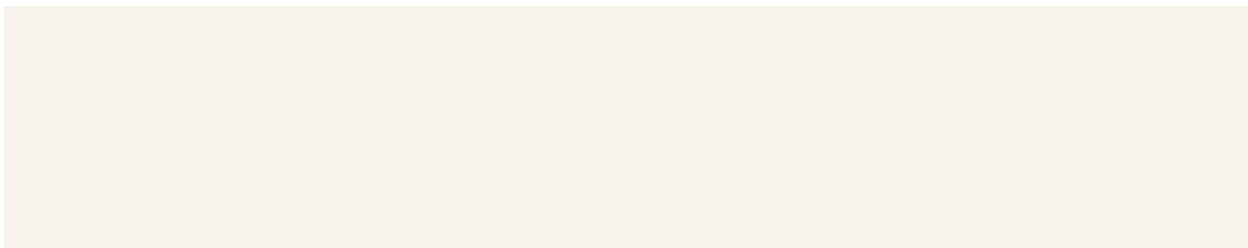
We all have “Epaphrases” in our lives—people who first taught us, served us, encouraged us in faith. And we're also called to be Epaphras for others. The gospel doesn't stop with us.

### REFLECT + RESPOND

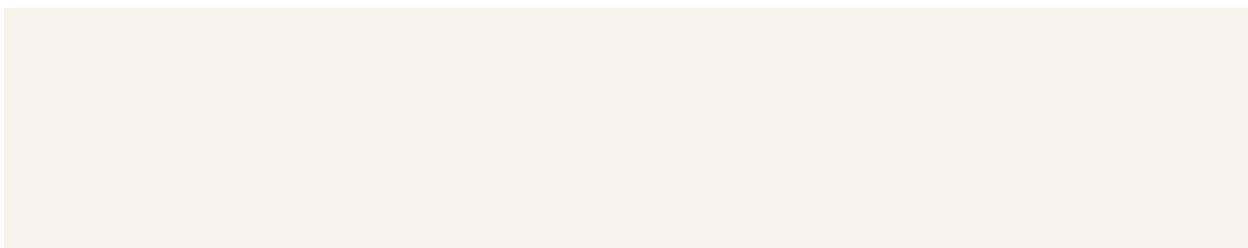
Who played an “Epaphras” role in your spiritual journey? Reach out and thank them.



Are there any relationships where God may be calling you to play that role?



How have you seen the gospel bearing fruit in your life recently?



## DAY FOUR: THURSDAY, JANUARY 29, 2026

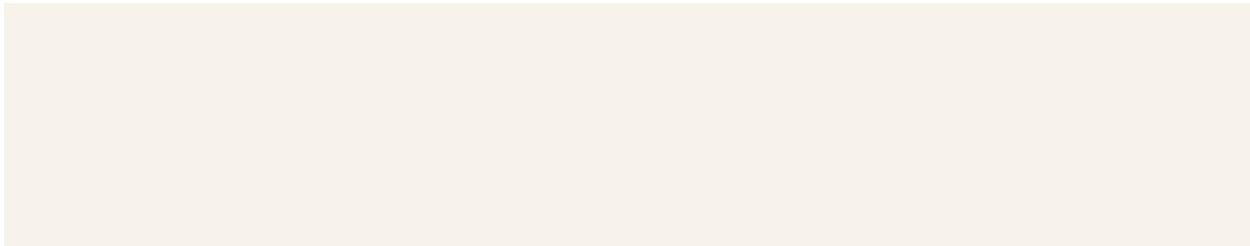
### READING COLOSSIANS 1:9-10

Paul prays that the Colossians would be “filled with the knowledge of God’s will.” Not just information about God, but real discernment in how to live a life that pleases Him. He describes what that life looks like: bearing fruit, growing in knowledge, and walking in a manner worthy of Jesus.

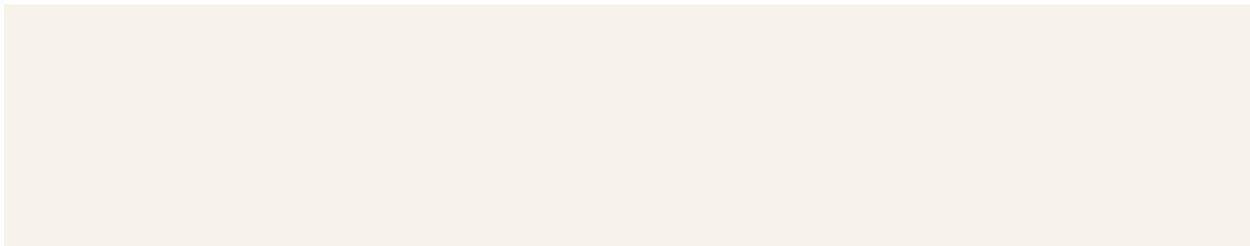
This is the rooted life: one where spiritual maturity shows up in everyday choices. Growth in Christ isn’t just for Sunday—it’s for all of life.

### REFLECT + RESPOND

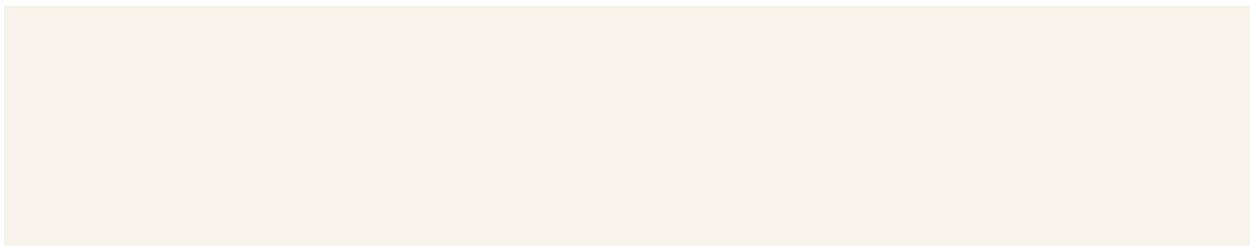
What area of your life needs more alignment with God’s will right now?



How do you usually discern His will—prayer, Scripture, counsel?



What would it look like to “walk worthy” in your relationships this week?



## DAY FIVE: FRIDAY, JANUARY 30, 2026

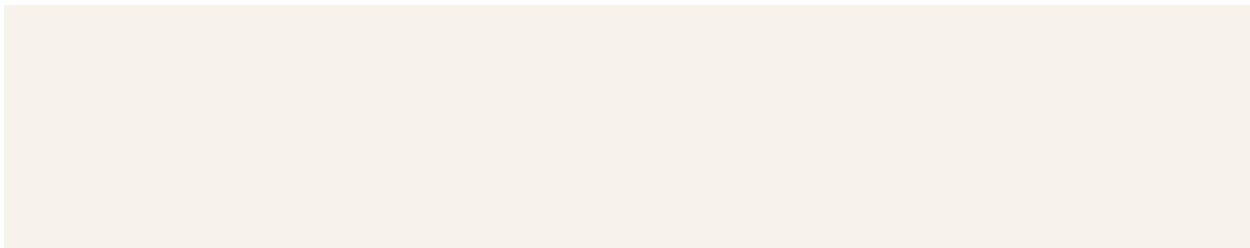
### READING COLOSSIANS 1:11-12

Strength. Endurance. Patience. Joy. Gratitude. These are the inner qualities Paul prays would mark the Colossians—and us. They are not self-generated; they come from being “strengthened with all power, according to His glorious might.”

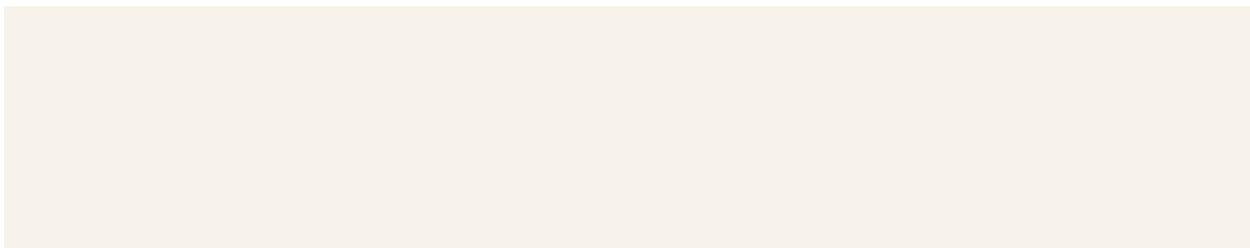
Paul’s prayer reminds us that the Christian life isn’t lived in our own strength. Our calling is to **draw deeply from the source**. When we do, we endure with joy and overflow with gratitude.

### REFLECT + RESPOND

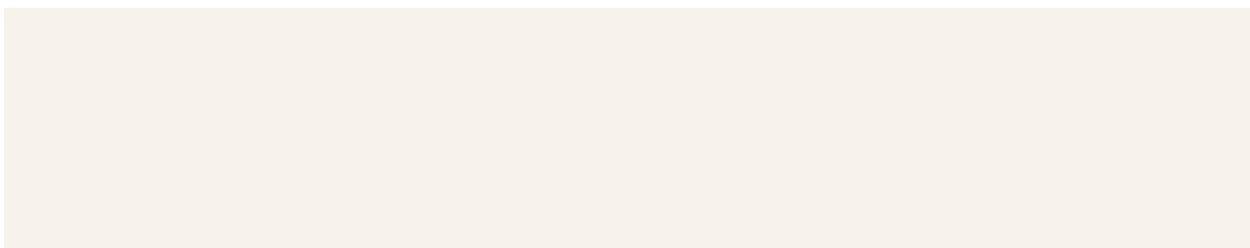
Which of these qualities (endurance, patience, joy, gratitude) do you most need today?



Where in your life have you been relying more on your own strength than God’s?



Write out a short prayer of gratitude for what God has already qualified you to receive.



## DAY SIX: SATURDAY, JANUARY 31, 2026

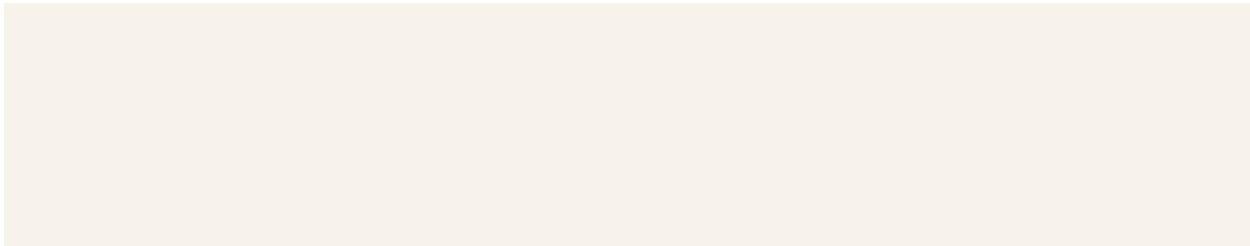
### READING COLOSSIANS 1:13-14

What has God done? Rescued us. Transferred us. Redeemed us. Forgiven us. These verses are a burst of gospel power and identity. We've been moved from one kingdom to another. From darkness to light. From debt to freedom.

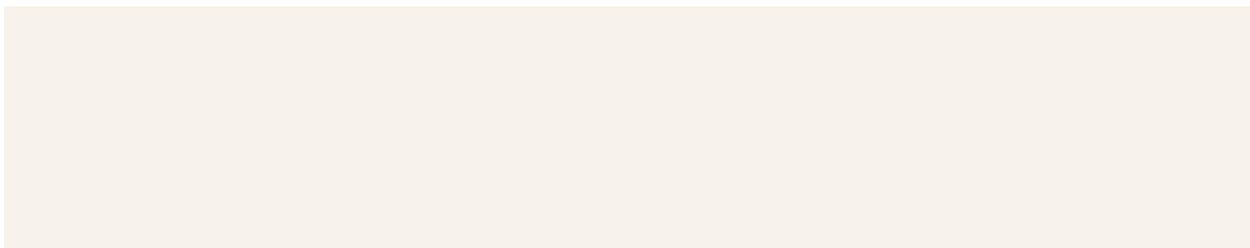
This is your story—your rooted identity in Christ. You don't have to earn it. You live from it.

### REFLECT + RESPOND

What aspect of this rescue speaks most deeply to you today—rescue, redemption, or forgiveness?



How does your life reflect the reality that you've been transferred into God's Kingdom?



Who in your life needs to hear this good news—and what might be your next step?

