

WEEK
FIYE

The word "WEEK" is written in a bold, dark blue, sans-serif font. Below it, the word "FIYE" is written in the same font. The letter 'Y' in "FIYE" is stylized with three dark blue roots extending downwards and outwards from its base.

WEEK FIVE

message NOTES

ROOTED AT HOME AND IN THE WORLD

Colossians 3:18-4:6

MESSAGE THEME:

Rooted Deeper in Rhythms

New life in Christ transforms how we live,
lead, and love—both privately and publicly.

Colossians 3:18-4:6 ESV

18 Wives, submit to your husbands, as is fitting in the Lord.

19 Husbands, love your wives, and do not be harsh with them.

20 Children, obey your parents in everything, for this pleases the Lord.

21 Fathers, do not provoke your children, lest they become discouraged.

22 Bondservants, obey in everything those who are your earthly masters, not by way of eye-service, as people-pleasers, but with sincerity of heart, fearing the Lord.

23 Whatever you do, work heartily, as for the Lord and not for men,

24 knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

25 For the wrongdoer will be paid back for the wrong he has done, and there is no partiality.

Colossians 4

1 Masters, treat your bondservants justly and fairly, knowing that you also have a Master in heaven.

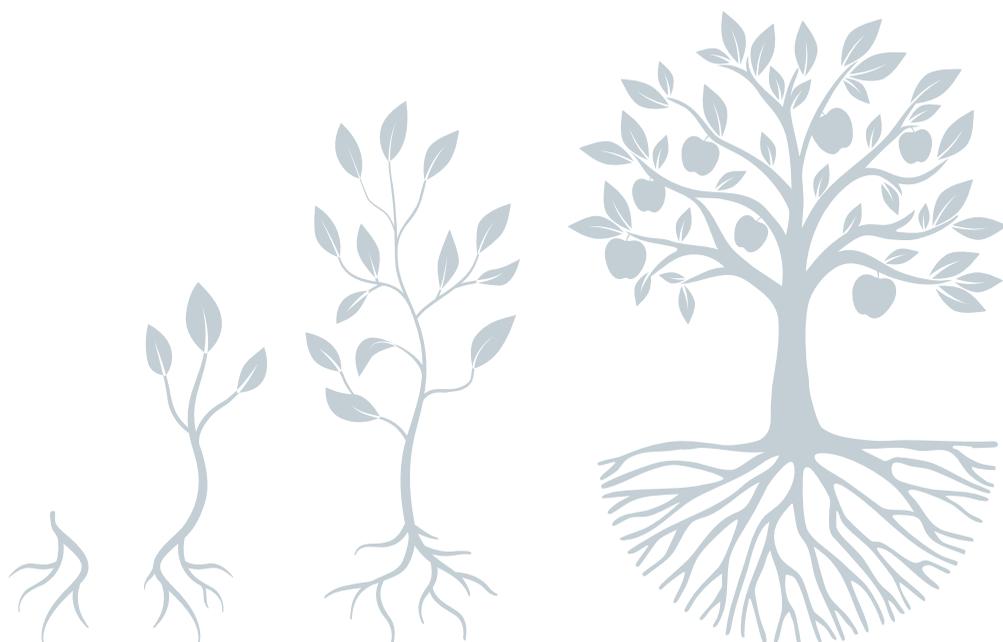
2 Continue steadfastly in prayer, being watchful in it with thanksgiving.

3 At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison—

4 that I may make it clear, which is how I ought to speak.

5 Walk in wisdom toward outsiders, making the best use of the time.

6 Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.



WEEK FIVE: SMALL GROUP DISCUSSION GUIDE

ROOTED AT HOME AND IN THE WORLD

READ TOGETHER: MESSAGE THEME:
Colossians 3:18-4:6 *Rooted Deeper in Rhythms*

CATCH UP

Watch the message, get the digital small group guide and report life change at thepointva.com/rooted

SUMMARY:

In Colossians 3:18–4:6, Paul shows how a life rooted in Christ reshapes our everyday rhythms—at home, at work, and in our interactions with others. Faith is not limited to spiritual moments; it is lived out in ordinary relationships, responsibilities, and conversations.

Rather than offering rigid rules, Paul points to a Christ-centered posture that influences how we love, lead, serve, and speak. When Jesus is at the center, our daily rhythms become places where the gospel is practiced consistently and authentically. This passage reminds us that spiritual maturity is often formed not in big moments, but in faithful, repeated obedience over time.

ICEBREAKER:

What's one daily routine or habit you rely on more than you'd like to admit?

ROOTED AT HOME AND IN THE WORLD

READ TOGETHER:

MESSAGE THEME:

Colossians 3:18-4:6 *Rooted Deeper in Rhythms*

DISCUSSION QUESTIONS:

1. Paul applies the gospel to everyday relationships and responsibilities. Why do you think it's easy to separate faith from ordinary life?

2. This passage highlights consistency rather than intensity. How does that challenge the way we often think about spiritual growth?

3. What does it look like to live out your faith authentically at home, where no one is watching?

4. How do daily rhythms—work, family, rest—shape who you are becoming spiritually?

5. Paul emphasizes doing everything “as for the Lord.” How does that perspective change motivation in ordinary or difficult tasks?

6. How can prayer become a rhythm rather than a reaction during stressful seasons?

7. Paul encourages wise and gracious speech toward outsiders. Why is the way we speak such a powerful reflection of our faith?

ROOTED AT HOME AND IN THE WORLD

READ TOGETHER:

MESSAGE THEME:

Colossians 3:18-4:6 *Rooted Deeper in Rhythms*

8. What habits or rhythms most help you stay spiritually grounded when life feels busy or scattered?

9. Where might God be inviting you to bring greater intentionality into your daily routines?

10. How does practicing faith in small, consistent ways prepare us to live it out publicly?

APPLICATION:

1. Identify one daily rhythm (work, family time, prayer, rest, communication) you want to approach more intentionally this week.

2. What is one small, consistent practice you can begin—or return to—that helps keep Christ at the center of your everyday life?

Closing Prayer:

Jesus, thank You for meeting us in ordinary moments. Help us live rooted in You at home and in the world. Shape our habits, our words, and our relationships so they reflect Your grace and love day by day.

Amen.

The background is a dark teal color with a series of concentric, wavy circles in a lighter shade of teal. A faint silhouette of a tree is visible in the center, with its branches extending upwards and outwards, partially overlapping the circles.

daily DEVOTIONALS

WEEK 5 - ROOTED AT HOME AND IN THE WORLD
Colossians 3:18-4:6

The rhythms of grace
reshape how we
relate, lead, and
witness.

DAY ONE: MONDAY, FEBRUARY 23, 2026

READING COLOSSIANS 3:18-19

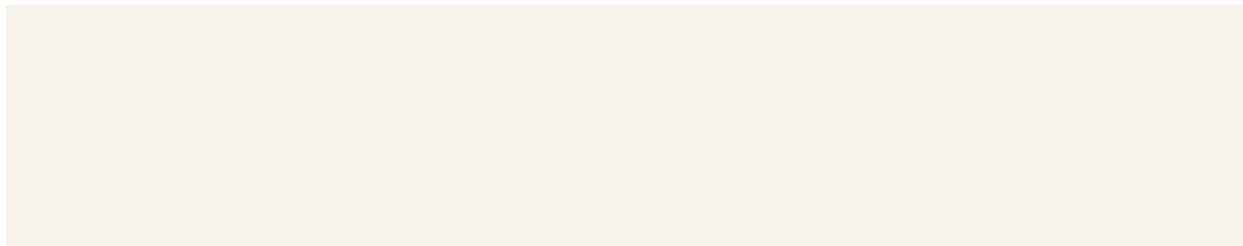
Paul begins with the most foundational relationship in society: the marriage. These verses aren't harsh or outdated when read in context—they are radically mutual and Christ-centered.

Wives are called to respect, not because of inferiority, but because of their role in a Christ-centered home. Husbands are called to love with the highest love of all—a self-giving love that reflects Jesus Himself.

Love and mutual honor shape the rhythm of a redeemed marriage.

REFLECT + RESPOND

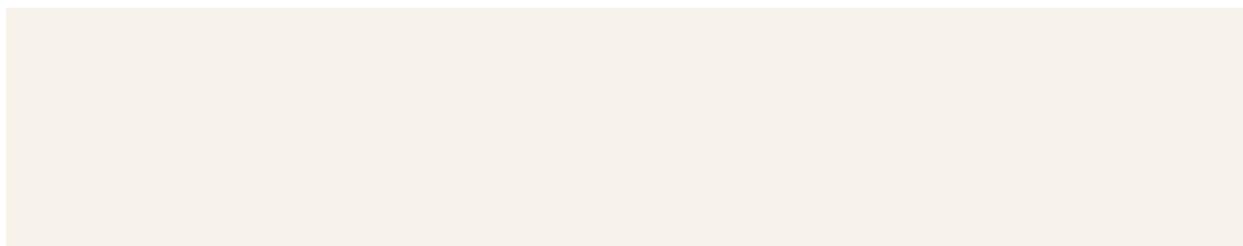
How do you respond to the reciprocal nature of Paul's marriage instructions?



For husbands: Is your love sacrificial and gentle? For wives: Are you willing to trust and honor in a way that reflects Christ?



If you aren't married yet, what would it look like to sacrificially love your spouse.



DAY TWO: TUESDAY, FEBRUARY 24, 2026

READING COLOSSIANS 3:20-21

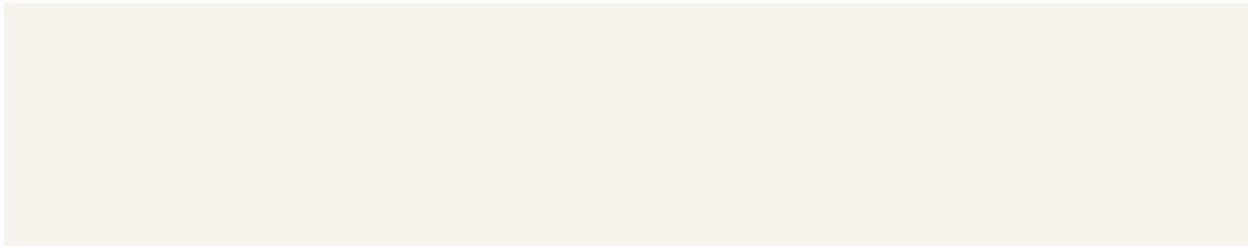
Next, Paul turns to the relationship between children and parents. Children are called to obey, but not without reason—it pleases the Lord. Parents, especially fathers, are not to provoke but to encourage.

Paul teaches that healthy authority commands respect, not demands it. The highest aim is not control, but the flourishing of the child.

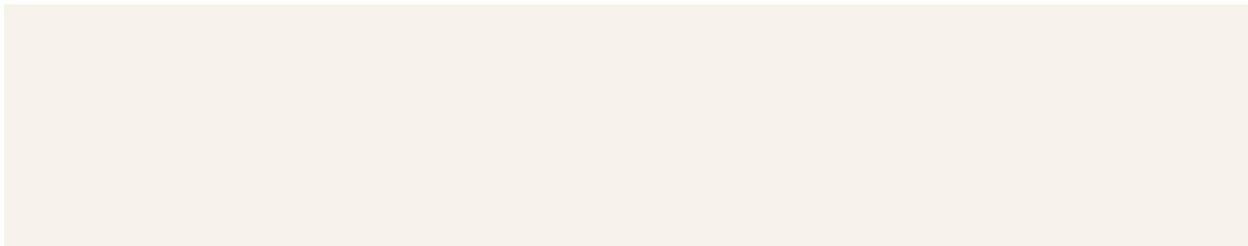
This reshapes how families walk in rhythm with God's design.

REFLECT + RESPOND

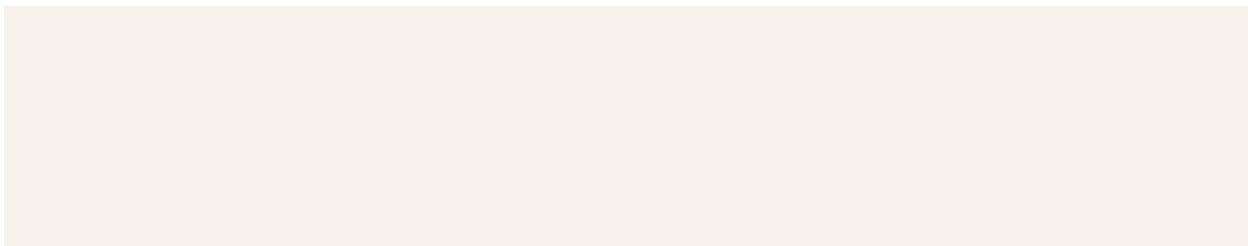
If you're a parent, how are you nurturing encouragement over exasperation?



If you're a child (regardless of age), what does obedience look like in your season?



How does your home reflect the grace and order of God?



DAY THREE: WEDNESDAY, FEBRUARY 25, 2026

READING COLOSSIANS 3:22-4:1

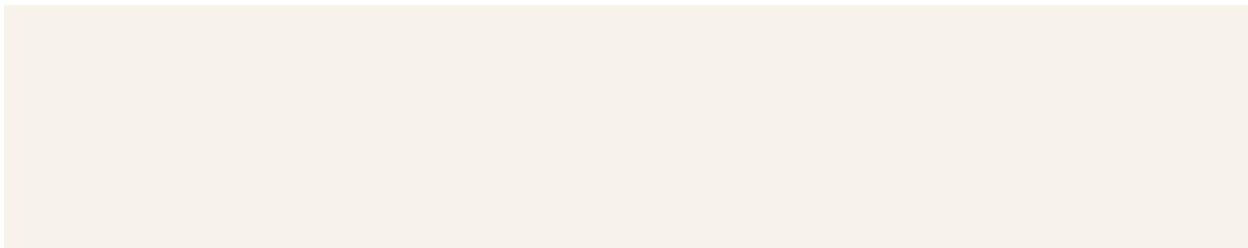
Paul now addresses slaves and masters—relationships deeply embedded in ancient Roman culture. While not endorsing slavery, Paul upends it from within by placing Christ at the center.

Bondservants are told to work not for people, but for the Lord—He sees, He rewards, and He reigns. Masters are reminded that they, too, serve a Master in Heaven.

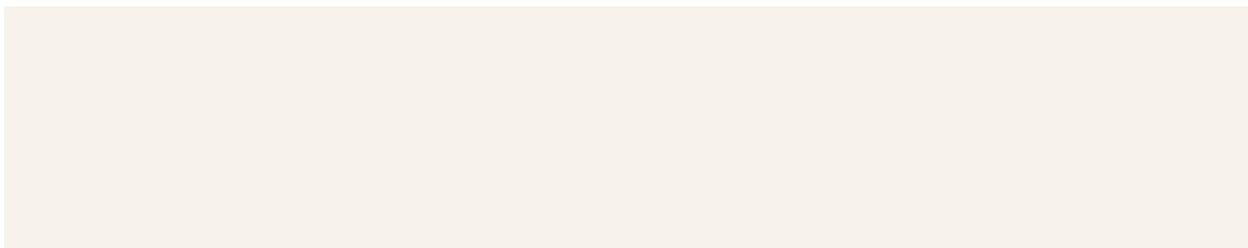
This passage teaches us to honor God in our work and leadership, seeing all people as image-bearers.

REFLECT + RESPOND

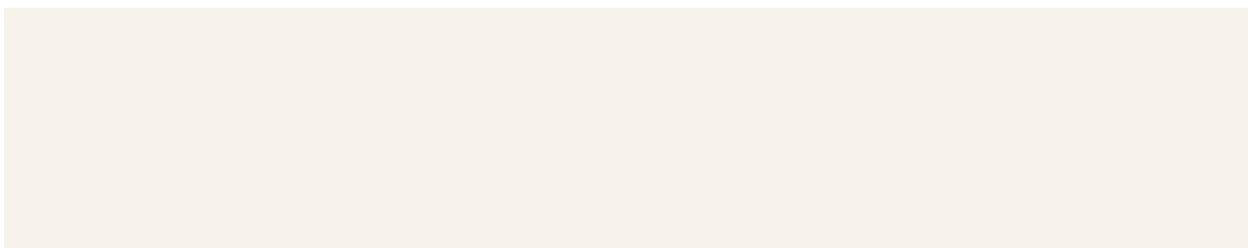
In your work, who are you ultimately serving—your boss, or Jesus?



How can you lead others with justice and fairness this week?



What rhythms of work and rest reflect God's Kingdom in your life?



DAY FOUR: THURSDAY, FEBRUARY 26, 2026

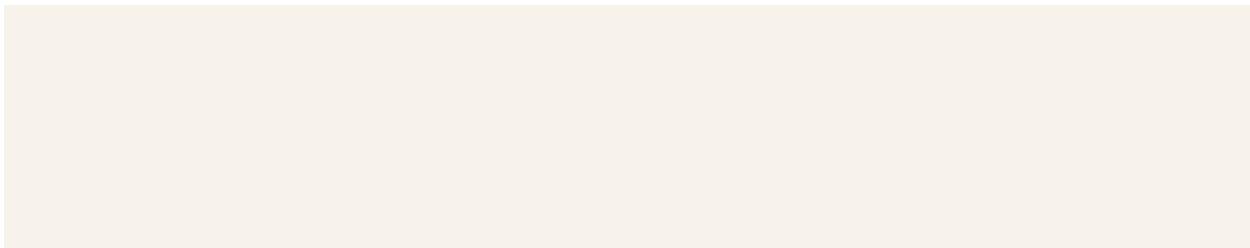
READING COLOSSIANS 4:2

Paul now shifts to the rhythm of prayer. “Continue steadfastly” implies endurance. “Being watchful” means we pray with eyes open—discerning, alert, spiritually awake.

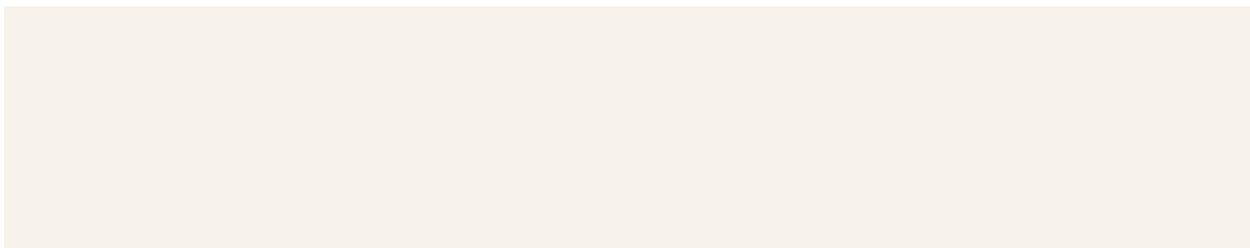
And all of it is to be saturated with thanksgiving. Prayer is not just petition—it’s a rhythm of gratitude, attentiveness, and faith.

REFLECT + RESPOND

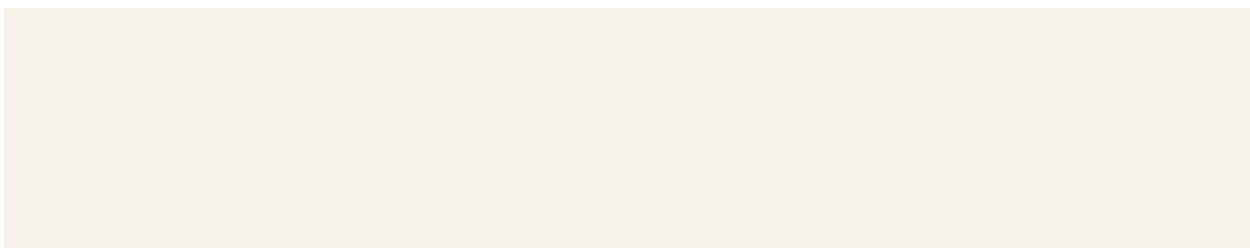
What distractions keep you from praying with watchfulness and endurance?



How can you build a more consistent prayer rhythm this week?



List three things you’re thankful for right now and turn them into praise.



DAY FIVE: FRIDAY, FEBRUARY 27, 2026

READING COLOSSIANS 4:3-4

Paul asks the church to pray for open doors. Even in prison, his mindset is on mission. He's not asking for escape, but for clarity and opportunity.

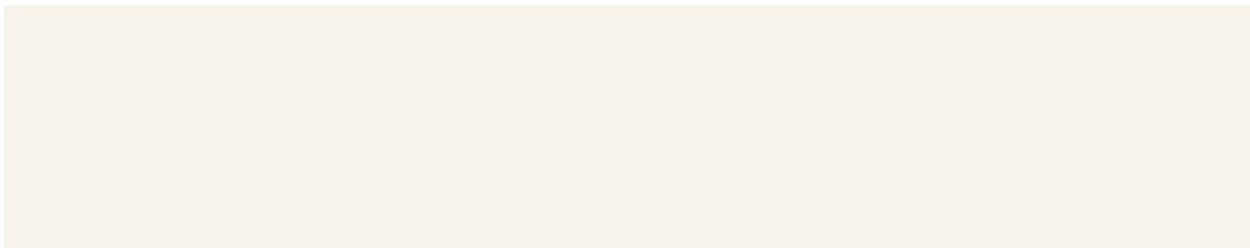
This challenges us: Do we see difficult situations as places where God can open new doors?

Do we long to make the gospel clear?

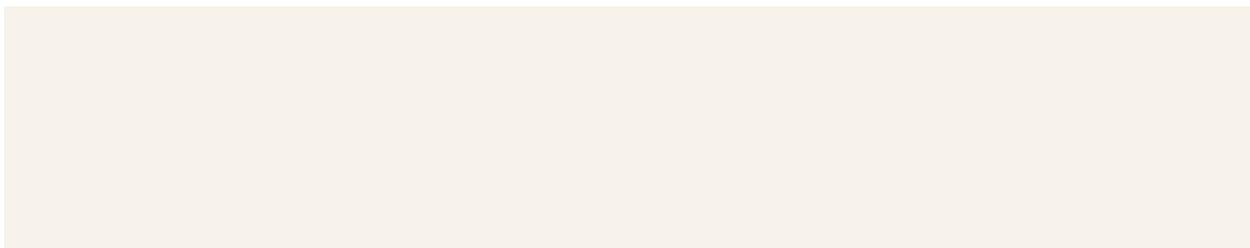
This is the rhythm of mission-minded prayer.

REFLECT + RESPOND

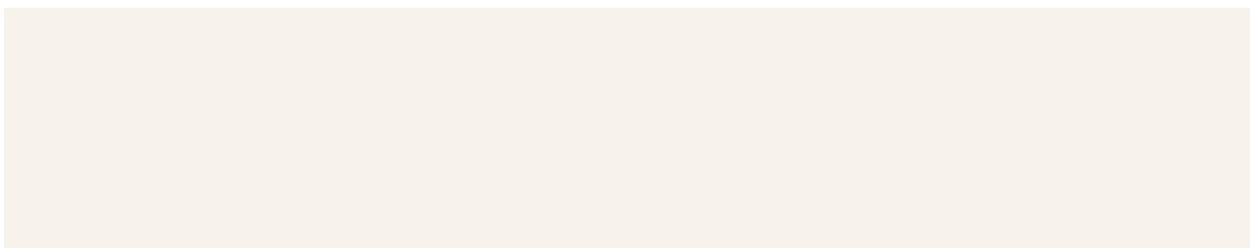
Who in your life needs a clear presentation of the gospel?



Where might God be opening a door for you to speak or serve this week?



Pray for boldness and clarity in whatever opportunity God gives.



DAY SIX: SATURDAY, FEBRUARY 28, 2026

READING COLOSSIANS 4:5-6

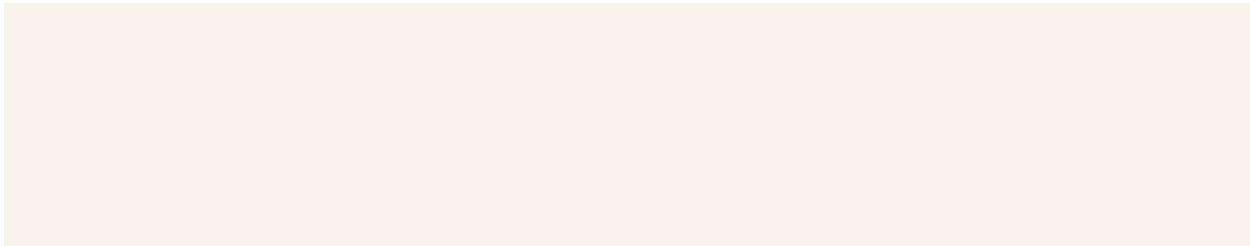
Paul closes this section with instructions for engaging those outside the faith. Wisdom. Grace. Salt. Thoughtfulness. These are the rhythms of witness.

We are to make the most of our time and conversations—not with pressure, but with presence. Our words are meant to be flavorful, not forceful—engaging and inviting, not divisive.

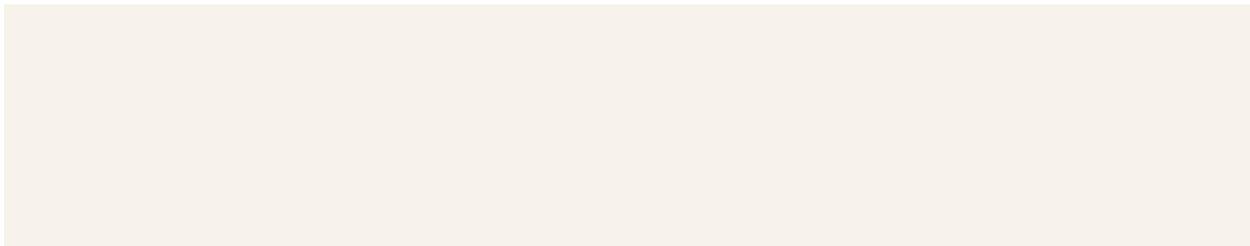
Witness is less about a script and more about spiritual seasoning.

REFLECT + RESPOND

Think about your recent conversations—are they full of grace and seasoned with salt?



Who might you engage with differently this week, with more wisdom and kindness?



Pray for discernment to “know how to answer each person” in a way that honors Christ.

