

Born Well

Because every caregiver deserves to be cared for

The Born Well Guaranteed Income Program (BW GIP) provides \$750 every month, for 12 months, to pregnant mothers in San Diego County. This 12-month initiative provides consistent support that reduces financial stress, promotes maternal and infant health, and builds a network of caregiver support. This is a trust-based program — participants may use funds as they choose.



Am I Eligible?

To qualify, applicants must be participants of the Black Infant Health Program (BIH). Applicants must also be between 1–39 weeks pregnant, residents of San Diego County with household income between 0–300% of the Federal Poverty Level (FPL), and at least 18 years old.

Household Size	300% FPL	100% FPL	Eligible?
1	\$45,180	\$15,060	✓
2	\$61,320	\$20,440	✓
3	\$77,460	\$25,820	✓
4	\$93,600	\$31,200	✓
5	\$109,740	\$36,580	✓
6	\$125,880	\$41,960	✓
7	\$142,020	\$47,340	✓
8	\$158,160	\$52,720	✓

*Please refer to the chart above. For households with more than 8 people, add \$5,380 for each additional person to the annual income for 100% of the FPL

Apply Online



Applications Open
on January 5, 2026

Scan the QR code to apply
or visit our website at:

resilience-projects.com/bornwell

Have Questions?

Contact **Khea Pollard**,
Executive Director
Black Women's Resilience Project
info@resilience-projects.com
(619) 730 3643



Accepted Documents List

Born Well Guaranteed Income Program

Below are accepted documents to verify eligibility for participants of the Born Well Guaranteed Income Program. All participants will be requested to provide these documents during the application process. If applicants are unable to provide the information below for Black Women's Resilience Project (BWRP) to verify eligibility, please direct the applicant to indicate this in the online application and a BWRP team member will help them with next steps. To be entered into the Opportunity Drawing for an opportunity to be selected for the program, all applicants must provide their verification information before the application deadline. We highly encourage you to provide this information when prompted in the online application to ensure your application is processed before the deadline.

Proof of Identity:

Preferred forms of government issued photo ID we accept are listed here:

- Driver's license
- State ID
- US Passport
- Non-United States Passport
- Military ID
- Green Card
- Certification of naturalization (form N-550 or N-570)
- Certificate of citizenship (form N-560 or N-561)
- Permanent resident card (I-551)
- Native American tribal photo ID
- Consular ID Card
- (Foreign) Voter ID Card
- US Employment Authorization
- Learner's Permit
- Temporary Visitor Driver's License
- Other government issued photo ID

Or, **two** of these documents:

- Birth certificate
- Health insurance card/prescription card (with Date of Birth)
- Insurance card (with Date of Birth)
- Employment identification card (with Date of Birth)
- Voter ID card
- Vehicle registration with name and address
- Official school enrollment records
- Adoption records
- Life insurance policy record
- Baptismal certificate or other religious certificate (with Date of Birth)
- Certificated hospital records (with Date of Birth)
- Form I-94
- DHS Form I-220A

Household Income:

Your household income must be at or below 300% of the Federal Poverty Level (FPL) to qualify for this program.

Preferred documents to verify that your household income is at or below the eligibility threshold for this program include:

- Tax return or receipt with home address from 2023 or 2024 tax year (Form 1040, Schedule C, or other filed tax form)
 - Social Security Documents: Annual Benefit Statement or a bank statement showing direct deposit form Supplemental Security Income ("SSI"), Social Security Disability Insurance ("SSDI")
 - Enrollment or eligibility confirmation letter from any of the following programs:
 - a. Supplemental Nutrition Assistance Program ("SNAP") or CalFresh – dated from within the last 12 months at the time of application.
 - b. Temporary Assistance for Needy Families ("TANF") or CalWORKs- dated from within the last 12 months at the time of application.
 - c. Women, Infants, and Children ("WIC") – dated from within the last 12 months at the time of application.
- OR**
- d. A copy of Electronic Benefits Transfer (EBT) Card, Medi-Cal Card, or WIC Card
 - e. We also accept wage documents from 2023 or 2024 for all adults in the household who earn income: W2 or 1099 forms
 - f. Unemployment award letter(s) dated within 12 months at the time of the application.

Proof of Residency:

This program serves residents of San Diego County. We will need a few documents so we can confirm where you live.

Preferred forms of residency documentation we accept are listed here:

- Current (valid/non-expired) government issued photo ID with home address.
- Utility bill, landline phone bill, internet bill, or cable bill in the applicant's name from last 90 days with service address
- Mortgage or lease documents with home address, indicating current residency.
- House deed with full address and individual's name
- Certified school record for the current year verifying children's enrollment and home address.
- Unexpired rental insurance with address being insured
- Unexpired vehicle registration with home address

Other accepted documents are:

- Tax return or receipt with home address from 2023 or 2024 tax year (Form 1040, Schedule C, or other filed tax form)
- Government benefits document/confirmation letter dated within last 12 months (e.g. benefits confirmation letter for the Supplemental Nutrition Assistance Program ("SNAP") **OR** a copy of EBT Benefits, MassHealth Card, or WIC Card)
- Property tax bill with home address, indicating current residency.
- Letter from an official third-party business/commercial enterprise with home address, delivered by the U.S Post Office within the last 90 days

Our Partners