

Workplace Mental Health First Response

Training workplace
first responders



Mental health is a critical issue affecting Australian individuals, communities and workplaces. Approximately one in 5 Australians experience a mental health issue annually.

Despite the growing adoption of non-accredited mental health first aid training in the workplace, there are no nationally endorsed vocational education training products.

This project will develop units of competency for the delivery of accredited workplace mental health first response training with the aim of delivering consistent skills and knowledge.

Benefits of being involved

Your input is important and will help ensure:

- consistency and quality of training
- widespread adoption of mental health first response skills
- workforces are equipped with essential skills to promptly and effectively address mental health crises



How to get involved

Please visit humanability.com.au or email us at tpd.health@humanability.com.au to learn more about the project and register for updates and consultation opportunities.

Webpage: [Workplace Mental Health First Response](#)

During the consultation period, you'll be invited to take part in activities such as workshops, meetings and feedback submissions.