

Eco-Systemic Flourishing (ESF) Framework

Integrated Wellbeing Evaluation Form

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This evaluation form is designed to assess the level of integrated thinking within existing global wellbeing measures using the Ecosystemic Flourishing (ESF) approach. It will measure the degree to which a wellbeing measure integrates the following core ESF categories:

- **Natural Environment (NE)**
- **Circular and Regenerative Economics (CRE)**
- **Cultural Values and Identity (CVI)**
- **Human Capacities and Potential (HCP)**

Evaluation Criteria:

For each global wellbeing measure being assessed, please rate the extent to which the measure explicitly incorporates the following ESF elements (scale 1 to 5; 1 = not integrated, 5 = fully integrated)

I. Natural Environment Integration:

- Recognizes ecological health as fundamental to human wellbeing
- Incorporates measures of environmental sustainability and biodiversity
- Encourages stewardship and active regeneration of natural resources

Example indicators

1. Biodiversity index (species richness and abundance)
2. Air and water quality metrics
3. Percentage of land under conservation or rewilding
4. Soil health and regeneration rates
5. Carbon footprint per capita
6. Access to green and blue spaces
7. Environmental stewardship education in schools
8. National/regional climate resilience plans
9. Ecosystem service valuation integration in policy
10. Renewable energy production vs fossil fuel dependency

2. Circular and Regenerative Economics Integration:

- Promotes sustainable economic practices and equitable resource distribution
- Encourages circular economy principles (reuse, recycle, regenerate)
- Emphasizes economic practices that ensure resilience and sustainability

Example Indicators

1. Material circularity rate (reuse, repair, recycle metrics)
2. Percentage of GDP from green and regenerative sectors
3. Employment in sustainable industries
4. Local food system strength (e.g., food miles, agroecology use)
5. Wealth inequality (e.g., Gini coefficient)
6. Social enterprise and B-corp proliferation
7. Energy efficiency per unit of economic output
8. Tax incentives for regenerative business practices
9. Community wealth-building initiatives
10. Public procurement aligned with sustainability goals

3. Cultural Values and Identity Integration:

- Reflects diverse cultural identities and promotes intercultural understanding
- Encourages peace, trust, and social cohesion as integral to wellbeing
- Integrates spiritual and ethical dimensions in evaluating wellbeing

Example Indicators

1. Cultural heritage preservation programs
2. Multilingual and intercultural education access
3. Measures of community trust and social cohesion
4. Representation of diverse identities in governance
5. Participation in traditional and community rituals
6. Inclusion of Indigenous and ancestral knowledge in curricula
7. Interfaith dialogue initiatives
8. Ethics and spiritual education in schools
9. Media diversity and narrative sovereignty
10. Legal recognition of collective cultural rights

4. Human Capacities and Potential Integration:

- Evaluates holistic development, including physical, mental, emotional, and spiritual health across the seven levels: *security, relationship, independence, engagement, fulfilment, contribution and growth*.
- Supports personal growth, lifelong learning, and self-expression
- Promotes relational skills and community involvement as indicators of wellbeing

Example Indicators

1. Levels of feeling safe within the local environment
2. Personal relationships and sense of belonging
3. Sense of ownership and agency
4. Sense of personal meaning and involvement
5. Creative and expressive arts engagement
6. Sense of participation and contribution
7. Sense of connection to something beyond the self

ESF Alignment Scale:

- Total Score 17-20: Highly Integrated (Comprehensive Integration)
- Total Score 13-16: Moderately Integrated (Good Integration, minor gaps)
- Total Score 9-12: Partially Integrated (Significant Gaps in Integration)
- Total Score below 9: Poorly Integrated (Minimal to No Integration)

Example Evaluation:

- Name of the wellbeing measure:
- Originating organization/entity:
- Primary focus (brief description):
- ESF Evaluation Scores:
 - NE:
 - CRE:
 - CVI:
 - HCP:
- Total ESF Alignment Score:
- Overall integration assessment:
- Recommendations for enhanced ESF integration:

Methodology for Use:

- Distribute this evaluation form to policymakers, educators, and researchers.
- Collect and analyze responses to identify gaps and strengths.
- Generate recommendations for improving global wellbeing measures to align with ESF.

Follow-up Actions:

- Use insights to guide policy reforms and educational curriculum enhancements.
- Advocate for a more holistic, regenerative approach in global wellbeing standards.
- Promote further research and development based on ESF criteria.