

# Whole-Person Education Programme, Rugby School

Rugby, Coventry, England

<b>Age</b>	13-16
<b>English Level</b>	B1
<b>Start Date</b>	5 June
<b>Duration</b>	2 weeks

## Grow Beyond the Classroom!

Rugby School provides a holistic educational environment that goes beyond academics to foster students' independence, self-identity, and readiness for the world ahead.

Rugby School's short courses take an integrated approach that weaves English language development into real academic subjects. History, Economics and Physics are taught in English with the close support of EAL specialists, so students build subject knowledge and language confidence at the same time.

Classes are streamed by English level and kept small, with bilingual milestone notes, comprehension checks and post-lesson tutorials ensuring every student follows along and retains what they learn.



Find out more



### SOCIAL PROGRAMMES

Students take part in a fully supervised programme of afternoon sports, evening social events and guest lectures throughout the week. Weekends open up to immersive excursions across iconic British destinations including Oxford, London and a choice of cultural day trips. Four formal dinners with after-dinner guest speakers bring the community together for a more meaningful shared experience.



### ACCOMMODATION & DINING

Students live on campus at Rugby School in single en-suite rooms, set within one of the UK's most storied boarding school environments. Catering is delivered in partnership with Lodestone House, with three meals provided daily on programme days and four formal dinner ceremonies held across the two weeks. Dietary requirements are fully catered for throughout.



### STUDENT WELFARE

A dedicated on-site pastoral team supports students day and night, working together to ensure every young person feels safe, settled and genuinely cared for. All staff are recruited through thorough background checks and structured safeguarding procedures, maintaining the highest standards of duty of care throughout the entire programme.



### Integrated Academic & English Learning

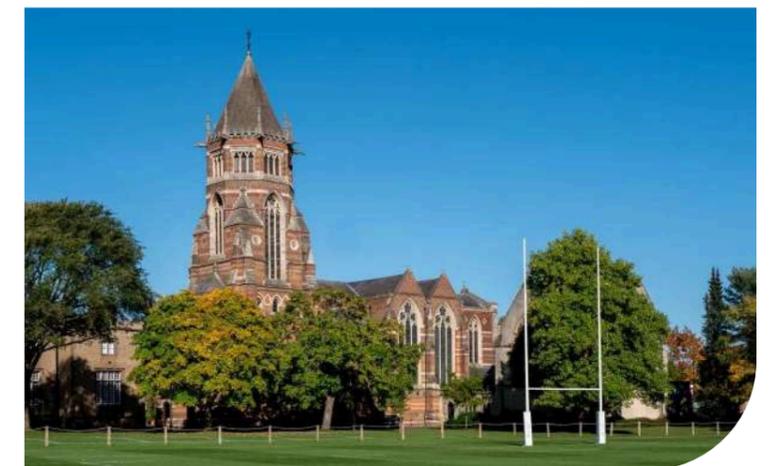
Explore subjects including History, Economics and Physics, with built-in language support. Small classes of up to 12, bilingual milestones, breakout sessions, quizzes and post-lesson tutorials work together to reinforce understanding and keep everyone on track.

### Excursions

Weekend experiences take students beyond campus to Oxford for a guided college tour and dinner, London for a walking tour, Buckingham Palace and a West End show, and elective cultural destinations such as Bletchley Park, Birmingham or Stratford-upon-Avon.

### Personal Development Sessions

Drawing from Rugby School's own Floreat programme, these Life Education sessions guide students through themes of leadership, resilience and wellbeing. Students also gain structured insight into future academic directions and career pathways, building the self-awareness and clarity needed for the years ahead.





# Sample Week Timetable

Discover more about what a typical course at Worldschooling looks like for our students.

Please note our sample timetable is given as an example and can be subject to change.

Period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	07:45 - 08:25						
	08:30 - 08:50	<b>Programme Induction</b> <i>Introduction to the programme</i>	<b>Form Time</b>	<b>Form Time</b>	<b>Form Time</b>	<b>Form Time</b>	<b>Late Start Sleep-in</b>
P1	08:55 - 09:45	<b>Assembly</b> <i>Led by Rugby School Senior Staff</i>	Curriculum Subject: Art	EAL	EAL	<b>Floreat / Life Education</b> <i>Developing Character and virtues for life through Local initiative</i>	Chill time with snacks & coffee available.
P2	09:50 - 10:40	<b>Site Orientation</b> <i>orientation &amp; on site policy</i>	Curriculum Subject: Business	EAL	EAL		
Break	10:40 - 11:00						
P3	11:00 - 11:50	Curriculum Subject: History	EAL	Curriculum Subject: History	Curriculum Subject: Art	<b>Oxford Visit</b> <i>With walking tour and College Entrance</i>	Pre-booked Options for excursions and outings including Off-site Dinner and late return to Rugby.
P4	11:55 - 12:45	Curriculum Subject: Maths	EAL	Curriculum Subject: Maths	Curriculum Subject: Business		
Lunch	12:45 - 14:00						
P5	14:00 - 14:50	EAL	<b>Futures Advisory</b> <i>Applying to a UK Uni or subject choices.</i>	<b>Floreat / Life Education</b> <i>Developing Character and virtues for life through Local initiative</i>	<b>Private Study / Tutor</b> <i>Tutor support, or Guided reading / reading for pleasure.</i>	<b>Futures Advisory</b> <i>Applying to a UK Uni or subject choices.</i>	Academic Enrichment Element
P6	14:55 - 15:45	EAL	<b>Academic Enrichment</b> <i>Learning beyond the regular curriculum with subject-linked excursion insights</i>		<b>Academic Enrichment</b> <i>Learning beyond the regular curriculum with subject-linked excursion insights</i>		
Break	15:45 - 16:15						
P7	16:15 - 17:30	Co-curricular: Pro Coached Rugby or Hockey	Co-curricular: Pro Coached Rugby or Hockey	<b>Floreat Social</b> <i>Join local children of similar age for Special Activity Session, Food &amp; Evening Social</i>	Co-curricular: Pro Coached Rugby or Hockey	Co-curricular: Pro Coached Rugby or Hockey	<b>Dinner in Oxford</b> <i>With late return to Rugby</i>
Dinner	18:30 - 19:30	<b>Welcome Dinner Speech</b> <i>From the Centre Director</i>				<b>Guest Speaker &amp; Ceremony</b> <i>Led by invited special guest</i>	
P8	19:30 - 21:30		<b>Evening Activities</b>		<b>Evening Activities</b>		<b>Bletchley Park</b> or <b>Birmingham</b> or <b>Stratford &amp; Shakespeare's Birthplace</b>
	Lights out						

**EAL** English as an Additional Language
**Abc** Curriculum Subject Lesson
**Rugby School Hosted**
**Co-curricular: character, life & Sport**
**Cultural / Excursion Component**
**Academic-linked Enhancement Element**
**Administrative / programme support**



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Period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	07:45 - 08:25						
	Form Time		Form Time		Form Time		Late Start Sleep-in
P1	Assembly <small>Led by Rugby School Senior Staff</small>	Curriculum Subject: Design & Technology	EAL	EAL	Floreat / Life Education <small>Developing Character and virtues for life through Local Initiative</small>		Chill time with snacks & coffee available.
P2	EAL	Curriculum Subject: Economics	EAL	EAL			
Break	10:40 - 11:00						
P3	Curriculum Subject: Physics	EAL	Curriculum Subject: Physics	Curriculum Subject: Design & Technology	EAL	London Visit <small>With walking tour, and Entrance to Buckingham Palace</small>	
P4	Curriculum Subject: Politics	EAL	Curriculum Subject: Politics	Curriculum Subject: Economics	EAL		
Lunch	12:45 - 14:00						
P5	EAL	Futures Advisory <small>Applying to a UK Uni or subject choices.</small>		Private Study / Tutor <small>Tutor support, or Guided reading / reading for pleasure.</small>	Futures Advisory <small>Applying to a UK Uni or subject choices.</small>		Departure & New Arrival Day
P6	EAL	Academic Enrichment <small>Learning beyond the regular curriculum with subject-linked excursion insights</small>	Pre-booked Options for excursions and outings including Off-site Dinner and late return to Rugby.	Academic Enrichment <small>Learning beyond the regular curriculum with subject-linked excursion insights</small>	Private Study / Tutor <small>Tutor support, or Guided reading / reading for pleasure.</small>		
Break	15:45 - 16:15						
P7	Co-curricular: Performance Arts or Crafting Session	Co-curricular: Performance Arts or Crafting Session	Warwick Castle & University (NAIC) or Cambridge or National Space Centre	Co-curricular: Performance Arts or Crafting Session	Co-curricular: Performance Arts or Crafting Session	Dinner & Show in London <small>With late return to Rugby</small>	Airport Transfers and centre re-set
Dinner	Welcome Dinner Speech <small>From the Centre Director</small>	Evening Activities		Evening Activities	Guest Speaker & Ceremony <small>Led by invited special guest</small>		
P8							Arrivals pack-ups / Pizzas
Lights out							

English as an Additional Language    
 Curriculum Subject Lesson    
 Rugby School Hosted    
 Co-curricular: character, life & Sport    
 Cultural / Excursion Component    
 Academic-linked Enhancement Element    
 Administrative / programme support