



MORaine TOWNSHIP
Community Mental Health Board

FY27 CMHB Funding Summary

The Moraine Township Community Mental Health Board (MTCMHB) awarded \$724,500 to 15 organizations to address gaps in programing and services for Moraine Township residents. These programs provide mental health, substance use, and intellectual/developmental disability services for Moraine Township residents. For more information about the MTCMHB, visit [Moraine Township Mental Health Board](#).

MENTAL HEALTH PROGRAMS & SERVICES	
A Safe Place	\$50,000
Cancer Wellness Center	\$50,000
Family Service of Glencoe	\$25,000
Fenix	\$35,000
Family First Center of Lake County	\$100,000
JCFS Chicago	\$46,600
Knowtice	\$50,000
Lake County Partners in Aging	\$47,900
The Josselyn Center	\$50,000
Zacharias Sexual Abuse Center	\$25,000
Subtotal	\$479,500
SUBSTANCE USE PROGRAMS & RELATED SERVICES	
Nicasa	\$30,000
Subtotal	\$30,000
INTELLECTUAL/DEVELOPMENTAL DISABILITY PROGRAMS & SERVICES	
Arts of Life	\$25,000
Center for Enriched Living	\$75,000
Collaborative Community Housing Initiative	\$100,000
Glenkirk	\$15,000
Subtotal	\$215,000

MENTAL HEALTH PROGRAMS & SERVICES

A Safe Place

847-731-7165

asafeplaceforhelp.org

A Safe Place's Behavioral Health Program is a specialized, evidence-based, trauma informed mental health program that improves equity and access to care for victims of domestic violence (DV), human trafficking (HT), and their minor children, free of charge. The program overcomes known barriers to mental health care, stabilizes chaotic situations, helps survivors and children understand the impact of DV and/or HT on themselves and/or their loved ones, heal from the trauma(s) they experienced, and develop new coping skills to move forward and live free from abuse. Their Behavioral Health Program's specialized behavioral health services include adult or child individual and group therapy, family therapy (survivor and child/children), art therapy, play therapy, topical support groups, case management, and supportive services. The *La Paloma* program provides therapy and supportive services specific to the multi-layered needs of LatinX immigrants experiencing DV.

Cancer Wellness Center

847-509-9595

cancerwellness.org

Cancer Wellness Center provides mental health services to individuals and families impacted by cancer. Serving more than 250 Moraine Township residents each year, the Center offers professional counseling and therapeutic support groups for those experiencing anxiety, depression, trauma, and other emotional challenges related to a cancer diagnosis. Because these needs are often unmet in traditional healthcare settings, the Center fills a critical gap by delivering care through licensed, oncology-trained mental health professionals. These services help clients manage stress, process their experiences, and reduce isolation during and after treatment. As the only local provider of specialized psychosocial cancer support, the Center ensures individuals do not face the emotional impact of cancer alone.

Family Service of Glencoe

847-835-5111

fsgcares.org

Family Service of Glencoe (FSG) provides comprehensive, culturally responsive mental health services to individuals and families of all ages. Its offerings include counseling, case management, and single-session consultations designed to address a wide range of mental health needs. Services are available in English, Spanish, and Portuguese, and are delivered both in person and via telehealth to increase accessibility. In addition to core clinical services, FSG offers specialized programming such as senior services, caregiver support, and community education focused on prevention and reducing stigma. The organization prioritizes equitable access to care by supporting individuals who are underinsured or facing financial barriers, ensuring that high-quality mental health services are available to all who need them.

Fenix Family Health Center provides culturally responsive, bilingual mental health services to youth, uninsured individuals, Medicaid recipients, and low-income residents across Lake County, with a strong focus on serving Spanish-speaking immigrant communities. The organization delivers trauma-informed group therapy for youth and postpartum women, individual counseling, and integrates mental health screenings within primary care to ensure early identification and treatment of behavioral health needs. As a safety-net provider, Fenix addresses critical gaps in access to affordable, high-quality mental health care, particularly for populations that face linguistic, cultural, and financial barriers to services. Through its comprehensive and community-centered approach, Fenix works to improve mental health outcomes and overall well-being for vulnerable residents.

Family First Center of Lake County provides comprehensive, accessible mental health services to residents through its Moraine Whole Health Initiative. The program offers evidence-based individual and family therapy using a hybrid model that includes telehealth, in-person care, and a mobile clinic that brings services directly into neighborhoods. In addition to traditional therapy, the agency incorporates holistic wellness approaches such as trauma-sensitive yoga, meditation, and nature-based therapy to support overall mental health and recovery. Services are delivered by licensed clinicians and include culturally competent care, along with mental health-focused case management to help individuals access resources and maintain stability. By addressing common barriers such as transportation, cost, language, and scheduling, Family First Center ensures that underserved populations can access consistent, high-quality mental health care while promoting resilience and long-term well-being across the community.

JCFS's Outpatient Behavioral Health (OBH) department provides comprehensive, trauma-informed mental health services for children, adults, and families. Through individual, couples, family, and group counseling, licensed clinicians support clients in navigating emotional, behavioral, and relational challenges while building resilience. The department also offers psychological and educational testing to assess learning differences, cognitive functioning, and emotional and behavioral health needs. JCFS psychologists work closely with children and their families to develop individualized strategies that address concerning behaviors and improve functioning at home and in school. In addition to clinic-based services, OBH partners with local schools to deliver on-site mental health support, including individual therapy, student support groups, and collaboration with school-based professionals. The department also provides specialized group programming, such as social and life skills groups for young adults on the autism spectrum, focused on strengthening emotional regulation, communication, and independence.

Knowtice 312-656-1983 knowtice.org

KNOWTICE provides mindfulness-based programming in elementary school settings for students, faculty, and school support staff. The program teaches evidence-based practices that support emotional regulation, stress reduction, attention skills, and the development of empathy and compassion. Through structured classroom instruction and guided mindfulness activities, KNOWTICE helps participants build practical skills for managing emotions, navigating stress, and responding to conflict. The program also promotes a shared language for emotional awareness and self-regulation across school communities. KNOWTICE is delivered within schools and is designed to support both student well-being and educator capacity to create calm, connected, and supportive learning environments.

Lake County Partners in Aging 847-721-8414 piahelp.org

The Moraine Township Safe and Sound @Home Program is an integrated, home-based initiative designed to improve safety, reduce fall risk, and support the behavioral health and independence of older adults aging in place. Unsafe living conditions—such as poor lighting, tripping hazards, and lack of safety supports not only increase the risk of injury, but also contribute to anxiety, fear of falling, reduced mobility, and social isolation. Over time, these factors can significantly impact mental health and quality of life. This program addresses these interconnected challenges through a coordinated model that combines home safety modifications with in-home behavioral health support. Participants will receive targeted safety interventions, including installation of grab bars and handrails, improved lighting and nightlights, removal of tripping hazards, installation of smoke and carbon monoxide detectors, and support for emergency communication. These services will be completed by trained volunteers, including retired tradespeople, working within a clearly defined scope. Each participant will also receive an in-home assessment conducted by a registered nurse case manager and licensed social worker. Based on this assessment, participants will receive in-home counseling and connection to additional support, ensuring that both physical safety and emotional well-being are addressed. By reducing environmental risks and addressing social isolation and anxiety, the program provides a comprehensive, person-centered approach to care. The Moraine Township Safe and Sound @Home Program fills a critical gap in local services by delivering both safety and behavioral health interventions directly in the home, where they are most needed.

The Josselyn Center 847-441-5600 josselyn.org

Josselyn is a certified Community Mental Health Center which, for more than 70 years, has provided a full slate of quality, accessible mental health services, improving care for the patient in a coordinated setting with access to therapy, psychiatry, and other specialized services. Their approach is meant to break barriers, including financial, emotional and cultural, that prevent clients from receiving mental health assistance. Through its clinics in Northfield, Waukegan, and Northbrook, The Josselyn Center serves a diverse clientele of more than 7,800 children, adolescents, and adults from nearly 300 communities across Cook and Lake Counties.

Zacharias Sexual Abuse Center (ZCenter) provides counseling and advocacy services for adults and children who have experienced sexual assault and abuse, as well as support for their non-offending loved ones. The organization offers trauma-informed care designed to support survivors through emotional healing, coping skill development, and recovery. Services are provided by trained counselors and advocates who assist clients with emotional support, safety planning, and navigating available resources. ZCenter offers services in both English and Spanish and provides a range of counseling options to meet the varied needs of survivors throughout their healing process.

SUBSTANCE USE PROGRAMS & RELATED SERVICES

Nicasa 847-546-6450 nicasa.org

Nicasa Behavioral Health Services is a behavioral health and social services organization that serves the residents of Lake County and northern Illinois. They provide services across a continuum of care that includes education, prevention, harm reduction, early intervention, treatment, and recovery. Nicasa provides prevention and educational outreach programs designed to discuss consequences of underage gambling and awareness of youth problem gambling services to teens and parents/caregivers who are increasingly at risk of early exposures to gambling and gaming that foster unhealthy behaviors. Their team offers personalized support, including options to quit, take a break, assist loved ones, or enroll in self-exclusion programs.

INTELLECTUAL/DEVELOPMENTAL DISABILITY PROGRAMS & SERVICES

Arts of Life 312-829-2787 artsoflife.org

Arts of Life (AofL) provides inclusive visual arts programs for adults with intellectual and developmental disabilities (I/DD). The organization operates studio-based environments where artists engage in ongoing creative practice, develop artistic skills, and produce original artwork in a professional and supportive setting. AofL offers community-based programming that connects artists with I/DD to local arts spaces and collaborative opportunities, helping to expand access to creative expression outside of traditional clinical or classroom settings. These programs emphasize artistic development, independence, and community participation. Through its studios and partnerships, Arts of Life supports artists with I/DD in building sustainable creative practices and engaging as active members of the broader arts community. AofL will have dedicated space in the new Collaborative Community Housing Initiative Commons to support residents and other members of the community, providing instruction and expanding opportunities for self-expression.

The Center for Enriched Living (CEL) is a non-profit organization that promotes disability inclusion and enriches the lives of youth, teens, and adults with intellectual and developmental disabilities by maximizing opportunities for personal success, fun and friendship, employment, and community involvement. With inclusive education curricula in schools, they create a culture of belonging from childhood to adulthood. CEL's programs address the most significant obstacles faced by individuals with IDD and their families. Including Increasing social connections and reducing isolation, creating lifelong learning opportunities beyond age 22, addressing the staggering 83% under/unemployment rate for individuals with IDD, expanding access to essential mental and behavioral health support and promoting early disability inclusion and empathy through school-based interventions with The Nora Project.

Collaborative Community Housing Initiative**224-300-6782****thecchi.org**

Collaborative Community Housing Initiative (CCHI) is launching the Commons Resident Community Connections (CRCC) Program in fall 2026 with the opening of CCHI Commons, a supportive, community-based residential model in Highland Park for adults with intellectual and developmental disabilities (IDD). Since 2019, CCHI has connected individuals to social, recreational, educational, and vocational opportunities across Lake and Cook Counties. CRCC builds on this foundation by providing structured coordination and individualized support within a residential setting. The program addresses a critical gap that occurs when adults with IDD transition out of school-based services and lose access to coordinated daily support. CRCC will provide guidance in navigating transportation, program enrollment, vocational opportunities, and community-based activities, ensuring residents can fully participate in daily life. Rather than relying on a single provider, CRCC connects individuals to a network of nonprofit partners, expanding access to a wide range of programs and services tailored to each resident's interests and goals. CCHI Commons serves low-income adults with IDD, with most residents living at or below 30% of area median income and relying on part-time employment and/or disability benefits. CRCC reduces barriers to access by coordinating services, supporting participation, and promoting equity and inclusion. Through this program, residents will gain independence, build meaningful relationships, and engage in their community. Support for this program directly enhances residents' ability to live fully, safely, and independently within their community, ensuring that adults with IDD have the tools and resources to thrive alongside their neighbors.

Glenkirk supports more than 200 individuals annually through residential, clinical, and community-based programs. While the organization has grown significantly, its mission remains the same: to provide quality, lifetime support and services that empower individuals with intellectual disabilities to participate fully in all areas of community life. Glenkirk will operate a Behavioral Health Clinic (BHC) hub within the Collaborative Community Housing Initiative building in Highland Park, scheduled to open later this year. This location will expand access to community-based mental health services for individuals with intellectual and developmental disabilities (I/DD), including residents of the building and individuals living throughout the surrounding community. The Behavioral Health Clinic will provide counseling, behavioral support, and care coordination for individuals with I/DD experiencing mental health challenges. Establishing a presence within this integrated housing setting will reduce barriers to care, increase service accessibility, and support individuals in maintaining stability and independence within their community.