

# Central Park FRESH MARKET

**CENTRAL PARK FRESH MARKET**  
 3552 W. Grand Avenue •  
 Chicago, IL 60651  
 PH: 773 278-1133  
 OPEN 7 DAYS A WEEK 7:00 AM - 9:00 PM

 <p><b>Clean &amp; Trimmed</b>                  Certified Angus Beef  <b>INNER SKIRT STEAK</b>                  Arrachera De Primera  <b>LIMPIA &amp; ABIERTA</b></p>	 <p>Supreme Tender  <b>ST. LOUIS PORK RIBS</b>                  Costillas De Puerco St. Louis</p>	 <p>US Gov't Insp.  <b>WHOLE CHICKEN WINGS</b>                  Alas De Pollo</p>	 <p>Certified Angus Beef  <b>CHUCK EYE STEAK THICK OR THIN</b>                  Bistec De Dismillo Grueso ó Delgado</p>
<b>10<sup>99</sup> lb.</b>	<b>2<sup>99</sup> lb.</b>	<b>1<sup>69</sup> lb.</b>	<b>6<sup>99</sup> lb.</b>

 <p>US Gov't Insp.  <b>FRESH BONE-IN CHICKEN BREAST</b>                  Pechuga De Pollo Con Hueso</p>	 <p>US Gov't Insp.  <b>WHOLE SKINLESS CHICKEN BREAST</b>                  Pechuga De Pollo Sin Piel</p>	 <p>US Gov't Insp.  <b>8 PCS. SPLIT CHICKEN PIECES</b>                  8 Pcs. Piezas De Pollo</p>	 <p>US Gov't Insp.                  Homemade  <b>CHICKEN TENDERS</b>                  Lomitos De Pollo</p>	 <p>US Gov't Insp.  <b>BONE-IN • SKIN-ON CHICKEN THIGHS</b>                  Muslo De Pollo Con Hueso y Con Cuero</p>
<b>1<sup>69</sup> lb.</b>	<b>1<sup>99</sup> lb.</b>	<b>1<sup>99</sup> lb.</b>	<b>2<sup>99</sup> lb.</b>	<b>1<sup>99</sup> lb.</b>

 <p>US Gov't Insp.  <b>WHOLE CHICKEN LEG QUARTERS</b>                  Pierna De Pollo Con Cadera Entera</p>	 <p>US Gov't Insp.  <b>CHICKEN PINWHEELS</b>                  Pierna y Cadera De Pollo En Molino</p>	 <p>US Gov't Insp.  <b>SEASONED SPLIT CHICKEN PARTY WINGS</b>                  Alitas De Pollo Sazonadas</p>	 <p>US Gov't Insp.  <b>BONELESS SKINLESS CHICKEN BREAST</b>                  Pechuga De Pollo Sin Hueso y Sin Cuero</p>	 <p>Golden Goodness  <b>WHOLE CHICKEN</b>                  Pollo Entero Amarillo</p>
<b>99¢ lb.</b>	<b>1<sup>99</sup> lb.</b>	<b>1<sup>99</sup> lb.</b>	<b>2<sup>99</sup> lb.</b>	<b>1<sup>99</sup> lb.</b>

 <p>Certified Angus Beef                  Homemade  <b>80/20% LEAN GROUND BEEF</b>                  Carne Molida De Res</p>	 <p>Certified Angus Beef                  Homemade  <b>BEEF FAJITAS</b>                  Fajitas De Res</p>	 <p>US Gov't Insp.  <b>BONE-IN ASSORTED BEEF SHANKS</b>                  Chamorro De Res Con Hueso Surtido</p>	 <p>US Gov't Insp.  <b>RIBEYE STEAK!</b>                  •SEASONED                  •CUBED                  •BREADED</p>	 <p>Certified Angus Beef                  Homemade  <b>SKIRT STEAK</b>                  •TACO MEAT •FAJITAS                  •TAMPIQUEÑA STYLE                  Arrachera En •Taco •Fajitas •Tampiqueña</p>
<b>5<sup>99</sup> lb.</b>	<b>7<sup>99</sup> lb.</b>	<b>3<sup>99</sup> lb.</b>	<b>9<sup>99</sup> lb.</b>	<b>10<sup>99</sup> lb.</b>

 <p>Certified Angus Beef                  Homemade  <b>CECINA DE RES</b>                  Marinated Beef Steak</p>	 <p>Certified Angus Beef                  Homemade  <b>BREADED BEEF STEAK</b>                  Milanesa De Res</p>	 <p>Certified Angus Beef  <b>SEASONED SKIRT STEAK TAMPIQUEÑA STYLE</b>                  Arrachera Estilo Tampiqueña</p>	 <p>US Gov't Insp.  <b>T-BONE STEAK</b></p>	 <p>Certified Angus Beef  <b>TENDERIZED BEEF CUBE STEAK</b>                  Bistec Pasado Por La Maquina</p>
<b>9<sup>99</sup> lb.</b>	<b>9<sup>99</sup> lb.</b>	<b>10<sup>99</sup> lb.</b>	<b>9<sup>99</sup> lb.</b>	<b>7<sup>99</sup> lb.</b>

 <p>Supreme Tender  <b>CUT PORK SPARERIBS FOR STEW</b>                  Trocitos De Costillas De Puerco Para Guisar</p>	 <p>Supreme Tender                  Homemade  <b>PORK AL PASTOR</b>                  Carne De Puerco Al Pastor</p>	 <p>Supreme Tender  <b>LEAN PORK TACOS</b>                  Lomo Corte Taquero</p>	 <p>Supreme Tender  <b>BONE-IN PORK RIBLETS</b>                  Tiritas De Costillas De Puerco Con Hueso</p>	 <p>Supreme Tender  <b>ITALIAN SAUSAGE HOT OR REGULAR</b>                  Salchicha Italiana</p>
<b>2<sup>99</sup> lb.</b>	<b>3<sup>99</sup> lb.</b>	<b>4<sup>99</sup> lb.</b>	<b>3<sup>99</sup> lb.</b>	<b>4<sup>99</sup> lb.</b>

## Seafood

 <p>USDC                  Homemade  <b>BREADED TILAPIA FILLETS</b>                  Filete De Tilapia Empanizados</p>	 <p>USDC  <b>CATFISH STEAKS</b>                  Bistec De Bagre</p>	 <p>USDC  <b>CUT TILAPIA FILLETS FOR CEVICHE</b>                  Tilapia Cortada Para Ceviche</p>	 <p>USDC                  Homemade  <b>SEASONED SALMON PORTION FILLET</b>                  Porciones Filete De Salmon Sazonado</p>	 <p>USDC  <b>LARGE TILAPIA FILLETS</b>                  Filete De Tilapia</p>
<b>3<sup>99</sup> lb.</b>	<b>1<sup>99</sup> ea.</b>	<b>3<sup>99</sup> lb.</b>	<b>3<sup>99</sup> ea.</b>	<b>2<sup>99</sup> lb.</b>

## PRODUCE DELIVERED Fresh DAILY

 <p>USA  <b>WHOLE SEEDLESS WATERMELON</b></p>	 <p>California  <b>CUTIES MANDARINS</b>                  3 lb. bag</p>	 <p>Mexico  <b>SWEET MANGOS</b></p>	 <p><b>SWEET JUMBO CANTALOUPE</b></p>
<b>5<sup>99</sup> ea.</b>	<b>4<sup>99</sup> ea.</b>	<b>99¢ ea.</b>	<b>2<sup>99</sup> ea.</b>
 <p>USA  <b>BROCCOLI CROWNS</b></p>	 <p>California  <b>CAULIFLOWER</b></p>	 <p><b>SEEDLESS CUCUMBERS</b></p>	 <p><b>SERRANO PEPPERS</b></p>
<b>99¢ lb.</b>	<b>99¢ lb.</b>	<b>3/99¢ for</b>	<b>99¢ lb.</b>
 <p>USA  <b>GREEN TOMATILLOS</b></p>	 <p><b>SWEET CORN</b></p>	 <p>IDAHO  <b>POTATOES</b>                  10 lb. bag</p>	 <p><b>JUMBO WHITE ONIONS</b></p>
<b>79¢ lb.</b>	<b>5/\$1<sup>99</sup> for</b>	<b>2<sup>49</sup> ea.</b>	<b>79¢ lb.</b>

**•COCA-COLA**  
**•FANTA •FRESCA**  
**•SEAGRAMS**  
**•SPRITE •MR.PIBB**  
 2 ltr.  
**2<sup>99</sup>**  
*ea.*

**Lay's**  
**POTATO CHIPS**  
 •Original •Wavy  
 •Poppables •Kettle  
 Assorted Varieties  
 5-8 oz.  
**3<sup>99</sup>**  
*ea.*

**Ice Mountain**  
**SPRING WATER**  
 24 pk.  
**4<sup>99</sup>**  
*ea.*

**Nescafé**  
**CLÁSICO**  
**INSTANT COFFEE**  
 7 oz.  
**7<sup>99</sup>**  
*ea.*

**Natura's**  
**SALSA**  
 •Ranchera  
 •Queso •Sofrito  
 180 gm  
**2/\$3**  
*for 3*

**Los Charros**  
**TOSTADAS**  
 9 oz.  
**99¢**  
*ea.*

**Gamesa**  
**MARIAS**  
**COOKIES**  
 19.75 oz.  
**2<sup>99</sup>**  
*ea.*

**•PEPSI •CRUSH**  
**•MOUNTAIN DEW**  
**•MANZANITA SOL**  
 24 pk.  
**10<sup>99</sup>**  
*ea.*

**Kellogg's**  
**RICE**  
**KRISPIES**  
**TREAT**  
 8 ct.  
**2/\$7**

**Essential Everyday**  
**•COCKTAIL**  
**•CHILI**  
**SAUCE**  
 12 oz.  
**2/\$4**

**Classico**  
**ALFREDO**  
**SAUCE**  
 Assorted  
 Varieties  
 15 oz.  
**3<sup>99</sup>**

**Kraft**  
**MIRACLE**  
**WHIP**  
 30 oz.  
**5<sup>99</sup>**

**Hormel**  
**SPAM**  
 12 oz.  
**3<sup>99</sup>**

**Pringles**  
**POTATO**  
**CRISPS**  
 Assorted  
 Varieties  
 4.9-5.5 oz.  
**2/\$5**

**Nesquik**  
**POWDER**  
**MIX**  
 Assorted  
 Varieties  
 16-20.1 oz.  
**6<sup>99</sup>**

**Heinz**  
**TOMATO**  
**KETCHUP**  
 38 oz.  
**3<sup>99</sup>**

**Prego**  
**PASTA**  
**SAUCE**  
 Assorted  
 Varieties  
 45 oz.  
**2/\$7**

**Kraft**  
**MAYONNAISE**  
 •30 oz.  
 •22 oz.  
**3<sup>99</sup>**

**Betty Crocker**  
**MASHED**  
**POTATOES**  
 Assorted  
 Varieties  
 28 oz.  
**3<sup>99</sup>**

**Nabisco**  
**OREO**  
**COOKIES**  
 Assorted  
 Varieties  
 11.78-18.71 oz.  
**4<sup>99</sup>**

**Essential Everyday**  
**TOMATOES**  
 Assorted  
 Varieties  
 14.5-15 oz.  
**99¢**

**French's**  
**YELLOW**  
**MUSTARD**  
 14 oz.  
**3<sup>99</sup>**

**Creamette**  
**PASTA**  
**SAUCE**  
 Assorted  
 Varieties  
 12-16 oz.  
**4/\$5**

**Kraft**  
**POURABLE**  
**DRESSINGS**  
 Assorted  
 Varieties  
 16 oz.  
**2<sup>99</sup>**

**La Choy**  
**SOY**  
**SAUCE**  
 10 oz.  
**2/\$4**

**Zambos**  
**PLANTAIN**  
**CHIPS**  
 •Pico  
 •Tajín  
 140 gm.  
**2/\$5**

**Nuevo Leon**  
**TORTILLA**  
**CHIPS**  
 14 oz.  
**2<sup>99</sup>**

**La Preferida**  
**HOMINY**  
 •White  
 •Mexican  
 108 oz.  
**5<sup>99</sup>**

**Goya**  
**PINTO**  
**BEANS**  
 50 oz.  
**2/\$7**

**La Morena**  
**WHOLE**  
**JALAPEÑOS**  
 26 oz.  
**2/\$5**

**San Marcos**  
**SLICED**  
**JALAPEÑOS**  
 26 oz.  
**2/\$5**

**La Morena**  
**CHIPOTLE**  
**PEPPERS**  
 13 oz.  
**2/\$7**

**Iberia**  
**JASMINE**  
**RICE**  
 5 lb.  
**4<sup>99</sup>**

**Rico**  
**MEDIUM**  
**GRAIN**  
**RICE**  
 20 lb.  
**19<sup>99</sup>**

**Goya**  
**CANILLA**  
**LONG**  
**GRAIN**  
**RICE**  
 5 lb.  
**4<sup>99</sup>**

**El Chilerito**  
**CHAMOY**  
 1 ltr.  
**2/\$5**

**Don Victor**  
**CHICKEN**  
**BOUILLON**  
 32 oz.  
**6<sup>99</sup>**

**La Preferida**  
**CHIPOTLE**  
**SAUCE**  
 7 oz.  
**89¢**

**La Preferida**  
**REFRIED**  
**BEANS**  
 16 oz.  
**3/\$4**

**Costa Del Sol**  
**RED**  
**REFRIED**  
**BEANS**  
 15 oz.  
**3/\$5**

**Goya**  
**BLACK**  
**BEANS**  
 29 oz.  
**2/\$5**

**Goya**  
**GANDULES**  
**VERDES**  
 15 oz.  
**3/\$5**

**Verde Valle**  
**LENTILS**  
 1 lb.  
**3/\$5**

**Isadora**  
**WHOLE**  
**BEANS**  
 •Black •Pinto  
 •Mayocoba  
 16 oz.  
**2/\$3**

**Nestlé**  
**MEDIA**  
**CREMA**  
 7.9 oz.  
**2/\$4**

**Pronto**  
**CONDENSED**  
**MILK**  
 7.9 oz.  
**2/\$3**

**Señor Freeze**  
**ICE POPS**  
 10 ct.  
**4/\$5**

**Chefzito**  
**•RECAITO**  
**•SOFRITO**  
 12 oz.  
**2/\$5**

**Goya**  
**CENTRAL**  
**AMERICAN**  
**RED**  
**BEANS**  
 4 lb.  
**11<sup>99</sup>**

**Verde Valle**  
**BLACK**  
**BEANS**  
 4 lb.  
**7<sup>49</sup>**

**Kool Aid**  
**JAMMERS**  
 Assorted  
 Varieties  
 10 ct.  
**2/\$7**

**•Kool Aid**  
**•Country Time**  
**•Tang**  
**DRINK**  
**POWDER**  
**MIX**  
 Assorted Varieties  
 19 oz.  
**3<sup>99</sup>**

**Gatorade**  
**SPORT**  
**DRINK**  
 Assorted  
 Varieties  
 28 oz.  
**2/\$5**

**•COCA-COLA**  
**•FANTA**  
**•SPRITE**  
**•FRESCA**  
 10 pk., 7.5 oz.  
 Mini Cans  
**7<sup>99</sup>**

**Raptor**  
**ENERGY**  
**DRINK**  
 16 oz.  
**2/\$3**

**Northern**  
**BATH**  
**TISSUE**  
 6 ct. roll  
**8<sup>99</sup>**

**Juicy Juice**  
**100% JUICE**  
**DRINK**  
 Assorted  
 Varieties  
 64 oz.  
**2/\$7**

**Polar**  
**FLAVORED**  
**SELTZER**  
**WATER**  
 8 pk.,  
 12 oz. cans  
**3/\$9**

**Peñafiel**  
**MINERAL**  
**WATER**  
 600 ml.  
**99¢**

**Monster**  
**ENERGY**  
**DRINK**  
 Assorted  
 Varieties  
 16 oz.  
**2/\$4**

**Foco**  
**COCONUT**  
**WATER**  
 •Original  
 •Roasted  
 17 oz.  
**4/\$5**

**Suavitel**  
**COMPLETE**  
**FABRIC**  
**SOFTENER**  
 105 oz.  
**11<sup>99</sup>**

**Dairy Department**

**El Viajero**  
**PARA FREIR**  
**CHEESE**  
 10 oz.  
**2/\$7**

**Los Altos**  
**JOCOQUE**  
 15 oz.  
**2/\$7**

**V&V Supremo**  
**CHIHUAHUA**  
**SHREDDED**  
 •Original •Jalapeño  
 •Three  
 7 oz.  
**2/\$7**

**Chaparral**  
**CHICHARRON**  
 16 oz.  
**6<sup>99</sup>**

**Paisa**  
**AREPA**  
 •Colombiana  
 •Venezolana  
 20 oz.  
**3<sup>99</sup>**

**FUD**  
**CAMPIRANO**  
**PANELA**  
**CHEESE**  
 10 oz.  
**2/\$7**

**El Mexicano**  
**REQUESON**  
**CHEESE**  
 14 oz.  
**4<sup>99</sup>**

**Los Altos**  
**OAXACA**  
**BALL**  
 10 oz.  
**2/\$7**

**FUD**  
**HOT**  
**LINKS**  
 24 oz.  
**4<sup>49</sup>**

**Mucho Gusto**  
**CREMA**  
 •Hondureña  
 •Salvadoreña  
 14 oz.  
**3<sup>99</sup>**

**Essential Everyday**  
**SHREDDED**  
**CHEESE**  
 Assorted  
 Varieties  
 7-8 oz.  
**2/\$4**

**Silk**  
**ALMOND**  
**MILK**  
 Assorted  
 Varieties  
 64 oz.  
**3<sup>99</sup>**

**Chobani**  
**OAT**  
**DRINK**  
 Assorted  
 Varieties  
 52 oz.  
**4<sup>99</sup>**

**Chobani**  
**COFFEE**  
**CREAMER**  
 Assorted  
 Varieties  
 24 oz.  
**4<sup>99</sup>**

**Breakstone's**  
**SOUR**  
**CREAM**  
 Assorted  
 Varieties  
 16 oz.  
**2/\$4**

**Oikos**  
**TRIPLE ZERO**  
**YOGURT**  
 Assorted  
 Varieties  
 32 oz.  
**6<sup>99</sup>**

**Dannon**  
**DANIMALS**  
**YOGURT**  
 Assorted  
 Varieties  
 12 pk.  
**4<sup>99</sup>**

**LALA**  
**MEDIA**  
**CREMA**  
 8 oz.  
**1<sup>99</sup>**

**Reina**  
**KIDDIE**  
**GELATINS**  
 16 oz.  
**4/\$5**

**Sugardale**  
**SLICED**  
**BACON**  
 16 oz.  
**4<sup>99</sup>**

**Yoplait**  
**OUI**  
**YOGURT**  
 Assorted  
 Varieties  
 5 oz.  
**4/\$5**

**Fage**  
**YOGURT**  
**PROBIOTIC**  
 Assorted  
 Varieties  
 4.4-5.3 oz.  
**4/\$5**

**La Yogurt**  
**YOGURT**  
**PROBIOTIC**  
 Assorted  
 Varieties  
 6 oz.  
**4/\$3**

**El Gallito**  
**ARROZ**  
**CON**  
**LECHE**  
 16 oz.  
**2<sup>99</sup>**

**Oscar Mayer**  
**UPLOADED**  
**LUNCHABLES**  
 Assorted Varieties  
 14.1-15.6 oz.  
**3<sup>99</sup>**

**Breyers**  
**ICE**  
**CREAM**  
 Assorted  
 Varieties  
 48 oz.  
**4<sup>49</sup>**

**Popsicle**  
**ICE POPS**  
 12.17-29.7 oz.  
**5<sup>99</sup>**

**Essential Everyday**  
**CORN**  
**ON**  
**THE**  
**COB**  
 4-8 ct.  
**2/\$7**

**Essential Everyday**  
**WAFFLES**  
 Assorted  
 Varieties  
 12.3 oz.  
**2/\$4**

**P.A.N**  
**TEQUEÑOS**  
 •Cheese  
 •Pizza  
 11.28 oz.  
**6<sup>99</sup>**

**El Mexicano**  
**QUESO FRESCO**  
 •Casero •Cremoso  
 10 oz.  
**2/\$5**  
*for 5*

**El Gallito**  
**CREMA**  
 •Mexicana  
 •Salvadoreña  
 15 oz.  
**2/\$5**  
*for 5*

**V&V Supremo**  
**CHORIZO**  
 14 oz.  
**3<sup>99</sup>**  
*ea.*

**Land O Lakes**  
**BUTTER**  
 •Salted •Unsalted  
 1 lb.  
**3<sup>99</sup>**  
*ea.*

**Los Altos**  
**SOUR**  
**CREAM**  
 •Natural Mexican  
 •Centro Americana  
**3<sup>49</sup>**  
*lb.*

**V&V Supremo**  
**QUESO**  
**FRESCO**  
**5<sup>99</sup>**  
*lb.*

**El Gallito**  
**COOKED**  
**HAM**  
**3<sup>99</sup>**  
*lb.*

**Butterball**  
**TURKEY**  
**BREAST**  
 Assorted  
 Varieties  
**5<sup>99</sup>**  
*lb.*

**FUD**  
**MUENSTER**  
**CHEESE**  
**3<sup>99</sup>**  
*lb.*

**La Chona**  
**OAXACA**  
**CHEESE**  
**4<sup>99</sup>**  
*lb.*

**El Caporal**  
**TRADITIONAL**  
**HAM**  
**3<sup>99</sup>**  
*lb.*

**Krakus**  
**POLISH**  
**HAM**  
 •Low Sodium  
 •Original  
**5<sup>99</sup>**  
*lb.*

**Bakery**

**Homemade**  
**OREO CLASSIC**  
**CAKE**  
 8 inch  
**21<sup>99</sup>**

**Homemade**  
**STRAWBERRY**  
**SHORTCAKE**  
 10 inch  
**26<sup>99</sup>**

**Homemade**  
**TRES LECHES**  
**MOCHA**  
**CAKE**  
 10 inch  
**26<sup>99</sup>**

**King's Hawaiian**  
**SWEET ROLLS**  
 12 ct., 12 oz.  
**2/\$7**

**Wheatfield**  
**PARISIAN**  
**BREAD LOAF**  
 17 oz.  
**2/\$5**

**Bambinos**  
**GORDITAS**  
 •Nata •Trigo  
 4 ct.  
**4<sup>49</sup>**