

# Central Park

## FRESH MARKET

CENTRAL PARK FRESH MARKET  
3552 W. Grand Avenue Chicago, IL 60651  
PH: 773 278-1133



US Gov't Insp.  
**BONE-IN ASSORTED BEEF SHANK**  
Chamorro De Res  
Con Hueso Surtido

**3<sup>99</sup>** lb.



Golden Goodness  
**BONE-IN CHICKEN BREAST**  
Pechuga De Pollo  
Con Hueso

**1<sup>99</sup>** lb.



Supreme Tender  
**BONE-IN ASSORTED PORK CHOPS**  
Chuletas De Puerco  
Con Hueso Surtidas

**1<sup>99</sup>** lb.



Supreme Tender  
**BONE-IN PORK SHOULDER ROAST**  
Carne De Puerco  
Para Tamales

**1<sup>99</sup>** lb.



Supreme Tender  
**WHOLE PORK SPARERIBS**  
Costillas De Puerco

**2<sup>99</sup>** lb.



Supreme Tender  
**FRESHLY PREPARED PORK AL PASTOR**  
Carne De Puerco  
Al Pastor

**3<sup>99</sup>** lb.



Supreme Tender  
**BONE-IN PORK SHOULDER STEAK**  
Bistec De Espaldilla  
De Puerco Con Hueso

**2<sup>99</sup>** lb.



Supreme Tender  
**FRESHLY PREPARED PORK CHORIZO**  
Chorizo De Puerco

**3<sup>99</sup>** lb.



Supreme Tender  
**BONE-IN PORK SPINE**  
Espinazo De Puerco  
Con Hueso

**1<sup>99</sup>** lb.



Perdue  
All Natural  
No Antibiotics  
**WHOLE CHICKEN LEG QUARTERS**  
Pierna De Pollo  
Con Cadera

**1<sup>99</sup>** lb.



Perdue  
All Natural  
No Antibiotics  
**WHOLE CHICKEN WINGS**  
Alas De Pollo

**2<sup>99</sup>** lb.



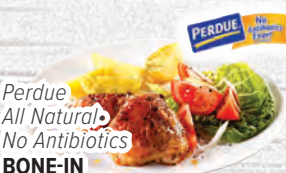
Perdue  
All Natural  
No Antibiotics  
**FRESH WHOLE CHICKEN**  
Pollo Entero

**2<sup>49</sup>** lb.



Perdue  
All Natural  
No Antibiotics  
**WHOLE CHICKEN DRUMSTICKS**  
Pieritas De Pollo

**1<sup>99</sup>** lb.



Perdue  
All Natural  
No Antibiotics  
**BONE-IN CHICKEN THIGHS**  
Muslo De Pollo  
Con Hueso

**2<sup>99</sup>** lb.



Golden Goodness  
**WHOLE CHICKEN WINGS**  
Alas De Pollo

**2<sup>99</sup>** lb.



Golden Goodness  
**BONE-IN CHICKEN THIGHS**  
Muslo De Pollo  
Con Hueso

**1<sup>99</sup>** lb.



Golden Goodness  
**WHOLE CHICKEN**  
Pollo Entero

**1<sup>99</sup>** lb.



Golden Goodness  
**JUMBO CHICKEN LEG QUARTERS**  
Pierna De Pollo  
Con Cadera

**1<sup>99</sup>** lb.



Golden Goodness  
**CHICKEN DRUMSTICKS**  
Pieritas De Pollo

**1<sup>99</sup>** lb.



Certified Angus Beef  
Homemade  
**MINI BREADED BEEF STEAK**  
Milanesa De Res

**7<sup>99</sup>** lb.



Certified Angus Beef  
**EXTRA TENDER BEEF KABOBS WITH VEGETABLES**  
Brochetas De Res  
Extra Suaves  
Con Vegetales

**7<sup>99</sup>** lb.



Certified Angus Beef  
**EXTRA TENDER BEEF STEW**  
Trocitos De Res  
Extra Suaves

**7<sup>99</sup>** lb.



Certified Angus Beef  
**EXTRA TENDER RANCHERO STEAK**  
Bistec Ranchero  
Extra Suave

**7<sup>99</sup>** lb.



Certified Angus Beef  
**EXTRA TENDER SEASONED RANCHERO STEAK**  
Bistec Ranchero  
Sazonado  
Extra Suaves

**7<sup>99</sup>** lb.



US Gov't Insp.  
**SHORT LOIN T-BONE STEAK**  
Bistec T-Bone

**6<sup>99</sup>** lb.



Certified Angus Beef  
**THICK OR THIN CHUCK EYE STEAK**  
Bistec De Diesmillo  
Regular ó Grueso

**6<sup>99</sup>** lb.



Certified Angus Beef  
**BEEF CHUCK SHORT RIBS**  
Costilla De Cuatro  
Huesos Para Guisar

**6<sup>99</sup>** lb.



US Gov't Insp.  
**RIBEYE STEAK CUBED OR SEASONED**  
Bistec De Ribeye

**9<sup>99</sup>** lb.



Certified Angus Beef  
Homemade  
**BEEF FAJITAS SEASONED OR REGULAR**  
Fajitas De Res

**8<sup>99</sup>** lb.

## Seafood



USDC  
**LARGE TILAPIA FILLETS**  
Filete De Tilapia Grande

**3<sup>99</sup>** lb.



USDC  
**26/30 CT. PEELED & DEVEINED RAW SHRIMP**  
Camarón Crudo  
Pelado & Desveinado

**5<sup>99</sup>** lb.



USDC  
**60/90 CT. COOKED SHRIMP PIECES**  
Camarón Cocido  
Para Ensalada

**5<sup>99</sup>** lb.



USDC  
**BREADED TILAPIA FILLET**  
Filete De Tilapia  
Empanizado

**4<sup>99</sup>** lb.



USDC  
**WHOLE RED TILAPIA**

**5<sup>99</sup>** lb.

## PRODUCE DELIVERED *Fresh* DAILY



California  
**JUMBO GREEN GRAPES**

**2<sup>99</sup>** lb.



Washington  
**GALA APPLES**

**99¢** lb.



**NAVEL ORANGES**  
3 lb. bag

**2<sup>99</sup>** ea.



Imported  
**CLEMENTINES**  
3 lb. bag

**4<sup>99</sup>** ea.



California  
**ROMAINE HEARTS**  
3 ct. bag

**1<sup>99</sup>** ea.



**JUMBO LOOSE CARROTS**

**49¢** lb.



Locally Grown  
**GREEN CABBAGE**

**39¢** lb.



USA  
**CRISP CELERY**

**99¢** ea.



Mexico/Ecuador  
**GREEN PLANTAIN**

**99¢** lb.



**BELL PEPPERS**  
•Orange •Red •Yellow

**99¢** lb.



Mexico  
**LARGE AVOCADOS**

**99¢** ea.



**IDAHO POTATOES**  
10 lb. bag

**2<sup>99</sup>** ea.



**YELLOW ONIONS**  
3 lb. bag

**1<sup>99</sup>** ea.



Mexico  
**MALANGA LILA**

**1<sup>49</sup>** lb.

SALES DATES EFFECTIVE: OCTOBER 7 - OCTOBER 13

VISIT US AT [CENTRALPARKFRESH.COM](http://CENTRALPARKFRESH.COM)

773.278.1133 VISA MasterCard DISCOVER

•We accept paychecks as payment with a valid ID • We do NOT offer rain checks. •We reserve the right to limit quantities and correct printing errors

•All sales while supplies last. •Reservamos el derecho de limitar las cantidades y corregir errores de imprenta.

CP FM

**DORITOS**  
9-10.7 oz.  
**FRITOS**  
9.25-10 oz.  
Assorted Varieties  
**3<sup>99</sup>** ea.

**El Mexicano WHOLE HOMINY**  
108 oz.  
**3<sup>99</sup>** ea.

•**COCA-COLA**  
•**FRESCA**  
•**SPRITE**  
2 ltr.  
**3/\$5** for

**La Morena WHOLE JALAPEÑO PEPPERS**  
28.2 oz.  
**2<sup>49</sup>** ea.

**Goya PINTO BEANS**  
29 oz.  
**1<sup>99</sup>** ea.

**Nestlé PURE LIFE WATER**  
24 pk.  
**3<sup>99</sup>** ea.

**Rico MEDIUM GRAIN RICE**  
20 lb.  
**17<sup>99</sup>** ea.

**Los Pericos TOSTADAS**  
•Casera •Square  
12.5 oz.  
**2<sup>49</sup>** ea.

Post **CEREAL**  
•Cocoa Pebbles  
•Fruity Pebbles  
11 oz.  
**2<sup>99</sup>**

Lawry's **MARINADES SEASONING**  
12 oz.  
**2<sup>99</sup>**

Cholula **HOT SAUCE**  
Assorted Varieties  
5 oz.  
**2<sup>99</sup>**

Ragu **PASTA SAUCE**  
Assorted Varieties  
24 oz.  
**2<sup>99</sup>**

Starkist **CHUNK LIGHT TUNA**  
•Oil •Water  
5 oz.  
**99¢**

Nabisco **PREMIUM SALTINES**  
Assorted Varieties  
9-16 oz.  
**3<sup>49</sup>**

Kellogg's **RICE KRISPIES TREATS**  
Assorted Varieties  
8 ct.  
**3<sup>49</sup>**

French's **YELLOW MUSTARD**  
14 oz.  
**1<sup>99</sup>**

McCormick **GRAVY MIXES**  
.75-1 oz.  
**1<sup>29</sup>**

Ragu **ALFREDO SAUCE**  
Assorted Varieties  
16 oz.  
**2<sup>99</sup>**

Essential Everyday **BREAD CRUMBS**  
15 oz.  
**1<sup>99</sup>**

Pringles **POTATO CRISPS**  
Assorted Varieties  
4.9-5.5 oz.  
**2<sup>49</sup>**

Essential Everyday **ALL PURPOSE FLOUR**  
5 lb.  
**2<sup>99</sup>**

Frank's **RED HOT SAUCE**  
12 oz.  
**2<sup>99</sup>**

Maruchan **RAMEN NOODLE SOUP**  
Assorted Varieties  
6 ct.  
**1<sup>69</sup>**

Campbell's **CONDENSED SOUP**  
Assorted Varieties  
10.5-11.25 oz.  
**1<sup>69</sup>**

Essential Everyday **TOMATO SAUCE**  
Assorted Varieties  
8 oz.  
**5/\$3**

Capri-Sun **DRINKS**  
Assorted Varieties  
64 oz.  
**2<sup>99</sup>**

Riceland **LONG GRAIN RICE**  
50 lb. bag  
**2<sup>499</sup>**

Verde Valle **LONG GRAIN RICE**  
4 lb.  
**5<sup>99</sup>**

Amorcito **SEA SALT**  
24.69 oz. Bag  
**2<sup>49</sup>**

La Preferida **BLACK BEANS**  
50 oz.  
**3<sup>49</sup>**

La Preferida **CHIPOTLE SAUCE**  
7 oz.  
**99¢**

La Costeña **CHIPOTLE PEPPERS**  
7 oz.  
**1<sup>99</sup>**

Isadora **MEXICAN RICE**  
•With Corn  
•With Tomato  
8.8 oz.  
**2<sup>49</sup>**

La Preferida **REFRIED BEANS**  
•Pinto  
16 oz.  
**1<sup>39</sup>**

Tajín **FRUIT SEASONING**  
5.64 oz.  
**3<sup>49</sup>**

Goya **GANDULES VERDES**  
15 oz.  
**1<sup>69</sup>**

Ducal **REFRIED BEANS**  
•Red •Black  
15 oz.  
**2<sup>49</sup>**

Clemente Jacques **SLICED JALAPEÑO PEPPERS**  
26 oz.  
**2<sup>49</sup>**

Sazón **GOYA**  
**4<sup>99</sup>**

Don Victor **CHICKEN BOUILLON**  
32 oz.  
**6<sup>99</sup>**

Butcher Boy **COOKING OIL**  
•Corn  
•Vegetable  
96 oz.  
**9<sup>99</sup>**

Violi **EXTRA VIRGIN OLIVE OIL**  
1 ltr.  
**5<sup>99</sup>**

Valentina **SALSA HOT SAUCE**  
•Black  
•Original  
1 ltr.  
**2<sup>49</sup>**

Puka **•PLANTAIN CHIPS •CASSAVA CHIPS**  
12 oz.  
**6<sup>99</sup>**

Cafe Legal **INSTANT COFFEE**  
Original  
6.3 oz.  
**7<sup>99</sup>**

Los Portales **CANELA COFFEE**  
6 oz.  
**4<sup>99</sup>**

P.A.N. **HARINA CORN MEAL**  
•Yellow  
•White  
5 lb.  
**5<sup>99</sup>**

Riceland **LONG GRAIN RICE**  
5 lb.  
**4<sup>49</sup>**

Green Elephant **JASMINE RICE**  
5 lb.  
**4<sup>99</sup>**

Samyang **NOODLES**  
Assorted Varieties  
5 pk.  
**6<sup>99</sup>**

Tampico **DRINKS**  
Assorted Varieties  
20 oz.  
**5/\$3**

VisVita **ALOE VERA DRINK**  
Assorted Varieties  
1.5 ltr.  
**2/\$4**

•**CRUSH**  
•**MOUNTAIN DEW**  
•**MANZANITA SOL**  
•**STARRY**  
•**PEPSI**  
12 pk.  
**7<sup>99</sup>**

•**7 UP**  
•**SQUIRT**  
12 oz. glass  
**2/\$3**

Topo Chico **COLLECTION SABORES**  
Assorted Varieties  
8 pk., 12 oz.  
**7<sup>99</sup>**

Cardinal **BATH TISSUE**  
12 roll  
**5<sup>99</sup>**

BTS Hybrew **CLASSIC COFFEE DRINK**  
Assorted Varieties  
11.8 oz.  
**1<sup>69</sup>**

•**JARRITOS MINERAGUA**  
•**SANGRIA SEÑORIAL**  
•**SIDRAL MUNDET**  
•**JARRITOS MANDARINA**  
4 pk.  
**4<sup>99</sup>**

Foco **COCONUT WATER**  
Assorted Varieties  
17 oz.  
**1<sup>29</sup>**

Klass **ATOLE**  
Assorted Varieties  
1.58 oz.  
**39¢**

Polar **FLAVORED SELTZERS**  
Assorted Varieties  
8 pk., 12 Cans  
**2<sup>99</sup>**

White Cloud **PAPER TOWELS**  
6 roll  
**6<sup>99</sup>**

**DAIRY & FROZEN**

V&V Supremo **CHORIZO**  
•Hot •Mild •Bolita  
14 oz.  
**3<sup>99</sup>**

Mama Tere **TOMATO DE ARBOL**  
48 oz.  
**9<sup>99</sup>**

Essential Everyday **SHREDDED CHEESE**  
Assorted Varieties  
6-8 oz.  
**1<sup>99</sup>**

Dannon **RE-MIX GREEK YOGURT**  
Assorted Varieties  
4.5 oz.  
**1<sup>29</sup>**

LALA **DRINKABLE YOGURT**  
Assorted Varieties  
4 pk.  
**2<sup>99</sup>**

Deans **ICE CREAM**  
Assorted Varieties  
48 oz.  
**4<sup>99</sup>**

El Mexicano **PANELA CHEESE**  
10 oz.  
**3<sup>49</sup>**

El Mexicano **REQUESON CHEESE**  
14 oz.  
**4<sup>99</sup>**

Lactaid **MILK**  
Assorted Varieties  
64 oz.  
**4<sup>49</sup>**

Coffemate **COFFEE CREAMER**  
Assorted Varieties  
28-32 oz.  
**3<sup>49</sup>**

Dannon **OIKOS YOGURT**  
Assorted Varieties  
5.3 oz.  
**1<sup>29</sup>**

Mama Tere **CHOCLO PELADO**  
3 lb.  
**7<sup>99</sup>**

DiGiorno **PIZZA**  
Assorted Varieties  
20.9-26.4 oz.  
**6<sup>99</sup>**

Mucho Gusto **PARA FREIR CHEESE**  
12 oz.  
**3<sup>99</sup>**

Mucho Gusto **CREMA**  
•Guatemalteca  
•Hondureña  
•Salvadoreña  
14 oz.  
**3<sup>99</sup>**

Coffemate **ICED COFFEE**  
Assorted Varieties  
50 oz.  
**3<sup>49</sup>**

Essential Everyday **MARGARINE SPREAD**  
15 oz.  
**1<sup>99</sup>**

Johnsonville **•BRATWURST •ITALIAN SAUSAGE**  
Assorted Varieties  
19 oz.  
**5<sup>99</sup>**

Smithfield **SLICED BACON**  
Assorted Varieties  
12 oz.  
**4<sup>99</sup>**

Mama Lycha **PUPUSAS**  
Assorted Varieties  
18 oz.  
**6<sup>99</sup>**

FUD **SPICY GRILL SAUSAGE**  
12 oz.  
**2<sup>49</sup>**

FUD **FRANKS**  
•Chicken  
•Turkey  
7 oz.  
**1<sup>39</sup>**

Tropical **AREPAS**  
16 oz.  
**2<sup>99</sup>**

Cacique **CREMA**  
•Agria  
•Mexicana  
•Salvadoreña  
15 oz.  
**3<sup>49</sup>** ea.

El Viajero **QUESO FRESCO**  
10 oz.  
**2<sup>49</sup>** ea.

Cermak Fresh Mkt. **FLAN**  
5 oz.  
**1<sup>49</sup>** ea.

V&V Supremo **SHREDDED CHEESE**  
•Chihuahua  
•Three Cheese Blend  
2 lb.  
**9<sup>99</sup>** ea.

Cacique **CREMA**  
•Agria  
•Mexicana  
•Salvadoreña  
15 oz.  
**3<sup>49</sup>** ea.

El Viajero **QUESO FRESCO**  
10 oz.  
**2<sup>49</sup>** ea.

Cermak Fresh Mkt. **FLAN**  
5 oz.  
**1<sup>49</sup>** ea.

V&V Supremo **CHIHUAHUA CHEESE**  
•Original  
•Jalapeño  
**4<sup>99</sup>** lb.

Old Tyme **PROVOLONE CHEESE**  
**3<sup>99</sup>** lb.

FUD **POLACO HAM**  
**3<sup>99</sup>** lb.

El Caporal **TRADITIONAL HAM**  
**3<sup>99</sup>** lb.

El Gallito **MUENSTER CHEESE**  
**3<sup>99</sup>** lb.

La Chona **OAXACA CHEESE**  
**4<sup>99</sup>** lb.

Nuestro Queso **QUESADILLA CHEESE**  
**3<sup>99</sup>** lb.

FUD **TURKEY HAM**  
**4<sup>99</sup>** lb.

**Bakery**

Homemade **CHOCOLATE CHIP CAKE**  
8 inch  
**21<sup>99</sup>**

Homemade **TRES LECHEs CAKE**  
10 inch  
**26<sup>99</sup>**

Homemade **JUMBO DONUTS**  
**99¢**

Homemade **SWEET BREAD MIX**  
12 ct.  
**8<sup>99</sup>**

Chezito **PAN SOBAO**  
**2/\$5**

Brother's Donuts **DONUTS**  
All Varieties  
10 oz.  
**2/\$6**