

# SPA

ENGLISH





# LES LABORATOIRES MANSARD Paris

Indulge in a personalised moment in the expert hands of our ambassadors with a beauty ritual carefully designed to meet your individual needs. This comprehensive facial treatment, enriched with highly concentrated natural ingredients from phytotherapy, revitalises and deeply plumps the skin.

## *HYDRA HYALURONIC TREATMENT*

60 min • 150€

Discover the elegance of plumped and visibly smoothed skin with our hyaluronic acid facial treatment. Deeply hydrating, this treatment targets fine lines and wrinkles while improving skin elasticity, restoring volume and radiance for a revitalised complexion.

## *RESURFACING FACIAL*

60 min • 160€

Give your skin an instant glow. A gentle exfoliation and a vitamin C mask awaken the skin's radiance and even out its texture. Enriched with antioxidants, this ritual revitalizes, deeply hydrates, and reveals a pure, luminous glow. Combined with a draining lymphatic massage, it stimulates circulation, eliminates toxins, and gently redefines the contours of the face.

## *ANTI-AGEING FIRMING CAVIAR FACIAL*

75 min • 180€

Restore firmness and elasticity to your skin with this firming caviar treatment. Rich in nutrients, caviar boosts collagen and regenerates the skin. The phyto-thermal mask, combined with the benefits of cold therapy, firms and tones instantly, leaving your face lifted, smooth, and glowing.

# DR BARBARA STURM

Dr. Sturm relies on a combination of cutting-edge scientific ingredients and innovative formulas to target increasingly specific skin concerns. Her holistic approach to wellness treats the skin as a vital organ that requires respect and care. She employs advanced treatments and techniques to achieve immediate and lasting results. Skin appears visibly healthier and radiantly youthful.

## *EXPRESS LIFT FACIAL*

30 min • 125 €

Give your skin a soothing and revitalising experience with our unique facial treatment. In addition to its relaxing action, this treatment intensely hydrates and refreshes the skin, leaving it soft, nourished, and radiant. The PureLift technology, powered by micro-current, stimulates collagen production and strengthens the skin barrier for lasting results and deep revitalisation.

## *STURMGLOW™ FACIAL*

60 min • 210 €

Firm and smooth your skin while reducing fine lines and wrinkles with this hydrating and regenerating treatment. It revitalises the complexion and enhances skin elasticity. The treatment includes Dr. Sturm's Signature Anti-Aging Massage, an exclusive technique that stimulates blood flow and oxygenation while toning and sculpting facial muscles for an immediate glow.

## *SUPER ANTI-AGEING FACIAL*

75 min • 310 €

Often called a non-surgical facelift, this facial sculpts and provides immediate anti-ageing results. With sculpting massage, lymphatic drainage, and advanced active ingredients, it refines facial contours, stimulates circulation, and enhances natural processes, leaving the skin lifted and glowing. The PureLift technology, powered by micro-current, stimulates collagen production and strengthens the skin barrier for lasting results and deep revitalisation.

# MASSAGE

Our spa offers a selection of massages tailored to your needs, designed to envelop you in deep and divine relaxation.

## *TAILOR MADE MASSAGE*

30 min • 70€ / 60 min • 145€ / 90 min • 210€

Your therapist will take the time to assess your lifestyle, needs and preferences to create a personalised treatment, offering you a thoroughly customised wellness experience.

## *DEEP TISSUE MASSAGE*

60 min • 145€ / 90 min • 210€

This massage releases tension, relieves stress, and improves mobility. Using deep techniques, it targets tension areas to relax the muscles thoroughly, providing a sense of lightness and well-being.

## *HOT STONE MASSAGE*

60 min • 150€

Hot stones placed on key points of the body release a soothing warmth that promotes blood circulation, relieves tension and balances energy. Combined with gentle massage strokes, this treatment delivers an intense sense of well-being, easing stress and promoting mental and physical relaxation.

## *SCULPTING AND DETOXIFYING MASSAGE*

60 min • 150 €

This dynamic massage, with detoxifying benefits, helps stimulate the lymphatic system, encourage blood circulation and boost your metabolism. Once decongested, your body will feel visibly lighter, your silhouette reshaped, and your skin smoother and radiant.

*\*Add On*

## *FACIAL LYMPHATIC & SCULPTING MASSAGE*

20 min • 60 €

A precise and deep massage that releases tension, sculpts the features, and reactivates the skin's natural glow. Contours are redefined, the face brightens — breathing again, radiant with renewed energy.

# FACE AND BODY RITUALS

## *SIGNATURE RITUAL*

90 min · 210€

This signature treatment combines a back massage to release tension with an in-depth facial treatment. This ritual alleviates muscle tension, sculpts and smooths the features, giving the face a rested appearance and a return to its natural glow. A restorative treatment that reveals the complexion's glowing luminosity.

## *GLACIER RITUAL*

90 min · 210€

This body and face treatment offers a complete escape to serenity. It begins with a customised 60-minute massage to release tension, followed by a 30-minute facial treatment that revives the skin's glow. This ritual promises absolute relaxation, restoring harmony between body and mind for a deep and lasting sense of tranquility.

## *REVITALISING RITUAL*

90 min · 210€

This face and body ritual offers a true moment of deep relaxation. After an exfoliation that prepares the skin and invites softness, a targeted massage releases tension and restores energy flow. A nourishing treatment then enhances the skin and reveals its natural radiance. The ritual concludes with a tailor-made facial that brings renewed vitality and luminosity.

*\*\*Enhance your ritual with Dr. Barbara Sturm upgrade · €30*

*Dr. Barbara Sturm products will be used during the facial for an even more exclusive experience..*

# BEAUTY CARE

## MANICURE - PEDICURE

Available on request

## WAXING

Available on request

# YOGA & FITNESS

- Group yoga classes
- Private yoga & fitness sessions
- Available on request, booking through the spa

## CANCELLATION POLICY

Reservations cancelled within 24hours will be subject to a charge of 100% of the listed price

