PURE SMILE

8000 SW 117th Ave, Suite 100
Miami, FL 33183
(305) 787-3642 · puresmilemiami.com

CARE AFTER YOUR TREATMENT

After your crown or bridge

Keep this sheet. If you have any questions, call us at (305) 787-3642.

What is normal

- With a temporary crown, the tooth may be sensitive to cold and heat: a temporary does not fit as well as the final one.
- Making the final crown can take up to 2 weeks.
- With the final crown, it may take a few days to get used to your bite.

While you have the temporary

- Do not eat until the anesthesia wears off, so you do not bite your cheek, lip or tongue.
- Do not chew gum or eat sticky foods.
- Avoid very hard foods on that side.
- If the temporary comes off, keep it and call us so we can put it back.

With your final crown or bridge

- Brush twice a day with fluoride toothpaste and clean between your teeth every day. Under a bridge, use the special floss or brush we showed you.
- If we recommended a night guard, wear it.
- Do not smoke and limit sugar: decay can start at the edge of a crown.
- Come in for checkups and cleanings at least every 6 months.

For discomfort

- If you can take it, an over-the-counter pain reliever such as ibuprofen or acetaminophen, following the label or your dentist's instructions. If we prescribed a medication, take it exactly as directed.

Call us if...

- The crown, bridge or temporary comes loose or breaks.
- Your bite feels high or hits that tooth first.
- Pain or sensitivity gets worse instead of better.
- The gum around it swells or hurts.

Call 911 or go to a hospital emergency room if you have trouble breathing or swallowing, heavy bleeding that will not stop, or swelling that spreads to your face or neck or comes with a high fever.

Your dentist's instructions

Next visit: _____

(305) 787-3642 · Monday to Friday, 9:00 a.m. to 7:00 p.m. · Saturday, 10:00 a.m. to 5:00 p.m. puresmilemiami.com

General information based on recommendations from the American Dental Association (ADA, MouthHealthy and JADA) and the American College of Prosthodontists (ACP). It does not replace your dentist's instructions.