PURE SMILE

8000 SW 117th Ave, Suite 100
Miami, FL 33183
(305) 787-3642 · puresmilemiami.com

CARE AFTER YOUR TREATMENT

After your filling or bonding

Keep this sheet. If you have any questions, call us at (305) 787-3642.

What is normal

- If you had anesthesia, your mouth may stay numb for a few hours.
- The tooth may be slightly sensitive to cold or when biting for a few days.
- The tooth may feel different to your tongue until you get used to it.

Today

- Do not eat until the anesthesia wears off, so you do not bite your cheek, lip or tongue.
- Watch children so they do not bite themselves.

If you notice sensitivity

- Use a toothpaste for sensitive teeth every day: it works after several uses.
- Have your drinks lukewarm while it lasts.
- If you can take it, an over-the-counter pain reliever such as ibuprofen or acetaminophen, following the label or your dentist's instructions. If we prescribed a medication, take it exactly as directed.

With bonding (composite resin)

- Resin stains more easily than porcelain: limit coffee, tea, red wine and tobacco.
- Do not bite nails, pens or ice: resin can chip.

To make it last

- Brush twice a day with fluoride toothpaste and clean between your teeth every day.
- Limit sugar between meals.
- Checkup and cleaning every 6 months.

Call us if...

- Your bite feels high or hits that tooth first (it is a quick adjustment).
- Sensitivity or pain gets worse instead of better.
- The tooth hurts on its own, without a trigger, or wakes you up at night.
- The filling or bonding chips, breaks or falls out.

Call 911 or go to a hospital emergency room if you have trouble breathing or swallowing, heavy bleeding that will not stop, or swelling that spreads to your face or neck or comes with a high fever.

Your dentist's instructions

Next visit: _____

(305) 787-3642 · Monday to Friday, 9:00 a.m. to 7:00 p.m. · Saturday, 10:00 a.m. to 5:00 p.m. puresmilemiami.com

General information based on recommendations from the American Dental Association (ADA). It does not replace your dentist's instructions.