PURE SMILE
DENTAL CLINIC MIAMI · KENDALL

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INSTRUCTIONS · DENTURES

CARING FOR YOUR REMOVABLE PARTIAL DENTURE

How to adapt to and clean your new partial so it stays comfortable and lasts longer.

1 PUT IT IN AND TAKE IT OUT BY HAND

- **Always use your fingers:** Place and remove the partial with your fingers only. **NEVER bite it into place**: you can bend the metal clasps or break the resin base beyond repair.

2 GETTING USED TO IT AND SORE SPOTS

- **First days:** More saliva and small changes in your speech are normal. Read out loud to help your tongue adjust faster.
- **Like a new pair of shoes:** At first it may feel strange or stiff, or rub your gums a little, until it settles in and you get used to it.
- **Sore spots:** Small red or tender spots on your gums are common while they adapt. Do not try to adjust or file the partial yourself: call us and we will adjust it at the office.

3 DAILY CLEANING AND OVERNIGHT REST

- **Take it out at night:** Remove it every night so your gums can rest and to prevent fungal infections.
- **Gentle cleaning:** Wash it every day outside your mouth with a denture brush and mild liquid soap. Do not use regular toothpaste: it scratches the resin, dulls it and traps bacteria.
- **Keep it moist:** When you are not wearing it (especially at night), keep it in a glass of clean water or a denture cleaning solution so it does not warp as it dries.

4 CARE FOR YOUR NATURAL TEETH

- Keep brushing and flossing your natural teeth, especially where the clasps rest.
- **We will contact you for your checkups every 6 months to make sure your partial still fits perfectly!**

DOES IT HURT WHEN YOU CHEW?

We are here to take care of you. If your partial is uncomfortable or hurts, do not stop wearing it completely: call us at **(305) 787-3642** and we will book you for an adjustment.

WATCH THIS CARE VIDEO

Scan the code with your phone camera: we explain these instructions on video, and you always have this sheet at hand.

puresmilemiami.com/en/instructions-partial-denture

Patient Care Team
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