

The King David School Co-curricular Information Handbook



THE KING DAVID SCHOOL



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Introduction

Options & Opportunities

King David recognises it is our responsibility to educate the whole child. Alongside our academic offerings, we have a comprehensive co-curricular program that broadens students' learning experience.

Our before and after school sports programs, lunch time activities, participation in inter-school sporting competitions and extensive performing arts programs offer students an avenue for self-expression, confidence building, social skills, team work, time management and growth.

These rich holistic learning opportunities available at The King David School provide a broad educational model that extends students, ensuring they develop interests that will see them enjoying a well-rounded life and the skills to work collaboratively, think creatively and critically so they are able to thrive in the future.

Marc Light
Principal

Please note:

The information provided in this handbook is correct at the time of publication. Offerings are subject to change based on student interest and teacher availability.

Junior School



Junior Performing Arts

Students have an incredible range of performing arts opportunities at The King David School. The Instrumental Music Program covers most orchestral and contemporary instruments and our instrumental and vocal ensembles rehearse regularly throughout the year.

The Performing Arts Program includes Concerts, Soirées and fully staged Productions. Classroom Music offers students the opportunity to experience a number of instruments. Following this program, students may choose to continue with private instrumental music lessons.

For inquiries:

eli.erez@kds.vic.edu.au (Theatre) or libby.choo@kds.vic.edu.au (Instrumental)

Instrumental Music Lessons

The KDS Instrumental Program is based on best-practice principles and is benchmarked against other leading Independent Schools. All students in the KDS Instrumental Program have regular performance opportunities. Students are encouraged to join our expertly run choirs and ensembles. Aside from the enormous intrinsic benefits of ensemble participation, instrumental and voice students have been shown to make powerful gains in areas such as self-regulatory skills, pro-social behaviours and cognition.

WHO CAN JOIN

Any student from Prep - Year 5. Please note, some instruments may not be suitable for Prep students - this will be assessed on a case-by-case basis.

LESSONS

32 lessons p.a. (8 lessons per term)

PERFORMANCE OPPORTUNITIES

Soirées & Concerts

INSTRUMENTS

Bass Guitar	Piano
Cello	Euphonium
Clarinet	Recorder
Drums / Percussion	Saxophone
Euphonium	Trombone
Flute	Trumpet
French Horn	Viola
Guitar	Violin
	Voice/Singing

How to Enrol

The Music Enrolment Form is located in the myKDS under Student Area.

Conditions of Enrolment for Music Lessons

- For known appointments, 24 hours notice must be given (dentist, specialist etc).
- If a child wakes up ill, notice must be provided to the music instructor by 8.00am on the day of the lesson, otherwise the lesson will be charged at the usual rate.
- If sufficient notice is provided, all attempts will be made to make-up the missed lesson at a later date.
- Lessons missed by staff or due to a clash between the lesson and another School commitment are made up or reimbursed at the end of every semester.
- Students in Prep to Year 5 will be collected from class at their appointed lesson time.

Ensembles



In order to establish fundamental reading and group-performance skills, students receiving instrumental lessons at the School are encouraged to be involved in our ensemble program. Ensembles rehearse weekly and perform at school events including concerts and assemblies. Please note, the rehearsal times listed are subject to change.

Instrumental Ensembles

Junior Strings

WHO CAN JOIN

Years 3-5

Membership of this group is open to all string students, depending on student readiness.

REHEARSAL TIMES

Mondays after school (3.45pm - 4.15pm)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirées

Junior Guitars

WHO CAN JOIN

Years 3-5

Membership of this group is open to all guitar students, depending on student readiness.

REHEARSAL TIMES

Wednesday before school (8.00am - 8.40am)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirées

Rocking David Band

WHO CAN JOIN

Years 3-5

Membership of this group is open to all instrumental students, depending on student readiness.

REHEARSAL TIMES

Wednesdays after school (3.45pm - 4.15pm)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirées

Vocal Ensembles

Junior Choir

WHO CAN JOIN

Prep - Year 5

All welcome. Students receiving voice lessons should attend.

REHEARSAL TIMES

Tuesday lunch time

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirées & Community Events

Junior Orchestra

WHO CAN JOIN

Instrumental music students, depending on student readiness.

REHEARSAL TIMES

Thursdays after school (3.45 - 4.30pm)

PERFORMANCE EXPECTATIONS

Assemblies and Ensemble Soirées

Productions

Participation in a musical or play is, for many students, the highlight of their school year. KDS prides itself on staging productions that are both challenging, engaging and inclusive.

Prep - Year 2 Production

WHO CAN JOIN

All Prep - Year 2 students participate

Years 3 - 5 Production

WHO CAN JOIN

All Years 3 - 5 students participate



Science & Technology

Coding

WHO:

Years 2-5

DESCRIPTION:

At our Dandenong Road campus we have a Tuesday lunch time coding club. The coding club is an opportunity for students to go beyond regular classroom lessons and code with various coding applications like Codespark, LightBot, Scratch Python and Python Turtle.

GiST

WHO:

Years 2-5

DESCRIPTION:

This lunch time club enables girls to explore Science and Technology together. As well as conducting experiments, students hear from Scientists working in the field and learn about the achievements of women in STEM.

Fizz Kidz

WHO:

Prep-Year 2

WHERE:

Science Lab

DESCRIPTION:

Explore the amazing world of Science through hands-on Science experiments.

This clinic is offered by an external provider for an extra cost. Information about how to enrol is sent to parents at the start of each term.



Lego

WHO:

Prep-Year 5

DESCRIPTION:

LEGO club is where students will use their imagination to construct designs and solve problems while developing their fine motor skills and spatial awareness. This hands-on resource is also used as a great stepping stone towards the world of robotics and engineering!

MERIT

WHO:

Years 3-5

WHERE:

Science Lab / Art Room

CAPACITY:

Maximum of 18 students. Parents must sign up students via the form on the myKDS.

DESCRIPTION:

The MERIT program (Making, Engineering, Robotics and Information Technology) is a co-curricular program that encourages curious and creative learning through a broad range of practical learning experiences.

The Junior MERIT program activities are a combination of usually two to three (structured) learning activities for students as well as free-choice for students. Activities are centred around one of three levels: observer (watch and learn), tinkerer (pull down/build up/try something new) and creator (design and build).

Past activities have included:

- Art: pendulum painting, plaster, play-dough, wood art.
- Festivals: creation of wooden dreidels
- Robotics challenges with programming and engineering challenges.
- Electronics and simple circuits: light up cards and making a game controller using conductive materials.
- Materials and properties of materials: cardboard constructions, make a maze or a game, marble run activities, balanced, unbalanced and counter-balancing materials, magnets.
- Making: creating a hovercraft, spaghetti tower, paper cup catapult, sound spinners and loom band construction.

Sport

Before School Sport

WHO:

Years 3-5

WHEN:

Monday - Friday 7:30am - 8:30am

WHERE:

Front Playspace/Sports Hall/Harold Holt Swimming Centre

DESCRIPTION:

A wide range of before school clinics is offered in various sports. The sports change throughout the year and are run by KDS coaches.

SWIMMING

In Term 1 & Term 4, swimming is offered. Students are to be dropped off at Harold Holt Swim Centre at 7.15am and handed over to a KDS swim coach. The KDS bus returns students to school in time for Homeroom.

To sign your child up to a before school clinic, please go to the myKDS. Please note there is no extra charge associated with Before School Sport Training.



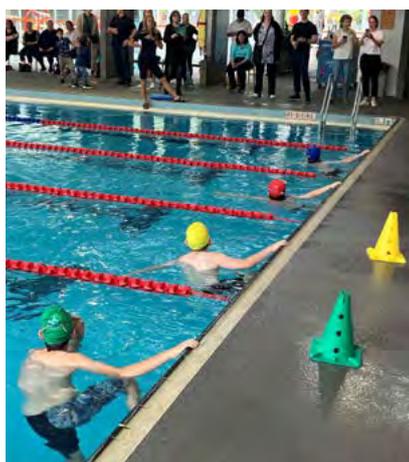
After School Clinics

A range of after school clinics is offered by various providers throughout the year. New clinics are on offer from time to time. These are operated at school and are run by external providers at an extra cost to families which is paid directly to the providers. Information on how to register is available on myKDS under mySchool in the Documents section. Clinics change from time to time and the days offered sometimes change. The table below shows a sample of a typical range of clinics provided. Parents can view the most up to date schedule by clicking on the co-curricular tile on myKDS.

Monday	Start	Finish
Tiny Tennis Senior Kinder Prep-Year 5	3.15pm 3.45pm	3.45pm 4.45pm
Chess (Philosophy room) Prep-Year 5	3.35pm	4.35pm
Wednesday	Start	Finish
SoccerWise Senior Kinder Prep-Year 5	3.15pm 3.35pm	3.45pm 4.35pm
Thursday	Start	Finish
FootyWise *running under SportWise program Senior Kinder Prep-Year 5	3.15pm 3.35pm	3.45pm 4.35pm
HoopWise *running under SportWise program Senior Kinder Prep-Year 5	3.15pm 3.35pm	3.45pm 4.35pm

House Sports

All students are allocated to one of four Houses: Arava (yellow), Galil (green), Kinneret (blue), Negev (red). Siblings are allocated to the same House. Inter-House competitions are organised during the year for swimming, athletics and other sporting and cultural activities.



Inter-school Sport Competition

All students in Years 3 to 5 compete in the weekly program of training and competition for the Balaclava District inter-school sport.

Balaclava District Sports (BDPSSA)			
TERM 1	TERM 2	TERM 3	TERM 4
Basketball	AFL	Athletics	Handball
Cricket	Netball		Sofcrosse
Hockey	Soccer		Touch Rugby
Softball	Tee-ball		Rounders
Volleystar	Ult. Frisbee		



Team Selections

At the start of each term, students select which sport they would like to join. If there are more students than required in a particular sport, then try outs will occur. The top performing students will then be selected for the teams and remaining students will be redirected to other sports that require more participants.



Inter-school Special Sporting Events

Students can try out for the following inter-school sporting carnivals:

Term 1: Swimming

Term 2: Cross Country Running

Term 3: Athletics

Before school training occurs for each of these teams prior to the inter-school carnivals.

Snow Sports

WHO:
Prep-Year 5

DESCRIPTION:
The King David School provides opportunities for students to compete in Snow Sports. Each year the School participates in the ABL Jewish Inter-school Snow Sports competition at Mt Buller.



Co-Curricular - Leadership Opportunities

Encouraging students to be 'upstanders' who now and in the future will assume leadership roles within the School, the Jewish community and beyond is of central importance at King David. Student leadership, activism and voice are promoted through a number of avenues.

In their final year in Junior School, all Year 5 students elect to be on a particular *Vaad* (committee), charged with leading and taking ownership over a particular area of school life, including *Ruach* (school spirit), *Yahadut* (Jewish life), *Tikkun Olam* (social action), *Iton* (newspaper), Sport, *Ichut Sviva* (environment) and Media.

Other Clubs & Activities

Clubs offer our students opportunities to explore a range of activities and support their development of specific skills. They also provides a space for like-minded children across multiple year levels to connect and build relationships.

We encourage all students to participate in a range of co-curricular opportunities to enhance their educational and social experience at school.

Clubs change from time to time and the days offered sometimes change. The examples below show samples of a typical range of clubs available. Parents can view the most up to date schedule by clicking on the Co-Curricular tile on myKDS.



Art/Drawing

WHO:

Prep - Year 5

DESCRIPTION:

This is a lunchtime club where students can come and do one of the following:

- Free drawing using your imagination.
- Step-by-step drawing using the 'how to draw' books.
- Draw with me, drawing what the teacher draws on the whiteboard one line at a time.
- Draw with the video, following instructions on a drawing video.

Board Games

WHO:

Prep - Year 5

DESCRIPTION:

Board games/global games - Are you a chess master? Do you have nimble hands for pick up sticks? Are you a Scrabble word maestro? Do you have a vision of your future for the Game of Life? Do you just love playing games? If you do, then the Board Games/ Global Games lunchtime club is for you!

Chess Club

WHO:

Prep - Year 5

DESCRIPTION:

Students learn the strategy of chess under the guidance of a chess teacher. They develop their skills as they play a range of games with their peers.



Israeli Movie Club

WHO:

Prep - Year 5

DESCRIPTION:

In the Israeli Movie Club, students are invited to practice their language skills while enjoying watching the latest movies in Hebrew. Sometimes we might even have a little surprise to nosh during this time.

Knitting Club

WHO:

Prep - Year 5

DESCRIPTION:

Knitting club is a time for students to design and create in a calming environment. This is a great activity for the development of fine motor skills and spatial recognition.



Nature Club

WHO:

Years 3-5

DESCRIPTION:

For students who love the outdoors and getting their hands dirty. Our hands-on exploration will allow them to develop their love of lifecycles, sustainability, and the environment.

Rock Band

WHO:

Prep - Year 5

DESCRIPTION:

Rock band is an opportunity for students to appreciate one of the greatest forms of music. Rock'n'Roll! They will also have an opportunity to create music spontaneously and collaboratively.

Slam Poetry, Debating & Stuff

WHO:

Prep - Year 5

DESCRIPTION:

This club is for developing the confidence and techniques required to engage and sustain the interest of an audience. Through scenarios, gameplay and improvisation children will develop their speaking, listening and oral skills.

Story Time

WHO:

Prep - Year 5

DESCRIPTION:

At storytime, students are introduced to various genres. Books are presented very theatrically and students have an opportunity to relax and join a wonderful world of fantasy.

Shabbat Shira / Israeli Dancing

WHO:

Prep - Year 5

DESCRIPTION:

This is an extra opportunity to get ready for Shabbat with games, songs, dancing, arts and crafts. This is a really joyous time conducted by our Jewish Experiential Educators.

Skipping

WHO:

Prep - Year 5

DESCRIPTION:

Skipping Club allows students the opportunity to improve their fitness, learn some tricks and have fun. There is the opportunity for both individual skill development and skipping as part of a group using our extra-long rope. Classic skipping rhymes such as 'Teddy Bear, Teddy Bear' and 'I Like Coffee' are introduced to the students who discover the joys of coordinating their jumps whilst singing and performing certain actions.

Magid Campus - Middle and Senior School



Magid Campus Performing Arts

Students have an incredible range of performing arts opportunities at The King David School. The Instrumental Music Program covers most orchestral and contemporary instruments and our instrumental and vocal ensembles rehearse regularly throughout the year.

The Performing Arts Program includes Concerts, Soirees and fully staged Productions. Music is also a highlight of the end of year Presentation Evening. Classroom programs in music and drama are provided up to VCE level, and many of our graduates have gone on to tertiary study and careers in the performing arts.

For inquiries:

eli.erez@kds.vic.edu.au (Theatre)

libby.choo@kds.vic.edu.au (Instrumental Music)

lachlan.mackay@kds.vic.edu.au (Music)



Instrumental Music Lessons

The KDS Instrumental Program is based on best-practice principles and is benchmarked against other leading Independent Schools. All students in the KDS Instrumental Program regularly perform in public. All Middle and Senior students can be members of our expertly run choirs and ensembles. Aside from the enormous intrinsic benefits of ensemble participation, instrumental and voice students have been shown to make powerful gains in areas such as self-regulatory skills, pro-social behaviours and cognition.

WHO CAN JOIN

Any student from Year 6 - Year 12

LESSONS

32 lessons p.a. (8 lessons per term).

PERFORMANCE OPPORTUNITIES

Soirees & Concerts

INSTRUMENTS

Bass Guitar

Cello

Clarinet

Drums / Percussion

Euphonium

Flute

Guitar

Piano

Recorder

Saxophone

Trombone

Trumpet

Viola

Violin

Voice

How to Enrol

The Music Enrolment Form is located in the myKDS under Student Information

Conditions of Enrolment for Music Lessons

- For Years 6 -12 students a condition of receiving instrumental/voice lessons at The King David School is weekly involvement in an ensemble.
- For known cancellations, 24 hours notice must be given (i.e. dentist, specialist etc).
- If a child wakes up ill, notice must be provided to the music instructor by 8.00am on the day of the lesson, otherwise the lesson will be charged at the usual rate. If sufficient notice is provided, all attempts will be made to make-up the missed lesson at a later date. Lessons missed by staff or due to a clash between the lesson and another School commitment are made up or reimbursed at the end of every semester.
- Students in Years 6-12 are expected to make their own way to their lesson.



Ensembles

In order to establish fundamental reading and group-performance skills (e.g. tuning, coordination, balance, sight reading, rehearsal technique etc.), it is compulsory for all students in Years 6-12 who are receiving instrumental lessons at the School to be involved in our ensemble program.

Ensembles rehearse weekly and perform at school events including concerts, assemblies and school musicals.



Concert Band

WHO CAN JOIN

Wind, brass and percussion students **MUST** attend
Any student learning a relevant instrument outside School should join (non-auditioned).

REHEARSAL TIMES

Wednesday after school (3.45pm - 4:45pm)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirees and community events

Magid Strings

WHO CAN JOIN

All string students **MUST** attend
Any string student (learning outside) may join (non-auditioned).

REHEARSAL TIMES

Wednesday after school (3.45pm - 4:45pm) (TBC)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirees

Nana - Jewish Music Ensemble

WHO CAN JOIN

Entry by **AUDITION** or **INVITATION**

REHEARSAL TIMES

Thursday before School (8.00am - 8.45am)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirees and community events



Vocal Ensembles

Magid Choirs

The Magid campus choirs are flagship groups, and specialise in multi-part choral singing that takes in a wide range of styles and eras. This group is run by a team of experienced choral educators.

WHO CAN JOIN

All Years 6 -12 voice/singing students **MUST** attend. Any Years 6 -12 student may attend (non-auditioned).

REHEARSAL TIMES

Years 6 - 8: Tuesday after school (3.45pm - 4.15pm)

Years 9 -12: Monday after school (3.45pm - 4.45pm)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirees & Presentation Evening



Percussion Ensemble

WHO CAN JOIN

All percussion students **MUST** attend

Any percussion student (learning outside of School) should join (non-auditioned).

REHEARSAL TIMES

Thursday before school (8.00am - 8:45am)

PERFORMANCE EXPECTATIONS

Assemblies, Ensemble Soirees and community events



Productions

Part of our school productions are high-quality, challenging and engaging experiences that bring our community together through the joy of theatre. They provide rich opportunities for students to build confidence, develop creative thinking, and strengthen collaboration skills. Whether performing on stage or contributing behind the scenes, students are supported to explore their talents, work as a team, and grow as artists and individuals.

Productions offer diverse opportunities for students to develop performance skills in drama, voice and dance, while also encouraging participation in a wide range of crew roles, including stage management, set design, costumes, lighting, sound and publicity. Above all, our productions are designed to be inclusive experiences for all students who are willing to commit to rehearsals and contribute to the shared success of the show.

Students can look forward to a rich cycle of productions, including:

- Biannual Middle School Musical - open to students in Years 6 to 9
- Every other year a Senior School Musical - open to students in Years 9 to 12
- Biannual Magid Campus Musical - open to students in Years 6 to 12
- Every other year a Magid Campus Production - a staged play for students in Years 8 to 10.

Through these opportunities, our productions celebrate creativity, collaboration and excellence, giving every participant the chance to shine.



Audition Conditions

1. Roles are determined by the Head of Productions and Production Staff. The following factors are considered:
 - (a) Ability
 - (b) Suitability
 - (c) Participation
 - (d) Year level
2. The opportunity to audition is subject to the following conditions:
 - (a) The casting decisions of the panel are final and not open to negotiation
 - (b) The casting decisions are confidential
 - (c) The audition process may involve call backs in order to finalise casting
 - (d) Students are expected to prioritise all other commitments around their rehearsals and performances.

Science & Technology

MERIT

WHO:

Years 6-12

DESCRIPTION:

The MERIT program (Making, Engineering, Robotics and Information Technology) is a co-curricular program that encourages curious and creative learning through a broad range of practical learning experiences.

The Senior MERIT program activities are a combination of usually two to three (structured) learning activities for students as well as free-choice for students. Activities are centred around one of three levels: observer (watch and learn), tinkerer (pull down/build up/try something new) and creator (design and build).

Some of our past activities have included:

- Art: pendulum painting, plaster, wood art
- Festivals: creation of wooden dreidels
- Robotics challenges with programming and engineering challenges
- Electronics and simple circuits: light up cards and making a game controller using conductive materials.
- Materials and properties of materials: cardboard constructions, make a maze or a game, marble run activities, balanced, unbalanced and counter-balancing materials, magnets
- Making: creating a hovercraft, spaghetti tower, paper cup catapult and sound spinners



Science Club

WHO:

Years 6 & 7

DESCRIPTION:

The Science Club has a theme each term such as "Life Sciences - making the invisible... visible".



Science Enrichment

Throughout the year there are a number of opportunities for students to extend their love of Science. Examples include:

TERM 1

- Science immersion biological research at GTAC: Years 9-11
- Forensics at the Police Museum: Year 7

TERM 2

- Big Science Competition: Years 7-12
- GTAC special events: Year 10

TERM 3:

- Aurecon Bridge Building Challenge: Years 8 & 9
- IMPACT 7 event: VCE Science students
- "It takes a spark" STEM Girls Conference: Years 6-9

TERM 4:

- GTAC special events: Years 6, 7 & 10

Sport

House Sports

All students are allocated to one of four Houses: Arava (yellow), Galil (green), Kinneret (blue), Negev (red). Siblings are allocated to the same House. Inter-House competitions are organised during the year for swimming, athletics and other sporting and cultural activities. Students of Alumni are allocated the same house as their parents.



Inter-school Sport Competition

All students participate in inter-school sports. Students in Year 6 compete together with Year 5 students in the Balaclava District competition.

Students in Years 7-12 compete in the Eastern Independent Schools Melbourne (EISM) competition.

Years 5 & 6: Friday morning

Year 7: Monday afternoon

Years 8 & 9: Thursday afternoon

Years 10-12: Wednesday afternoon.

Team Selections

At the start of each term, students select which sport they would like to join. If there are more students than required in a particular sport, then try outs will occur. The top performing students will then be selected for the teams and remaining students will be redirected to other sports that require more participants.

Once students have been selected in a sport they must commit to the team and to training sessions as arranged by their coach.

A golf program and a wellness program are also offered to students during Years 8-12 during allocated sports time.

Uniform

Full sports uniform is to be worn on each day PE or Sport is timetabled, and when competing in inter-school competitions. Refer to the myKDS for sports uniform requirements.

Some sports require knee-high sports socks to be worn during competition such as: AFL, Soccer and Hockey. Mouth guards are compulsory for Hockey and AFL. These items are available for purchase from the front office.

The following items will be given to students during the year for competition and must be returned back to the Sports Department once the competition is over.

AFL: Jumpers; Basketball: Singlets; Netball: Skirts; Swimming: Caps (individual use, not returned).

Balaclava District Sports (Years 5 & 6)

TERM 1	TERM 2	TERM 3	TERM 4
Basketball	AFL	Athletics	Handball
Cricket	Netball		Sofcrosse
Hockey	Soccer		Touch Rugby
Softball	Tee-ball		Rounders
Volleystar	Ult. Frisbee		



EISM Middle School Sport (Years 7-9)

TERM 1	TERM 2	TERM 3	TERM 4
Badminton (Year 7)	Football 12s	Football 12s	Badminton (Yrs 8-9)
Basketball (Yrs 8-9)	Indoor Soccer A & B	Indoor Soccer A & B	Basketball (Year 7)
Hockey (Boys)	Netball A & B (Year 7)	Netball A & B (Year 7)	Hockey (Girls)
Indoor Cricket (Year 7)	Table Tennis	Table Tennis	Indoor Cricket (Yrs 8-9)
Soccer	Volleyball (Yrs 8-9)	Volleyball (Yrs 8-9)	Netball A & B (Yrs 8-9)
Softball (Yrs 8-9)			Soccer (Boys) (Year 7)
Volleyball (Year 7)			Softball (Year 7) & Tennis

EISM Senior Sport (Years 10-12)

TERM 1	TERM 2	TERM 3	
Basketball A & B	Badminton	Badminton	
Hockey (Boys)	Football 15s	Football 15s	
Indoor Cricket	Hockey (Girls)	Hockey (Girls)	
Soccer	Indoor Soccer A & B	Indoor Soccer A & B	
Softball	Netball A & B	Netball A & B	
Table Tennis	Volleyball A & B	Volleyball A & B	
Tennis			

After School Sport Training

WHO:

EISM teams

WHEN:

Mondays (3.45pm - 4.45pm): Year 8 & 9 EISM training

Thursdays (3.45pm - 4.45pm): Year 7 EISM training

WHERE:

Magid campus grounds

DESCRIPTION:

Our coaches provide sports training after School.

The sports change each term.

Please refer to the myKDS for current sports on offer.



Fitness Club

WHO:

Years 8-12

WHERE:

Gym

WHEN:

Before School and Lunchtimes

DESCRIPTION:

Personal Training is offered with a variety of fitness coaches in the gym. Check the updated timetable on the Co-curricular page on myKDS for session times.



Yoga

WHO:

Years 6-12

WHERE:

RMC

DESCRIPTION:

Yoga is offered several times each week. Check the updated timetable on the Co-curricular page on myKDS for session times.



Highlights Sport



Our increased focus on sports means we consistently reach the finals in our leagues. In the last few years we have won or placed in Senior Soccer, Years 8/9 Girls' Footy, Years 8/9 Boys' Footy, Years 8/9 Boys' Basketball, Years 8/9 Girls' Badminton, Years 8/9 Boys' Softball, BDPSSA Volleystars, Soccer, Basketball and have scored highly in EISM Swimming and Athletics. Our students, show grit, determination and great attitudes throughout each season.

Snow Sports

WHO:

Years 6-12

DESCRIPTION:

The King David School provides opportunities for students to compete in Snow Sports. Each year the school participates in the ABL Jewish Inter-school Snow Sports competition at Mt Buller.



Co-Curricular - Leadership Opportunities

Encouraging students to be 'upstanders' who now and in the future will assume leadership roles within the School, the Jewish community, and beyond is of central importance in the School. Student leadership and voice are promoted through a number of avenues.

At the Magid campus, students from each year level serve on the Kol Echad (One Voice - Student Action Committee), which provides a forum for raising concerns, sharing ideas and organising social justice and fund-raising projects. All Year 10 students participate in Derech, a program in which leadership capacity is developed through explicit training and opportunities to facilitate sessions with younger students. Year 11 students have the opportunity to mentor Year 7 students in Amit, our peer leadership program.

As Year 11 students approach their final year in the school, they may stand for a position on the Hanhagah, the school's peak student leadership body consisting of elected representatives (*Manhigim*) serving on four *va'adot* (committees), including *Yahadut* (Jewish life), *Ruach* (school spirit), *Tikkun Olam* (social justice) and *Tarbut* (art).

The Hanhagah meets weekly with the Jewish Experiential Education team and school leaders to discuss initiatives and plan events. It plays a central role in driving student engagement in Jewish life activities and building school spirit and culture. Members are offered leadership training and mentoring.

Other Clubs & Activities

Many of our clubs are student-run, often by members of the Hanhagah (Year 12 leaders). Accordingly, they change based on students' interests. Current examples of clubs include Art Club, Challah Back Club, Chess Club, Advanced Dungeons and Dragons, and Friday T'filah.

Staff run groups and activities include Study Club, Debating, Q&A (SAGA), Model UN, Parashat HaShavua, Maths Help and English Help. Parents can view the most up to date schedule by clicking on the Co-curricular tile on myKDS.

