

Sarnia-Lambton

ANNUAL REPORT 2025-26

REBOUND

CREATING A COMMUNITY WHERE ALL YOUTH BELONG.

2025

HIGHLIGHTS &
SUCCESSES

2067

YOUTH SERVED

CREATING A
COMMUNITY
WHERE ALL
YOUTH
BELONG.

21

PROGRAMS &
SERVICES



VALUES GROUNDED IN RELATIONAL PRACTICE AND YOUTH ENGAGEMENT, WE VALUE:

Partnership with Youth

We centre youth voice. We meet youth where they're at and walk alongside them as trusted partners, supporting them to make decisions about their own lives. We know change takes time. We hang in with youth.

Nurturing Our People

We recognize that the strength of our work comes from the people who do it. We are committed to supporting the growth, development, and wellness of our staff, fostering a culture of trust, learning, and care.

Connection

We build connection through presence, compassion, and consistency. Authentic relationships are the foundation of healing, growth, and change.

Inclusion

We create safer, welcoming spaces where all youth are seen, accepted, and supported to belong, learn, and grow.

Collaboration

We know we can't do this work alone. We weave together the strengths and experiences of youth, families, staff, and community partners to build a coordinated, caring, and holistic support network.

Accountability

We take ownership of the impact and quality of our work. Through measurable outcomes, evidence-informed practices, and transparent reflection, we demonstrate the value of our services.

Our Story

Founded in 1984 by Barry Symington, Dee Cox, and Terry Fitzgerald, Rebound is a grassroots agency based in Sarnia-Lambton. Our mission is to address the needs identified by youth and the community through responsive, evidence-informed prevention and early intervention services.

Recent trends in service requests have highlighted issues such as mental health, stigma, identity, isolation, bullying, and pressures from social media. Recognizing the need for safer spaces and caring guidance, Rebound leads The NEST and collaborates with the Sarnia-Lambton Youth Wellness Hub (YWHO).

Research shows that the brain continues to develop until around age 25, emphasizing the importance of supporting young people during adolescence. Through evidence-informed programs, we aim to strengthen youth before issues escalate. Our programs are accessible to all youth aged 8-24, with referrals from various sources including self-referrals.

At Rebound, all youth are welcome, and our customizable supports ensure that each individual's unique needs are addressed without lengthy wait times.



Land Acknowledgement

Sarnia-Lambton Rebound recognizes that the land on which we support our youth was stolen from the Chippewa, Odawa, Potawatomi and Delaware nations through Treaty 29. We take a moment now to recognize the generational impact of this harm on our local Indigenous community. We as a staff commit to continue using our privilege to support all youth in our community and support the healing of Indigenous communities through intentional relationships and partnerships.

EXECUTIVE DIRECTOR & BOARD CHAIRS MESSAGE

Every year, we are deeply honoured to reflect on the work of this incredible organization.

It is a privilege to lead Rebound and to walk alongside the most dedicated staff, volunteers, partners, and most importantly, the youth who inspire us every single day. Their courage, creativity, and resilience continue to shape who we are and who we strive to be.

Last year, we shared our refreshed strategic priorities, and over the past twelve months we have been fully immersed in bringing them to life. From strengthening our evaluation capacity, to deepening youth engagement, to embedding relational practice across our programs and organization, we have been intentional about turning strategy into action. When you are living the day-to-day, it can be easy to forget just how much is accomplished in a single year, until you pause, look back, and truly take it in.

This year, that reflection brings immense pride. A few highlights stand out:

We spent the summer engaging youth and staff in meaningful conversations about our refreshed mission, vision, and values which is now proudly featured in this AGM report. Their voices shaped every word, and we are excited to continue building a community where all youth feel they truly belong.

Rebound's commitment to embedding relational practice into organizational culture was recognized on an international stage this year. Our work was featured through a presentation in Ireland, a global webinar attended by participants from Brazil, Europe, South Africa, and the USA, and will continue to be highlighted at the upcoming World Child and Youth Care Conference in June. These opportunities reflect the growing impact and leadership of Rebound's relational approach beyond our local community.

We launched a new partnership with the Children's Aid Society, providing care and support for nine youth who are building independence and navigating early adulthood.

Through a youth engagement process, we renamed The Hub to The NEST (Navigate, Empower, Support & Thrive) and celebrated this transformation with a beautiful open house that reflected the warmth and safety the space represents.

After over 40 years, we finally got a van, a milestone that expands our ability to remove barriers and ensure youth can access the programs and supports they deserve.

We hosted an incredibly successful Wicked-themed gala, and after thoughtful consideration, made the decision to pause the gala moving forward due to ongoing economic pressures.

As we look ahead, our focus remains steady and hopeful. We will continue operationalizing our strategic priorities, strengthening evaluation, deepening youth engagement, and nurturing relational practice. We are excited to expand our partnerships with local agencies, including the Integrated Director role with St. Clair Child & Youth Services, and to continue supporting youth and families who need a little Rebound in their lives.

As we reflect on this past year, we are in awe of what is possible when a community comes together with purpose and heart. To our staff, volunteers, board members, community partners, donors, and especially the youth and families who trust us with their stories; thank you. Your commitment, compassion, and belief in our mission make Rebound the extraordinary place it is.

With heartfelt gratitude,

Michelle Holbrook, Executive Director
Allison Pilat, Chair of the Board of Directors



2025-2026 HIGHLIGHTS

what a year!

Bi-ANNUAL RETREAT



prom dreams!



Red Carpet Ready

Rick Mercer Visits!



SHELL Canada Donation



Sarnia Community Foundation Donation



PRIDE PARADE

love is love



NEST OPEN HOUSE



Alix Family Donation



HFY GALA



Rotary Donation

Thank you!

ACT II



WE GOT A VAN!



Outstanding Business Achievement Award for Inclusivity





C.A.R.E. PROGRAM

The C.A.R.E. Program emerged from insights gained through the 1 in 3 program, aiming to foster healthy relationships among youth ages 12-17. It welcomes referrals from caregivers, schools, and community agencies, empowering participants with essential skills for effective communication, boundary setting, and recognizing unhealthy behaviors. Jointly operated by Sarnia-Lambton Rebound, Women's Interval Home, and The Centre. This year the C.A.R.E. Program was held in Sarnia, Chatham & Kettle and Stony Point First Nations.

22
youth served

91% reported increased healthy decision making about sexual activity and relationships

100% reported an increase in understanding the importance of consent



LIFE CHOICES

Our flagship program, Life Choices, has been a cornerstone of our services since its inception in 1984, generously supported in part by the United Way of Sarnia-Lambton. This nationally recognized 6-week social skills program is tailored for youth ages 12 -17, aiming to foster personal growth and development.

Utilizing interactive activities, behaviour rehearsals, and video clips, our dedicated staff and volunteers guide participants through weekly topics, including self-esteem, relationship improvement, and pro-social skill development. The program creates a relaxed and safe environment where youth can learn and have fun simultaneously.

Each session is customized based on the unique needs of the participants, covering a range of topics such as self-respect, resiliency, youth and the law, social media, substance education, goal setting, and communication. Notably, one graduate of the program has transitioned into a junior coaching role in another program, showcasing the program's lasting impact on youth development.

11
youth served

88% of youth report an improvement in coping skills.



T.A.G. PROGRAM

The T.A.G. Program (Tools For Achieving Growth) was exceptionally popular this year, with a waitlist for every session, reflecting its value and impact in the community.

The T.A.G. Program supports boys ages 8-12 in developing essential skills and techniques to manage impulse control, aggression, decision-making, bullying, and building healthy friendships. Staff and volunteers use games, activities, behavior rehearsals, and video clips to help youth develop effective long-term strategies.

Weekly Topics Include:

- Healthy Friendships & consent
- Teamwork
- Respect
- Bullying/Cyber Bullying
- Emotional Regulation
- Peer Pressure

29
youth served

83% reported an increase in understanding the importance of self-care.



HOUSING SUPPORTS

Rebound continues to support youth living at Ohana Landing, a transitional housing program for youth ages 16–24, as well as youth in the community who have experienced homelessness. During the year, 17 youth were served, including 6 youth and 2 children living in transitional housing.

The Housing Support Worker provides individualized supports focused on life skills development, goal setting, housing stability, independent living, mental health, community integration, conflict resolution with peers, roommates, and family members.

Life skills programming covered topics such as budgeting and taxes, coping skills, active listening, emotional independence, personality dimensions, wants vs. needs, human trafficking awareness, and domestic violence through a youth-led session. All youth currently residing in the program are either employed or attending school. Youth were connected to a wide range of community resources including food banks, counselling, employment services, CMHA, Legal Aid, Victim Services, John Howard Society, Children's Aid Society, Sarnia Police, and local school supports. Community partners such as Lambton College also participated in group programming. Recreational and community-building activities included nature walks, thrifting outings, and visits to a rage room.

17
youth served



IN -SCHOOL DETENTION

For the past seventeen years, Rebound has been delivering in-school suspension and detention services to secondary schools in the St. Clair Catholic District School Board in Sarnia and Chatham. Instead of being sent home, students are referred to this program by school administration and participate in on-site detention within a classroom setting. During their time in the program, students receive support to complete their schoolwork and engage in social skills development.

Staff members hold reflective conversations with the students, discussing the reasons for their detention and exploring alternative choices for the future. This approach not only helps students stay on track academically but also fosters personal growth and better decision-making. Additionally, the program provides a quiet space for students to catch up on missed work.

Rebound's in-school suspension and detention services play a crucial role in supporting students' academic progress and personal development, ensuring they have the tools and guidance needed to make positive changes and succeed in their educational journey.

1234
youth served



CHOICES JR & SR. PROGRAM

Choices Sr. is a comprehensive 6-week program designed for youth ages 13-17, providing them with accurate and up-to-date information about the effects of various substances and environmental influences that support substance use.

The program not only educates youth about substance use, but also helps them develop the skills and confidence necessary to resist risk-taking behaviours. Similarly, the Choices Jr program is tailored for youth ages 8-12, focusing on decision-making, coping skills, and harm-reduction strategies.

14
youth served

93% report increased decision making capacity



YOUTH IN TRANSITION (YIT)

The Y.I.T. empowers youth aged 16-24 involved with a Children's Aid Society, guiding them in accessing and navigating essential services as they move towards adulthood. This program provides comprehensive support, including service navigation, life skills programming, and goal setting, to foster better outcomes for these youth, who often face significant challenges compared to their peers.

In 2025, the program remained steady for youth ages 16-18. Engaging with youth at this stage enables the Youth-in-Transition Worker (YITW) to build meaningful relationships earlier, fostering a smoother transition as youth prepare to exit the support of their Children's Aid Society.

In 2025, 23 group sessions were delivered, reaching a total of 61 participants.

Key areas of support for youth in the YIT program include housing, education, employment, health care, mental health, life skills & food security.

61
youth served



PSYCHOSOCIAL WELLNESS

Psychosocial wellness, offered in partnership with the ACT-Y program at St Clair Child and Youth, provides youth-centered, holistic care that supports children/youth in developing, regaining, or improving age-appropriate skills for home, school, and community functioning. It emphasizes regulation and coping, social and relationship skills, self-esteem, leisure and wellness, substance use education, and practical life skills such as cooking, budgeting, and time management. The program fosters peer support, caregiver involvement, and skill-building to promote resilience, independence, and community integration, while ensuring accessibility, inclusivity, and continuity of care. Interventions are tailored to developmental needs, supporting positive relationships, recreational engagement, and life skills necessary for successful participation in family, school, and community life.

23
youth served



S.T.A.G.E. PROGRAM

Our S.T.A.G.E (Strategies Towards Achieving Girl Empowerment) Jr. & Sr. program spans 6 weeks and is tailored for young female identifying, with Jr. sessions catering to ages 8-11 and Sr. sessions to ages 12-15. This program addresses key issues such as relational aggression and body image, meeting the developmental needs of participants across both age groups.

Offered in response to community demand, the program provides a vital platform for young girls to navigate societal pressures in a healthy manner. Topics covered include relational aggression, unhealthy media messages, self-esteem, safety, healthy body image, bullying, and cyberbullying. Participants engage in various activities, including making friendship beads to cherish their experiences in the S.T.A.G.E. Program.

In 2025, this program ran twice, offering invaluable support and guidance to 7 youth.

7
youth served



CEDAR RIVER CLASSROOMS

The Cedar River Classroom caters to students who, due to various reasons, require specialized educational support outside the conventional school system. Students come from both Lambton Kent District School Board & St Clair District School Board. They are taught by a Lambton Kent District School Board teacher following the Ontario Ministry of Education curriculum.

Supported by Rebound staff, an LKDSB Teacher, and an Educational Assistant, the Cedar River Classrooms at Sarnia-Lambton Rebound and within Northern Collegiate Institute & Vocational School provides a therapeutic environment for students to fulfill their educational requirements at a pace tailored to their individual needs. There is a focus on mental health treatment provided by St. Clair Child and Youth Services as well as skill development & practice by Rebound Staff.

In the past school year, the Cedar River classrooms served 12 high school students at Northern Collegiate and 12 youth (5 elementary and 7 high school) in the Rebound Space at the Dow Center for Youth.

24
youth served



CROSSROADS CLASSROOMS

The Crossroads Classroom provides a specialized learning environment for students disengaged from traditional high school settings. Referrals come from the Children's Aid Society (C.A.S) and Youth Probation. T2 collaborates with numerous community agencies, including C.A.S., St. Clair District School Board, Youth Probation, St. Clair Child and Youth Services, Lambton Kent District School Board, and John Howard Society, to support youth and their diverse needs.

The Crossroads Classroom serves high school students ages 14-18, offering therapeutic activities to help them achieve their academic and personal goals. The program coordinator works closely with a teacher to ensure students remain engaged in their learning. Activities include life skills development, coping mechanisms, informational meetings with community partners, resume building, cooking, field trips, and more.

In 2025, the Crossroads classroom successfully helped 13 youth re-engage with their education, demonstrating significant progress by completing 61 credits. This program is crucial in providing the support and resources needed for youth to succeed academically and personally.

61
credits earned

13
youth served



P.A.S.S. PROGRAM

The P.A.S.S. (Positive Alternative to School Suspension) Program provides an alternative to home suspension for students in grades 4 through 12 in both Sarnia Lambton Kent District School Board, St. Clair Catholic District School Board (L.K.D.S.B & S.C.C.D.S.B.) and Chatham (L.K.D.S.B.). Designed for youth facing school suspensions of 1-10 days, P.A.S.S. focuses on developing positive social and cognitive skills while ensuring students maintain their academic progress. By offering structured support and guidance, the P.A.S.S. Program helps students stay on track academically and develop the skills needed to succeed.

83 youth served



THRIVE PROGRAM

The Thrive Program is an interactive program offered to youth ages 12-14 and focuses on resiliency, coping strategies and encourages self-discovery and self confidence.

This program teaches youth skills to overcome obstacles, how to be resilient, learn communication skills and discover one's strengths, beliefs & values. The hands-on learning includes a weekly relaxation exercise that is designed specifically to assist youth in coping with relevant stressors in their lives. The 2025 year saw the Thrive program held at North Lambton Community Health Centre , with 14 youth served.

14
youth served



Y.W.H.O.

Rebound continued to partner with the Youth Wellness Hubs Ontario (YWHO) initiative by providing skills, wellbeing activities and support within the drop-in space. Staff attended the hub weekly to connect with youth, offer support, and provide referrals to Rebound and community-based services. The space provides opportunities for youth to access informal support in a welcoming, low-barrier environment while building positive relationships with trusted adults. Rebound staff offer weekly activities, and a helping hand to youth within the space.

39
youth served

594 ❤️
face-to-face visits



THE NEST

Navigate Empower Support & Thrive

February 2026 was The NEST's 9th anniversary and we went through a big change rebranding from The Hub to The NEST. We continue to do the same great work with our youth and community partners just under a new brand that helps us stand out within Sarnia Lambton as there are many new "hubs". As youth engagement is a big focus at Rebound we wanted to make sure our youth were involved in the rebrand. We asked for youth to give ideas for names and then had all our youth be able to vote on their favourite names. Once The NEST was chosen we then asked for youth to provide ideas for a new logo. After we had a few designs drawn up the youth then got to vote on their favourite logo which resulted in what we have now! Overall the youth were able to be a part of every step as this is their space and we want them to feel they have an input and say in developments of the space. We now have a Y.E.S Committee which stands for Youth Economic Solutions and focuses on how youth can do more within fundraising at The NEST.

The NEST had a very successful fundraiser of our annual Fill the Tub for The Hub bringing in more donations than previous years (to be renamed with our rebrand). Our youth also participated in the St. Lukes Christmas Bake Sale and raised money that goes directly back to them.

We continue to have onsite partners, such as Goodwill Careers, Workplace Group, CMHA, Harm Reduction and The Centre, that integrate into our space to support our youth.

196 youth served
3263 dinners served

"I sat there taking it all in and almost teared up thinking how great this place is. They do not have places like this where I come from and I am having such a great time making friends."

- NEST Youth Participant



S.T.A.N.D.

The S.T.A.N.D. (Stop, Think & Decide) Program offers therapeutic support and early intervention through private sessions, catering to individual youth needs or as a transitional option while awaiting group programming. Specifically designed for youth ages 8-17, S.T.A.N.D. sessions provide a safer environment for youth to navigate the complexities of the teen years.

Unlike many group-oriented programs at Rebound, S.T.A.N.D. recognizes the value of one-on-one communication. It serves as a crucial bridge for youth who may find solace in individual sessions or are awaiting other Rebound services. Importantly, S.T.A.N.D. sessions are provided free of charge, ensuring accessibility to all.

In 2025, S.T.A.N.D served a total of 54 youth, in Sarnia and the outlying county, highlighting its importance as a personalized and supportive resource for young individuals navigating challenges during their formative years.

54
youth served

100% of youth report an improvement in their coping skills.

100% report increased decision making capacity

100% report increase in understanding the importance of self-care



SPECTRUM

Spectrum is an inclusive drop-in program for 2SLGBTQIA+ youth in Sarnia-Lambton, providing a safer space for those ages 12-24 to find community, express their identities, and engage in educational and fun activities free from judgment.

Spectrum's over-arching goals are to ensure a safer space for all 2SLGBTQIA+ youth, combat homophobia and transphobia through community outreach and educational campaigns and help youth gain self-confidence and feel comfortable in their identities.

Youth experience includes one-on-one support, acceptance and understanding, knowledge of 2SLGBTQIA+ history, building friendships, guest speakers who identify as 2SLGBTQIA+, fun through art, board games, movie nights and opportunities to participate in community events.

Celebrating 14 years at Sarnia-Lambton Rebound, the Spectrum program had 150 visits from 40 individual youth with 16 new intakes.

Spectrum continues to be a vital resource for 2SLGBTQIA+ youth, fostering a supportive environment where they can thrive.

40
youth served



SUPPORTIVE HOLISTIC INDEPENDENT LIVING

In partnership with The Children's Aid Society (C.A.S.), Supportive Holistic Independent Living (S.H.I.L.) at Rebound provides youth with a safe, supportive home environment as they transition toward independence. Grounded in relational practice and the Pillars of Care Framework, the program helps young people build life skills, establish routines, and strengthen connections with family and community. Through individualized support, S.H.I.L. staff walk alongside youth each day - encouraging goal setting, advocating for their needs, and honoring their voices. With a focus on trauma-informed and culturally sensitive practices, the team works collaboratively with care providers and community partners to create strong networks of support.

In-house: 2 youth served
Community: 7 youth served

9
youth served



ACT II THEATRE PROGRAM

This year, the Act II Program showcased the talent and dedication of 35 young individuals who participated in the Madagascar Jr. production. With the support of 25 dedicated volunteers, the Imperial Theatre showing of Madagascar Jr. was a phenomenal success. The cast and crew devoted 11 weeks to rehearsals and we can't thank them enough for all of their hard work. Our ACT II program continues to provide vital supportive services for youth through a variety of performing, visual, expressive, and musical arts-based activities. This program offers young people the opportunity to develop a stronger sense of self-worth and belonging through a youth-engaged expressive arts model.

ACT II remains accessible at no cost to participants, incorporating skill-building exercises led by Rebound's staff team. These professionals work in conjunction with trained adult allies from the arts community, ensuring a comprehensive and enriching experience.

35 youth participants (on & off stage)

RED CARPET READY

Red Carpet Ready at Rebound collects new and gently used formal dresses, suits, shoes, and accessories and provides them free of charge to local students for prom and graduation. Donations are gathered each January and February through our annual formal wear drive, then distributed at our Pop-Up Shop, held the second weekend in March.

Our March 2026 Pop-Up Shop was our largest yet, outfitting 172 youth for their special occasions. Staff and a dedicated team of volunteers worked together to create a welcoming, supportive shopping experience where students could find outfits that helped them feel confident and celebrated.

This program continues to thrive as a true community effort. It would not be possible without the generosity of donors, volunteers, and community partners who contribute formal wear, space, supplies, and time. We are deeply grateful to this year's supporters, including The Dante Club, Capes Movers, Joy's Bridal Boutique, Ravell Insurance, Sarnia-Lambton Children's Aid Society, Nova Chemicals, and our friends at the old SCITS building. Our volunteer committee also continues to play a vital role, working year-round to make each year's event a success.

172 youth supported

D&D PROGRAM

The Dungeons & Dragons program ran from Fall 2024 through Summer 2025, engaging six youth in a creative, youth-led environment that fostered connection, confidence, and personal growth.

Program feedback demonstrated a highly positive experience, with 94% of participants reporting that they found the adventure enjoyable. The strongest areas of growth identified by youth were creativity, self-expression, and self-awareness, highlighting the program's ability to encourage personal development in a natural and engaging way. Throughout the year, the program continued to provide a safe, supportive space where youth felt comfortable connecting with both their peers and themselves. While the D&D program has since concluded, it leaves behind a strong legacy of fostering connection, resilience, and personal development through creative, youth-centered programming.

6 youth participated

VOLUNTEERS

Volunteers are at the heart of everything we do at Rebound. This year, their compassion, dedication, and generosity made a meaningful impact on the youth and families we support every day.

Volunteers supported programs across the organization, including Act II, Red Carpet Ready, evening programming, and at the NEST. They also played an important role in many community events and fundraisers, including our Hearts for Youth Gala, An Evening with Rick Mercer, monthly dinners at the Moose Lodge, and Bingo nights at Jackpot City.

Every hour volunteered reflects kindness, connection, and belief in young people. To all our volunteers, thank you. Your time, support, and commitment help make our work possible, and we are incredibly grateful for all that you do.



2025-2026 Volunteer Service Awards

125 hours
Allison Pilat
Teri-Thomas-Vanos

250 Hours
Mary Gates
Kim Ebert
Katie Smith
Jan Seabrook
Meghan Reale
Ian Thomas
Jessica Beasley
Brooke Lindsay
Cassper Brown

375 Hours
Maddisyn Macedo
Nick Macedo
Brennah Freer

“As I drove home from this afternoon’s program, I caught myself smiling ... a great big ... throw caution to the wind... kind of smile! I was feeling more energetic than I’ve felt for weeks!”– ML Goodacre

8851

Volunteer hours donated in the 2025-26 year.

CHOICES PROVINCIAL & MEMBER SITES

The Choices program is funded by the Ministry of Health to provide a Best Practice early intervention & prevention, mental health & addictions program within eight locations across Ontario:

- Thunder Bay Counselling Center in Thunder Bay
- Algoma Family Services in Sault Ste. Marie
- RNJ Youth Services in Lanark, Leeds & Grenville
- Lake of the Woods District Hospital in Kenora
- Shkagamik-kwe Health Center in Sudbury
- Hong Fook Mental Health Association in Scarborough
- Malvern Family Resource Center in Scarborough
- Canadian Mental Health Association in York Region

There are five Member Sites who have purchased Sarnia-Lambton Rebound's professionally designed programming to facilitate within their organizations.

The locations are:

- RNJ Youth Services in Lanark, Leeds & Grenville
- Algoma Family Services in Sault Ste. Marie
- Essex County Diversion in Windsor
- Serenity Renewal for Families in Ottawa



FUNDRAISING

Throughout the past year, we have explored new ways to engage our community and raise the funds needed to support Rebound's youth programs.

In June 2025, we were thrilled to introduce a new summer fundraising event, Talking to Canadians – An Evening with Rick Mercer. The event attracted new sponsors and reached an audience that may not have previously supported Rebound's fundraising events. It was an evening filled with laughter, insightful conversation, and meaningful community connections. Rick reminded us, with his trademark humour and charisma just how much there is to love about Canada. During his visit to Sarnia, he also made a surprise visit to the Rebound office to connect with youth. The event raised \$18,000 in support of Rebound programming.

In July 2025, there were smiles all around as we announced new funding from Shell Manufacturing Centre Corunna in support of The Hub program, now known as The NEST. Through a three-year commitment of \$165,000, this funding will help address transportation barriers, create a welcoming outdoor green space, and enhance programming opportunities at The NEST. As a result, a new Ford 12-passenger van was purchased and delivered in February 2026.

Rebound's signature fundraising event, the Hearts for Youth Gala was held at the Dante Club in early February 2026. This year's theme was For Good - A Wicked Gala with a Heart. The Emerald City, with all its magic, was front and centre for this evening's pink and green celebration. As guests arrived, the front lobby was a showcase of beautifully dressed guests, many in stunning Wicked themed costumes. Again, our friends and loyal supporters at Carpenter's Union Local 1256 were our Title sponsor of the event. The gala successfully raised \$80,000 to support programming and services.

We apply for grant funding through local, provincial and national organizations on a continuous basis. Grants are an integral source of financial support for youth programming and services. In addition to grants, we are grateful for the generous donations and ongoing support from the community. We are fortunate to live and work in Sarnia-Lambton, where so many individuals, foundations, service clubs, organizations, and businesses are committed to helping us create a community where all youth belong.



Behind every strong community is a network of people who give – not because they have to, but because they believe in something bigger.

THE TEAM

At Rebound, our strength lies in the passion, dedication, and expertise of our team. Each member brings unique skills and a shared commitment to empowering and uplifting the youth in our community. Together, we work tirelessly to create a supportive and nurturing environment where every young person can thrive and realize their full potential.

STAFF

Michelle Holbrook, Executive Director
Sarah McCann, Business Manager
Andraya MacMillan, Programs & Development Manager
Mairi Macintyre, Community Support Team Manager
Beverley Horodyski, Fund Development Coordinator
Tara Anderson, Administrative Assistant
Brook Freer-Wiles, Creative Design Lead
Julie Claeys, Program Coordinator-Cedar River, Northern
Kal Larocque Lines, Program Coordinator-Crossroads
Ron Smith, School Based Team Supervisor
Zibby Blanchard, S.H.I.L. Support, Spectrum Coordinator
Shea Silvestri, Peer Navigator & Youth Wellness Hub Ontario
Aaliyah Nguyen, Program Coordinator
Kristen Clendenning, Intake & Program Coordinator
Cereena Heffer, Youth In Transition Worker
Sonja Hotke, S.H.I.L. Support
Logan Cassista, Program Coordinator-P.A.S.S. & S.T.A.N.D.
Sami Kameka, Psychosocial Wellness Coordinator
Robyn Gore-Legue, PASS Coordinator Chatham
Jess Vegh, Office Organization
Tracy MacDonald, Housing Support Worker
Jenna Capes, Program Coordinator Cedar River - Rebound/Act II
Olivia Freer, Program Coordinator-Youth Engagement & OHT
Kylie Leclair, Program Coordinator Suspension & Detention UCC
Nicole Elliott, Nest Lead & Prevention Specialist
Genevieve Devost, Program Coordinator Suspension & Detention St. Pats
Blayne Mowbray, Nest Support & Youth Wellness Hub Ontario
Nicole McLean, Volunteer Coordinator, RCR Coordinator & Leadership Support
Sarah Wellington, County Program Coordinator, Research & Development Lead
Makayla Hadwyn, Psychosocial Wellness Coordinator
Bryn Desjardine, Youth Advisor
Chris French, S.H.I.L. Support
Montanna Riley, S.H.I.L. Support
Laura Lynch, S.H.I.L. Support
Jamie Thomson, S.H.I.L. Support
Charlene Polster, S.H.I.L. Support
Devon Craig, S.H.I.L. Support
Paige Douglas, S.H.I.L. Support
Ryan McKee, S.H.I.L. Support
Alyssa Marsh, S.H.I.L. Support

The following staff moved on to other journeys throughout this fiscal year. Each of you made a significant impact during your time with Rebound. Your dedication and hard work never went unnoticed. As you take on new challenges and embrace new adventures, we have no doubt that you will excel and make a positive impact wherever you go.

Kelly Jubenville

BOARD OF DIRECTORS

The Board of Directors plays a vital role in the overall governance, strategic direction, and successes of a nonprofit organization. Their expertise, leadership and accountability are crucial in ensuring the organization's mission is fulfilled and that it operates effectively and responsibly. Our dedicated Board of Directors for the 2025/2026 fiscal year are:

Allison Pilat (Chair)
Meghan Realesmith (Past-Chair)
Krysten Milne (Vice Chair)
Candace Fowlie (Treasurer)
Brocke Alexander-Fulkerson (Youth Director)
Lo-Anne Chan (Secretary)
Chelsey VanGaver
Rob Kardas
Mackenzie Vozza
Chris Kehoe
Teri Thomas Vanos

FIELD PLACEMENT STUDENTS

By embracing the opportunities presented through on-the-job learning, field placement students not only contribute to the immediate well-being of youth at Rebound but also prepare themselves for a meaningful and impactful career in youth support. We are proud to support our field placement students as they grow into compassionate, skilled professionals dedicated to empowering the next generation. Our students were essential supports across many of our programs, including 6-week evening and in-school classroom initiatives, NEST and Spectrum, P.A.S.S., Y.I.T. and Housing, and S.T.A.N.D. They also played a significant role in our gala and other community events. We are incredibly grateful for our students; their initiative, dedication, and authenticity have a major impact on Rebound staff, youth, and programs.

A big thank you goes out to Artemis Timmermans, Billy Hurst, Bryn DesJardine, Emma Everaert, Julia Boelens, Sephtis Sutherland-Sebo, Sophia Vozza.

2025 SUMMER EMPLOYEES

Brooke Buchanan
Lillian Carswell
Olivia Crow



STATEMENT OF OPERATIONS

For the year ended March 31

REVENUE	2026	2025
Amortization of deferred Capital contribution	\$11,954	\$3,463
Donations	177,558	130,248
Fundraising	213,000	148,467
Grants	1,793,671	1,481,386
Interest	11,369	20,390
Bequests (Note 3)	0	350,000
Membership	5,500	19,250
Other	49	3,343
Store Sales	0	14,359
	2,213,101	2,170,906
EXPENSES		
Amortization	34,956	25,069
Bank charges	5,736	3,254
Fundraising	83,392	36,790
Insurance	19,203	16,911
Office and misc.	56,452	72,564
Loss on Disposal of Equip.	13	
Professional fees	31,211	44,878
Programs	183,953	165,442
Public Relations	7,732	10,291
ReFound Store Inventory write-down	0	12,256
Refound Store Expenditures	0	15,199
Rent	59,722	66,422
Staff development	24,019	17,657
Telephone	20,252	17,314
Travel & Promotion	9,561	7,694
Wages and benefits	1,769,064	1,452,126
	2,305,266	1,963,867
Excess of revenue over expenses	\$(92,165)	\$207,039

Management Notes to the Financial Statements

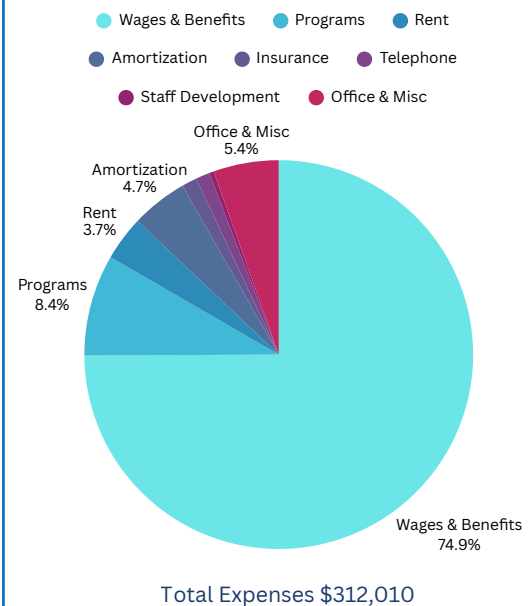
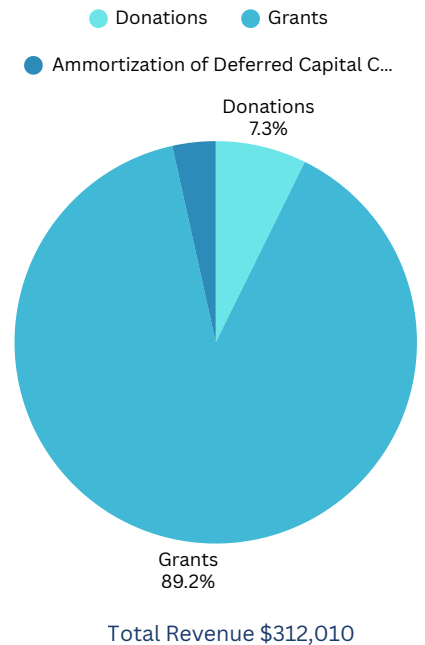
- 1. Cost allocation notes:** In terms of our expenses, each expense (with the exception of the three noted below) is allocated to the program for which the monies were expended. Each department is able to keep an accurate accounting of their expenditures.
- 2. Investment Notes:** All investments are placed into interest-bearing, money market funds to ensure minimal risk of financial losses. The past year we earned a total of \$11,369 on our investments.
- 3. Volunteer Contributions:** This past year, volunteers donated a total of 8851 hours or 4.90 full time equivalent staff positions valued at \$155,778 (based on Ont. minimum wage). These numbers are not reflected in the financial statements.
- 4. Fundraising Expenses:** Through policy direction from the Board of Directors, Sarnia Lambton Rebound details full disclosure of all gross fundraising costs of the agency. No fundraising expenses are allocated to other functions. The fundraising expenses that are detailed in the financial statements include the gross expenses of producing special events. The actual costs of salaries and benefits of our fundraiser are \$58,738 for a total of \$142,130 spent on raising a total of \$2,213,101 in revenues.

STATEMENT OF FINANCIAL POSITION

As at March 31

ASSETS CURRENT	2026	2025
Cash	\$309,968	\$516,466
Short -term investments	509,071	597,702
Accounts receivable	127,795	57,007
Inventory	-	-
Prepaid expenses	18,137	8,294
	\$964,971	\$1,179,469
Equip. & Improvements	123,244	70,270
	\$1,088,215	\$1,249,739
LIABILITIES CURRENT		
Accounts payable and Accrued liabilities	\$92,942	\$74,973
Deferred revenue	218,599	358,973
	311,541	433,946
DEFERRED CAPITAL CONTRIBUTION		
	60,601	7,555
	372,142	441,501
NET ASSETS		
Invested in equipment	62,643	62,716
Internally Restricted		
Contingency reserve fund	425,000	425,000
Program expansion & enhancement fund	505,000	505,000
Unrestricted surplus	(276,570)	(184,478)
	\$716,073	808,238
	\$1,088,215	\$1,249,739

Revenue & Expenses for "The NEST" for the year end March 31



VISION STATEMENT

Creating a
community where
all youth belong.

OUR MISSION

Sarnia-Lambton
Rebound empowers
youth through the
strength of
relationships, early
intervention,
prevention and life skill
development, helping
them navigate
challenges. We partner
with others to support
youth mental health
and nurture growth at
every stage of their
developmental journey.

Sarnia-Lambton Rebound
c/o DOW Centre for Youth
10 Lorne Cres. , Sarnia, ON
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slrebound.com

Charitable No.
13205 7100 RR0001

